



March 20, 2013

Cheryl Gates
Program Director
Cerro Coso Community College
3000 College Heights Boulevard
Ridgecrest, CA 93555

Re: Curriculum Revision

Dear Cheryl,

The Board of Vocational Nursing and Psychiatric Technicians have received and approved your request to make minor curriculum changes to your instructional plan. Specifically, you request to separate the instructional plan content taught in each Semester into smaller units. Some content was rearranged in each Semester and Maternal Child content was relocated to third (3rd) Semester. The Semesters will run 15 weeks in instead of the previously approved 16 week semester. **No change to the overall program hours will occur.**

If you have any questions, please do not hesitate to contact me.

Pam Hinckley, P.N.M.S.N.

Board of Vocational Nursing and Psychiatric Technicians
2325 Capitol Oaks Drive, Suite 205
Sacramento, CA 95833
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**SUMMARY OF INSTRUCTIONAL PLAN PROGRAM HOURS
VOCATIONAL NURSING PROGRAM**

Name of Program: Cerro Coso Community College **Date: 10/1/2012**

Reference: Vocational Nursing Rules and Regulations: Article 5, section 2532 (Curriculum Hours) and section 2533 (Curriculum Content)

Curriculum Content	Prerequisites	Term 1	Term 2	Term 3	Term 4	Comments	Totals
Anatomy & Physiology	54						54
Nutrition		13.85	2	2.15			18
Psychology	54						54
Growth & Development		3	3	10			16
Fundamentals of Nursing	CNA18	46.5					64.5
Nursing Process		3	1.5	1.75			6.25
Communication		1.75	2	2.5			6.25
with pts with psych disorders			1	1			2
Patient Education		1	1	1			3
*Pharmacology		36		18			54
Medical/Surgical Nursing		44.5	157	63			264.5
Communicable Disease		0.5	2	0.75			3.25
Gerontological Nursing		7.5	1.5	1.5			10.5
Rehabilitation Nursing		5.5	2.75	3.75			12
Maternity Nursing				27			27
Pediatric Nursing				15			15
Leadership			2	18			18
Supervision				4			4
Ethics & Unethical Cond.		1.75	4.5	5.75			12
Critical Thinking		5	5	9			9
Culturally Congruent Care		2.75	2.5	2.75			8
End-of-Life Care		2	2	3			7
Total Theory Hours	108	144	162	162	0		594
Skills Lab Hours		128	30	30			188
Clinical Experience Hrs	CNA96	196	294	294			880
Total Clinical Hours	0	324	324	324	0		1068

TOTAL PROGRAM HOURS	1662
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Breakout of Clinical Hours by Topic Areas:

Topic	Hours
Fundamentals	182.4
Medical-Surgical	712.8
Pediatrics	86.4
Maternity	86.4
Leadership	
Supervision	
Total Clinical Hours (should match cell H26)	1068

Note: This form is not required by regulation, but is a tool designed to assist program directors to accurately calculate

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 2nd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content	
A/P																			0	
NUT	0.2			0.4		0.4		0.2		0.2				0.6					2	
PSY																			0	
G/D	0.5			0.5		0.5				1		0.5							3	
FUN																			0	
NP																			0	
COM																			0	
communication with patients with Psych disorders																			0	
PE																			0	
PHA																			0	
M/S	10.1	10.8	10.8	9.9	10.8	9.9	10.8	10.6	10.8	9.6	10.8	10.3	10.8	10.2	10.8				157	
CDIS																			0	
GER																			0	
REH																			0	
MAT																			0	
PED																			0	
LDR																			0	
SUP																			0	
ETH																			0	
CRIT. THINK																			0	
CULT																			0	
END-OF-LIFE																			0	
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	21.6			49.6	
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6				274.4	
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Vocational Nursing Program **Level #** 1st semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
A/P																			0
NUT		3.6	0.6	3.35	0.4	0.4	0.4	0.4	0.4	0.6	0.6	0.6	0.9	0.6	1				13.85
PSY																			0
G/D			0.6		0.5	0.8				0.2		0.4		0.5					3
FUN	3.6	3.6	3	0.65	2.95	2.8	3.6	3.6	3.6	3.4	3.6	2.8	3.1	3.1	3.1				46.5
NP																			0
COM																			(1)
communication with patients with Psych disorders																			0
PE																			0
PHA	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4				36
M/S	3.6	0	3	3.2	3.35	3.2	3.2	3.2	3.2	3	3	3.4	3.2	3	3.1				44.65
CDIS																			(.5)
GER																			(7.5)
REH																			(5.5)
MAT																			0
PED																			0
LDR																			0
SUP																			0
ETH																			(1.75)
CRIT. THINK																			(5)
CULT																			(2.75)
END-OF-LIFE																			(2)
Total Theory Hours	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	0	0	0	144.00
Skills Lab	21.6	21.6	21.6	21.6	2	2	2	2	2	2	2	2	2	2	21.6				128
Clinical					19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6					196
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	0	0	0	468

curriculum content hours for Board-approval.

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Supervision	
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curriculum content hours for Board-approval.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.2hr/Pharm	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for HCRS C107 2. Relate grading procedures to successful outcome. 3. Review SVN Student Handbook	I. Introduction and overview. A. Course expectations. B. Course objectives.	Lecture Discussion	<ul style="list-style-type: none"> • Syllabus • Student handbook 		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ 1st Semester Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Define the word pharmacology 2. Outline the steps involved in developing and approving a new drug in the United States. 3. Describe the federal controls on drugs that have abuse potential. 4. Differentiate between generic and brand- name drugs, over- the-counter and prescription drugs 5. Explain the benefits and risks associated with the use of over- the- counter drugs.	I. Introduction to Drugs A. Sources of Drugs 1. Natural sources 2. Synthetic Sources B. Drug evaluation 1. Pre clinical trials 2. Phase 1 studies 3. phase 2 studies 4. Phase 3 studies 5. Food and Drug Administration Approval 6. Phase 4 studies C. Legal Regulation of Drugs 1. Safety during Pregnancy 2. Controlled substances 3. Generic 4. over the counter 5. orphan D. Sources of Drug information 1. drug labels 2. package inserts 3. reference books 4. Journals 5. internet	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 1 Study Guide Kaplan Pharmacology Module pre test		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Describe how body cells respond to the presence of drugs that are capable of altering their function. 2. Outline the process of dynamic equilibrium that determines the actual concentration of a drug in the body. 3. Explain the meaning of half- life of a drug and calculate the half- life of given drugs. 4. List factors that can influence the actual effectiveness of drugs in the body. 5. Define drug– drug, drug– alternative therapy, drug– food, and drug– laboratory test interactions	I. Drugs and the Body A. Pharmacodynamics 1. receptor sites 2. drug enzyme interactions 3. selective toxicity B. Pharmacokinetics 1. critical concentration 2. loading dose 3. dynamic equilibrium a. Absorption from the site of entry b. Distribution to the active site c. Biotransformation (metabolism) in the liver d. Excretion from the body C. Factors influencing drug effects 1. Age 2. Weight 3. Gender 4. Physiological factors 5. Pathological factors 6. Genetic factors 7. Immunological factors 8. Psychological factors 9. Environmental factors 10. Tolerance 11. Cumulation 12. Interaction	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2

Unit Title: Principles of Drug Actions & Interactions

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Define the term adverse drug reaction and explain the clinical significance of this reaction. 2. List four types of allergic responses to drug therapy. 3. Discuss five common examples of drug- induced tissue damage. 4. Define the term poison. 5. Outline the important factors to consider when applying the nursing process to selected situations of drug poisoning.	I. Toxic effects of Drugs A. Adverse effects B. Drug allergy 1. Types 2. Assessment 3. Interventions C. Drug induced tissue and organ damage 1. Dermatological reactions 2. Super infections 3. Blood dyscrasia 4. Toxicity 5. Alterations in glucose metabolism 6. Electrolyte imbalance 7. Sensory effects 8. Neurological effects 9. Teratogenicity	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2, 3 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 2 (cont)

Unit Title: Nursing Process and Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	<ol style="list-style-type: none"> 1. List the responsibilities of the nurse in drug therapy. 2. Explain what is involved in each step of the nursing process as it relates to drug therapy. 3. Describe key points that must be incorporated into the assessment of a patient receiving drug therapy. 4. Describe the essential elements of a medication order. 5. Outline the important points that must be assessed and considered before administering a drug, combining knowledge about the drug with knowledge of the patient and the environment. 6. Describe the role of the nurse and the patient in preventing medication errors. 	<ol style="list-style-type: none"> I. Nursing process in drug therapy and patient safety <ol style="list-style-type: none"> A. Nursing Process <ol style="list-style-type: none"> 1. Assessment 2. Nursing diagnosis 3. Implementation 4. Evaluation B. Prevention of Medication error <ol style="list-style-type: none"> 1. Nurse's role 2. Patient's role 3. Reporting medication errors 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 4 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2(cont)

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Describe four measuring systems that can be used in drug therapy. 2. Convert between different measuring systems when given drug orders and available forms of the drugs. 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	I. Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Questions as assigned Kaplan Pre Math Assessment		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 3

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Discuss the impact of the media, the Internet, and direct- to- consumer advertising on drug sales and prescriptions. 2. Explain the growing use of over- the-counter drugs and the impact it has on safe medical care. 3. Discuss the lack of controls on herbal or alternative therapies and the impact this has on safe drug therapy. 4. Define the off- label use of a drug. 5. Describe measures being taken to protect the public in cases of bioterrorism. 6. Identify the six rights of medication administration 7. Outline the steps taken when preparing to administer an oral medication. 8. Discuss nursing responsibilities before, during, and after drug administration 9. List the advantages and disadvantages of the use of enteral medications.	I. Challenges to Effective Drug therapy A. Consumer Awareness B. Over the counter Drugs C. Alternative therapies/herbal medicine D. Off label uses E. Costs of health care F. Use/importance of patient teaching G. Emergency preparedness H. Drug abuse I. Protecting the environment II. Medication administration A. Six rights B. Routes of medication admin C. process of med admin III. Calculations content A. Calculation of correct prescribe doses for tablets and oral liquid B. Conversions between measurement systems C. Correct interpretation of medication orders, medication labels, and documentation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7 Study Guide NCLEX Questions Due Pickar Dosage & Solutions Questions as assigned		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 4

