



SPRING 2022 FLEX AGENDA

Friday, January 14th, 2022

8:30am – 9:00am – Session 1 – Welcome to Spring Flex (30-Minute Session)

Session	Description	Presenter(s)
President Hancock Welcome Address and College Update	<p>In this session, President Hancock will provide an update taken from the December 2021 State of the College report, including the revised Targets and Tactics that outline some of the approaches to maximizing Enrollment, Student Success with Equity efforts and their impact on the Student-Centered Funding Formula.</p> <p>President Hancock will elaborate on the work that has taken place over the past year by the various task forces, highlighting the work from the Strategic Plan Task Force and the Climate Survey Task Force, as well as the work ahead for these and newly created task forces as we envision a future unfettered by COVID-19.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJAquqsqTqrG9LkTQdl3nCMX0dUGyMjrNRE</p>	Sean Hancock, President, Cerro Coso Community College

9:00am - 9:05am: 5-minute Break

9:05am – 10:05am – Session 2 (60-Minute Sessions)

Session	Description	Presenter(s)
Active Learning	<p>Active learning is an umbrella term used to describe teaching methods that engage students in the learning processes, placing a greater degree of responsibility on the student for their own learning. This session will discuss the core principles of active learning and provide examples of active learning techniques that can be incorporated into your classroom.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJwgc-muqDsiGtc3QbhvStzCTY4NzX1jSsQu</p> <p>Please provide feedback for this session using the link below: https://forms.gle/YFEkq7gPeA725ozH9</p>	Stephanie Curry, ASCCC Area A Representative
Canvas Rubrics and Outcomes: how to set them up for your course	<p>This session is designed to show faculty for online and on-ground courses how to set up simple grading rubrics within Canvas. Rubrics can help grading be fair and equitable as well. This session will also discuss how to link your Outcomes into rubrics for assessment. You can assess outcomes without grading in Canvas as well. As we move away from eLumen, you may wish to assess in Canvas and this session will show you how to do that whether you are online or on-ground.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJAtfuihrDMrGNN292QNrgyV7KGBaw_nLs_z</p> <p>Please provide feedback for this session using the link below: https://forms.gle/QNUqezHBHyM3Uwj59</p>	Dawn Ward

10:05am – 10:15am: 10-minute break

10:15am – 11:15am – Session 3 (60-Minute Sessions)

Session	Description	Presenter(s)
<p>Contract Grading Across the Curriculum: Building Equity Through Growth Mindset</p>	<p>This presentation will demonstrate best practices in contract grading. In this 60-minute session, we will discuss how contract grading promotes growth mindset, establishes student agency, and achievement of SLOs. The presentation will include data on success rates for students and models for contracts across disciplines. It will include a hands-on approach for reimagining traditional grading systems and participants are encouraged to have their grading policies handy.</p> <p>Register in advance for this meeting: https://cccconfer.zoom.us/meeting/register/tJlqdeChqzovGNJvdMDz9z4-Lh72JoROtUJ5</p> <p>Please provide feedback for this session using the link below: https://forms.gle/cGKARX53CyRjV1cSA</p>	<p>Debilyn Kinzler and Yvonne Mills</p>
<p>Yoga Session, Everyday Balance</p> <p>www.sierrashanti.com</p> <p>@ledbylovelauren</p> <p>@sierrashanti</p>	<p>During this "Everyday Balance" workshop you will experience a gentle movement class that is geared towards improving posture and reducing stress induced by chronic sitting and increased screen time. This class is truly ALL levels with beginners welcome.</p> <p>You will learn a simple sequence of yoga stretches that can be easily integrated at home. Expect to open up the wrist, chest and hips as we bring back balance to our bodies that now, more than ever, are often under chronic stress and fatigue. To prepare for the session, wear comfortable clothes that you can move in, and bring a towel or a blanket to use as a prop.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJMtdeqsgD4vGNKluJvdGH2ReZ4QDp7OQaNG</p> <p>Please provide feedback for this session using the link below: https://forms.gle/sR5XogZVh2c2L4L56</p>	<p>Lauren Robinson,</p> <p>Owner of Sierra Shanti Studio in Bishop, RYT-200, Reiki, Myofascial Release Practitioner</p> <p>Sierrashanti108@gmail.com</p>
<p>A Project-Based Approach to Online Learning: Curating an Exhibition</p>	<p>It can be challenging, particularly in an online environment, to keep students engaged with the material and one another. As a result, I've turned to project-based learning to keep discussions and student work creative and dynamic.</p> <p>This session will discuss alternative, project-based approaches to teaching in the humanities, offer examples of how to use canvas in creative ways, and discuss student-to-student peer interaction in project-based learning.</p> <p>Register in advance for this meeting: https://cccconfer.zoom.us/meeting/register/tJwpceiprz4sGdYGRMTI2nIMYDLf66-pKcAi</p> <p>Please provide feedback for this session using the link below: https://forms.gle/EDrUBkcVqEcSnsqb8</p>	<p>Katherine Hover-Smoot</p> <p>Adjunct Faculty in the Visual and Performing Arts Department</p>

