

Cerro Coso College
Course Outline of Record Report
 10/11/2021

BIOLC121 : Survey of Anatomy & Physiology Lecture

General Information

| | |
|-------------------------------------|---|
| Author: | - |
| Course Code (CB01) : | BIOLC121 |
| Course Title (CB02) : | Survey of Anatomy & Physiology Lecture |
| Department: | Science |
| Proposal Start: | Fall 2013 |
| TOP Code (CB03) : | (0410.00) Anatomy and Physiology |
| SAM Code (CB09) : | Non-occupational |
| Distance Education Approved: | Yes |
| Course Control Number (CB00) : | CCC000369241 |
| Curriculum Committee Approval Date: | 04/15/2016 |
| Board of Trustees Approval Date: | 06/09/2016 |
| External Review Approval Date: | 12/15/2011 |
| Course Description: | This is an introductory anatomy and physiology course. Emphasis is on the structure and function of human cells, tissues, organs, and organ systems. Human development and heredity are also covered. Not open to students who have completed BIOL 125. |
| Submission Type: | New Course |
| Author: | No value |

Faculty Minimum Qualifications

| | |
|--|---|
| Master Discipline Preferred: | <ul style="list-style-type: none"> Biological Sciences |
| Alternate Master Discipline Preferred: | <ul style="list-style-type: none"> Biological Sciences |
| Bachelors or Associates Discipline Preferred: | No value |
| Additional Bachelors or Associates Discipline Preferred: | No value |

Course Development Options

| | | |
|---|---|---|
| Basic Skills Status (CB08) Course is not a basic skills course. | Course Special Class Status (CB13) Course is not a special class. | Grade Options <ul style="list-style-type: none"> Letter Grade Methods Pass/No Pass |
| <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge | Allowed Number of Retakes 0 | Course Prior To College Level (CB21) Not applicable. |
| Rationale For Credit By Exam/Challenge | Retake Policy Description | <input checked="" type="checkbox"/> All |

No value

Type:|Non-Repeatable Credit

Allow Students to Audit Course

Course Support Course Status (CB26)

No value

Associated Programs

Course is part of a program (CB24)

| Associated Program | Award Type | Active |
|--|----------------------------|--------------------------|
| CC Liberal Arts: Mathematics & Science | A.A. Degree Major | Summer 2018 to Fall 2020 |
| CSU General Education (CSU GE Breadth) | Certificate of Achievement | Fall 2020 |
| Intersegmental General Education Transfer Curriculum Certificate of Achievement | Certificate of Achievement | Fall 2020 |
| Liberal Arts: Mathematics & Science Associate in Arts Degree | A.A. Degree Major | Fall 2020 |
| CSU General Education (CSU GE Breadth) (In Development) | Certificate of Achievement | Fall 2021 |
| Intersegmental General Education Transfer Curriculum Certificate of Achievement (In Development) | Certificate of Achievement | Fall 2021 |

Transferability & Gen. Ed. Options

Course General Education Status (CB25)

No value

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

Cerro Coso General Education Requirements

| Area | Categories | Status | Approval Date | Comparable Course |
|----------|----------------------------------|----------|---------------|-------------------------------|
| Area 1.1 | Natural Science Life Sciences | Approved | No value | No Comparable Course defined. |

| CSU General Education Certification | Categories | Status | Approval Date | Comparable Course |
|-------------------------------------|--|----------|---------------|-------------------------------|
| Area B.2 | Scientific Inquiry & Quantitative Reasoning Life Science | Approved | No value | No Comparable Course defined. |

| Intersegmental General Education Transfer Curriculum | Categories | Status | Approval Date | Comparable Course |
|--|---|----------|---------------|-------------------------------|
| Area 5.B | Physical & Biological Sciences Biological Science | Approved | No value | No Comparable Course defined. |

Units and Hours:

Summary

| | |
|---------------------------------------|-----|
| Minimum Credit Units (CB07) | 3 |
| Maximum Credit Units (CB06) | 3 |
| Total Course In-Class (Contact) Hours | 54 |
| Total Course Out-of-Class Hours | 108 |
| Total Student Learning Hours | 162 |
| Faculty Load | 0 |

Credit / Non-Credit Options

| Course Credit Status (CB04) | Course Non Credit Category (CB22) | Non-Credit Characteristic |
|-----------------------------|-----------------------------------|---------------------------|
| Credit - Degree Applicable | Credit Course. | No Value |

| Course Classification Status (CB11) | Funding Agency Category (CB23) | Cooperative Work Experience Education Status (CB10) |
|---|--------------------------------|---|
| Credit Course. <input type="checkbox"/> Variable Credit Course | Not Applicable. | <input type="checkbox"/> |