Unit Title: Medication Administration Routes

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Explain the procedure for administering medications for each route: oral, nasogastric tube, subcutaneous, intramuscular, inhalant, topical and rectal, mucous membranes 2. Recognize and select the appropriate equipment for the medication, dosage, and method of administration. 3. Read and interpret the calibrations of <ul style="list-style-type: none"> o a medicine cup. o a calibrated dropper. o a 3 ml syringe. o a pre – filled syringe. o a standard U – 100 insulin syringe. o a tuberculin syringe 	<ol style="list-style-type: none"> I. Medication administration for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, rectal and mucous membranes. II. Review calculation of medication doses 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide Pickar Dosage & Solutions Questions as assigned		

Cerro Coco Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 5

Unit Title: Medication Administration

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Identify the parts of the human cell. 2. Describe the role of each organelle found within the cell cytoplasm. 3. Explain the unique properties of the cell membrane. 4. Describe three processes used by the cell to move things across the cell membrane. 5. Outline the cell cycle, including the activities going on within the cell in each phase. 6. Differentiate between varying directions for reconstitution, and choose the solution strength that will result in a reasonable amount to be given to the client. 7. Compare and contrast the different dosage forms of oral medication: tablets, capsules, elixirs, emulsions, lozenges, suspensions, and syrups	I. introduction to Cell physiology A. Cell anatomy B. Cell properties C. Cell cycle II. Medication Calculations for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, and mucous membranes. III. Measurement of doses using medication cup, syringes	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide NCLEX Questions Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Identify the major risk factors of metabolic syndrome 2. Discuss the importance of lifestyle modification in the treatment of metabolic syndrome 3. Explain the treatment goals for type 2 diabetes management, lipid management and hypertension management 4. Describe why long term control and adherence to medications are important in managing metabolic syndrome 5. Describe atherosclerosis and its effects on the cardiovascular system 6. Identify four major types of lipoproteins 7. Describe the primary treatment modalities for lipid disorders 8. Determine which antilipid medications are used for cholesterol control and which can be used for triglyceride control 9. Differentiate between how statins work to control lipid levels and how niacin works to control lipid levels 10. Discuss blood pressure and how to correctly measure blood pressure 11. Define hypertension and differentiate between primary and secondary hypertension 12. Summarize nursing assessments and interventions used for the treatment of hypertension 13. Identify recommended lifestyle modifications for a diagnosis of hypertension 14. Identify options and progression of treatment for hypertension 15. Discuss specific risk factors the hypertensive client can manage 16. Identify and summarize the action of several of the drug classes used to treat hypertension 17. Describe the anatomical structures and conduction system of the heart 18. Differentiate between the atrial dysrhythmias and the ventricular dysrhythmias 	<ol style="list-style-type: none"> I. Cardiovascular Diseases II. Metabolic Syndrome <ol style="list-style-type: none"> A. Resulting Conditions B. Risk Factors <ol style="list-style-type: none"> 1. Obesity and Sedentary Lifestyle 2. Alcohol and Smoking 3. Genetic Factors C. Treatment <ol style="list-style-type: none"> 1. Hypertension 2. Dyslipidemia 3. Type 2 Diabetes III. Atherosclerosis <ol style="list-style-type: none"> A. Types of Lipoproteins B. Treat of Hyperlipidemia C. Drug Therapy for Hyperlipidemia <ol style="list-style-type: none"> 1. Bile Acid Binding Resins 2. Niacin 3. HMG-CoA Reductase Inhibitors 4. Fibric Acids 5. Miscellaneous Antilipemic Agents IV.. Hypertension <ol style="list-style-type: none"> A. Treatment of Hypertension B. Drug Therapy for Hypertension <ol style="list-style-type: none"> 1. Diuretics 2. Beta-Adrenergic Blocking Agents 3. Angiotensin-Converting Enzyme Inhibitors 4. Angiotensin II Receptor Blockers 5. Direct Renin Inhibitor 6. Aldosterone Receptor Antagonist 7. Calcium Channel Blockers 8. Alpha-1 Adrenergic Blocking Agents 9. Central Acting Alpha-2 Agonists 10. Direct Vasodilators V. Dysrhythmias <ol style="list-style-type: none"> A. Treat for Dysrhythmias B. Drug Therapy for Dysrhythmias <ol style="list-style-type: none"> 1. Class IA Antidysrhythmic Agents 2. Class IB Antidysrhythmic Agents 3. Class IC Antidysrhythmic Agents 4. Class II Antidysrhythmic Agents: Beta-Adrenergic Blocking Agents 5. Class III Antidysrhythmic Agents 6. Class IV Antidysrhythmic Agents: Calcium Channel Blocking Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6 (cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	19. Describe the therapeutic response that should be observable when the antidysrhythmic drug is administered 20. Identify baseline nursing assessments that should be implemented during the treatment of dysrhythmias 21. Cite common adverse effects that may be observed with the administration of antidysrhythmic drugs 22. Identify the potential effects of muscle relaxants used during surgical intervention when combined with antidysrhythmic drugs 23. Define angina pectoris and identify assessment data needed to evaluate an angina attack 24. Define ischemic heart disease 25. Describe the actions of nitrates, beta-adrenergic blockers, calcium channel blockers, and angiotensin-converting enzyme inhibitors on the myocardial tissue of the heart 26. Identify medication therapy health teaching used for an angina client in the clinical setting	7. Miscellaneous Antidysrhythmic Agents VI. Angina Pectoris A. Treatment of Angina Pectoris B. Drug Therapy for Angina Pectoris 1. Nitrates 2. Beta-Adrenergic Blocker 3. Calcium Channel Blockers 4. Angiotensin-Converting Enzyme Inhibitors 5. Fatty Oxidase Enzyme Inhibitor	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 7

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	<ol style="list-style-type: none"> 1. Differentiate between peripheral vascular disease and Raynaud's disease 2. Describe the baseline assessments needed to evaluate a client with peripheral vascular disease 3. Identify specific measures that the patient can use to improve peripheral circulation and prevent the complications of peripheral vascular disease 4. Identify the systemic effects to expect when peripheral vasodilating agents are administered 5. Explain why hypotension and tachycardia occur frequently with the use of vasodilators 6. Develop measurable objectives for the education of patients with peripheral vascular disease 7. Cite both pharmacologic and nonpharmacologic goals of the treatment of peripheral vascular disease 8. Explain the primary purposes of anticoagulant therapy 9. Identify the effects of anticoagulant therapy on existing blood clots 10. Describe conditions that place an individual at risk for developing blood clots 11. Identify specific nursing interventions that can prevent clot formation 12. Explain laboratory data used to establish dosing of anticoagulant medications 13. Describe specific monitoring procedures used to ensure that the correct dose of an anticoagulant is prepared and administered and explain the specific procedures and techniques used to administer heparin subcutaneously 	<ol style="list-style-type: none"> I. Peripheral Vascular Disease <ol style="list-style-type: none"> A. Treatment of Peripheral Vascular Disease B. Drug Therapy for Peripheral Vascular Disease <ol style="list-style-type: none"> 1. Hemorheologic Agents 2. Vasodilators 3. Platelet Aggregation Inhibitor II. Thromboembolic Diseases <ol style="list-style-type: none"> A. Treatment of Thromboembolic Disease B. Drug Therapy for Thromboembolic Diseases <ol style="list-style-type: none"> 1. Platelet Inhibitors 2. Anticoagulants 3. Thrombin Inhibitor 4. Glycoprotein IIB/IIIA Inhibitors 5. Fibrinolytic Agents III. Heart Failure <ol style="list-style-type: none"> A. Treatment of Heart Failure B. Drug Therapy for Heart Failure <ol style="list-style-type: none"> 1. Angiotensin-Converting Enzyme Inhibitors 2. Natriuretic Peptides 3. Beta-Adrenergic Blocking Agents 4. Digitalis Glycosides 5. Phosphodiesterase Inhibitors 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7 (Cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe the nursing assessments needed to monitor therapeutic responses and adverse effects from anticoagulant therapy 15. Summarize the pathophysiology of heart failure, including the body's compensatory mechanisms 16. Identify the goals of treatment of heart failure 17. Identify the primary actions of heart failure of digoxin, angiotensin-converting enzyme inhibitors, and beta blockers 18. Describe digoxin toxicity and ways to prevent it. 19. Explain the nursing assessments needed to monitor for digoxin toxicity 20. Identify essential assessment data, nursing interventions, and health teaching needed for a client with heart failure		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	<ol style="list-style-type: none"> 1. Describe how the central nervous system differs from the peripheral nervous system 2. Explain the role of neurotransmitters at synaptic junctions 3. Name the most common neurotransmitters known to affect central nervous system function and identify the two major neurotransmitters of the autonomic nervous system 4. Explain how drugs inhibit the actions of cholinergic and adrenergic fibers 5. Identify two broad classes of drugs used to stimulate the adrenergic nervous system 6. Identify the neurotransmitters that are called catecholamines and list the neurotransmitters responsible for adrenergic activity 7. Review the actions of adrenergic agents and the conditions that require the use of these drugs 8. Describe the benefits of using beta-adrenergic blocking agents for hypertension, angina pectoris, cardiac dysrhythmias, and hyperthyroidism 9. Identify disease conditions in which beta-adrenergic blocking agents should not be used, and discuss why they should not be used 10. Describe clinical uses and the predictable adverse effects of cholinergic agents and anticholinergic agents 	<ol style="list-style-type: none"> I. The Central and Autonomic Nervous System <ol style="list-style-type: none"> A. Adrenergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions B. Alpha- and Beta- Adrenergic Blocking Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interaction C. Cholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions D. Anticholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 13 Study Guide NCLEX Questions due Drug Cards Due		

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology**

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Describe clinical presentation of Parkinson’s disease. 2. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with antiparkinsonism agents. 3. Discuss the use of antiparkinsonism agents across the lifespan. 4. Compare and contrast the prototype drugs for each class of antiparkinsonism agents with the other drugs in that class and with drugs from the other classes used to treat the disease. 5. Outline the nursing considerations and teaching needs for patients receiving each class of antiparkinsonism agents.	I. Antiparkinson agents A. Overview of disease B. Drugs across the lifespan C. Dopaminergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation D. Anticholinergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 15 Study Guide NCLEX Questions due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 7 (cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.4 hr/Pharm	1. Differentiate among the terms sedative and hypnotic; initial, intermittent, and terminal insomnia; and rebound sleep and paradoxical excitement 2. Identify alterations found in the sleep pattern when hypnotics are discontinued 3. Cite nursing interventions that can be implemented as an alternative to administering sedative-hypnotic medication 4. Compare the effects of barbiturates and benzodiazepines on the central nervous system 5. Identify the antidote drug used for the management of benzodiazepine overdose 6. Identify laboratory tests that should be monitored when benzodiazepines or barbiturates are administered for an extended period	I. Sleep and Sleep Pattern Disturbance II. Sedative-Hypnotic Therapy A. Actions B. Uses III. Drug Therapy for Sleep Disturbance A. Barbiturates 1. Actions 2. Uses 3. Drug Interactions B. Benzodiazepines 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interaction C. Nonbarbiturate, Nonbenzodiazepine Sedative-Hypnotic Agents 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interactions	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 14 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 8

