

Cerro Coso College  
**Course Outline of Record Report**  
10/12/2021

## KINSC109 : Golf

### General Information

Author:	<ul style="list-style-type: none"><li>• Kimberlee Kelly</li><li>• Scott, Justus</li><li>• Heck, Tom</li></ul>
Course Code (CB01) :	KINSC109
Course Title (CB02) :	Golf
Department:	Physical Education
Proposal Start:	Spring 2022
TOP Code (CB03) :	(0835.00) Physical Education
SAM Code (CB09) :	Non-occupational
Distance Education Approved:	No
Course Control Number (CB00) :	CCC000169202
Curriculum Committee Approval Date:	05/07/2021
Board of Trustees Approval Date:	07/08/2021
External Review Approval Date:	07/08/2021
Course Description:	This course provides golf instruction and practice in the fundamentals of grip, stance, alignment, backswing, and downswing. Topics also include principles of warm-up, golf club selection and use, player guidelines, scoring, game etiquette, and safety procedures. The course emphasizes the "one basic golf swing" theory and includes extensive practice and play at the local golf course.
Submission Type:	Mandatory Revision  Changing naming to KINS, cleaned up MI and ME, updated outline to correct section(was in lab area) added hybrid delivery option for emergencies SLO last reviewed sp 2014, no changes made as result of assessment
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### Faculty Minimum Qualifications

Master Discipline Preferred:	<ul style="list-style-type: none"><li>• Kinesiology</li><li>• Physical Education</li></ul>
Alternate Master Discipline Preferred:	<ul style="list-style-type: none"><li>• Physical Education</li></ul>
Bachelors or Associates Discipline Preferred:	No value
Additional Bachelors or Associates Discipline Preferred:	No value

### Course Formerly Known As

Course Formerly Known As

### Course Development Options

**Basic Skills Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Rationale For Credit By Exam/Challenge**

No value

**Course Support Course Status (CB26)**

Course is not a support course

**Course Special Class Status (CB13)**

Course is not a special class.

**Allowed Number of Retakes**

0

**Retake Policy Description**

Type:|Non-Repeatable Credit

**Grade Options**

- Letter Grade Methods
- Pass/No Pass

**Course Prior To College Level (CB21)**

Not applicable.

Allow Students To Audit Course

### Associated Programs

Course is part of a program (CB24)

**Associated Program**

**Award Type**

**Active**

CC Kinesiology for Transfer

A.A. Degree for Transfer

Spring 2018 to Fall 2018

### Transferability & Gen. Ed. Options

**Course General Education Status (CB25)**

Y

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**Cerro Coso General Education Requirements**

**Categories**

**Status**

**Approval Date**

**Comparable Course**

Area 7.2

Health & Wellness Activity

Approved

No value

No Comparable Course defined.

**CSU General Education Certification**

**Categories**

**Status**

**Approval Date**

**Comparable Course**

Area E.2

Lifelong Learning  
& Self-  
Development  
Activity

Approved

No value

No Comparable Course defined.

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	1
<b>Maximum Credit Units (CB06)</b>	1
<b>Total Course In-Class (Contact) Hours</b>	54
<b>Total Course Out-of-Class Hours</b>	0
<b>Total Student Learning Hours</b>	54
<b>Faculty Load</b>	0

### Credit / Non-Credit Options

#### Course Credit Status (CB04)

Credit - Degree Applicable

#### Course Non Credit Category (CB22)

Credit Course.

#### Non-Credit Characteristic

No Value

#### Course Classification Status (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

### Weekly Student Hours

	<b>In Class</b>	<b>Out of Class</b>
Lecture Hours	0	0
Laboratory Hours	0	0
Activity Hours	3	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	0
Laboratory	0
Activity	54
<b>Total</b>	54
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Activity	0
<b>Total</b>	0

## Time Commitment Notes for Students

No value

## Faculty Load

Extra Duties: 0

Faculty Load: 0

## Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

## Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

## Entrance Skills

Entrance Skills	Description
No value	No value

## Limitations on Enrollment

Limitations on Enrollment	Description
No value	No value

## Specifications

### Methods of Instruction

Methods of Instruction      Lecture

Rationale      Safety, rules of sport, and appropriate technique are all part of the class lecture, which is used to share ideas and content to enhance student reading and help them further explore topics.