Weekly Student Hours

| | In Class | Out of Class |
|------------------|----------|--------------|
| Lecture Hours | 3 | 6 |
| Laboratory Hours | 0 | 0 |
| Activity Hours | 0 | 0 |

Course Student Hours

| | |
|---------------------------------|----|
| Course Duration (Weeks) | 18 |
| Hours per unit divisor | 0 |
| Course In-Class (Contact) Hours | |
| Lecture | 0 |
| Laboratory | 0 |
| Activity | 0 |

| | |
|----------------------------------|-----|
| Total | 54 |
| Course Out-of-Class Hours | |
| Lecture | 0 |
| Laboratory | 0 |
| Activity | 0 |
| Total | 108 |

Time Commitment Notes for Students

No value

Faculty Load

Extra Duties: 0

Faculty Load: 0

Units and Hours: - Weekly Specialty Hours

| Activity Name | Type | In Class | Out of Class |
|---------------|----------|----------|--------------|
| No Value | No Value | No Value | No Value |

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

ENGLC070 - Introductory Composition

In BIOL 121, students are expected to read a college-level textbook, journal articles, and assigned internet readings with sufficient comprehension to be able to identify central points of reading materials (both explicit and implied), and to distinguish facts from opinions, identifying bias and drawing inferences. Students are also expected to be able to write summaries of assigned readings, and answer homework questions using paragraph-length responses in clear and error-free prose. ENGL C070 provides the student with the requisite reading and writing skills to meet these expectations.

Entrance Skills

| Entrance Skills | Description |
|-----------------|-------------|
| No value | No value |

Limitations on Enrollment

| Limitations on Enrollment | Description |
|---------------------------|-------------|
| No value | No value |

Specifications

Methods of Instruction

Methods of Instruction

Written work

Rationale

No value

Methods of Instruction

Skills Development and Performance

Rationale

No value

Methods of Instruction

Problem Solving

Rationale

No value

Methods of Instruction

Presentations (by students)

Rationale

No value

Methods of Instruction

Outside reading

Rationale

No value

Methods of Instruction

Library

Rationale

No value

Methods of Instruction

Lecture

Rationale

No value

Methods of Instruction

In-class writing

Rationale

No value

| | | | | |
|---|---|------------------|-------------|-------------|
| Methods of Instruction | Instruction through examination or quizzing | | | |
| Rationale | No value | | | |
| Methods of Instruction | Audiovisual | | | |
| Rationale | No value | | | |
| Methods of Instruction | Demonstration | | | |
| Rationale | No value | | | |
| Methods of Instruction | Discussion | | | |
| Rationale | No value | | | |
| Assignments | | | | |
| - Textbook readings (e.g. Outline Chapter 1 or answer some questions about the material); assigned problems from text or additional resources (e.g. Punnet squares for genetics); complete Internet-based assignments; prepare for assigned quizzes and exams. | | | | |
| Methods of Evaluation | Rationale | | | |
| Homework | Homework Assignments: Students are asked to assimilate the assigned reading material. Example: Read chapter 2. Student should read chapter two and assimilate material. Method of material assimilation is not prescribed. It is suggested that students outline chapters, answer study questions in the text, utilize on-line materials provided by the text publisher, and form study groups. | | | |
| Tests | Quizzes: Quizzes covering topics from lecture material and reading assignments are given. Example: A quiz covering sub atomic particles and bonds is given to assess students' understanding of these concepts. | | | |
| Tests | Exams: Exams covering the material covered in lecture and reading assignments are given to assess student learning. Example: Exam one covers the scientific method, chemistry of life, biological molecules, cell biology, energy flow in biological systems, and cellular respiration. The exam can be but is not limited to multiple choice, true/false, short answer and essay. | | | |
| Equipment | | | | |
| No Value | | | | |
| Textbooks | | | | |
| Author | Title | Publisher | Date | ISBN |
| | VanPutte, C.L., Regan, J.L., and Russo, A.F.. (2015) Seeleys' Essentials of Anatomy and Physiology, 9th Edition, McGraw-Hill | | | |

