Cerro Coso College
Course Outline of Record Report
10/11/2021

HCRSC057 : Home Health Aide

General Information

Author:	-
Course Code (CB01) :	HCRSC057
Course Title (CB02) :	Home Health Aide
Department:	Allied Health
Proposal Start:	Fall 2013
TOP Code (CB03) :	(1230.80) Home Health Aide
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	Yes
Course Control Number (CB00) :	CCC000545829
Curriculum Committee Approval Date:	04/12/2013
Board of Trustees Approval Date:	06/13/2013
External Review Approval Date:	06/21/2013
Course Description:	This course is designed to prepare the student to work with clients in a home setting doing hands-on patient care. This course focuses on the skills for basic care of residents who need assistance with activities of daily living, including bathing, hygiene measures, transfers, bed making, cleaning, and homemaking tasks. The State Department of Licensing requires a grade of C or better.
Submission Type:	New Course
Author:	No value

Faculty Minimum Qualifications

Master Discipline Preferred:	No value
Alternate Master Discipline Preferred:	No value
Bachelors or Associates Discipline Preferred:	- Health Care Ancillaries (Medical assisting, hospice worker, home care aide, certified nurse aide, health aide, ward clerk, central service technology, childbirth educator, primary care associate, massage therapy) - Licensed Vocational
Additional Bachelors or Associates Discipline Preferred:	No value

Course Development Options

Basic Skills Status (CB08)

Course is not a basic skills course.

☐ Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Allowed Number of Retakes

0

Grade Options

- Letter Grade Methods
- Pass/No Pass

Course Prior To College Level (CB21)

Not applicable

Exam/Challenge | 0 | Not applicable.

Rationale For Credit By Exam/Challenge

No value

Retake Policy Description

Type:|Non-Repeatable Credit

☑ Allow Students To Audit Course

Course Support Course Status (CB26)

No value

Associated Programs

☐ Course is part of a program (CB24)

Associated Program

No value

Award Type

No value

Active

Transferability & Gen. Ed. Options

Course General Education Status (CB25)

No value

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07)	2
Maximum Credit Units (CB06)	2
Total Course In-Class (Contact) Hours	45
Total Course Out-of-Class Hours	63
Total Student Learning Hours	108
Faculty Load	0

Credit / Non-Credit Options

Course Credit Status (CB04)

Credit - Degree Applicable

Course Non Credit Category (CB22)

Credit Course.

Non-Credit Characteristic

No Value

Course Classification Status (CB11)

Funding Agency Category (CB23)

☐ Cooperative Work Experience Education Status (CB10)

Credit Course.   Not Applicable.

☐ Variable Credit Course

Weekly Student Hours

	In Class	Out of Classs
Lecture Hours	1.5	3
Laboratory Hours	0	0
Activity Hours	1	0.5

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0

Course In-Class (Contact) Hours

Lecture	0
Laboratory	0
Activity	0
Total	45

Course Out-of-Class Hours

Lecture	0
Laboratory	0
Activity	0
Total	63

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0   **Faculty Load:** 0

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Units and Hours: Non-standard hours

Summary

Minimum Credit Units (CB07)	2
Maximum Credit Units (CB06)	2
Total Course In-Class (Contact) Hours	54

Total Course Out-of-Class Hours	0
Total Student Learning Hours	0
Faculty Load	0

Detail

Weekly Student Hours

	In Class	Out of Classs
Lecture Hours	27	3
Laboratory Hours	27	0
Activity Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54

Course In-Class (Contact) Hours

Lecture	27
Laboratory	27
Activity	0
Total	54

Course Out-of-Class Hours

Lecture	0
Laboratory	0
Activity	0
Total	0

Time Commitment Notes for Students

No Value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: Non-standard hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entrance Skills

Entrance Skills	Description
No value	No value

Limitations on Enrollment

Limitations on Enrollment	Description
Certified Nursing Assistant Certificate 	Must possess a current CNA certificate

Specifications

Methods of Instruction

Methods of Instruction	Audiovisual
Rationale	Video and audio tapes

Methods of Instruction	Demonstration
Rationale	Skills lab demonstration and return demonstrations