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Explain what is meant by selective toxicity and discuss its importance in anti- infective therapies. 2. Explain how an antibiotic is selected for use in a particular clinical situation. 3. Differentiate between broad-spectrum and narrow- spectrum drugs. 4. Define bacterial resistance to antibiotics and discuss the emergence of resistant strains. 5. Explain three ways to minimize bacterial resistance. 6. Describe three common adverse reactions associated with the use of antibiotics. 7. Describe therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the classes of antibiotics. 8. Discuss use of antibiotics as they are used across the lifespan. 9. Compare and contrast prototype drugs for each class of antibiotics with other drugs in that class. 10. Outline nursing considerations for patients receiving each class of antibiotic. 	<ol style="list-style-type: none"> I. Selective toxicity II. Broad spectrum drugs III. Narrow spectrum drugs IV. Bacterial Resistance V. Adverse reactions VI. Anti-infective agents: Prototype Therapeutic action, Adverse reactions Drug therapy across the life span, Patient/family teaching VII. Cell anatomy, sites of action VIII. Antibiotic Classifications: <ol style="list-style-type: none"> 1. Aminoglycosides 2. Cephalosporin’s 3. Fluoroquinolones 4. Penicillin and Penicillinase Resistant 5. Sulfonamides 6. Tetracyclines 7. Antimycobacterials 8. New classes of antibiotics IX. For each of the above classifications, discuss: <ol style="list-style-type: none"> 1. Drug therapy across the life span 2. Class/Prototype 3. Therapeutic actions 4. Pharmacokinetics 5. Contraindications/Cautions 6. Adverse effects 7. Clinically important Drug interactions 8. Nursing considerations <ol style="list-style-type: none"> a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation 		<p>Clayton Chapter 46 Study Guide</p> <p>NCLEX Questions Due</p> <p>Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 9

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<p>1. Discuss problems with treating viral infections in humans and the use of antivirals across the lifespan. 2. Describe characteristics of common viruses and fungal infections and the resultant clinical presentations 3. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the types of antivirals and anti-fungal 4. Compare and contrast the prototype drugs for each type of antiviral and anti fungal with the other drugs within that group 5. Outline the nursing considerations for patients receiving each class of antiviral and antifungal agents.</p>	<p>I. Antivirals and antifungals A. Cell anatomy/sites of action B. Drug therapy across the life span C. Class/Prototype 1. Agents for influenza and respiratory viruses 2. Agents for herpes and cytomegalovirus 3. Agents for HIV and AIDS 4. Anti-Hepatitis B agents 5. Systemic antifungal agents 6. Topical antifungal agents D. Therapeutic tic actions E. Pharmacokinetics F. Contraindications/Cautions G. Adverse effects H. Clinically important Drug interactions I. Nursing considerations A. Assessment (history and exam) B. Nursing diagnosis C. Implementation D. Evaluation</p>	<p>Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan</p>	<p>Clayton Chapter 46 Study Guide NCLEX Questions Due Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 10

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Discuss the current definition of diabetes mellitus and describe the current classification system for diabetes mellitus 2. Identify normal fasting glucose levels and differentiate between the symptoms of type 1 and type 2 diabetes mellitus 3. Identify the objectives of dietary control of diabetes mellitus 4. Discuss the Action and use of insulin to control diabetes mellitus 5. Discuss the action and use of oral hypoglycemic agents to control diabetes mellitus 6. Identify major nursing considerations associated with the management of the client with diabetes 7. Differentiate among the signs, symptoms, and management of hypoglycemia and hyperglycemia 8. Discuss the difference between microvascular and macrovascular complications and identify the symptoms of the major complications of diabetes	I. Diabetes Mellitus A. Type 1 Diabetes B. Type 2 Diabetes II. Complications of Diabetes Mellitus A. Microvascular B. Macrovascular C. Neuropathies III. Treatment of Diabetes A. Hypoglycemia B. Hyperglycemia IV. Drug Therapy for Diabetes Mellitus A. Insulins 1. Storage of Insulin B. Biguanide Oral Antidiabetic Agent C. Sulfonylurea Oral Hypoglycemic Agents D. Meglitinide Oral Hypoglycemic Agents E. Thiazolidinedione Oral Antidiabetic Agents F. Alpha-Glucosidase Inhibitor Agents G. Amylinomimetic Agent H. Incretin Mimetic Agents I. Dipeptidyl Peptidase-4 Inhibitors J. Antihypoglycemic Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 36 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week _____ 10 (cont)___

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	1. Describe the function of the thyroid gland 2. Identify the two classes of drugs used to treat thyroid disease 3. Describe the signs, symptoms, treatment and nursing interventions associated with hypothyroidism and identify the drug of choice for hypothyroidism 4. Describe the signs, symptoms, treatments and nursing interventions associated with hyperthyroidism 5. Explain the effects of thyroid replacement hormones for the treatment of hypothyroidism on doses of warfarin and digoxin as well as oral hypoglycemic agents 6. Cite the actions of antithyroid medications on the formation and release of the hormone produced by the thyroid gland 7. Explain the nutritional requirements and activity restrictions needed for an individual with hypothyroidism 8. Identify the types of conditions that respond favorably to the use of radioactive iodine-131 and cite the action of propylthiouracil on the synthesis of triiodothyronine and thyroxine 9. Review the functions of the adrenal gland 10. Discuss the normal actions of mineralocorticoids and glucocorticoids in the body 11. Cite the disease states caused by hyposecretion of the adrenal gland 12. Identify the baseline assessments needed for a client receiving corticosteroids 13. Discuss the clinical uses and potential adverse effects associated with corticosteroids	I. Thyroid Gland II. Thyroid Diseases III. Treatment of Thyroid Diseases IV. Drug Therapy for Thyroid Diseases A. Thyroid Replacement Hormones B. Antithyroid Medications V. Corticosteroids A. Mineralocorticoids B. Glucocorticoids	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 37-38 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 11

Unit Title: Drugs to Treat Respiratory System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.6 hr/Pharm	<ol style="list-style-type: none"> 1. Describe the function of the respiratory system and discuss the common upper respiratory diseases 2. Discuss the causes of allergic rhinitis and nasal congestion 3. Explain the major actions of sympathomimetic, antihistaminic, and corticosteroid decongestants and cromolyn 4. Define rhinitis medicamentosa, and describe the patient education needed to prevent it 5. Explain why all decongestant products should be used cautiously by people with hypertension, hyperthyroidism, diabetes mellitus, cardiac disease, increased intraocular pressure, or prostatic disease 7. Identify the essential components involved in planning patient education that will enhance adherence with the treatment regimen 8. Identify the structures of the lower respiratory tract and their functions 9. Compare the physiologic responses of the respiratory system to emphysema, chronic bronchitis, and asthma 10. Describe the physiology of respirations and identify components of blood gases 11. Cite nursing assessments used to evaluate the respiratory status of a client 12. Identify important aspects of patient education for clients receiving drug therapy for lower respiratory disease 13. Distinguish the mechanisms of actions of expectorants, antitussives, and mucolytic agents 14. Identify the nursing assessments needed to monitor therapeutic response and the development of adverse effects from expectorant, antitussive, mucolytic, anticholinergic bronchodilator, and beta-adrenergic bronchodilator therapy 15. Identify what lower respiratory conditions anticholinergic bronchodilators. Xanthine derivative and corticosteroid inhalant therapy are used for 	<ol style="list-style-type: none"> I. Upper Respiratory Tract Anatomy and Physiology II. Common Upper Respiratory Diseases III. Treatment of Upper Respiratory Diseases IV. Drug Therapy for Upper Respiratory Diseases <ol style="list-style-type: none"> A. Sympathomimetic Decongestants B. Antihistamines C. Respiratory Anti-Inflammatory Agents V. Lower Respiratory Tract Anatomy and Physiology VI. Common Lower Respiratory Diseases VII. Treatment of Lower Respiratory Diseases VIII. Drug Therapy for Lower Respiratory Diseases <ol style="list-style-type: none"> A. Expectorants B. Potassium Iodide C. Saline Solutions D. Antitussive Agents E. Mucolytic Agents F. Beta-Adrenergic Bronchodilating Agents G. Anticholinergic Bronchodilating Agents H. Xanthine Derivative Bronchodilating Agents I. Respiratory Anti-Inflammatory Agents: Corticosteroids used for Obstructive Airway Disease J. Antileukotriene Agents K. Phosphodiesterase-4 Inhibitor L. Immunomodulator Agent M. Miscellaneous Anti-Inflammatory Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 30, 31 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 11 (cont.)