<b>Methods of Instruction</b>	Demonstration			
<b>Rationale</b>	Demonstrations of skills provide visual reinforcement of lecture ideas and sport moves.			
<b>Methods of Instruction</b>	Performance			
<b>Rationale</b>	Golfing is based on a series of movement patterns and game knowledge. These will be developed and performed by students.			
<b>Methods of Instruction</b>	Instruction through examination or quizzing			
<b>Rationale</b>	Quizzing of rules, safety, and general game play will be used to assess knowledge.			
<b>Assignments</b>	No Value			
<b>Methods of Evaluation</b>	<b>Rationale</b>			
Final Exam	Final Examination: Students will be assessed and scored by an end of the semester examination. This examination may take the form of any combination of multiple choice, matching, or true/false questions related to beginning golf techniques and strategy.			
Tests	Mid-semester rules and etiquette examination: Students will be tested on the basic rules and situational application of those rules. Basic etiquette will be tested as well. Multiple-choice examination may be used.			
Other	Performance evaluation: Students will be evaluated individually for their level of skill in each of the major areas presented in this course. For example, individuals will be asked to execute a full golf swing. This skill examination will be scored by a rubric designed to examine grip position, position at address, club takeaway, swing tempo, and ball striking accuracy.			
<b>Equipment</b>	No Value			
<b>Textbooks</b>				
<b>Author</b>	<b>Title</b>	<b>Publisher</b>	<b>Date</b>	<b>ISBN</b>
No Value	No Value	No Value	No Value	No Value
<b>Other Instructional Materials</b>				
<b>Description</b>	Materials provided by instructor in class shell or by handouts in class.			
<b>Author</b>	No value			
<b>Citation</b>	No value			

## Materials Fee

No

## Learning Outcomes and Objectives

### Course Objectives

No value

### CSLOs

Demonstrate the three basic golf grips.	Expected SLO Performance: 70.0
Execute a beginning level golf swing with irons and metals (woods).	Expected SLO Performance: 70.0
Apply the correct use of golf rules, game scoring, and player etiquette.	Expected SLO Performance: 70.0
Apply the correct safety procedures utilized on and around a golf course.	Expected SLO Performance: 70.0
Identify the physical and social benefits of the game of golf.	Expected SLO Performance: 70.0
Demonstrate correct putting, chipping, and approach shot technique.	Expected SLO Performance: 70.0

## Outline

### Course Outline

The following are examples only. Instructional methods may include; but are not limited to:

- A. Gripping the golf club
  1. Baseball grip
  2. Interlocking grip
  3. Vardon grip
- B. Around the green
  1. Standard putting
  2. Cross-handed putting
  3. Proper stance fundamentals
  4. Chipping strokes
  5. Pitching strokes
- C. Basic golf swing
  1. Warm-up and stretching
  2. Take-away
  3. Backswing
  4. Downswing
  5. Hitting
  6. Follow-through
- D. Stance
  1. Square
  2. Open
  3. Closed
- E. Basic Rules and Etiquette

1. USGA Rules
  2. Practice and putting area etiquette
  3. On course etiquette
  4. Safety issues
  5. Golf terminology
- F. Irons and Metals (woods)
1. Differences between the two
  2. Use for each of the clubs
  3. Men's and women's club sizes and lengths
- G. Benefits of playing the game
1. Physical fitness
  2. Social aspects
  3. Intellectual challenges

## Delivery Methods

**Delivery Method:** Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

- Face to face

**Rigor Statement:** Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section? Describe the ways in which instructor-student contact and student-student contact will be facilitated in the distance ed environments.

No Value

**Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course.** -Learning Management System -Discussion Forums -Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV - Interactive Video -Other

- Message
- Chat/Instant Messaging
- E-mail
- Face-to-face meeting(s)

**Software and Equipment:** What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

**Accessibility:** Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

- Learning management system

**Class Size:** Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

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**Emergency Distance Education Options** The course will operate in remote delivery mode when all or part of the college service area is under an officially declared city, county, state, or federal state of emergency, including (check all that apply) - Online including all labs/activity hours - Hybrid with online lecture and onsite lab/activity hours - Correspondence education in high school and prison facilities - None. This course will be cancelled or paused if it cannot be held fully onsite.

- Hybrid with online lecture and onsite lab/activity hours