### Cerro Coso College

# Course Outline of Record Report

### PHEDC180: Women's Intercollegiate Soccer

<b>General Information</b>
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Author:

Course Code (CB01): PHEDC180

Course Title (CB02): Women's Intercollegiate Soccer

**Physical Education** Department:

**Proposal Start:** Fall 2013

TOP Code (CB03): (0835.50) Intercollegiate Athletics

SAM Code (CB09): Non-occupational

**Distance Education Approved:** No

CCC000545451 Course Control Number (CB00): **Curriculum Committee Approval Date:** 05/03/2013 **Board of Trustees Approval Date:** 06/13/2013 **External Review Approval Date:** 06/14/2013

**Course Description:** This course allows students to participate in advanced level soccer competition and skill

> development. The course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Students must meet California Community College Athletic Association Eligibility

Guidelines.

**New Course Submission Type:** 

Author: No value

### **Faculty Minimum Qualifications**

Master Discipline Preferred: Coaching

Alternate Master Discipline Preferred: Physical Education

Physical Education

**Bachelors or Associates Discipline Preferred:** 

Additional Bachelors or Associates Discipline

Preferred:

No value No value

### **Course Development Options**

Course Special Class Status (CB13) Basic Skills Status (CB08)

Course is not a basic skills course. Course is not a special class.

Allowed Number of Retakes

Course Prior To College Level (CB21)

Not applicable.

**Grade Options** 

• Letter Grade Methods Pass/No Pass

Allow Students to Gain Credit by

Exam/Challenge

0

Rationale For Credit By Exam/Challenge	Retake Policy Description	
No value	Type: Activity/Other Repeatable  Limit: Three times	Allow Students To Audit Course
Course Support Course Status (CB26)		
No value		
Associated Programs		
Course is part of a program (CB24)		
Associated Program	Award Type	Active
No value	No value	
Transferability & Gen. Ed. Option	ons	
Course General Education Status (CB25)		
No value		
T ( 199	Transferability St	atus
Transferability		

Cerro Coso General Education Requirements	Categories	Status	Approval Date	Comparable Course
Area 7.2	Health & Wellness Activity	Approved	No value	No Comparable Course defined.
CSU General Education Certification	Categories	Status	Approval Date	Comparable Course
Area E.2	Lifelong Learning & Self- Development Activity	Approved	No value	No Comparable Course defined.
Units and Hours				

Units and Hours	
Summary	
Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact) Hours	0
Total Course Out-of-Class Hours	0

Total Student Learning	<b>g Hours</b> 0	1		
Faculty Load	0			
Credit / Non-Cre	edit Options			
Course Credit Status (	CB04)	Course Non Credit	Category (CB22)	Non-Credit Characteristic
Credit - Degree Applica	able	Credit Course.		No Value
Course Classification S	Status (CB11)	Funding Agency Ca	tegory (CB23)	Cooperative Work Experience Education
Credit Course.		Not Applicable.		Status (CB10)
Variable Credit Cou	irse			
Weekly Student	Hours		Course Stude	ent Hours
-	In Class	Out of Classs	Course Duration	n <b>(Weeks)</b> 18
Lecture Hours	0	0	Hours per unit o	divisor 0
Laboratory Hours	0	0	Course In-Class	(Contact) Hours
Activity Hours	0	0	Lecture	0
			Laboratory	0
			Activity	0
			Total	0
			Course Out-of-C	Class Hours
			Lecture	0
			Laboratory	0
			Activity	0
			Total	0
Time Commitme	ent Notes fo	r Students		
TVO Value				
Faculty Load				
Extra Duties: 0			Faculty Load: 0	
Unite and Hours	Waakly S	nacialty Haura		
Units and Hours	s - weekly S	pecially nours		
Activity Name		Туре	In Class	Out of Class

No Value

No Value

No Value

No Value

# Units and Hours: Non Standard Intercollegiate sport

**Summary** 

Minimum Credit Units (CB07)

Maximum Credit Units (CB06)