Unit Title: Diuresis Drugs

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.8 hr/Pharm	1. Cite the nursing assessments used to evaluate a patient's state of hydration 2. Review possible underlying pathologic conditions that may contribute to the development of excess fluid volume in the body 3. Cite nursing assessments used to evaluate renal function 4. Identify the effects of diuretics on blood pressure, electrolytes, and in diabetic clients 5. Review the signs and symptoms of electrolyte imbalances and normal laboratory values of potassium, sodium, and chloride 6. Identify the action of diuretics 7. Explain the rationale for administering diuretics cautiously to older adults and individual with impaired renal function, cirrhosis of the liver, or diabetes mellitus 8. Describe the goal of administering diuretics to treat hypertension, heart failure, or increased intraocular pressure 9. Cite alterations in diet that may be prescribed concurrently with loop, thiazide, or potassium sparing diuretic therapy 10. Identify the nursing assessments needed to monitor the therapeutic response of the development of common or serious adverse effects of diuretic therapy	I. Drug Therapy with Diuretics A. Carbonic Anhydrase Inhibitor B. Sulfonamide-Type Loop Diuretics C. Thiazide Diuretics D. Potassium Sparing Diuretics E. Combination Diuretic Products	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 29 Study Guide NCLEX Questions Due Drug Cards Due		

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 12

Unit Title: Drugs Affecting the Gastrointestinal Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	<ol style="list-style-type: none"> 1. Discuss common mouth disorders 2. Cite the treatment alternatives and associated nursing assessments to monitor response to drug therapy for common oral disorders 3. Identify baseline data the nurse should collect on a continual basis for comparing and evaluating drug effectiveness 4. Identify important nursing assessments and interventions associated with the drug therapy and treatment of diseases of the mouth. 5. Describe the physiology of the stomach 6. Cite common stomach disorders that require drug therapy 7. Identify factors that prevent breakdown of the body's normal defense barriers resulting in ulcer formation 8. Discuss the drug classifications and actions used to treat stomach disorders 9. Identify interventions that incorporate pharmacologic and nonpharmacologic treatments for an individual with stomach disorders 10. Describe the six common causes of nausea and vomiting 11. Discuss the three types of nausea associated with chemotherapy and the nursing consideration 	<ol style="list-style-type: none"> I. Mouth Disorders II. Drug Therapy for Mouth Disorders <ol style="list-style-type: none"> A. Dentifrices B. Mouthwashes III. Physiology of the Stomach IV. Common Stomach Disorders V. Goals of Treatment VI. Drug Therapy <ol style="list-style-type: none"> A. Antacids B. Histamine-2 Receptor Antagonists C. Gastrointestinal Prostaglandin D. Proton Pump Inhibitors E. Coating Agents F. Prokinetic Agents G. Antispasmodic Agents VII. Nausea and Vomiting VIII. Common Causes of Nausea and Vomiting IX. Drug Therapy for Causes of Nausea and Vomiting <ol style="list-style-type: none"> A. Dopamine Antagonists B. Serotonin Antagonists C. Anticholinergic Agents D. Corticosteroids E. Benzodiazepines F. Cannabinoids G. Neurokinin-1 Receptor Antagonists X. Constipation XI. Diarrhea XII. Treatment of Altered Elimination <ol style="list-style-type: none"> A. Laxatives B. Antidiarrheal Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 32 - 35 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont.)

Unit Title: Drugs Affecting the Gastrointestinal System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the therapeutic classes of antiemetic's 13. Discuss the scheduling of antiemetic's for maximum benefit 14. Explain the meaning of normal bowel habits and describe the underlying causes of constipation 15. Identify the mechanism of action, for the different classes of laxatives and describe medical conditions in which laxatives should not be used 16. Cite nine causes of diarrhea 17. Differentiate between locally acting and systemically acting antidiarrheal agents 18. Describe nursing assessments needed to evaluate the patient's state of hydration when suffering from either constipation or dehydration and identify electrolytes that should be monitored whenever prolonged or severe diarrhea is present 19. Cite conditions that generally respond favorably to antidiarrheal agents		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont)

Unit Title: Drugs Affecting the Urinary Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Explain the major actions and effects of drugs used to treat disorders of the urinary tract 2. Identify baseline data that the nurse should collect on a continuous basis for comparison and evaluation of drug effectiveness 3. Identify important nursing implementations associated with the drug therapy and treatment of diseases of the urinary system 4. Identify essential components involved in planning patient education that will enhance compliance with the treatment regimen 5. Identify the symptoms, treatment, and medication used to overactive bladder syndrome 6. Discuss what would need to be included in a teaching plan for an individual who has repeated urinary tract infections.	I. Urinary Tract Infections II. Drug Therapy for Urinary Tract Infections A. Fosfomycin Antibiotics B. Fluoroquinolone Antibiotics C. Other Urinary Antibacterial Agents III. Drug Therapy for Overactive Bladder Syndrome A. Anaticholinergic Agents for Overactive Bladder Syndrome B. Miscellaneous Urinary Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 42 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 13

Unit Title: Drugs Used for Pain Management

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Differentiate among the properties of opiate agonists, opiate partial agonists, and opiate antagonists 2. Describe the monitoring parameters necessary for clients receiving opiate agonists 3. Cite the common adverse effects of opiate agonists 4. Compare the analgesic effectiveness of opiate partial agonists when they are administered before or after opiate agonists 5. Describe the three pharmacologic effects of salicylates 6. List the common and serious adverse effects and drug interactions associated with salicylates 7. Explain why synthetic nonopiate analgesics are not used for inflammatory disorders 8. Identify the substances that are active ingredients in commonly prescribed analgesic combination products 9. Identify products that contain aspirin and compare the analgesic properties of agents available in different strengths	I. Pain A. Acute B. Chronic C. Nociceptive D. Neuropathic E. Idiopathic II. Pain Management A. Analgesics B. Opiate Agonists C. Opiate Partial Agonists D. Opiate Antagonists E. Prostaglandin Inhibitors F. Nonsteroidal Anti-Inflammatory Drugs	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 20 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 13(cont)

Unit Title: Drugs Used for Anxiety/Mood Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Define key words associated with anxiety states 2. Describe the essential components of a baseline assessment of a patients mental status 3. Cite the drug therapy used to treat anxiety disorders and any adverse effects that may result 4. Describe the signs and symptoms that the patient will display when a positive therapeutic outcome is being seen for the treatment of a high anxiety state 5. Discuss psychological and physiologic drug dependence 6. Describe the essential components of the baseline assessment of a client with depression or bipolar disorder 7. Discuss mood swings that are associated with bipolar disorder 8. Compare drug therapies used during the treatment of the manic and depressive phases of bipolar disorder 8. Cite the monitoring parameters used for clients who are taking monoamine oxidase inhibitors, serotonin-norepinephrine reuptake inhibitors, and tricyclic antidepressants 9. Differentiate between the physiologic and psychological therapeutic responses seen with antidepressant therapy 10. Identify the premedication assessments that are necessary before the administration of MAOIs, SNRIs, TCAs and antimanic agents	I. Anxiety Disorders II. Drug Therapy for Anxiety Disorder A. Benzodiazepines B. Azapirones C. Selective Serotonin Reuptake Inhibitors D. Miscellaneous Antianxiety Agents III. Mood Disorders IV. Treatment of Mood Disorders V. Drug Therapy for Mood Disorders VI. Drug Therapy for Depression A. Monoamine Oxidase Inhibitors B. Selective Serotonin Reuptake Inhibitors C. Serotonin Norepinephrine Reuptake Inhibitors D. Tricyclic Antidepressants E. Miscellaneous Agents F. Antimanic Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 16-17 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 14

Unit Title: Drugs Used for Psychoses

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Identify the signs and symptoms of psychotic behavior 2. Describe the major indications for the use of antipsychotic agents 3. Discuss the antipsychotic medications that are used for the treatment of psychoses 4. Identify the common adverse effects that are observed with the use of antipsychotic medications	I. Psychosis II. Treatment of Psychosis III. Drug Therapy for Psychosis A. Antipsychotic Agents IV. Adverse Effects of Antipsychotic Drug Therapy V. Other Adverse Effects	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 18 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/Semester 1 Week 14 (cont.)

Unit Title: Drugs Used for Seizure Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Define the different types of seizures and nursing implications related to the monitoring parameters for seizures 2. Discuss the basic classification systems used for epilepsy 3. Cite the desired therapeutic outcomes from antiepileptic agents used for seizure disorders 4. Identify the mechanisms of action thought to control seizure activity when anticonvulsants are administered 5. Describe the effects of the hydantoin on clients with diabetes and on people receiving oral contraceptives, theophylline, folic acid or antacids 6. Cite precautions needed when administering phenytoin or diazepam intravenously	I. Seizure Disorders II. Descriptions of Seizures III. Anticonvulsant Therapy IV. Drug Therapy for Seizure Disorders A. Hydantoin B. Succinimides C. Miscellaneous Anticonvulsants	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 19 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 15

Unit Title: Final

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	Review of Semester – Final Exam Course and Instructor Evaluation	I. Cumulative Review of Material	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Final Exam		

Key:

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/PAnatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 1

Unit Title: Care of Preoperative and Intraoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	<ol style="list-style-type: none"> 1. Discuss the advantages of current technological advances in surgery 2. Identify the types of clients most at risk for surgical complications, and state why each client is at risk 3. Explain the preparation of clients physically, emotionally, and psychosocially for surgical procedures 4. Plan and implement client and family teaching to prevent postoperative complications 5. Analyze the differences in the various types of anesthesia and list the advantages and disadvantages to the surgeon and the client 6. Compare the roles of the scrub nurse and the circulating nurse 	<ol style="list-style-type: none"> I. Technological Advances in Surgery <ol style="list-style-type: none"> A. Autologous Blood for Transfusion B. Bloodless Surgery II. Nursing Management Perioperative <ol style="list-style-type: none"> A. Assessment B. Commonly Ordered Preoperative Laboratory Tests C. General Preoperative Teaching D. Nursing Process E. Consents III. Immediate Preoperative Care IV. Intraoperative Care <ol style="list-style-type: none"> A. Surgical Team V. Anesthesia VI. Potential Intraoperative Complications 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Perform a thorough nursing assessment for a preoperative client 2. Teach the client postoperative exercises during the perioperative period 3. Prepare a client for surgery using a preoperative checklist 4. Administer preoperative medications 5. Document preoperative care and assessment data 6. Observe during a clients surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 2

Unit Title: Care of Postoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the care of the client in the postanesthesia care unit 2. Identify points the PACU nurse should cover in report to the floor nurse 3. Formulate a plan of care for a postoperative client returning from the PACU 4. Determine assessment factors for each potential postoperative complication 5. Prepare the surgical client for discharge	I. Immediate Postoperative Care A. Nursing Management 1. Prevent Injury 2. Prevent Infection 3. Maintain Fluid Balance and Elimination 4. Promote Comfort 5. Promote Rest and Activity 6. Promote Wound Healing B. Prevent Postoperative Complications 1. Wound Infection 2. Hemorrhage and Shock 3. Dehiscence or Evisceration 4. malignant Hyperthermia II. Discharge Planning A. Wound Care B. Pain Management III. community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU 2. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit 3. Apply interventions to prevent postoperative complications 4. Assess for postoperative pain and provide comfort measures and pain relief 5. Promote early ambulation and return to independence in activities of daily living 6. Perform discharge teaching necessary for postoperative home self-care

