## Cerro Coso College

# Course Outline of Record Report

10/18/2021

## PHEDC113: Tennis I

| General In | nformation |
|------------|------------|
|------------|------------|

Author: -

Course Code (CB01): PHEDC113
Course Title (CB02): Tennis I

**Department:** Physical Education

Proposal Start: Fall 2013

TOP Code (CB03): (0835.00) Physical Education

SAM Code (CB09): Non-occupational

Distance Education Approved: No

Course Control Number (CB00): CCC000209141

Curriculum Committee Approval Date: 03/11/2011

Board of Trustees Approval Date: 04/14/2011

External Review Approval Date: 12/31/1969

Course Description: This is a beginning course in the fundamentals of tennis. This class emphasizes the serve, forehand

and backhand ground-strokes, volley, rules of the game and court etiquette.

Submission Type: New Course

Author: No value

### **Faculty Minimum Qualifications**

Master Discipline Preferred: • Physical Education

Alternate Master Discipline Preferred:

• Physical Education

Bachelors or Associates Discipline Preferred: No value

Additional Bachelors or Associates Discipline

Preferred:

No value

### **Course Development Options**

Rationale For Credit By Exam/Challenge

Basic Skills Status (CB08) Course Special Class Status (CB13) Grade Options

Course is not a basic skills course.

Course is not a special class.

• Letter Grade Methods

Pass/No Pass

Allow Students to Gain Credit by

Allowed Number of Retakes

Course Prior To College Level (CB21)

Exam/Challenge 0 Not applicable.

**Retake Policy Description** 

Allow Students To Audit Course

**Course Support Course Status (CB26)** 

No value

## **Associated Programs**

Course is part of a program (CB24)

Associated Program Award Type Active

CC Kinesiology for Transfer A.A. Degree for Transfer Spring 2018 to Fall 2018

## Transferability & Gen. Ed. Options

### **Course General Education Status (CB25)**

No value

Transferability Transferability Status

Transferable to both UC and CSU Approved

Cerro Coso General Education Categories Status Approval Date Comparable Course Requirements

Area 7.2 Health & Wellness Approved No value No Comparable Course defined.

Activity

CSU General Education Categories Status Approval Date Comparable Course

Certification

Area E.2 Lifelong Learning Approved No value No Comparable Course defined. & Self-

> Development Activity

### **Units and Hours:**

## **Summary**

Minimum Credit Units (CB07) 1

Maximum Credit Units (CB06) 1

**Total Course In-Class (Contact)** 54

Hours

| Total Course Out-of-Cla<br>Hours | ass 0                               |                         |                     |                                                      |  |
|----------------------------------|-------------------------------------|-------------------------|---------------------|------------------------------------------------------|--|
| Total Student Learning           | Hours 54                            | 1                       |                     |                                                      |  |
| Faculty Load                     | 0                                   |                         |                     |                                                      |  |
| Credit / Non-Cred                | dit Options                         |                         |                     |                                                      |  |
| Course Credit Status (C          | B04)                                | Course Non Credit       | Category (CB22)     | Non-Credit Characteristic                            |  |
| Credit - Degree Applicab         | ble                                 | Credit Course. No Value |                     | No Value                                             |  |
| Course Classification St         | tatus (CR11)                        | Funding Agency Ca       | stogony (CR22)      |                                                      |  |
| Credit Course.                   | Course Classification Status (CB11) |                         | negory (CD23)       | Cooperative Work Experience Education  Status (CB10) |  |
| Variable Credit Cours            | se                                  | Not Applicable.         |                     |                                                      |  |
| Weekly Student I                 |                                     |                         | Course Student      | Hours                                                |  |
| Troomy Cladent                   | In Class                            | Out of Classs           | Course Duration (V  |                                                      |  |
| Lecture Hours                    | 0                                   | 0                       | Hours per unit divi |                                                      |  |
| Laboratory Hours                 | 0                                   | 0                       | Course In-Class (Co | ontact) Hours                                        |  |
| Activity Hours                   | 3                                   | 0                       | Lecture             | 0                                                    |  |
|                                  |                                     |                         | Laboratory          | 0                                                    |  |
|                                  |                                     |                         | Activity            | 0                                                    |  |
|                                  |                                     |                         | Total               | 54                                                   |  |
|                                  |                                     |                         | Course Out-of-Clas  | s Hours                                              |  |
|                                  |                                     |                         | Lecture             | 0                                                    |  |
|                                  |                                     |                         | Laboratory          | 0                                                    |  |
|                                  |                                     |                         | Activity            | 0                                                    |  |
|                                  |                                     |                         | Total               | 0                                                    |  |
|                                  |                                     |                         |                     |                                                      |  |
| Time Commitme                    | nt Notes for                        | Students                |                     |                                                      |  |
| No value                         |                                     |                         |                     |                                                      |  |
|                                  |                                     |                         |                     |                                                      |  |
| Faculty Load                     |                                     |                         |                     |                                                      |  |
| Extra Duties: 0                  |                                     |                         | Faculty Load: 0     |                                                      |  |
|                                  |                                     |                         |                     |                                                      |  |
| Units and Hours:                 | : - Weekly S                        | pecialty Hours          |                     |                                                      |  |
| Activity Name                    |                                     | Туре                    | In Class            | Out of Class                                         |  |

