

De-escalation Training

ID	Start time	Completion time	Email	Name	How satisfied are you with the knowledge you gained from the course?	The instructor delivered course in a clear and easy-to-understand approach	The instructor encouraged students in-class participation	The instructor maintained my interest throughout the whole course	The instructor thoroughly answered questions from students	Do you feel you achieved your desired learning outcome?	How effective were the instructional materials used in this course?	Did the course meet your expectation?	How likely are you to recommend this course to a friend or classmate?	How can this training be improved?	What did the instructor do well?	In what ways can the instructor improve?	What additional training(s) would you like to see in the future from Safety and Security?
1	3/22/23 10:27:40	3/22/23 10:31:28	anonymous		Very satisfied	Extremely disagree	Neutral	Extremely disagree	Somewhat disagree	Yes	Somewhat effective	Yes	8	print was small in the handout. Great and interesting presentation.	explaining that de-escalation does NOT mean no consequences for bad behavior		Very much appreciate this class and techniques
2	3/22/23 10:34:52	3/22/23 10:45:37	anonymous		Satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	9	pacing of material	Awesome training! The instructor was animated and engaging. He was knowledgeable and passionate about the topic.	Keep up the great work!	Instructor touched on Target Hardening and attendees expressed interest in this training.
3	3/22/23 10:27:56	3/22/23 10:47:57	anonymous		Satisfied	Extremely agree	Extremely agree	Somewhat agree	Extremely agree	Not sure	Somewhat effective	Not sure	7	A focus more on strategies/examples on how to de-escalate situations for different departments/locations .	Provide a background of the physiology of what occurs when someone is at a state of needed de-escalation.	Usage of time and providing more strategies/examples on how to de-escalate situations for different departments/locations .	Not a training but a reminder of the services/resources we have when "help" is needed (via email-location on the website-CC newsletter, etc.)
4	3/22/23 10:56:19	3/22/23 10:58:34	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10	Expand the time allotted.	Maintained interest.	None.	Target Hardening and self defense
5	3/22/23 10:58:37	3/22/23 11:01:03	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	The instructor did a wonderful job, a little more time was needed.	He kept the training entertaining and kept my attention.	By given more time.	Nothing I can think of.
6	3/22/23 12:05:40	3/22/23 12:10:04	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	Have the training scheduled for 2 hours vs 1.5 hours	Kept the attention in the room, and the different scenarios.		Trainings to be aware of your surroundings, self defense.
7	3/22/23 11:55:15	3/22/23 12:10:06	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	Schedule more time for Q n A and role playing scenarios	Provided excellent examples, kept the group engaged and was funny!	N/A	Self-Defense, Hardening Training? I can't remember the name of the training exactly...
8	3/22/23 12:10:02	3/22/23 12:10:37	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10				
9	3/22/23 12:04:18	3/22/23 12:14:32	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10	Maybe make it a multiple series- there is so much that goes in to de-escalation I'd love to have more to cover/discuss it	Gave multiple scenarios/instances/examples	I think it went great, this, knowing and having the tools to de-escalate situations before they go to far. Maybe something specific on de-escalation techniques with various behaviors/disabilities.	More trainings like this, knowing and having the tools to de-escalate situations before they go to far. Maybe something specific on de-escalation techniques with various behaviors/disabilities.
10	3/22/23 12:31:21	3/22/23 12:34:03	anonymous		Very satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10	Role-play scenarios may be helpful for those of us on the front line with aggravated students	Incredibly knowledgeable--- instructor did everything well---just would have liked to have seen or participated in role-plays.	nothing comes to mind.	Safe spaces (personal and professional) training--sort of like being on alert (living in the yellow lol).
11	3/23/23 7:14:15	3/23/23 8:14:59	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	n/a	Super engaging! Held interest and made information relatable.	Gave him a little more time	Target Hardening, Active Shooter
12	3/23/23 14:49:30	3/23/23 14:52:26	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	More time to cover more items	Relate the information to the attendees	N/A	Some more de-escalation trainings with practice portions. Self defense trainings. Individual office safety coordination/assessment.
13	3/23/23 15:29:27	3/23/23 15:37:02	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	A little more time.	Very knowledgeable with a variety of potential issues, but did not pretend to be a know-it-all. Enjoyed his humor!	Nothing that I can think of at the moment.	Self-defense for women in particular.