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: The Neurologic System
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Define particular problems of the nervous system 2. Discuss the differences in the action of the sympathetic and parasympathetic nervous system 3. Identify four specific ways in which a nurse can contribute to preventing neurological disorders 4. State the appropriate preparation and post procedure care for clients undergoing lumbar puncture, electroencephalogram, and radiologic studies of the brain and cerebral vessels 5. Become familiar with the techniques used for assessment of the nervous system 6. Compare and contrast the various signs and symptoms of nervous system disorders	I. Overview of Anatomy and Physiology of the Neurologic System A. Organized B. Protected C. Conduct Impulses D. Changes associated with Aging II. Causative Factors Involved in Neurologic Disorders III. Prevention of neurologic Disorders IV. Evaluation of Neurologic Status A. Cranial Nerves B. Coordination and Balance C. Neuromuscular Function Testing D. Reflexes V. Nursing Management VI. Common Neurologic Client Care Problems A. Ineffective breathing Pattern B. Impaired Mobility C. Self-Care Deficit D. Dysphasia E. Incontinence 1. Bladder Training 2. Bowel Training F. Confusion G. Aphasia H. Sexual Dysfunction I. Psychosocial Concern J. Ineffective Family Coping	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 22 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Gather a pertinent history for a client with a nervous system problem 2. Demonstrate a “neuro” check 3. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: Care of Clients with Head and Spinal Cord Injuries

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Describe the types of injuries that result from head trauma 2. compare and contrast the signs and symptoms of subdural hematoma and epidural hematoma 3. Explain why an epidural hematoma causes an emergency situation 4. Discuss the type of procedure performed to relieve a subdural hematoma 5. Illustrate the pathophysiology of increasing intracranial pressure in a client who has experienced a severe head injury 6. Identify the reasons why an elderly person is more at risk for an intracranial bleed from a head injury 7. Explain the possible ramifications of spinal cord injury 8. List appropriate nursing interventions necessary to provide comprehensive care for a client who has suffered a C5 spinal cord injury 9. Analyze the symptoms of low back pain and correlate them with their causes	I. Head Injuries A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Increased Intracranial Pressure A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Injuries of the Spinal Cord A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Rehabilitation IV. Back Pain and Ruptured Invertebral Disk A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a family member how to properly assess and care for a client who has suffered a concussion 2. Perform a neurologic check on a client who has suffered head trauma 3. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 4. Prepare a plan of teaching self-care measures to a client who suffers from low back pain

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the appropriate nursing actions and observations to be carried out for a client experiencing a seizure 2. Explain why seizure may be a consequence of a stroke, tumor, or infection of the brain 3. Compare the subjective and objective findings of thrombotic stroke and intracerebral bleed 4. Devise a nursing plan of care for a client who has suffered a cerebrovascular accident (CVA, Stroke) 5. Discuss nursing actions to assist the client who has developed a complication from a cerebrovascular accident 6. Describe subjective and objective finding indicative of a brain tumor 7. Explain the pathophysiology behind the symptoms of a brain tumor 8. Diagram the mechanism by which infection in the brain may cause increased intracranial pressure 9. Recall the signs of increasing intracranial pressure from early to late signs	I. Seizure Disorders and Epilepsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Transient Ischemic Attack A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Cerebrovascular Accident A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Prevention IV. Brain Tumor A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Bacterial Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 2. Perform neurologic checks on a client who is admitted with a suspected CVA 3. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast symptoms of meningitis and encephalitis 11. Explain the assessment data that differentiate migraine headaches from cluster headaches 12. Compare the signs, symptoms, and treatment of trigeminal neuralgia and Bell's palsy	VI. Viral Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VII. Encephalitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VIII. Migraine Headaches A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IX. Trigeminal Neuralgia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management X. Bells Palsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 5

Unit Title: Care of Clients with Peripheral Nerve and Degenerative Neurologic Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Compare and contrast the pathophysiology of Parkinson’s disease and myasthenia gravis 2. Discuss treatments for Parkinson’s disease 3. Describe the nursing care needed for the client with Parkinson’s disease 4. Explain why multiple sclerosis might be difficult to diagnose 5. Devise a home care plan for the client with multiple sclerosis 6. Compile a nursing plan of care for the client with Guillain-Barre syndrome 7. Identify the differences between Huntington’s disease and amyotrophic lateral sclerosis 8. Illustrate the signs and symptoms of myasthenia gravis 9. Compare and contrast the complications of Parkinson’s disease with those of myasthenia gravis	I. Parkinsons Disease A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Multiple Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Amyotrophic Lateral Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Guillain-Barre Syndrome A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Myasthenia Gravis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a newly diagnosed client about the medications for Parkinson’s disease 2. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected 3. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 6

Unit Title: Care of Women with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	<ol style="list-style-type: none"> 1. Identify the female reproductive organs and their role in the overall health of the individual 2. Describe normal physiology and age related changes in the female reproductive system 3. Discuss common menstrual disorders and the nursing interventions 4. Explore methods of contraception 5. Review causes and treatment of infertility 6. List changes associated with menopause, its treatment options, and appropriate nursing interventions 7. Explain the screening procedures recommended for maintaining reproductive health 8. Compare and contrast benign and malignant disorders of the female reproductive system 9. Understand the role of robotic gynecologic surgery as an alternative to open surgery 10. Discuss the nurses role during screening procedures, data collection, and education of women concerning reproductive health 	<ol style="list-style-type: none"> I. Overview of Anatomy and Physiology of the Female Reproductive System II. Female Reproductive System <ol style="list-style-type: none"> A. Menstruation B. Breasts C. Contraception and Fertility D. Infertility E. Menopause III. Health Promotion and Disease Prevention <ol style="list-style-type: none"> A. Health Screening and Assessments B. Diagnostic Tests C. Nursing Management IV. Disorders of the Female Reproductive System <ol style="list-style-type: none"> A. Menstrual Dysfunctions B. Pelvic Relaxation Syndrome C. Polycystic Ovarian Syndrome D. Dysfunctional Uterine Bleeding E. Abnormal Uterine Bleeding F. Leiomyoma G. Inflammations of the Lower Genital Tract H. Toxic Shock Syndrome I. Cancer of the Reproductive Tract V. Disorders of the Breast\ <ol style="list-style-type: none"> A. Benign Disorders B. Breast Cancer VI. Home Care V. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 39 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Teach techniques of breast self-examination and vulva self-examination to a client 2. Plan the nursing care of a woman with a reproductive disorder 3. Describe the causes of and interventions for common disorders of the female reproductive tract

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Understand the effects of aging on the male reproductive system 2. Summarize the medical and nursing management of erectile dysfunction 3. Describe factors involved in fertility, infertility, and contraception in the male client 4. Discuss the most common diagnostic tests and examinations of the male reproductive system 5. Describe the assessment in the male reproductive system 6. Outline the pathophysiology and manifestations of common disorders of the male reproductive tract 7. Evaluate the plan of care for a client with a disorder of the male reproductive tract 8. Identify the psychological and emotional impact of disorders of the male reproductive tract 9. Understand the role of drug therapy in disorders of the male reproductive tract	I. Overview of Anatomy and Physiology of the Male Reproductive System II. Male Reproductive System A. Fertility B. Contraception 1. Reversible 2. Permanent III. Disorders of the Male Reproductive System A. Erectile Dysfunction B. Ejaculation Disorders C. Infertility D. Hydrocele E. Varicocele F. Testicular Torsion G. Proapism H. Peyronies Disease I. Benign Prostatic Hyperplasia J. Inflammations and Infections of the Male Reproductive Tract 1. Epididymitis 2. Orchitis 3. Prostatitis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a client about the procedure for a prostate biopsy 2. Outline a nursing plan of care for a client with prostate cancer 3. Devise a teaching plan for testicular examination for young adult men 4. Prepare materials describing treatment to a client experiencing erectile dysfunction

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast four types of surgical treatments for benign prostatic hyperplasia (BPH) 11. Diagram the preoperative and postoperative nursing care of a client with BPH 12. Discuss inflammations of the male reproductive system and their treatment 13. Illustrate the patient teaching involved for early detection of testicular and prostate tumors 14. Describe the nursing care of a client with prostate cancer	K. Cancer of the Male Reproductive Tract 1. Cancer of the Penis 2. Testicular Cancer 3. Prostate Cancer IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 8

Unit Title: Care of Clients with Sexually Transmitted Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. State the signs and symptoms of common sexually transmitted infections 2. Discuss the danger of contracting human papillomavirus (HPV) and preventive measures 3. Explain the procedure for the various tests for STI's 4. Describe the treatment of common STI's their prevention, and the resources available to those who need information and STI's 5. Compare the symptoms of gonorrhea in male and female clients 6. List the ays in which human immunodeficiency virus (HIV) is transmitted 7. Identify the three stages of syphilis and discuss prevention, treatment, and complications 8. Discuss the nurses role in preventing, identifying, reporting and treating common STI's.	I. Common Infections of the Female Reproductive Tract A. Pelvic Inflammatory Disease B. Candidiasis C. Bacterial Vaginosis II. Risk Factors for Transmission of STI's A. Prevention of Human Papillomavirus B. Lesions of Sexually Transmitted Infections C. Reporting III. Transmission of STI's IV. Common Sexually Transmitted Infections A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 41 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 2. Instruct a female client on ways to prevent contracting or transmitting HIV 3. Teach a female client and a male client ways to prevent STI's

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9

Unit Title: Care of Clients during Disaster’s, Bioterrorism Attacks and Pandemic Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Analyze differences between an emergency situation and a disaster 2. Discuss an emergency preparedness plan for a health care facility 3. Compare the stages of psychological response that occur with a disaster 4. Compare and contrast the parameters used in the triage system for victims after a disaster versus the routine triage that occurs in hospital emergency departments 5. Identify responsibilities and duties of the nurse in the care of disaster victims 6. Explain safety measures to be employed for a chemical emergency 7. Demonstrate knowledge of measures to be taken in the event of a nuclear disaster 8. Explain warning signs that suggest a bioterrorism attack has occurred	I. Disaster Preparedness and Response II. Community Preparedness A. Fire B. Earthquake C. Tornado, Hurricane, Flood III. Hospital Preparedness IV. Psychological Responses to Disaster V. Triage VI. Food and Water Safety V. Preparing for Chemical, Nuclear, or Biologic Disasters A. Chemical Disaster B. Nuclear Disaster C. Biologic Disaster 1. Anthrax 2. Plague 3. Smallpox 4. Tularemia 5. Viral Hemorrhagic Fever VI. Pandemic Influenza Infection	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies Disaster Plan	HCRS C216	1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9**

