

PHEDC171 : Women's Intercollegiate Volleyball

General Information

Author:	-
Course Code (CB01) :	PHEDC171
Course Title (CB02) :	Women's Intercollegiate Volleyball
Department:	Physical Education
Proposal Start:	Fall 2013
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	No
Course Control Number (CB00) :	CCC000163926
Curriculum Committee Approval Date:	04/12/2013
Board of Trustees Approval Date:	06/13/2013
External Review Approval Date:	12/31/1969
Course Description:	This course allows students to participate in advanced level volleyball competition and skill development. The course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Students must meet California Community College Athletic Association Eligibility Guidelines.
Submission Type:	New Course
	Non-Standard Hours Justification: Intercollegiate athletics standard.
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	<ul style="list-style-type: none"> Coaching
Alternate Master Discipline Preferred:	<ul style="list-style-type: none"> Physical Education Physical Education
Bachelors or Associates Discipline Preferred:	<ul style="list-style-type: none"> Coaching
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grade Options <ul style="list-style-type: none"> Letter Grade Methods
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Allowed Number of Retakes	Course Prior To College Level (CB21)

0

Not applicable.

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Activity/Other Repeatable||Limit:|Three times

Allow Students To Audit Course

Course Support Course Status (CB26)

No value

Associated Programs

Course is part of a program (CB24)

Associated Program

No value

Award Type

No value

Active

Transferability & Gen. Ed. Options

Course General Education Status (CB25)

No value

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Cerro Coso General Education Requirements

Area 7.2

Categories

Health & Wellness Activity

Status

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07) 0

Maximum Credit Units (CB06) 0

Total Course In-Class (Contact) Hours 0

Total Course Out-of-Class Hours 0

Total Student Learning Hours 0

Faculty Load 0

Credit / Non-Credit Options

Course Credit Status (CB04)

Credit - Degree Applicable

Course Non Credit Category (CB22)

Credit Course.

Non-Credit Characteristic

No Value

Course Classification Status (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Units and Hours: Non standard

Summary

Minimum Credit Units (CB07)	1
Maximum Credit Units (CB06)	1
Total Course In-Class (Contact) Hours	175
Total Course Out-of-Class Hours	0
Total Student Learning Hours	175
Faculty Load	0

Detail

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	9.72	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	175
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	175
Total	175

Course Out-of-Class Hours

Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No Value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: Non standard - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills

Entrance Skills

Description

No value

No value

Limitations on Enrollment

Limitations on Enrollment

Description

Must meet California Community College Athletic Association Eligibility Guidelines.

1. First year of eligibility: the student-athlete must be enrolled in a minimum of 12 units of course work during the season of sport.
2. Second year of eligibility: the student-athlete must have successfully completed 24 units of course work with a grade point average of 2.0 or above and be enrolled in a minimum of 12 units of new course work during the season of sport

Specifications

Methods of Instruction

Methods of Instruction

Problem Solving

Rationale

No value

Methods of Instruction

Skills Development and Performance

Rationale

No value

Methods of Instruction

Discussion

Rationale

No value

Methods of Instruction

Peer analysis, critique & feedback

Rationale

No value

Methods of Instruction	Performance			
Rationale	No value			
Methods of Instruction	Demonstration			
Rationale	No value			
Assignments				
<p>- A. Mandatory participation/attendance at all team practice sessions and all Cerro Coso Community College Women's Intercollegiate Volleyball contests.</p> <p>B. Participation in team related community service activities.</p>				
Methods of Evaluation	Rationale			
Participation	Participation in all practice sessions. Participation and attendance at all scheduled intercollegiate volleyball contests.			
Other	Evaluation of student-athlete performance in daily conditioning drills (rubric). Evaluation of student-athlete performance in volleyball skills drills (rubric). Assessment of student-athlete performance during intercollegiate volleyball contests (rubric using game statistics). Assessment of student-athlete interaction during team play (rubric). Evaluation of problem-solving in a controlled team environment (rubric).			
Equipment				
No Value				
Textbooks				
Author	Title	Publisher	Date	ISBN
	National Collegiate Athletic Association. (2012) Women's Volleyball Rules and Interpretations, 2012-13, , The National Collegiate Athletic Association			
Other Instructional Materials				
No Value				
Materials Fee				
No				

Learning Outcomes and Objectives

Course Objectives

No value

CSLOs

Participate in the sport of volleyball at the intercollegiate level.	Expected SLO Performance: 70.0
Demonstrate improved volleyball related skills.	Expected SLO Performance: 70.0
Demonstrate advanced offensive and defensive volleyball team strategies.	Expected SLO Performance: 70.0

Outline

Course Outline

No value

Lab Outline

A. Advanced fundamental skills

1. Advanced flexibility and conditioning techniques
2. Setting
3. Passing
4. Serving
5. Spiking

B. Offensive strategies

1. 6-2 offensive implementation
2. 5-1 offensive implementation
3. Position development within offensive framework
4. Serve/receive formation
 - a. W formation
 - b. Cup formation
5. Individual plays within offensive framework

C. Offensive/defensive transition

1. Individual skill breakdown
2. Team skill breakdown

D. Defensive strategies

1. Fundamentals
 - a. Blocking
 - b. Digging
 - c. Ball Reaction
2. Team defensive concepts
 - a. 6-Up
 - b. 6-back
3. Defensive team movement
4. Position development within defensive framework

E. Eligibility and transfer requirements

1. California Community College Athletic Association eligibility requirements

2. National Association of Intercollegiate Athletics transfer requirements
3. National Collegiate Athletic Association transfer requirements
 - a. Division I
 - b. Division II
 - c. Division III

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV -Interactive Video -Other (specify)

No Value

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

itv
LMS
publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value