

Cerro Coso College
Course Outline of Record Report
10/07/2021

PSYCC151 : Human Sexuality

General Information

Author:	-
Course Code (CB01) :	PSYCC151
Course Title (CB02) :	Human Sexuality
Department:	Social Science
Proposal Start:	Fall 2013
TOP Code (CB03) :	(2001.00) Psychology, General
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	Yes
Course Control Number (CB00) :	CCC000569039
Curriculum Committee Approval Date:	10/02/2015
Board of Trustees Approval Date:	11/03/2015
External Review Approval Date:	12/17/2015
Course Description:	This course covers the complex and diverse psychological, biological, socio-cultural, and historical aspects of human sexuality. Discussions include evaluation of prominent theories, examination of academic research and exploration of current issues pertaining to human sexuality. Students are encouraged to become aware of their own sexual attitudes, values, and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment are explored.
Submission Type:	New Course
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	<ul style="list-style-type: none">Psychology
Alternate Master Discipline Preferred:	No value
Bachelors or Associates Discipline Preferred:	No value
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grade Options <ul style="list-style-type: none">Letter Grade MethodsPass/No Pass
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Allowed Number of Retakes 0	Course Prior To College Level (CB21) Not applicable.

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Non-Repeatable Credit

 Allow Students To Audit Course**Course Support Course Status (CB26)**

No value

Associated Programs Course is part of a program (CB24)**Associated Program****Award Type****Active**

CC Liberal Arts: Social & Behavioral Sciences

A.A. Degree Major

Summer 2018 to Fall 2020

CC Psychology for Transfer

A.A. Degree for Transfer

Spring 2018

CSU General Education (CSU GE Breadth)

Certificate of Achievement

Fall 2020

Intersegmental General Education Transfer
Curriculum Certificate of Achievement

Certificate of Achievement

Fall 2020

Liberal Arts: Social & Behavioral Sciences
Associate in Arts Degree

A.A. Degree Major

Fall 2020

CSU General Education (CSU GE Breadth) (In
Development)

Certificate of Achievement

Fall 2021

Intersegmental General Education Transfer
Curriculum Certificate of Achievement (In
Development)

Certificate of Achievement

Fall 2021

Liberal Arts: Social & Behavioral Sciences
Associate in Arts Degree (In Development)

A.A. Degree Major

Spring 2022

Transferability & Gen. Ed. Options**Course General Education Status (CB25)**

No value

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Cerro Coso General Education Requirements

Area 2.1

CategoriesSocial &
Behavioral
Sciences Social**Status**

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

CSU General Education Certification

Area D.9

CategoriesSocial Sciences
Psychology**Status**

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

Intersegmental General Education Transfer Curriculum

Area 4.I

CategoriesSocial and
Behavioral
Sciences
Psychology**Status**

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

Units and Hours:**Summary**

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162
Faculty Load	0

Credit / Non-Credit Options**Course Credit Status (CB04)**

Credit - Degree Applicable

Course Non Credit Category (CB22)

Credit Course.

Non-Credit Characteristic

No Value

Course Classification Status (CB11)

Credit Course.

 Variable Credit Course**Funding Agency Category (CB23)**

Not Applicable.

 Cooperative Work Experience Education Status (CB10)**Weekly Student Hours****Course Student Hours**

In Class	Out of Class		Course Duration (Weeks)	18
Lecture Hours	3	6	Hours per unit divisor	0
Laboratory Hours	0	0	Course In-Class (Contact) Hours	
Activity Hours	0	0	Lecture	0
			Laboratory	0
			Activity	0
			Total	54
			Course Out-of-Class Hours	
			Lecture	0
			Laboratory	0
			Activity	0
			Total	108

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

ENGLC070 - Introductory Composition

Students are expected to read and comprehend college-level texts explaining complex psychological research. In addition, they must critically analyze scholarly articles for written assignments. Students are also expected to write papers as well as respond to essay questions on exams. This requires that they write in a clear and organized manner free from errors. ENGL C70 level ensures students have the skills necessary for success in these assignments.

Entrance Skills

Entrance Skills

Description

No value

No value

Limitations on Enrollment

Limitations on Enrollment

Description

No value

No value

Specifications

Methods of Instruction

Methods of Instruction

Other

Rationale

Other Methods: Internet web based interactive activities.

Methods of Instruction

Written work

Rationale

No value

Methods of Instruction

Presentations (by students)

Rationale

No value

Methods of Instruction

Outside reading

Rationale

No value

Methods of Instruction

Lecture

Rationale

No value

Methods of Instruction

Instruction through examination or quizzing

Rationale

No value

Methods of Instruction	Audiovisual			
Rationale	No value			
Methods of Instruction	Discussion			
Rationale	No value			
Methods of Instruction	Group Work			
Rationale	No value			
Methods of Instruction	In-class writing			
Rationale	No value			
<p>Assignments</p> <p>A. Reading assignments from textbooks, journals, newspapers and magazines. Example: Read about a controversial subject in human sexuality such as, abortion, same-sex marriage and take a pro or con stance and back up your opinion based on your readings and present or debate with fellow classmate.</p> <p>B. Research paper on selected topics from the textbook or assigned from a list of related topics. Example: Write a research paper APA style on any topic related to human sexuality including facts from research and your thoughts and opinions on topic.</p> <p>C. Short written papers from a list of topics to course content. Example: Write a short paper describing and analyzing misunderstandings and feelings of anxiety about controversial sexual issues.</p>				
Methods of Evaluation	Rationale			
Project	C. Group projects and presentations that allow students to work with others in assigned groups to present their perspective of a developmental stage as explained from a comprehensive life-span developmental perspective.			
Tests	Exams and quizzes that allow students to demonstrate their knowledge of development across the life-span, identify major theorists, distinguish between theory and application, and match theorists to their theory.			
Research Paper	B. Research paper that requires students to critically evaluate life-span data, analyze theory and use current research along with historical and current theory to explain and support their own perspective on issues relevant to their own lives. Scored with a rubric.			
<p>Equipment</p> <p>No Value</p>				
Textbooks				
Author	Title	Publisher	Date	ISBN
	Bruce M. King. (2013) Human Sexuality Today, 8th, Pearson			