| No Value | No Value | No Value | No Value |
|----------|----------|----------|----------|
|----------|----------|----------|----------|

# Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

| Entrance Skills |             |
|-----------------|-------------|
| Entrance Skills | Description |
| No value        | No value    |

| Limitations on Enrollment |             |
|---------------------------|-------------|
| Limitations on Enrollment | Description |
| No value                  | No value    |

| Specifications         |                                    |
|------------------------|------------------------------------|
| Methods of Instruction |                                    |
| Methods of Instruction | Other                              |
| Rationale              | Activity                           |
| Methods of Instruction | Demonstration                      |
| Rationale              | No value                           |
| Methods of Instruction | Discussion                         |
| Rationale              | No value                           |
| Methods of Instruction | Group Work                         |
| Rationale              | No value                           |
| Methods of Instruction | Skills Development and Performance |

| Rationale                               |          | No value                                                                                                                                       |         |          |                   |
|-----------------------------------------|----------|------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------|-------------------|
| <b>Assignments</b> No Value             |          |                                                                                                                                                |         |          |                   |
| Methods of Evaluation                   |          | Rationale                                                                                                                                      |         |          |                   |
| Other                                   |          | Performance based evaluation<br>The following items will be as:<br>Basic racquet grips<br>Forehand, backhand<br>evaluation of understanding of | ssessed |          | during game play. |
| <b>Equipment</b> No Value               |          |                                                                                                                                                |         |          |                   |
| Textbooks                               |          |                                                                                                                                                |         |          |                   |
| Author                                  | Title    | Puk                                                                                                                                            | blisher | Date     | ISBN              |
| No Value                                | No Value | No                                                                                                                                             | Value   | No Value | No Value          |
| Other Instructional Materials  No Value |          |                                                                                                                                                |         |          |                   |
| <b>Materials Fee</b><br>No              |          |                                                                                                                                                |         |          |                   |

| Learning Outcomes and Objectives                                                           |                                |
|--------------------------------------------------------------------------------------------|--------------------------------|
| Course Objectives  No value                                                                |                                |
| CSLOs                                                                                      |                                |
| Demonstrate the importance of body mechanics related to stroke production.                 | Expected SLO Performance: 70.0 |
| Acquire and improve basic tennis skills and strategies.                                    | Expected SLO Performance: 70.0 |
| Differentiate and show three basic racquet grips, and articulate the purposes of each grip | Expected SLO Performance: 70.0 |
| Discuss basic strategies for Singles and Doubles                                           | Expected SLO Performance: 70.0 |

### **Outline**

### **Course Outline**

- A. To learn the history; terminology; equipment; and fashion of the game.
- B. Knowledge of the game
  - 1. Rules and regulations
  - 2. Scoring
  - 3. Strategies and tactics- singles and doubles
  - 4. Court etiquette and laws
  - 5. Seeding and ranking
- C. Instruction in individual skills and fundamentals
  - 1. Basic grips- Eastern forehand and backhand; Western Forehand and backhand; Semi-Western forehand; and Continental
  - 2. Production of strokes- body position; footwork; backswing; ball contact; and fallow-through
  - 3. Stokes to be learned- Cannonball serve; twist serve; forehand drive; backhand drive; punch volley; drive volley; smash; and spin usage
  - 4. Tournament play

### **Delivery Methods and Distance Education**

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face true

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV - Interactive Video -Other (specify)

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology.

| Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue |
|--------------------------------------------------------------------------------------------------------------------------------------|
| burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system        |
| interface.                                                                                                                           |

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value