11:15am – 11:25am: 10-minute break

11:25am – 12:25pm – Session 4 (60-Minute Sessions)		
Session	Description	Presenter(s)
Humanizing your course with a Liquid Syllabus	<p>Let's get creative using Google Sites to humanize your syllabus. Your students will be engaged and know what to expect long before the start of the term.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJlsdO2hrjosHNdHFKz_XFf2YRDVWVIZH8fVV</p> <p>Please provide feedback for this session using the link below: https://forms.gle/gLwJu9MfvnNCLJ4A8</p>	Dawn Ward
Mindful and Full Hearts - A Session on Mindfulness for Educators	<p>Join in community to cultivate the inner conditions to be calmer, happier, more resilient, peaceful, and compassionate towards ourselves, our colleagues and our students.</p> <p>Mindfulness, inner peace, attention, and compassion are not conditions that some intrinsically have while others do not. These qualities and capacities are developed through our intentional practice.</p> <p>In this session we will practice mindful breathing, reflective journaling as well as heart sharing. Heart sharing will offer us a space to practice listening to one another with compassion and empathy. We will not offer advice; we will practice simply listening with the light of our attention and our loving hearts. Start the semester off by connecting with yourself and your community in this Mindful and Full Hearts session!</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJEIf-utrwoGd1BuPhuTcVV1Oqd7cq8qS5q</p> <p>Please provide feedback for this session using the link below: https://forms.gle/G9XUYmqxexPvgqJY8</p>	<p>Sarah Sullivan, M.S.Ed. (she/her)</p> <p>English Department</p> <p>Professional Learning Co-Coordinator</p> <p>Mission College sarah@3csn.org</p>
Striking a Chord: Teaching Approaches That Resonate	<p>Music is the lens through which we explore teaching strategies focused on enhancing student learning by creating context, promoting communication, and fostering active participation. In this session, participants will investigate novel approaches to encourage active and applied learning in their courses.</p> <p>Register in advance for this meeting: https://cccconfer.zoom.us/meeting/register/tJwvdOGqgqgiGdDRODZfoQ3ncuPqed-gb5Z6</p> <p>Please provide feedback for this session using the link below: https://forms.gle/EgR7sCJZpm3H3VN48</p>	<p>Brian Schuldt</p> <p>Adjunct Faculty in the Visual and Performing Arts Department</p>

12:25pm – 1:00pm: 35-Minute Break for Lunch

1:00pm – 2:00pm Session 5 (60-Minute Sessions)		
Session	Description	Presenter(s)
Health and Well-being in the Workplace – Brought to you by the SISC Anthem Employee Assistance Program (EAP)	<p>Discover how to enhance your health, well-being, and productivity by relieving stress with simple relaxation techniques. Explore ergonomics and learn how to prevent on-the- job injuries from lifting, repetitive stress (such as carpal tunnel syndrome) and computer- related injuries (headache, eyestrain and back pain). The discussion will include work/life balance, how to establish priorities, and the importance of healthy eating and regular exercise.</p> <p>Register in advance for this session: https://cccconfer.zoom.us/meeting/register/tJwufu-orDMsHdVljlXUFAffB4J-Dl1mLTp</p> <p>Please provide feedback for this session using the link below: https://forms.gle/uwsMb3hBskvKcRj78</p>	<p>Rahim Skinner, LMHCA, CRC</p> <p>Rahim.skinner@gmail.com</p>
Adjunct Faculty Employee Handbook Session	<p>Our adjunct faculty are essential for delivering a robust offering of classes and programs. This session is designed to provide support for getting started as an adjunct with Cerro Coso, and to provide validation for veteran adjuncts and what they have been doing. We will use the Adjunct Handbook that was sent in an email as a .pdf to all adjuncts as a framework for the session. We will also take a look at Faculty 411 and have a question-and-answer part to the session.</p> <p>Register in advance for this meeting: https://cccconfer.zoom.us/meeting/register/tJ0vcOCvpj0uGtFOdtuwfoGdXD7A7FZ-0Jq8</p> <p>Please provide feedback for this session using the link below: https://forms.gle/MbekrshgoXmhiDFVA</p>	<p>Chad Houck</p>
Anthropogogy: Humanizing Education and a Movement Away From Pedagogy	<p>This presentation is based on an academic journal article that will be submitted to the Journal of Higher Education in Prison for March 2022 review. Collaboration, cooperation, co-learning, culture, and care are at the center of human learning and forms the anthropogogic approach. This presentation will center on Anthropogogy as the optimal approach to humanizing education through horizontal (egalitarian) versions of knowledge production where students are humanized and co-learning is the goal.</p> <p>Register in advance for this meeting: https://cccconfer.zoom.us/meeting/register/tJwvd-6qrDliGtYah6GFvdr7OOW0UAm06Rri</p> <p>Please provide feedback for this session using the link below: https://forms.gle/pQdonDpEmRrU9JEM8</p>	<p>Alec Griffin and Peter Fulks</p>

2:00pm – 2:05pm: 5-minute break