Strong, B., Yarber, W.L., Sayad, B. W., & DeVault, C.. (2012) Human Sexuality: Diversity in Contemporary America, 8th, McGraw-Hill Publishing Co.

Other Instructional Materials

No Value

Materials Fee

No

Learning Outcomes and Objectives

Course Objectives

Evaluate how media influences and reflects sexuality.

Explain sexual diversity and values of various cultures.

Locate systematic studies of human sexuality.

Critique changing gender roles in today's society and the impact of these changes in intimate relationships.

Identify relevant features of human anatomy and physiology in the reproductive processes and the role of the brain and neurotransmitters in sexual arousal.

Identify factors contributing to relationship satisfaction over time.

Identify ways couples can share responsibility for birth control.

Determine physiological and psychosocial factors contributing to sexual dysfunctions and identify treatment alternatives available for men and women who experience sexual difficulties.

Identify strategies to reduce the likelihood of contracting a sexually transmitted infections.

Analyze psychosocial bases of rape, childhood sexual abuse, and prostitution.

CSLOs

Analyze personal beliefs and values about human sexuality.

Expected SLO Performance: 70.0

<i>Social Science</i> Psychology AA Degree for Transfer	1. The student will be able to apply psychological principles to the development of interpersonal, social, and occupational skills. Assessment: Examination through the use of multiple choice and short answer.
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Describe and distinguish sexuality and gender differences within physiological and psychological contexts, as it relates to variations in cultural beliefs and practices.

Expected SLO Performance: 70.0

<i>Social Science</i> Psychology AA Degree for Transfer	2. The student will be able to compare and contrast the major theoretical perspectives in psychology. Assessment: Examination through the use of multiple choice and short answer.
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<i>Social Science</i> Liberal Arts: Social & Behavioral Sciences AA Degree	Identify and analyze theories explaining the individual, social, historical, economic, or political activities of humans.
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Evaluate how media influences and reflects sexuality.

Expected SLO Performance: 70.0

<i>Social Science</i> Psychology AA Degree for Transfer	1. The student will be able to apply psychological principles to the development of interpersonal, social, and occupational skills. Assessment: Examination through the use of multiple choice and short answer.
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Discuss current research and controversial issues of human sexuality, describing common reasons for misunderstandings and discomfort on these issues, while using appropriate language and terminology.

Expected SLO Performance: 70.0

<i>Social Science</i> Liberal Arts: Social & Behavioral Sciences AA Degree	Identify and apply the Scientific Method used by social scientists to study human behavior.
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<i>Social Science</i> Psychology AA Degree for Transfer	3. The student will be able to evaluate psychological data and apply the scientific method to psychological theory. Assessment: The student will complete a research project scored by a rubric.
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<i>Social Science</i> IGETC PLOs	Describe the method of inquiry used by the social and behavioral sciences.
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<i>Social Science</i> PLOs for CSU GE COA	Describe the method of inquiry used by the social and behavioral sciences.
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Outline

Course Outline

- A) Perspective on Sexuality
 - 1) Biological
 - 2) Sociological
 - 3) Psychological
 - 4) Philosophical
- B) Anatomy and Process - Sexual Differentiation
 - 1) Female Sexual Anatomy and Physiology
 - 2) Male Sexual Anatomy and Physiology
- C) Becoming Sexual

- 1) Developmental aspects
- 2) Sexual Arousal - Physical and Cultural
- 3) Sexual Behavior Variations: normal versus abnormal
- D) Sexuality in Marriage and Other Relationships
 - 1) Trends in Marriage
 - 2) Cohabitation
- E) Homosexuality
 - 1) Same Gender Sexual Behavior and Attraction
 - 2) Same Gender Sexual Orientation
- F) Sexual Minorities
 - 1) Varying Degrees of Sexual Interest and Activity
 - 2) Atypical Sexual Connection
- G) Contraception and Abortion
 - 1) Human Reproduction
 - 2) Decision Making about Pregnancy and Parenthood
- H) Sexual Coercion
 - 1) Crimes
 - 2) Rape
- I) Sex and Health
 - 1) History
 - 2) Current Issues

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face
 Online
 Hybrid
 Interactive

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

Online All paper assignments are identical to those in an onsite class, except that they are submitted by e-mail attachment. Weekly class discussions are conducted by means of online discussion forums, such as Front Page, Web Board, or Moodle. Some instructors also use uploaded quizzes or exams accessible through the class web site. The instructor is responsible for providing feedback both in online discussion forums and through e-mail. The instructor must provide substantive critiques of all essays and at least general responses to discussion posts. Some instructors use rubrics, stated in the syllabus, to evaluate online discussion work, but these are not required. As with any on-ground class, all instructors are guided by departmental rubrics for the assessment of essays.

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV -Interactive Video -Other (specify)

forums
 message
 chat
 email
 face2face
 discussion

proctored
phone
itv

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

itv
LMS
publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value