Unit Title: Care of Clients during Disaster's, Bioterrorism Attacks and Pandemic Infections continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	9. Differentiate the signs and symptoms of the various agents that could be used for a terrorist attack 10. Synthesize the importance of debriefing of health care personnel after a disaster		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 10

Unit Title: Care of Clients with Trauma or Shock

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/hours	<ol style="list-style-type: none"> 1. List the basic principles of first aid 2. Summarize the importance of mechanism of injury and index of suspicion in caring for clients with traumatic injury 3. State the key components of assessing a trauma client 4. Discuss prevention of injuries from extremes of heat and cold 5. Describe specific interventions in the emergency care of accidental poisoning by ingestion and inhalation 6. Describe emergency care of victims of insect stings, tick bites, and snakebites 7. Review the appropriate nursing actions and care needed for the client who has experienced a respiratory or cardiac arrest 8. Identify signs and symptoms of shock 9. Compare and contrast the treatment of cardiogenic, hypovolemic, and neurogenic shock 	<ol style="list-style-type: none"> I. Prevention of Accidents <ol style="list-style-type: none"> I. Emergency Care III. Metabolic Emergencies IV. Injuries caused by Extreme Heat and Cold V. Poisoning VI. Bites and Stings VII. Electric Shock and Burns VIII. Choking Emergencies IX. Cardiopulmonary Resuscitation X. Shock <ol style="list-style-type: none"> A. Hypovolemic B. Cardiogenic C. Obstructive D. Distributive E. Anaphylactic F. Neurogenic G. Sepsis and Septic Shock XI. Psychological and Social emergencies <ol style="list-style-type: none"> A. Domestic Violence and Abuse <ol style="list-style-type: none"> 1. Child Abuse 2. Elder Abuse 3. Combative Client 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 45 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Observe how the triage nurse in the emergency department sets priorities for client care 2. Observe how the emergency team works together on a major accident victim 3. Role play with fellow students, practicing techniques to calm a combative client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Anxiety, Mood, and Eating Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Analyze the significance of anxiety in the general adult population 2. Compare and contrast normal anxiety disorders 3. Describe the signs and symptoms and treatment for anxiety disorders 4. Discuss assessment, nursing diagnoses, and nursing interventions for clients with anxiety disorders 5. Discuss the variances of normal mood and discuss mood alterations that become debilitating 6. Discuss assessment, nursing diagnoses, and nursing interventions for clients with bipolar disorder and major depressive disorder 7. Summarize factors that are essential when assessing a suicidal client 8. Analyze the impact of family, peer, and media pressure on clients with eating disorders 9. Discuss assessment, nursing diagnoses, and nursing interventions for clients with eating disorders	I. Anxiety and Anxiety Disorders A. Generalized Anxiety Disorder B. Phobic Disorder C. Obsessive-Compulsive Disorder D. Post-Traumatic Stress Disorder E. Diagnosis of Anxiety Disorders F. Treatment of Anxiety Disorders 1. Nursing Management II. Mood Disorders A. Bipolar Disorder B. Major Depressive Disorder C. Treatment of Mood Disorders 1. Nursing Management III. Suicidal Clients A. Nursing Management IV. Eating Disorders A. Anorexia Nervosa B. Bulimia Nervosa C. Treatment of Eating Disorders 1. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 46 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Watch the movie “As Good as it Gets” and discuss behaviors that are debilitating for the main character 2. Implement a teaching plan for a client with a mood disorder to increase medication compliance 3. Identify at least six interventions for the nursing diagnosis: Risk for self-directed violence related to suicidal ideations

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Substance Abuse Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	<ol style="list-style-type: none"> Summarize the significance of substance use disorders in the general adult population List the diagnostic criteria included in the medical diagnosis of substance abuse disorder Identify the physical, behavioral, and psychological indicators of substance use disorder Discuss the significance of denial and rationalization in substance use disorder Analyze the effects of substance use disorders on family and friends Discuss symptoms and complications of withdrawal from alcohol Identify at least six nursing interventions appropriate for a client with a substance use disorder 	<ol style="list-style-type: none"> Substance and Alcohol Abuse <ol style="list-style-type: none"> Signs and Symptoms Effects on Family and Friends Disorders Associated with Substance Abuse <ol style="list-style-type: none"> Alcohol Abuse <ol style="list-style-type: none"> Symptoms of Intoxication and Withdrawal Diagnosis Treatment Complications Abuse of other Central Nervous System Depressants <ol style="list-style-type: none"> Treatment Abuse of Opiates <ol style="list-style-type: none"> Treatment Abuse of Stimulants <ol style="list-style-type: none"> Treatment Abuse of Nicotine <ol style="list-style-type: none"> Treatment Abuse of Cannabis <ol style="list-style-type: none"> Treatment Abuse of Hallucinogens and Inhalants <ol style="list-style-type: none"> Treatment Community Care <ol style="list-style-type: none"> Nursing Management 	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 47 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> Contribute to a teaching plan for a community presentation on smoking cessation Review a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal Devise a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is taking central nervous system stimulants

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Cognitive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence and significance of cognitive disorders in the elderly population 2. Compare and contrast the etiology and symptoms of delirium (acute) and dementia (chronic) 3. Describe the signs and symptoms of Alzheimer's disease in relation to the three stages: (1) preclinical Alzheimer's disease (2) mild cognitive impairment due to Alzheimer's disease and (3) dementia due to Alzheimer's disease 4. Choose appropriate nursing interventions for the care of clients with Alzheimer's disease 5. Identify the assessment skills that are necessary to accurately monitor a cognitive disorder 6. Identify nursing interventions that can be used to assist the family and friends of clients who have cognitive disorders	I. Overview of Cognitive Disorders A. Delirium B. Dementia C. Substance Induced Delirium D. Alzheimer's Disease 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Treatment 5. Nursing Management E. Vascular Dementia F. Aids Dementia Complex II. Complementary and Alternative Therapies III. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 48 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a plan of care with at least six interventions for a client who is confused and disoriented 2. Implement a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Thought and Personality Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence of thought disorders in the general population 2. Describe the signs and symptoms of schizophrenia 3. Identify at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with a thought disorder 4. Compare and contrast behaviors for each of the various personality disorders 5. Choose at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with borderline personality disorder 6. Illustrate how the nurse can identify and modify personal feelings that can occur when caring for a client with borderline personality disorder 7. Analyze your personal feelings related to caring for clients with manipulative behaviors	I. Overview of Thought Disorders II. Schizophrenia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Overview of Personality Disorders A. Borderline Personality Disorder A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 49 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Watch the movie "A Beautiful Mind" and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior 2. Develop a plan of care with at least six nursing interventions for a client who is paranoid and suspicious 3. Write a plan of care with a t least six nursing interventions for a client who is manipulative

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 13

Unit Title: Case Studies/Scenarios
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Postoperative Hemicolectomy with Pulmonary Embolism II. Postoperative Hip Arthroplasty with Blood Transfusion Reaction III. Acute Severe Asthma IV. Chronic Obstructive Pulmonary Disease with Spontaneous Pneumothorax V. Immediate Postoperative Abdominal Hysterectomy with nausea	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 14

Unit Title: Case Studies/Scenarios continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Acute Myocardial Infarction II. Diabetic – Hypoglcemia III. Diabetic Insulin Administration IV. Lower Leg Fracture with Compartment Syndrome V. Preoperative Bowel Obstruction with Fluid and Electrolyte Imbalance	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 15

Unit Title: Final

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	I. Review of 3 rd Semester Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Final Exam	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C 204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 1

Unit Title: Musculoskeletal System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 GD 0.5 Theory 10.1	1. Recall the normal anatomy of the musculoskeletal system 2. Describe how the musculoskeletal system provides the function of motion 3. Explain how the musculoskeletal system provides protection for the body 4. Identify the steps included in a nursing assessment of the musculoskeletal system 5. Discuss the following diagnostic tests: bone scan, arthroscopy, electromyography 6. List ways in which the elderly can increase musculoskeletal strength and protect bones	I. Overview of Anatomy and Physiology of the Musculoskeletal System A. Structures B. Functions of bones C. Functions of muscles D. Changes in musculoskeletal system with aging II. Musculoskeletal Disorders A. Causes B. Prevention 1. Complementary and Alternative Therapies 2. Nutritional Considerations 3. Health Promotion C. Diagnostic Tests and Procedures III. Nursing Management A. Assessment B. Nursing Diagnosis and Planning C. Implementation D. Patient Teaching E. Evaluation	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 32 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Gather positioning aids and place them correctly for the client who has sustained trauma to the left knee 2. Institute measures to reduce the chance of contracture for clients with musculoskeletal injuries 3. Assist clients with musculoskeletal injuries with active or passive range of motion 4. Provide care for a client who has undergone an arthroscopy 5. Teach a client to properly use crutches 6. Teach an elderly client with a mobility problem about ways to prevent falls at home.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 2

Unit Title: Care of Clients with Musculoskeletal and Connective Tissue Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	<ol style="list-style-type: none"> 1. Compare the assessment findings of a connective tissue injury with those of a fracture 2. Explain the rationale for the “do’s and don’ts “ of cast care 3. Outline the potential complications related to fractures 4. Discuss the pathophysiology and implications of the 6P’s. 5. Compare the preoperative and postoperative care of a client with a total knee replacement with that of a client with a total hip replacement 6. Identify the special problems of clients with arthritis and specific nursing interventions that can be helpful 7. Explain the process by which osteoporosis occurs, ways to allow the process, and how the disorder is treated 8. Plan important postoperative observations and nursing interventions in the care of the client who has undergone and amputation. 	<ol style="list-style-type: none"> I. Connective Tissue Disorders <ol style="list-style-type: none"> A. Sprain <ol style="list-style-type: none"> 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management B. Strain <ol style="list-style-type: none"> 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management C. Dislocation <ol style="list-style-type: none"> 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management D. Rotator Cuff Tear E. Anterior Cruciate Ligament Injury F. Meniscal Injury G. Achilles Tendon Rupture H. Bursitis I. Bunion (Hallux Valgus) J. Carpal Tunnel Syndrome <ol style="list-style-type: none"> 1. Etiology 2. Signs, Symptoms, Diagnosis 3. Treatment and Nursing Management K. Fractures <ol style="list-style-type: none"> 1. Etiology 2. Signs, Symptoms, Diagnosis 	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 33 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Assess a client who has a connective tissue injury 2. Provide pin care for a client with external fixation 3. Teach the client going home with a cast about proper care of the cast and extremity 4. Observe a physical therapist who is teaching quadriceps exercise and then assist the client to practice 5. Assess the skin, of a client who has a prosthetic device on an amputated limb