Other Instructional Materials

No Value

Materials Fee

No

Learning Outcomes and Objectives**Course Objectives**

No value

CSLOs**Recognize and use appropriate terminology to effectively communicate information related to anatomy and physiology.** Expected SLO Performance: 70.0

| | |
|--|--|
| <i>Social Science</i> PLOs for CSU GE COA | Communicate scientific results by applying the appropriate scientific method, including experimental and empirical methodologies characteristic of science and modern methods and tools used in scientific inquiry through the use of graphs, oral communications, and writings. |
|--|--|

| | |
|---|--|
| <i>Science</i> Liberal Arts: Mathematics & Science AA Degree | Describe the nature of science, the methods applied in scientific investigations, and the value of those methods in developing a rigorous understanding of the physical world. |
|---|--|

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|-------------------------------------|--|
| <i>Social Science</i> IGETC PLOs | Communicate scientific results by applying the appropriate scientific method, including experimental and empirical methodologies characteristic of science and modern methods and tools used in scientific inquiry through the use of graphs, oral communications, and writings. |
|-------------------------------------|--|

Identify and describe anatomical structures and explain the physiological functions of body systems.

Expected SLO Performance: 70.0

Describe the principles of homeostasis and the use of feedback loops to regulate physiological processes in the human body.

Expected SLO Performance: 70.0

Apply a basic understanding of anatomy and physiology in the comprehension of disease and health disorders.

Expected SLO Performance: 70.0

| | |
|--|--|
| <i>Science</i> Liberal Arts: Mathematics & Science AA Degree | Apply algebraic, graphical, numerical, and other methods to solve applied problems in the areas of mathematics, natural sciences, computer graphics, and computer animation. |
|--|--|

Outline**Course Outline**

- A. An Overview Of Anatomy And Physiology
1. Anatomy
 2. Physiology
 3. Structure And Functional Organization
 4. Homeostasis
 5. Terminology And The Body Plan

B. The Chemistry Of Life

1. Basic Chemistry
2. Chemical Reactions
3. Acids And Bases
4. Inorganic Chemistry
5. Organic Chemistry

C. Cell Structures And Their Functions

1. Functions Of The Cell
2. Cell Structure
3. Movement Through The Cell
4. Cell Metabolism
5. Protein Synthesis
6. Cell Division
7. Differentiation

D. Tissues Glands And Membranes

1. Epithelial Tissue
2. Functions Of Epithelia
3. Connective Tissue
4. Muscle Tissue
5. Nervous Tissue
6. Membranes
7. Inflammation
8. Tissue Repair

E. The Integumentary System

1. Functions Of The Integumentary System
2. Hypodermis
3. Skin
4. Accessory Skin Structures
5. Physiology Of The Integumentary System
6. Effects Of Aging On The Integumentary System
7. The Integumentary System As A Diagnostic Aid
8. Burns
9. Skin Cancer

F. The Skeletal System: Bones And Joints

1. Functions Of The Skeletal System
2. Connective Tissue
3. General Features Of Bone
4. General Considerations Of Bone Anatomy
5. Axial Skeleton
6. Appendicular Skeleton
7. Articulations

G. The Muscular System

1. Functions Of The Muscular System
2. Characteristics Of Skeletal Muscle
3. Smooth Muscle And Cardiac Muscle
4. Skeletal Muscle Anatomy

H. The Nervous System

1. Functions Of The Nervous System
2. Division Of The Nervous System
3. Cells Of The Nervous System
4. Propagation Of Action Potentials
5. Central Nervous System
6. Peripheral Nervous System
7. Autonomic Nervous System

I. The Senses

1. General Senses

2. Special Senses
3. Olfaction
4. Taste
5. Vision
6. Hearing And Balance

J. The Endocrine System

1. Functions Of The Endocrine System
2. Chemical Signals
3. Receptors
4. Hormones
5. The Endocrine Glands And Their Hormones
6. Other Hormones

K. Blood

1. Functions Of Blood
2. Composition Of Blood
3. Plasma
4. Formed Elements
5. Preventing Blood Loss
6. Blood Grouping
7. Diagnostic Blood Tests

L. The Heart

1. Functions Of The Heart
2. Size, Form And Location Of The Heart
3. Anatomy Of The Heart
4. Histology Of The Heart
5. Electrical Activity Of The Heart
6. Cardiac Cycle
7. Heart Sounds
8. Regulation Of Heart Function

M. Blood Vessels And Circulation

1. Functions Of The Peripheral Circulation
2. General Features Of Blood Vessel Structure
3. Blood Vessels Of The Pulmonary Circulation
4. Blood Vessels Of The Systemic Circulation: Arteries
5. Blood Vessels Of The Systemic Circulation: Veins
6. The Physiology Of Circulation
7. Local Control Of Blood Vessels
8. Nervous Control Of Blood Vessels
9. Regulation Of Arterial Pressure