14	3/23/23 15:59:58	3/23/23 16:01:57	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	More time for the session, and practice activities (eg., role play)	The information was very useful and pertinent. The instructor taught very well and kept my attention the whole time.	Just more time for learning.	More de-escalation training (there were some staff that could not attend)
15	3/23/23 15:57:23	3/23/23 16:05:30	anonymous		Satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Not sure	Very effective	Not sure	9	Have breakout sessions with real-life scenarios for participants to practice strategies presented.	Provided a thorough definition of the process and strategies for De-escalation.	I had no expectations going into the workshop, and was open to the instructor's presentation and experience. I would have like to have seen real-life situations to draw from to practice applying the strategies.	A workshop that puts into practice the strategies presented for de-escalation.
16	3/23/23 16:51:50	3/23/23 16:53:10	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10				
17	3/23/23 21:32:02	3/23/23 22:04:39	anonymous		Very satisfied	Extremely agree	Neutral	Extremely agree	Extremely agree	Yes	Very effective	Yes	9	I wish we had more time to cover the material	He was very knowledgeable about the material and kept you interested while learning the lessons	I think more time and maybe more class participation like walk through scenarios...just a thought though.	I'm open for all training plus safety...any and all knowledge is a tool and great personal investment.
18	3/24/23 9:08:30	3/24/23 9:22:11	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Extremely effective	Yes	10	make the training longer than 1.5hr, maybe doing it for 2hrs	explaining the situation realistically and gave specific examples that he had encountered in real life		
19	3/24/23 9:03:31	3/24/23 11:58:31	anonymous		Neither satisfied nor dissatisfied	Somewhat agree	Somewhat agree	Extremely agree	Somewhat agree	No	Not so effective	Not sure	5	Add learning outcomes to the training so learners know what to expect. Provide a 2nd phase to this training with sample scenarios relevant to community college and involving students, including in person, zoom, phone, email. Have videos or roleplay where de-escalation techniques can be seen exchanged.	Overall a good presenter although I think his humor is insensitive to people with hearing impairments and other differences		Unsure- but I want to see more
20	3/27/23 8:53:21	3/27/23 8:59:14	anonymous		Satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Not sure	Very effective	Not sure	10	If it were known to be a two-part training, with knowledge first then practice later, that might be good.	story telling, concept explanation, speaking clarity and volume	have more pens ready, perhaps encourage participation by breaking ice with participant intros, make more eye contact with each participant.	anything conflict related, anything delivering general safety information, fire training.
21	3/28/23 8:21:58	3/28/23 8:23:31	anonymous		Satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Yes	Somewhat effective	Yes	10				
22	3/28/23 12:22:33	3/28/23 12:25:39	anonymous		Neither satisfied nor dissatisfied	Somewhat agree	Somewhat disagree	Somewhat agree	Somewhat agree	No	Somewhat effective	No	5	Since one of the points being made was that practice is what is needed in order to learn the de-escalation techniques, it would have been nice to have some scenarios we could do at our tables with each other to practice the techniques -that is more important than the information about the brain, etc. That could have been much briefer to make time for us to practice.	He is entertaining and kept us engaged	This needed to include actual scenarios and practice - he made the point several times that practice is needed for the deescalation techniques, so we needed to at least try some of them out- even just having us stand up in the position with hands clasped in front would have been good. Scenarios and practicing the tone of voice, etc. would have been even better	
23	3/29/23 8:59:52	3/29/23 9:00:22	anonymous		Very satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10				
24	3/29/23 20:12:52	3/29/23 20:43:57	anonymous		Very satisfied	Extremely agree	Somewhat agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10	By changing the statement, "winning through losing." A kind and humble person is not a loser.	He brought out the truth about the strength in being kind and respectful to a person.	Let the classmates participate in De-Escalation discussion scenarios.	Physical self-defense or self-protection.
25	4/5/23 8:27:25	4/5/23 8:33:59	anonymous		Very satisfied	Extremely agree	Extremely agree	Extremely agree	Extremely agree	Yes	Very effective	Yes	10	Ensure	Connected well with the audience and provided levity with sense of humor.	Less references to family, wife, etc.	Physical Defense Training, CPR