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 -Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 2 continued

Unit Title:

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Treatment a. Reductions, Surgery, Stabilization b. External Fixation c. Casts d Braces and Splints e. Traction 4. Complications of fractures a. Infection b. Osteomyelitis c. Nonunion d. Fat Embolism e. Venous Thrombosis f. Compartment Syndrome 5. Nursing Management	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 33 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 3

Unit Title: Care of Clients with Pain

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	<ol style="list-style-type: none"> 1. Demonstrate an understanding of the current view of pain as a specific entity requiring appropriate intervention 2. Review the gate control theory of pain and its relationship to nursing care 3. Compare nociceptive and neuropathic pain and the nursing care of each 4. Explain how pain perception is affected by personal situations and cultural backgrounds 5. Describe the false perceptions that underlie many current ideas about pain and pain management and assist clients to achieve a cleaner more factual understanding 6. List the different pharmacologic approaches to pain management with examples of each 7. Analyze the major differences between acute and chronic pain and their management 	<ol style="list-style-type: none"> I. Theories of Pain II. Classification of pain <ol style="list-style-type: none"> A. Nociceptive Pain <ol style="list-style-type: none"> 1. Four phases of pain B. Neuropathic Pain <ol style="list-style-type: none"> 1. Phantom pain III. Perception of pain IV. Acute versus Chronic Pain <ol style="list-style-type: none"> A. Acute Pain B. Chronic Pain V. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation F. Documentation VI. Management of Pain <ol style="list-style-type: none"> A. Pharmacologic Approaches <ol style="list-style-type: none"> 1. Analgesics and Routes 2. Nonanalgesics 3. Special Considerations 4. Nursing responsibilities 5. Side effects and complications 	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 7 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Effectively use the nursing process for pain management 2. Use appropriate pain evaluation tools for a variety of clients 3. Recognize common side effects of analgesics and describe techniques for addressing them 4. Employ nonpharmacologic approaches to pain management with a variety of clients

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 3 continued

Unit Title: Care of Clients with Pain continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		B. Nonpharmacologic Approaches 1. Sleep 2. Heat 3. Menthol 4. Cold 5. Distraction 6. Relaxation 7. Guided imagery 8. Meditation 9. Hypnosis 10. Biofeedback 11. Music 12. Binders 13. Massage 14. Acupuncture and Acupressure 15. Transcutaneous Electrical Nerve Simulation 16. Spinal Cord Stimulator VII. Community Care A. Extended Care B. Home Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 7 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 4

Unit Title: Care of Clients with Cancer

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.4 GD 0.5 Theory 9.9	1. Identify characteristics of neoplastic growth 2. Identify at least five factors that may contribute to the development of a malignancy 3. State at least four practices that can contribute to prevention and early detection of cancers 4. Include the recommendations of the American Cancer Society for routine checkups and detection of cancers into patient education 5. Explain the advantages and disadvantages of the various treatments available for cancer 6. Illustrate the major problems for a client who is coping with side effects of radiation or chemotherapy for cancer, and state the appropriate nursing interventions 7. Distinguish the stages of the grieving process experiences by the dying cancer client.	I. Impact of Cancer II. Physiology of Cancer III. Classification of Tumors IV. Metastasis A. Prognosis V. Causative Factors A. Chemical Carcinogens B. Promoters C. Chronic Irritation D. Physical Carcinogens 1. Radiation 2. Radon Gas 3. Viruses E. Genetic Predisposition VI. Contributing Factors A. Intrinsic Factors 1. Stress 2. Diet VII. Measures to Prevent Cancer A. Diet and Nutrition B. Alcohol C. Environment D. Identification High Risk VIII. Detection of Cancer A. Warning Signs B. Diagnostic Tests 1. Biopsy 2. Radiologic Studies 3. Endoscopy C. Laboratory Tests	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Devise a general plan of nursing care for the client receiving chemotherapy 2. Formulate a teaching plan for the client who has bone marrow suppression from cancer treatment 3. Institute nursing interventions to help the client cope with the common problems of cancer and its treatment 4. Use appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and its treatment 5. Employ nursing interventions to help cancer clients cope with death and dying

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 4 continued

Unit Title Care of Clients with Cancer continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		IX. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation X. Common therapies, problems and nursing care A. Surgery B. Radiation Therapy 1. External Radiation Therapy 2. Internal Radiation Therapy 3. Principles of Radiation Protection C. Chemotherapy 1. Nursing Care of clients receiving chemotherapy D. Hormone Therapy E. Immunotherapy using Biologic Response Modifiers F. Bone Marrow and Stem Cell Transplantation G. Gene Therapy XI. Evaluating the Effectiveness of Treatment A. Complementary and Integrative Medicine XII. Common Problems related to Cancer and Cancer Treatment A. Anorexia, Mucositis, and Weight Loss	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 5

Unit Title: Care of Clients with Cancer continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8		B. Nausea, Vomiting, and Diarrhea C. Constipation D. Cystitis E. Immunosuppression, Bone Marrow Suppression and Infection F. Hyperuricemia G. Fatigue H. Alopecia I. Pain 1. Nonpharmacologic Interventions XIII. Clients with Metastatic Disease A. Fear and Ineffective Coping B. Oncologic Emergencies XIV. Care for the Dying Cancer Client A. Psychological Process of Death 1. Grieving 2. Fear B. Palliative Care 1. Anticipatory Guidance 2. Terminal Hydration 3. End Stage Symptom Management a. Pain b. Dyspnea c. Death Rattle d. Delirium 4. Nursing Resources	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	Continuation from Week 4

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6

Unit Title: Chronic Illness and Rehabilitation

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 5.4	1. Define relevant nursing issues for patients with chronic illness 2. Distinguish clients at risk for problems associated with immobility 3. Describe the effect of immobility on each of the major systems of the body 4. Explain the general goals for the resident in a long term care facility and how to met those goals 5. Compare the role of the LVN in a long term care facility of that in the hospital setting 6. Describe the types of rehabilitation programs that might be found in your community 7. Apply the goals of rehabilitation 8. Identify the members of the rehabilitation team and the collaborative care giving process and state the role of each 9. Explain the differences in philosophy and required attitude between home care setting and the hospital	I. Chronic Illness A. Preventing the Hazards of Immobility B. Chronic Illness and Rehabilitation Care 1. Long Term Care 2. Fall Prevention a. Use of Security Devices and Alternative Measures 3. Managing Confusion and Disorientation 4. Promoting Independence 5. Maintaining function 6. Documentation II. Rehabilitation A. Rehabilitation Programs C. Rehabilitation Team 1. Roles of LVN III. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation IV. Home Care A. Role of LVN B. Family Caregiver	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 9 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Choose specific interventions to assist the client with a chronic illness who is home bound and has issues of loneliness 2. When in a long term care facility or hospital, discuss with the charge nurse the measures that are used for safety and fall prevention in the facility 3. Observe a rehabilitation team conference to see how a collaborative plan of care is created and updated 4. From assessment data, identify areas of psychological need for a home care patient and family

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6

Unit Title: The Cardiovascular System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.4 GD 0.5 Theory 4.5	1. Describe the normal anatomy and physiology of the cardiovascular system 2. Discuss the risk factors and incidence of cardiovascular disease 3. Explain ways to modify risk factors for the development of cardiovascular disease 4. State ways in which nurses can contribute to the prevention of cardiovascular disease 5. Describe the diagnostic tests, specific techniques and procedures for assessing the cardiovascular system 6. Identify three likely nursing diagnoses for clients who have common problems of cardiovascular disease and list the expected outcomes and appropriate nursing interventions for each	I. Overview of A& Physiology of the Cardiovascular System A. Structures B. Functions C. Causes the heart to contract and pump blood D. Cardiac Cycle E. Ejection Fraction F. How does the vascular system function to carry blood G. What is Blood Pressure 1. What affects it H. What changes occur in the cardiovascular system with aging II. Cardiovascular Disease A. Women and Heart Disease 1. Prevention B. Causes of cardiovascular disorders C. Prevention of Cardiovascular Disease 1. Warning signs of heart attack 2. Risk Factors D. Diagnostic Tests and Procedures 1. Cardiac Monitoring 2. Specific tests for Vascular Disease III. Nursing Management A. Assessment 1. Pulses a. Scale 2. Bruits 3. Blood Pressure 4. Skin	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 18 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Teach clients about the more common diagnostic tests and procedures to diagnose and evaluate cardiovascular diseases 2. Assist clients to form plans to modify cardiovascular disease risk factors

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRSC204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6 continued

Unit Title: The Cardiovascular System continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation IV. Common Problems of Clients with Cardiovascular Disorders A. Fatigue and Dyspnea B. Fluid Overload C. Pain D. Altered Tissue Perfusion E. Impaired Tissue Integrity	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 18 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	<ol style="list-style-type: none"> 1. Diagram the pathophysiology of hypertension 2. Predict the complications that can occur as a consequence of hypertension 3. Briefly describe the treatment program for mild, moderate, and severe hypertension 4. Contrast the pathophysiology of arteriosclerosis with that of atherosclerosis 5. Review four factors that contribute to peripheral vascular disease 6. Recognize the signs, symptoms, and treatment of aneurysm 7. Prepare a teaching plan for a client with Raynaud's syndrome 8. Compare the etiology and care for thrombophlebitis and deep vein thrombosis 9. Summarize how venous insufficiency may lead to a venous stasis ulcer 	<ol style="list-style-type: none"> I. Hypertension <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, Diagnosis D. Treatment <ol style="list-style-type: none"> 1. Antihypertensive therapy E. Complications F. Hypertensive Crisis G. Nursing Management Hypertension <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Peripheral Arterial Disease <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management PAD <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation III. Aneurysm <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, Diagnosis D. Treatment 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Develop and implement a teachings plan for a client who has hypertension 2. Choose the points to be included in the teaching plan for the client who has experienced thrombophlebitis 3. Institute a teaching plan for the client undergoing anticoagulant therapy 4. Differentiate between venous and arterial insufficiency during a physical assessment 5. Prepare a nursing plan of care for the client with arterial insufficiency 6. Identify three likely nursing diagnoses for clients who have common problems of vascular disease and list the expected outcomes and appropriate nursing interventions each

