

Cerro Coso College
Course Outline of Record Report
10/07/2021

PHEDC110 : Golf II

General Information

Author:	-
Course Code (CB01) :	PHEDC110
Course Title (CB02) :	Golf II
Department:	Physical Education
Proposal Start:	Fall 2013
TOP Code (CB03) :	(0835.00) Physical Education
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	No
Course Control Number (CB00) :	CCC000076963
Curriculum Committee Approval Date:	04/12/2013
Board of Trustees Approval Date:	06/13/2013
External Review Approval Date:	12/31/1969
Course Description:	The course addresses intermediate golfers with swing habits that are counterproductive to effective ball striking. Corrective measures are explored; drills, training aids and practice plans prescribed. The intermediate level fundamentals of the golf swing and short game techniques of chipping, pitching, putting and bunker play will be addressed. The course emphasizes the ""one basic golf swing"" and includes extensive practice and play at the golf course.
Submission Type:	New Course
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	<ul style="list-style-type: none">Physical Education
Alternate Master Discipline Preferred:	<ul style="list-style-type: none">Physical Education
Bachelors or Associates Discipline Preferred:	No value
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grade Options <ul style="list-style-type: none">Letter Grade MethodsPass/No Pass
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Allowed Number of Retakes 0	Course Prior To College Level (CB21) Not applicable.

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Non-Repeatable Credit

 Allow Students To Audit Course**Course Support Course Status (CB26)**

No value

Associated Programs Course is part of a program (CB24)**Associated Program****Award Type****Active**

CC Kinesiology for Transfer

A.A. Degree for Transfer

Spring 2018 to Fall 2018

Transferability & Gen. Ed. Options**Course General Education Status (CB25)**

No value

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Cerro Coso General Education Requirements**Categories****Status****Approval Date****Comparable Course**

Area 7.2

Health & Wellness
Activity

Approved

No value

No Comparable Course defined.

CSU General Education Certification**Categories****Status****Approval Date****Comparable Course**

Area E.2

Lifelong Learning
& Self-
Development
Activity

Approved

No value

No Comparable Course defined.

Units and Hours:**Summary****Minimum Credit Units (CB07)** 1**Maximum Credit Units (CB06)** 1**Total Course In-Class (Contact Hours)** 54

Total Course Out-of-Class Hours 0

Total Student Learning Hours 54

Faculty Load 0

Credit / Non-Credit Options

Course Credit Status (CB04) Credit - Degree Applicable	Course Non Credit Category (CB22) Credit Course.	Non-Credit Characteristic No Value
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Course Classification Status (CB11) Credit Course. <input type="checkbox"/> Variable Credit Course	Funding Agency Category (CB23) Not Applicable.	<input type="checkbox"/> Cooperative Work Experience Education Status (CB10)
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Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	3	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	0
Total	54
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
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No Value

No Value

No Value

No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills

Entrance Skills

Description

No value

No value

Limitations on Enrollment

Limitations on Enrollment

Description

No value

No value

Specifications

Methods of Instruction

Methods of Instruction

Other

Rationale

A. Lecture and demonstration of golf topics/skills B. DVD/Video tapes detailing the official rules of golf C. Discussion of golf topics/skills D. Two video recording sessions of individual student performance (swinging the club)

Methods of Instruction

Demonstration

Rationale

No value

Methods of Instruction

Discussion

Rationale

No value

Methods of Instruction

Lecture

Rationale

No value

Assignments

No Value

Methods of Evaluation

Rationale

Final Exam

Written comprehensive final examination

Participation

Participation in class drills

Other

Hand written/typed self evaluation of recorded (DVD) student performance

Other

Subjective evaluation of student skills

Equipment

No Value

Textbooks

Author

Title

Publisher

Date

ISBN

Hogan, B. . (1985) Ben
Hogan's Five Lessons: The
Modern Fundamentals of Golf, ,
NYT Special Services, Inc., a New
York Times Company

Other Instructional Materials

No Value

Materials Fee

No

Learning Outcomes and Objectives

Course Objectives

No value

CSLOs

Understand and apply effective full swing, chipping, pitching and putting techniques.

Expected SLO Performance: 70.0

Illustrate ball flight principles to improve swing mechanics.

Expected SLO Performance: 70.0

Demonstrate correct alignment and a consistent pre-shot routine.

Expected SLO Performance: 70.0

Apply the rules and etiquette of golf including "ready golf".

Expected SLO Performance: 70.0

Compare the basis for club selection.

Expected SLO Performance: 70.0

Perform bunker shots and apply techniques required due to uneven lie conditions

Expected SLO Performance: 70.0

Identify important criteria affecting equipment purchase.

Expected SLO Performance: 70.0

Identify basic factors which are essential to course management in preparation for playing a round of golf.

Expected SLO Performance: 70.0

Outline

Course Outline

A. Full swing basics (A; B; C; E)

1. Grip; aim; stance; posture
2. Address and pre-shot routine
3. Take away/backswing
4. Downswing and follow through
5. Ball flight principles
6. Club selection
7. Practice strategies

B. Chipping and putting (A; C; E)

1. Grip; aim; stance; posture
2. Address and pre-shot routine
3. Putting stroke mechanics
4. Reading the green
5. Chipping stroke mechanics and club selection
6. Technique similarities and differences
7. Practice strategies

C. Pitching; bunker shots and uneven lies (A; C; D; E; F)

1. Grip; aim; stance; posture
2. Address and pre-shot routine
3. Pitching techniques and club selection
4. Bunker shot techniques and the use of the sand wedge
5. Uneven lies and club selection
6. Technique similarities and differences
7. Practice strategies

D. Rules and etiquette of golf including "ready golf" (D; H)

E. Equipment facts and considerations including brands of equipment available (G)

F. Playing a round of golf (H)

1. Introduction to round management
2. Making a tee time
3. Course rules and local course regulations
4. Practice routines prior to playing the course
5. Goal Setting
6. Keys to improvement
7. Charting rounds of golf

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face true

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV -Interactive Video -Other (specify)

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

No Value

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value