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PEER MENTOR PROGRAM

What is the Peer Mentor Program?

Peer Mentors are students helping students! Mentors offer guidance, encouragement and a supportive network to Access Programs students and maintain regular contact throughout the semester. They assist in coordinating program activities and events that promote student engagement.

We encourage you to sign-up for peer mentoring.

What's the Benefit of Having a Mentor?

- Make connections with other students and college staff
- Discover campus resources
- Improve social skills and study strategies
- Stay on track to meet your educational goals
- Enrich your student experience

"My peer mentor was very understanding and patient."

-Survey Respondent



How Do You Sign Up?

- 1. Fill out the One-on-One Mentoring Application
- 2. Get partnered with a mentor and arrange times to meet
- 3. Meet regularly and stay on track to meet your goals

What Mentees Say*

100% of students feel more connected to Access Programs and/or Cerro Coso

90% of students are more knowledgeable of campus resources

80% of students stated their mentor helped them stay in school

100% of students would encourage other students to participate in the Peer Mentoring Program

Becoming a peer mentor is like joining a team. You'll have help every step of the way. You are not alone.

-Laura Avina

*Fall 2018 Mentee Experience Survey

Want to Become a Mentor?

If you are interested in sharing your college experience with your peers and want to:

- Help students feel welcome
- Motivate, encourage, and guide students through their educational journey
- Gain leadership and collaboration skills

then we encourage you to inquire about the position!

Contact

Access Programs (760) 384-6250

GET STARTED TODAY.

APPLY NOW

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Peer Mentor Application
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PEER MENTOR ONE-ON-ONE MENTORING APPLICATION

Thank you for your interest in participating in the Peer Mentor Program. We appreciate your thoughtful attention to these questions.

Personal Information

Student ID*	
Name*	
First Name	Last Name
Email Address*	
Please use your official cerrocoso.ed	u email.

Please use your official cerrocoso.edu email.

Phone



How do you prefer to be contacted?*
○ Email
O Phone
Other
Education Information
Semester in College
○ First Semester
○ Second Semester
○ Third Semester
O Fourth Semester or more
Number of Units Enrolled?
Major or Program of Study
Academic or Career Goals/Aspirations
Please give us an idea of when it may be most convenient to meet with your

Please give us an idea of when it may be most convenient to meet with your mentor.

Additional Information What are your hobbies or interests? How do you like to spend your free time? What do you expect from your mentor or what would you like to get out of the eer mentor relationship? Please be as detailed as possible.	Include days and times, Monday through Thursday between 8am and 6pm and Friday between 8am and noon.
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Mentoring Needs Assessment

Which areas do you find difficult or challenging? In what areas might a peer mentor assist you?

Academic Needs
Reviewing notes from lecture/textbook.
☐ Taking good notes in lecture classes.
☐ Managing time efficiently.
Studying for exams.
Learning how to handle "test anxiety" associated with taking tests.
Practicing effective study techniques.
Going over specific course/program requirements.
Learning how to approach/ talk to professors to get help.
☐ Learning about Cerro Coso's policies and procedures.
Personal-Social Needs
Making the transition from high school to college.
Adjusting to life on this campus (its culture, small classes, heavy study demands).
☐ Knowing clearly, why I am attending this college.
Balancing work, school, and personal commitments.
Overcoming shyness in order to interact with people more.
Learning to be more assertive in speaking up (being less "passive").
☐ Balancing my academic life with my social life.
Adjusting to being "different" from other students.
$\begin{tabular}{ll} \hline \end{tabular} Developing appreciation/tolerance for students from other backgrounds/orientations. \end{tabular}$
Finding out what Cerro Coso services are available for students.
☐ Getting involved in clubs or social activities on campus.
Work-Career Needs
☐ Identifying potential careers.
☐ Understanding the realities and requirements of a particular career path.
☐ Discovering personal strengths in relation to a particular career.
Connecting coursework to employment skills.

☐ Planning steps to a career path.
Developing specific skills and knowledge for a certain career.
☐ Improving resume writing skills.
Other Needs. Please be specific.

Submit Form

GET STARTED TODAY.

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