PHEDC181 : Intercollegiate Softball I

General Information

Author:	-
Course Code (CB01) :	PHEDC181
Course Title (CB02) :	Intercollegiate Softball I
Department:	Physical Education
Proposal Start:	Fall 2013
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	No
Course Control Number (CB00) :	CCC000319249
Curriculum Committee Approval Date:	04/29/2016
Board of Trustees Approval Date:	06/09/2016
External Review Approval Date:	10/19/2011
Course Description:	This course involves participation in a high level of competition and skill development in softball. There is an emphasis on advanced skill, theory, tactics, and strategy in intercollegiate softball competition. All students must meet California Community College Athletics Association Athletic Code. Enrollment is limited to intercollegiate athletes.
Submission Type:	New Course
	Non-Standard Hours Justification: Intercollegiate athletics standard.
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	• Coaching
Alternate Master Discipline Preferred:	• Physical Education • Physical Education
Bachelors or Associates Discipline Preferred:	• Coaching
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08)

Course is not a basic skills course.

Course Special Class Status (CB13)

Course is not a special class.

Grade Options

• Letter Grade Methods
• Pass/No Pass

☐ Allow Students to Gain Credit by

Allowed Number of Retakes

Course Prior To College Level (CB21)

| Exam/Challenge | 0 | Not applicable. |

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Activity/Other Repeatable||Limit:|Three times

☑ Allow Students To Audit Course

Course Support Course Status (CB26)

No value

Associated Programs

☐ Course is part of a program (CB24)

Associated Program	**Award Type**	**Active**
No value	No value	

Transferability & Gen. Ed. Options

Course General Education Status (CB25)

No value

Transferability

Transferable to CSU only

Transferability Status

Approved

Cerro Coso General Education Requirements	**Categories**	**Status**	**Approval Date**	**Comparable Course**
Area 7.2	Health & Wellness Activity	Pending	No value	No Comparable Course defined.

CSU General Education Certification	**Categories**	**Status**	**Approval Date**	**Comparable Course**
Area E.2	Lifelong Learning & Self-Development Activity	Pending	No value	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact) Hours	0

Total Course Out-of-Class Hours	0	
Total Student Learning Hours	0	
Faculty Load	0	

Credit / Non-Credit Options

Course Credit Status (CB04)	**Course Non Credit Category (CB22)**	**Non-Credit Characteristic**
Credit - Degree Applicable	Credit Course.	No Value

Course Classification Status (CB11)	**Funding Agency Category (CB23)**	**Cooperative Work Experience Education Status (CB10)**
Credit Course.	Not Applicable.	☐
☐ Variable Credit Course		

Weekly Student Hours

	In Class	Out of Classs
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0   **Faculty Load:** 0

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class

| No Value | No Value | No Value | No Value |

Units and Hours: Non Standard

Summary

Minimum Credit Units (CB07)	1
Maximum Credit Units (CB06)	1
Total Course In-Class (Contact) Hours	175
Total Course Out-of-Class Hours	0
Total Student Learning Hours	175
Faculty Load	0

Detail

Weekly Student Hours

	In Class	Out of Classs
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	9.72	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	175
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	175
Total	175
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No Value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: Non Standard - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills

Entrance Skills	Description
No value	No value

Limitations on Enrollment

Limitations on Enrollment	Description
All students must meet CCCCAA Athletic Code Eligibility Guidelines. Participants must be enrolled in a minimum of 12 units during the season of competition.	No Value

Specifications

Methods of Instruction

Methods of Instruction	Other
Rationale	Other Methods: Activity

Methods of Instruction	Skills Development and Performance
Rationale	No value

Methods of Instruction	Lecture
Rationale	No value

Methods of Instruction	Performance

Methods of Instruction	
Rationale	No value

Methods of Instruction	Discussion
Rationale	No value

Methods of Instruction	Group Work
Rationale	No value

Methods of Instruction	Demonstration
Rationale	No value

Assignments

- Mandatory participation at all team practice sessions and contests. Study of CCCAA eligibility and transfer rules for intercollegiate athletes in preparation for quizzes and exams. Study of NCAA Softball rules and regulations in preparation for quizzes and exams.

Methods of Evaluation	Rationale
Tests	Quizzes or exams of Rules as related to NCAA and CCCAA guidelines.
Participation	Student grading will be based on participation in all practice sessions and scheduled contests.

Equipment

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials

Description	Other: California Community College Athletics Handbook for eligibility and transfer students.
Author	
Citation	Intercollegiate Softball I

Description	Other: NCAA softball rules and regulations
Author	
Citation	Intercollegiate Softball I

Materials Fee

No

Learning Outcomes and Objectives

Course Objectives

No value

CSLOs

Perform softball skills related to athlete's position and team objectives.   Expected SLO Performance: 70.0

Compete in a highly organized team sport at a collegiate performance level of competition.   Expected SLO Performance: 70.0

Apply the skills and techniques specific to softball competitive play.   Expected SLO Performance: 70.0

Identify the official rules and their interpretations in game play.   Expected SLO Performance: 70.0

Display proper sportsmanship both on and off the field.   Expected SLO Performance: 70.0

Outline

Course Outline

A. Proper Conditioning Skills
1. Stretching techniques
2. Cardiovascular endurance training and techniques
3. Throwing and catching techniques

B. Fundamental Skills
1. Proper throwing techniques
2. Proper catching techniques
3. Proper hitting techniques

C. Offensive Theory
1. Proper base running techniques
      a. Aggressiveness
      b. Taking the extra base
      c. Knowing the game situation
      d. Coordinating the running with hitting
      e. Getting a jump on the ball
2. Hit and run
3. Bunt and run
4. Squeeze play
5. Stealing

D. Defensive Theory
1. Handling cut-offs and relays
2. Run down plays
3. Double plays

4. Handling sacrifice plays

E. Intra-squad Games
1. Situations will be pre-set to drill the team
2. Games will be adapted to the situation desired
3. Understanding of the rules will be stressed

F. Game Day Procedures
1. Activities
2. Pre-game meal
3. Warm-up procedures

G. Statistical Analysis
1. Game charts
2. Pitching charts
3. Offensive/defensive tendencies charts

H. Eligibility and Transfer Requirements
1. Cerro Coso eligibility requirements
2. California community College Athletics Assocation eligibility requirements.
3. NAIA transfer requirements.
4. NCAA transfer requirements.

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV - Interactive Video -Other (specify)

No Value

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

itv
LMS
publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value