**Total Course In-Class (Contact)** 

Hours

Total Course Out-of-Class

Hours

O

175

**Total Student Learning Hours** 175

Faculty Load 0

### **Detail**

Weekly Student Hours	Course Student Hours

	In Class	Out of Classs	Course Duration (Weeks)	18
Lecture Hours	0	0	Hours per unit divisor	175
Laboratory Hours	0	0	Course In-Class (Contact) Hours	
Activity Hours	9.72	0	Lecture	0
			Laboratory	0
			Activity	175
			Total	175
			Course Out-of-Class Hours	

Course Out-of-Class Hours

 Lecture
 0

 Laboratory
 0

 Activity
 0

 Total
 0

**Time Commitment Notes for Students** 

No Value

**Faculty Load** 

Extra Duties: 0 Faculty Load: 0

### Units and Hours: Non Standard Intercollegiate sport - Weekly Specialty Hours

Activity Name Type In Class Out of Class

No Value	No Value	No Value	No Value
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## Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills	
Entrance Skills	Description
No value	No value

Limitations on Enrollment				
Limitations on Enrollment	Description			
Must meet California Community College Athletic Association Eligibility Guidelines.	<ol> <li>First year of eligibility: the student-athlete must be enrolled in a minimum of 12 units of course work during the season of sport.</li> <li>Second year of eligibility: the student-athlete must have successfully completed 24 units of course work with a grade point average of 2.0 or above and be enrolled in a minimum of 12 units of new course work during the season of sport.</li> </ol>			

Specifications	
Methods of Instruction	
Methods of Instruction	Skills Development and Performance
Rationale	No value
Methods of Instruction Rationale	Performance No value
Methods of Instruction Rationale	Problem Solving No value
Methods of Instruction Rationale	Discussion No value

Methods of Instruction	Peer analysis, critique	& feedback		
Rationale	No value			
Rationale	NO value			
Methods of Instruction	Demonstration			
Rationale	No value			
Assignments				
- Mandatory participation/attenc	lance at all team practice sessions and at a nmunity service activities such as Coyotes vents.		nity College Women's	Intercollegiate Soccer contests.
Methods of Evaluation	Rationale			
Participation	Evaluation of student- EXAMPLE- one mile ru Evaluation of student- EXAMPLE-skills assess many shots get thoug	ın test athlete performance iı ment- 25 goals shots,	n soccer skills drills.	ills. MPLE- Goalkeeper drills, how
Equipment				
No Value				
Textbooks				
Author	Title	Publisher	Date	ISBN
	National Collegiate Athletic Association. (2012) 2012-2013 Soccer Rules (2 Year Publication), , The National Collegiate Athletic Association			
Other Instructional Materials				
No Value				
Materials Fee				
No.				

No

### **Learning Outcomes and Objectives**

### **Course Objectives**

No value

#### **CSLOs**

Participate in the sport of soccer at the intercollegiate level.

Expected SLO Performance: 70.0

Demonstrate improved soccer skills.

Expected SLO Performance: 70.0

Demonstrate advanced offensive and defensive soccer team strategies.

Expected SLO Performance: 70.0

### **Outline**

#### **Course Outline**

No value

### Lab Outline

- A. Kicking and Passing Techniques
- 1. Inside foot pass
- 2. Outside foot pass
- 3. Instep kick
- B. Heading Techniques
- 1. Heading for passing
- 2. Heading for goal
- 3. Heading for defensive penetration
- C. Ball Collection
- 1. Head/chest
- 2. Thighs
- 3. Foot
- D. Physical Conditioning
- 1. Endurance
- 2. Flexibility
- E. Offensive Formations and Strategies
- 1. Creating space
  - a. Team
  - b. Individual
- 2. Passing and support
- 3. Attacking flanks and the diagonal
  - a. Central positioning
  - b. Leading the receiver
- F. Defensive Formations and Strategies
- 1. Defending Space
- 2. Zone Defense
- 3. Individual Marking
- 4. Combination Schemes

- G. Eligibility and transfer requirements
- 1. California Community College Athletic Association eligibility rules
- 2. National Association of Intercollegiate Athletics transfer requirements
- 3. National Collegiate Athletic Association transfer requirements
  - a. Division I
  - b. Division II
  - c. Division III

### **Delivery Methods and Distance Education**

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV - Interactive Video -Other (specify)

No Value

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

itv LMS publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value