## Active Shooter Training

ID	Start time	Completion time	Email	Name	Last modified time	What concerns, if any, do you have about attending Active Shooter Training? (Check all that apply)	Are there any specific triggers or subjects that you feel may cause you discomfort or distress during the training? (Please specify)	What do you hope to gain from attending an in-person Active Shooter Training that you wouldn't get from a self-paced video training? (Select all that apply)	Which topics would you like the Active Shooter Training to cover? (Check all that apply or specify other topics)	Is there anything else you would like to share or any additional topics you believe are important to include in the Active Shooter Training?
1	4/8/24 9:52:27	4/8/24 9:55:15	chandler.steele@cerrocoso.edu	Chandler Steele		eager to learn more about what to do in this situation ;		1. Practical hands-on experience; 2. Real-time interaction with instructors and peers; 3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	1. Recognizing warning signs of potential violence; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 9. De-escalation techniques for potential conflict situations; 2. Developing situational awareness in high-risk environments;	Physical tactics to utilize when defending yourself, i.e. self defense classes
2	4/8/24 9:53:52	4/8/24 9:55:19	amanda.barry@cerrocoso.edu	Amanda Barry		None;	None	1. Practical hands-on experience; 2. Real-time interaction with instructors and peers; 3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in	None
3	4/8/24 9:57:01	4/8/24 9:57:49	kevin.king@cerrocoso.edu	Kevin King		3. Uncertainty about the effectiveness of the training;	none	4. Simulated scenarios for realistic training;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 7. First aid and basic medical assistance for gunshot wounds;	Police actions on the scene
4	4/8/24 9:53:56	4/8/24 9:59:26	anonymous				1. Practical hands-on experience; 3. Opportunity to ask questions and seek clarification; 5. Building confidence in responding to active shooter situations;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in		
5	4/8/24 9:53:53	4/8/24 10:02:09	anonymous			1. Feeling anxious or stressed during the training;	A student brought a gun to school when I was a teacher, so it is a topic that makes me anxious, but I think I will be ok!	4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	1. Recognizing warning signs of potential violence; 3. Understanding active shooter behavior and tactics; 6. Sheltering in place strategies; 9. De-escalation techniques for potential conflict situations;	

