

Cerro Coso College
Course Outline of Record Report
10/12/2021

PHEDC109 : Golf I

General Information

Author:	-
Course Code (CB01) :	PHEDC109
Course Title (CB02) :	Golf I
Department:	Physical Education
Proposal Start:	Fall 2013
TOP Code (CB03) :	(0835.00) Physical Education
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	No
Course Control Number (CB00) :	CCC000169202
Curriculum Committee Approval Date:	02/07/2014
Board of Trustees Approval Date:	03/06/2014
External Review Approval Date:	07/15/2014
Course Description:	This course provides golf instruction and practice in the fundamentals of grip, stance, alignment, backswing, and downswing. Topics also include principles of warm-up, golf club selection and use, player guidelines, scoring, game etiquette, and safety procedures. The course emphasizes the "one basic golf swing" theory and includes extensive practice and play at the local golf course.
Submission Type:	New Course
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	<ul style="list-style-type: none">Physical Education
Alternate Master Discipline Preferred:	<ul style="list-style-type: none">Physical Education
Bachelors or Associates Discipline Preferred:	No value
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grade Options <ul style="list-style-type: none">Letter Grade MethodsPass/No Pass
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Allowed Number of Retakes 0	Course Prior To College Level (CB21) Not applicable.

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Non-Repeatable Credit

 Allow Students To Audit Course**Course Support Course Status (CB26)**

No value

Associated Programs Course is part of a program (CB24)**Associated Program****Award Type****Active**

CC Kinesiology for Transfer

A.A. Degree for Transfer

Spring 2018 to Fall 2018

Transferability & Gen. Ed. Options**Course General Education Status (CB25)**

No value

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Cerro Coso General Education Requirements**Categories****Status****Approval Date****Comparable Course**

Area 7.2

Health & Wellness
Activity

Approved

No value

No Comparable Course defined.

CSU General Education Certification**Categories****Status****Approval Date****Comparable Course**

Area E.2

Lifelong Learning
& Self-
Development
Activity

Approved

No value

No Comparable Course defined.

Units and Hours:**Summary****Minimum Credit Units (CB07)**

1

Maximum Credit Units (CB06)

1

Total Course In-Class (Contact) Hours

54

Total Course Out-of-Class Hours 0

Total Student Learning Hours 54

Faculty Load 0

Credit / Non-Credit Options

Course Credit Status (CB04)

Credit - Degree Applicable

Course Non Credit Category (CB22)

Credit Course.

Non-Credit Characteristic

No Value

Course Classification Status (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	3	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	0
Activity	0
Total	54
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
---------------	------	----------	--------------

No Value

No Value

No Value

No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills

Entrance Skills

Description

No value

No value

Limitations on Enrollment

Limitations on Enrollment

Description

No value

No value

Specifications

Methods of Instruction

Methods of Instruction

Other

Rationale

Other Methods: Video recording sessions of individual student performance (swinging the club)

Methods of Instruction

Demonstration

Rationale

No value

Methods of Instruction

Discussion

Rationale

No value

Methods of Instruction

Instruction through examination or quizzing

Rationale

No value

Methods of Instruction

Lecture

Rationale	No value			
Methods of Instruction	Peer analysis, critique & feedback			
Rationale	No value			
Methods of Instruction	Performance			
Rationale	No value			
Methods of Instruction	Problem Solving			
Rationale	No value			
Methods of Instruction	Skills Development and Performance			
Rationale	No value			
Assignments				
Non-applicable to physical education courses.				
Methods of Evaluation	Rationale			
Final Exam	Final Examination: Students will be assessed and scored by an end of the semester examination. This examination may take the form of any combination of multiple choice, matching or true/false questions related to beginning golf techniques and strategy.			
Tests	Mid-semester rules and etiquette examination: Students will be tested on the basic rules and situational application of those rules. Basic etiquette will be tested as well. Multiple-choice examination may be used.			
Other	Performance evaluation: Students will be evaluated individually for their level of skill in each of the major areas presented in this course. For example, individuals will be asked to execute a full golf swing. This skill examination will be scored by a rubric designed to examine grip position, position at address, club takeaway, swing tempo and ball striking accuracy.			
Equipment				
No Value				
Textbooks				
Author	Title	Publisher	Date	ISBN
	The recommended text is a classic, standard text for the game of golf. The principles detailed in the book are widely			

considered applicable to today's beginning golfer.

Hogan, B. . (1985) Ben Hogan's Five Lessons The Modern Fundamentals of Golf, , NYT Special Services, Inc., a New York Times Company

Other Instructional Materials

No Value

Materials Fee

No

Learning Outcomes and Objectives

Course Objectives

No value

CSLOs

Demonstrate the three basic golf grips.	Expected SLO Performance: 70.0
Execute a beginning level golf swing with irons and metals (woods).	Expected SLO Performance: 70.0
Apply the correct use of golf rules, game scoring, and player etiquette.	Expected SLO Performance: 70.0
Apply the correct safety procedures utilized on and around a golf course.	Expected SLO Performance: 70.0
Identify the physical and social benefits of the game of golf.	Expected SLO Performance: 70.0
Demonstrate correct putting, chipping, and approach shot technique.	Expected SLO Performance: 70.0

Outline

Course Outline

No value

Lab Outline

The following are examples only. Instructional methods may include; but are not limited to:

Demonstration and discussion of proper golf swing techniques. Example: demonstration of correct "address" position and the importance of the "takeaway" movement.

Lecture component. Example: topics include rules of golf; on course and driving range etiquette; and various golf strategies.

Video analysis: Example: instructor will video student golf swings twice during the semester. All students will watch the resulting video and listen to the instructor's comments on each student's golf swing. The verbal critique will always be made in a positive and constructive tone.

Peer analysis: Example; student does a verbal analysis of a classmate's golf swing under the supervision of the instructor.

A. Gripping the golf club

1. Baseball grip
2. Interlocking grip
3. Vardon grip

B. Around the green

1. Standard putting
2. Cross-handed putting
3. Proper stance fundamentals
4. Chipping strokes
5. Pitching strokes

C. Basic golf swing

1. Warm-up and stretching
2. Take-away
3. Backswing
4. Downswing
5. Hitting
6. Follow-through

D. Stance

1. Square
2. Open
3. Closed

E. Basic Rules and Etiquette

1. USGA Rules
2. Practice and putting area etiquette
3. On course etiquette
4. Safety issues
5. Golf terminology

F. Irons and Metals (woods)

1. Differences between the two
2. Use for each of the clubs
3. Men's and women's club sizes and lengths

G. Benefits of playing the game

1. Physical fitness
2. Social aspects
3. Intellectual challenges

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face true

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV -Interactive Video -Other (specify)

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value