Methods of Instruction	Outside reading
Rationale	No value

Methods of Instruction	Peer-to-peer instruction
Rationale	No value

Methods of Instruction	Performance
Rationale	No value

Methods of Instruction	Skills Development and Performance
Rationale	No value

Methods of Instruction	Instruction through examination or quizzing
Rationale	No value

Methods of Instruction	Lecture
Rationale	No value

Methods of Instruction	Case Study
Rationale	No value

Methods of Instruction	Demonstration
Rationale	No value

Methods of Instruction	Discussion
Rationale	No value

Methods of Instruction	Other
Rationale	Field trip

Methods of Instruction	Guest Lecturers
Rationale	No value

Assignments

A. Readings
B. Homework Assignments- End of Chapter Questions/Workbook
C. Prepare Client information for Home Visit

Methods of Evaluation	Rationale
Participation	A. Class participation
Homework	B. Homework assignments Completion of workbook exercises
Participation	C. Skills lab participation and Skills Completion check off list completion
Tests	D. Quizzes

Equipment

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
	Birchenall, J. & Streight, E. . (2013) Home Care Aide, 2nd, Mosby/Elsevier			

Other Instructional Materials

No Value

Materials Fee

No

Learning Outcomes and Objectives

Course Objectives

No value

CSLOs

Describe the role and responsibilities of the certified home health aide.

Expected SLO Performance: 70.0

Describe effective techniques for communication with home health team members.

Expected SLO Performance: 70.0

Identify the basic physical and emotional needs of clients in each age group in the life span.

Expected SLO Performance: 70.0

Discuss the benefits of self care in promoting wellness.

Expected SLO Performance: 70.0

Recognize emergencies in the home and define critical steps to follow.

Expected SLO Performance: 70.0

Demonstrate ability to select and purchase food with consideration of nutritional principles, budget, preference, and storage.

Expected SLO Performance: 70.0

Describe key principles for maintaining a safe home environment.

Expected SLO Performance: 70.0

Outline

Course Outline

I. Orientation to Home Care
A. Home Health Aide Training Programs

A. Caring for Older Adults
1. Ageism
2. Physical Signs of Aging
3. Safety and the Older Adult
4. Illness in the Older Adult
5. Elder Neglect and Abuse
6. Signs of Neglect and Abuse
7. Alcoholism
8. Suicide
B. Caring for Mothers; Infants and Children
1. Caring for Mothers
2. Postpartum Period
3. Physical Needs of the Mother
4. Caring for Infants
5. Working with Children
6. Child Abuse and Neglect
C. Caring for Clients with Mental Illness
1. Mental Health
2. Mental Illness
3. Care of the Mentally Ill Client
4. Substance Abuse
D. Caring for Clients with Illness Requiring Home Care
E. Caring for the Dying Client
1. Emotional Reactions
2. Advance Medical Directives
3. Hospice
4. Caring for the Dying Client
5. Signs of approaching death
6. Care after death
F. Emergencies
1. Guidelines for handling emergencies

Lab Outline

I. Home Care Procedures
A. Body Mechanics
1. Using Good Body Mechanics
2. Client in Bed
3. Positioning Clients in Bed
4. Helping clients be mobile
5. Transferring client to chair/wheelchair
6. Transferring client to bed
7. Using assistive devices
8. Ambulation
9. Walking devices
10. Assisting client to fall
11. Infection Control
B. Bed Making
1. Types of Beds
2. Special devices for bed
3. Making the Bed
C. Personal Care
1. Oral Hygiene (Mouth Care)
2. Bathing
3. Grooming
4. Range of Motion Exercises
D. Elimination
1. Urinary Elimination
2. Bowel Elimination
3. Standard Precautions

E. Collecting Specimens
1. Specimens
2. Urine Specimens
3. Stool Specimens
4. Sputum Specimens
5. Assisting Clients to self-monitor blood sugar levels
F. Measuring Vital Signs
G. Special Procedures
1. Guidelines
2. Medications
3. Application of Heat and Cold
4. Oxygen Therapy
5. Intravenous Infusions
6. Dry Dressings
7. Promoting Circulation
8. Infection Control
H. Nutritional Needs
1. Shopping for Food
2. Preparing Food
I. Maintaining a Healthy Environment
1. Cleaning the home

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

No Value

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV - Interactive Video -Other (specify)

No Value

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

No Value

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue

burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

s508_itv
s508_moodle
s508_publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No Value