6	4/8/24 10:40:15	4/8/24 10:42:52	anonymous	NA;	NA	2. Real-time interaction with instructors and peers; 5. Building confidence in responding to active shooter situations; 3. Opportunity to ask questions and seek clarification;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 7. First aid and basic medical assistance for gunshot wounds; 10. Legal and ethical considerations in responding to an active shooter; 4. Effective communication during emergencies; 3. Understanding active shooter	NA
7	4/8/24 11:32:11	4/8/24 11:33:46	anonymous	3. Uncertainty about the effectiveness of the training; Pointless training when you have glass for walls;		3. Opportunity to ask questions and seek clarification;	6. Sheltering in place strategies; 10. Legal and ethical considerations in responding to an active shooter;	
8	4/8/24 12:44:34	4/8/24 12:54:03	anonymous	3. Uncertainty about the effectiveness of the training;	I mean, other than the realization that if there is an active shooter there's essentially nothing I or anyone else can do to stop it, which is terrifying.			
9	4/8/24 14:44:06	4/8/24 14:45:04	anonymous	1. Feeling anxious or stressed during the training; 3. Uncertainty about the effectiveness of the training;		1. Practical hands-on experience; 2. Real-time interaction with instructors and peers; 5. Building confidence in responding to active shooter situations; 4. Simulated scenarios for realistic training; 3. Opportunity to ask questions and seek clarification;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 9. De-escalation techniques for potential conflict situations; 8. Psychological aspects of surviving an active shooter incident; 7. First aid and basic medical assistance for gunshot wounds; 6. Sheltering in place strategies; 5. Evacuation procedures and escape routes;	
10	4/8/24 20:20:31	4/8/24 20:22:56	anonymous	None;	No	1. Practical hands-on experience; 3. Opportunity to ask questions and seek clarification;	3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 9. De-escalation techniques for potential conflict situations;	No
11	4/9/24 7:45:15	4/9/24 8:00:48	anonymous	No concerns;		1. Practical hands-on experience;	9. De-escalation techniques for potential conflict situations; 4. Effective communication during emergencies; 3. Understanding active shooter behavior and tactics; 1. Recognizing warning signs of potential violence;	
12	4/9/24 9:18:39	4/9/24 9:19:48	anonymous	None;	Nope	None;		No
13	4/9/24 11:48:19	4/9/24 11:48:52	anonymous			1. Practical hands-on experience;	9. De-escalation techniques for potential conflict situations;	
14	4/9/24 12:48:11	4/9/24 12:50:28	anonymous		No	1. Practical hands-on experience; 2. Real-time interaction with instructors and peers; 3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	5. Evacuation procedures and escape routes; 2. Developing situational awareness in high-risk environments;	

15	4/9/24 13:35:41	4/9/24 13:42:42	anonymous	None ready to be informed;	If topics involve children that is an emotional/upsetting trigger	3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in responding to an active shooter;	
16	4/9/24 13:57:37	4/9/24 13:59:06	anonymous		No	2. Real-time interaction with instructors and peers; 1. Practical hands-on experience; 3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in	None
17	4/9/24 16:20:07	4/9/24 16:22:35	anonymous	Sadness that we have to think about this; 3. Uncertainty about the effectiveness of the training;	No	1. Practical hands-on experience; 2. Real-time interaction with instructors and peers; 3. Opportunity to ask questions and seek clarification; 4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations;	2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in responding to an active shooter;	
18	4/9/24 17:44:32	4/9/24 17:46:41	anonymous	1. Feeling anxious or stressed during the training;	Conflicts with specific employee who will likely be attending.	1. Practical hands-on experience; 4. Simulated scenarios for realistic training; 2. Real-time interaction with instructors and peers;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 9. De-escalation techniques for potential conflict situations;	

19	4/10/24 8:06:32	4/10/24 8:10:50	anonymous	none at the moment;	It is an uncomfortable topic but should be addressed	1. Practical hands-on experience; 3. Opportunity to ask questions and seek clarification;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in	nothing I can think of at this time
20	4/10/24 7:57:10	4/10/24 8:11:08	anonymous	2. Fear of reliving past traumatic experiences; 3. Uncertainty about the effectiveness of the training; 1. Feeling anxious or stressed during the training;	Guns are just a tough subject, nothing too crazy.	4. Simulated scenarios for realistic training; 5. Building confidence in responding to active shooter situations; 3. Opportunity to ask questions and seek clarification;	1. Recognizing warning signs of potential violence; 2. Developing situational awareness in high-risk environments; 3. Understanding active shooter behavior and tactics; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 7. First aid and basic medical assistance for gunshot wounds; 8. Psychological aspects of surviving an active shooter incident; 9. De-escalation techniques for potential conflict situations; 10. Legal and ethical considerations in	
21	4/10/24 9:36:09	4/10/24 9:38:25	anonymous	No concerns;	No	5. Building confidence in responding to active shooter situations; I will be attending via Zoom, so I don't think that I will feel as prepared as if attending in person.;	1. Recognizing warning signs of potential violence; 4. Effective communication during emergencies; 5. Evacuation procedures and escape routes; 6. Sheltering in place strategies; 9. De-escalation techniques for potential conflict situations;	Not at this time.