N. The Lymphatic System And Immunity

1. The Lymphatic System
2. Immunity
3. Innate Immunity
4. Adaptive Immunity
5. Immune Interactions
6. Immunotherapy
7. Acquired

O. Respiratory System

1. Functions Of The Respiratory System
2. Anatomy Of The Respiratory System
3. Ventilation And Lung Volumes
4. Gas Exchange
5. Gas Transport In The Blood
6. Rhythmic Ventilation
7. Modification Of Ventilation
8. Respiratory Adaptations To Exercise

P. The Digestive System

1. Functions Of The Digestive System
2. Anatomy And Histology Of The Digestive System
3. Movements And Secretions In The Digestive System
4. Digestion, Absorption, And Transport
- 5.

Q. Nutrition, Metabolism, And Body Temperature Regulation

1. Nutrition
2. Metabolism
3. Body Temperature Regulation

R. Urinary System And Fluid Balance

1. Functions Of The Urinary System
2. Urinary System
3. Urine Production
4. Regulation Of Urine Concentration And Volume
5. Urine Movement
6. Body Fluid Compartments
7. Regulation Of Extracellular Fluid Composition
8. Regulation Of Acid-Base Balance

S. The Reproductive System

1. Functions Of The Reproductive System
2. Formation Of Sex Cells
3. Male Reproductive System
4. Physiology Of Male Reproduction
5. Female Reproductive System
6. Physiology Of Female Reproduction

T. Development, Heredity, And Aging

1. Prenatal Development
2. Parturition
3. The Newborn
4. Lactation
5. The First Year Following Birth
6. Life Stages
7. Aging
8. Death
9. Genetics

Delivery Methods and Distance Education

Delivery Method: Please list all that apply -Face to face -Online (purely online no face-to-face contact) -Online with some required face-to-face meetings ("Hybrid") -Online course with on ground testing -iTV – Interactive video = Face to face course with significant required activities in a distance modality -Other

Face 2 Face

Hybrid

Online course with on ground testing

Interactive

Rigor Statement: Assignments and evaluations should be of the same rigor as those used in the on-ground course. If they are not the same as those noted in the COR on the Methods of Evaluation and out-of-class assignments pages, indicate what the differences are and why they are being used. For instance, if labs, field trips, or site visits are required in the face to face section of this course, how will these requirements be met with the same rigor in the Distance Education section?

Online students will participate in class instruction activities by spending at least three contact hours per week reading or viewing lecture

material, participating in discussions with fellow students and the instructor, and taking quizzes, exams, or other assessments that would be done in the traditional face-to-face classroom. In the hybrid class, face to face interaction for difficult lecture concepts is possible. In addition, students will participate in online class instruction activities by spending at least three contact hours per week reading or viewing lecture material, participating in discussions with fellow students and the instructor, and taking quizzes, exams, or other assessments that would be done in the traditional face-to-face classroom. Wherever possible time spent in the iTV classroom will be equivalent to time spent in the traditional, face-to-face classroom. Instruction will take place via the iTV system using similar or adapted lectures and demonstrations and students will participate in class activities from their location using the iTV system.

Effective Student-Instructor Contact: Good practice requires both asynchronous and synchronous contact for effective contact. List the methods expected of all instructors teaching the course. -Learning Management System -Discussion Forums -Moodle Message -Other Contact -Chat/Instant Messaging -E-mail -Face-to-face meeting(s) -Newsgroup/Discussion Board -Proctored Exam -Telephone -iTV -Interactive Video -Other (specify)

discussion forums
email
proctored
phone

Software and Equipment: What additional software or hardware, if any, is required for this course purely because of its delivery mode? How is technical support to be provided?

None.

Accessibility: Section 508 of the Rehabilitation Act requires access to the Federal government's electronic and information technology. The law covers all types of electronic and information technology in the Federal sector and is not limited to assistive technologies used by people with disabilities. It applies to all Federal agencies when they develop, procure, maintain, or use such technology. Federal agencies must ensure that this technology is accessible to employees and the public to the extent it does not pose an "undue burden". I am using -iTV—Interactive Video only -Learning management system -Publisher course with learning management system interface.

itv
learning management system
publisher

Class Size: Good practice is that section size should be no greater in distance ed modes than in regular face-to-face versions of the course. Will the recommended section size be lower than in on-ground sections? If so, explain why.

No.