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7 continued

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		E. Nursing Management Aneurysm 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation IV. Buerger's Disease A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management Buerger's 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation V. Raynaud's Disease/Phenomenon A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management Raynaud's 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation VI. Venous Thrombosis A. Etiology B. Pathophysiology VII. Superficial Thrombophlebitis A. Signs, Symptoms, and Diagnosis B. Treatment and Nursing Mgmt	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7 continued

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		VIII. Deep Vein Thrombosis A. Signs, Symptoms, and Diagnosis B. Treatment C. Nursing Management DVT 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation IX. Varicose Veins A. Signs, Symptoms, Diagnosis B. Treatment X. Chronic Venous Insufficiency A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment and Nursing Mgmt XI. Venous Stasis Ulcers A. Nursing Management Venous Stasis Ulcers 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation XII. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 8

Unit Title: Care of Clients with Cardiac Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 Theory 10.6	<ol style="list-style-type: none"> 1. Compare left sided and right sided heart failure 2. Describe the nursing assessment specific to the client who is admitted with heart failure 3. Identify life threatening heart rhythms from a selection of cardiac rhythm strips 4. Describe the usual treatment for atrial fibrillation, third degree heart block, and ventricular tachycardia 5. Discuss how nursing interventions for clients with a valvular disorder differ from those for a client with a cardiac dysrhythmia 6. State nursing responsibilities in the administration of cardiac drugs 7. Describe under what circumstances cardiac surgery is appropriate treatment 8. Discuss the nurse's role in caring for clients with heart disorders in the long term care facility or the home 9. Develop a teaching plan with dietary recommendations for heart disease 	<ol style="list-style-type: none"> I. Heart Failure <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Cardiac Conduction Disorders <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, D. Life Threatening Cardiac Dysrhythmias <ol style="list-style-type: none"> 1. Atrial Flutter/Fibrillation 2. Premature Ventricular Contractions 3. Complete Heart Block 4. Ventricular Tachycardia 5. Ventricular Fibrillation E. Diagnosis and Treatment <ol style="list-style-type: none"> 1. Cardioversion 2. Cardiac Pacemakers 3. Radiofrequency Catheter Ablation 4. Automatic Implantable Cardioverter-Defibrillators F. Nursing Management <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 20 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Develop a plan on care for a client who has heart failure 2. Perform a basic physical assessment on a client who has a mitral valve stenosis and dysrhythmia 3. Use the nursing process to care for assigned clients who have cardiovascular disorders 4. Safely administer medications for clients with cardiac disorders 5. Provide support to clients undergoing diagnostic testing and treatment for cardiac disorders 6. Develop a teaching plan for clients with cardiac disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 8 continued

Unit Title: Care of Clients with Cardiac Disorders continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Implementation 4. Evaluation III. Infective Endocarditis A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment IV. Pericarditis A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management V. Cardiomyopathy VI. Cardiac Valve Disorder A. Mitral Stenosis B. Mitral Regurgitation C. Aortic Stenosis D. Aortic Regurgitation E. Treatment of Valve Disorders 1. Medical Treatment 2. Surgical Treatment 3. Valve Replacement F. Nursing Management VII. Cardiac Trauma VIII. Common Therapies and their nursing implications A. Oxygen Therapy B. Pharmacologic Agents C. Dietary Control IX. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 20 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 9

Unit Title: Care of Clients with Coronary Artery Disease and Cardiac Surgery

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	1. Discuss the causes of coronary artery disease 2. Describe the pathophysiology of coronary artery disease 3. Outline nursing interventions to care for a client experiencing angina, including medication administration and client teaching 4. Discuss the pathophysiology of myocardial infarction 5. Compare and contrast the symptoms of and care for unstable angina with those of myocardial infarction 6. Develop a nursing plan of care for a client experiencing a myocardial infarction 7. Describe the nursing care of a client undergoing cardiac surgery 8. List five complications of cardiac surgery	I. Coronary Artery Disease A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Angina Pectoris A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation III. Acute Coronary Syndrome and Myocardial Infarction A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 21 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Develop a teaching plan for a client with coronary artery disease 2. Identify signs and symptoms that indicate a client may be experiencing a myocardial infarct 3. Administer medications to clients experiencing cardiac disorders 4. Collaborate with other health care providers to care for clients after cardiac surgery 5. Contribute to discharge planning for a client after cardiac surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 9 continued

Unit Title: Care of Clients with Coronary Artery Disease and Cardiac Surgery continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		IV. Cardiogenic Shock A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation V. Surgical and Nonsurgical Treatment Option A. Percutaneous Transluminal Coronary Angioplasty B. Transmyocardial Laser Revascularization C. Cardiac Surgery 1. Coronary Artery Bypass Graft Surgery 2. Heart Transplant D. Nursing Care of the Client having Cardiac Surgery 1. Perioperative 2. Postoperative VI. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 21 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 10

Unit Title: The Immune and Lymphatic Systems

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 GD 0.5 Theory 7.4	1. Describe the body's innate immune system 2. Compare and contrast the characteristics of innate and acquired immunity 3. Describe the role of the lymphatic system in the immune response 4. Identify various ways in which immunity to disease occurs 5. Analyze the factors that interfere with normal immune response 6. Explain the role of immunizations in relation to immunity 7. Compare and contrast the responsibilities of different members of the health care team in preventing infection in immunocompromised clients	I. Overview of Anatomy & Physiology of the Immune and Lymphatic Systems A. Structures B. Functions C. Effects of Aging on Immune and Lymphatic Systems D. Protective Mechanisms 1. Inflammatory Response 2. Immune Response a. Types of Immunity i. Primary Humoral Response ii. Secondary Cellular Response b. Immunity against disease i. Innate Immunity ii. Acquired Immunity II. Immune and Lymphatic System Disorders A. Prevention 1. Immunization a. Nursing Implications B. Nursing Management 1. Assessment 2. Diagnosis 3. Planning 4. Implementation 5. Evaluation III. Common Problems related to the Immune and Lymphatic Systems A. Fever B. Nutrition C. Immunosuppression	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 10 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Identify assessments that indicate immune system function 2. Describe precautions to be taken for clients with an impaired immune system 3. Evaluate your client's risk for infection during a clinical experience

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 10 continued

Unit Title: Care of Clients with HIV/AIDS

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
GD 0.5 Theory 2.2	1. Summarize the modes of transmission for HIV 2. List the tests used to diagnosis HIV and to monitor the immune status of an HIV positive client 3. Identify the signs and symptoms of AIDS 4. Analyze conditions where opportunistic infections (viral, bacterial, fungal, parasitic) are likely to occur 5. List the primary categories of highly active antiretroviral therapy (HAART) and common side effects of each 6. Identify the nursing diagnoses needed for a client with AIDS 7. Explain wasting syndrome and nursing interventions	I. Disorders of Immune Deficiency A. Human Immunodeficiency Virus and Acquired Immunodeficiency Syndrome 1. Pathophysiology 2. Transmission 3. Vaccine Development 4. Prevention through Education 5. Signs and Symptoms 6. Diagnosis 7. Management of HIV Infection 8. Complications a. Opportunistic Infections i. Viral Infections ii. Herpes Simplex Virus iii. Bacterial Infections iv. Fungal Infections v. Parasitic Infections b. Neoplasma i. Kaposi Sarcoma ii. Lymphomas c. Neurologic Complications B. Nursing Management 1. Assessment 2. Diagnosis 3. Planning 4. Implementation 5. Evaluation C. HIV Risk in over 50 Population D. Community Education and Care E. HIV Confidentiality and Disclosure Issues F. Exposure and Health Care Workers	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 11 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Perform nursing interventions needed for opportunistic infections 2. Implement a teaching plan for a client being started on HAART 3. Review a nursing plan of care for an HIV/A IDS client hospitalized with a low CD4 count 4. During a clinical rotation, review the facility's policy for exposure to blood or body fluids from an HIV-positive client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11

Unit Title: Care of Clients with Immune and Lymphatic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 5.4	<ol style="list-style-type: none"> 1. Summarize the ideal actions of therapeutic immunosuppressive drugs 2. Explain the importance if minimizing the administration of antimicrobial agents 3. Describe effects of aging on the immune system 4. Explain why an immune-suppressed client with infection, may not have an elevated body temperature 5. Explain how an allergic reaction occurs during an excessive immune response 6. Summarize the nurse's role in helping the client to control allergies 7. Discuss the three categories of autoimmune disorders and give examples of autoimmune disorders/diseases 8. Evaluate and explain why the process of diagnosis and treatment for systemic lupus erythematosus would be difficult or frustrating for the client 9. Compare and contrast the two types of lymphoma and how they are diagnosed 	<ol style="list-style-type: none"> I. Immune Disorders <ol style="list-style-type: none"> A. Therapeutic Immunosuppression <ol style="list-style-type: none"> 1. Actions of Immunosuppressive Drug Therapy 2. Diagnostic Tests and Treatment B. Nursing Management <ol style="list-style-type: none"> I. Assessment 2. Nursing Diagnosis and Planning #. Implementation 4. Evaluation II. Disorders of Inappropriate Immune Response <ol style="list-style-type: none"> A. Allergy & Hypersensitivity <ol style="list-style-type: none"> 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis <ol style="list-style-type: none"> a. Diagnostic Tests b. Identification of Allergens c. Drug Allergy d. Food Allergy e. Latex Allergy 4. Treatment <ol style="list-style-type: none"> a. Drug Therapy b. Desensirization B. Anaphylactic Reaction and Anaphylactic Shock <ol style="list-style-type: none"> 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment and Nursing Management 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 12 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. List nursing measures for the prevention of infection for an immunocompromised client 2. List key elements for data collection, if an immunosuppressant disorder is suspected. 3. Perform nursing assessment on a client with a primary allergic condition 4. List the usual measures for treating an anaphylactic reaction and locate the necessary emergency equipment on your clinical unit 5. Perform nursing interventions for a client with lymphedema 6. Review a nursing plan of care for a client who has systemic lupus erythematosus 7. List interventions that can be used for a client with fibromyalgia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Immune and Lymphatic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		III. Autoimmune Disorders A. Signs and Symptoms B. Diagnosis C. Treatment & Nursing Management D. Systemic Lupus Erythematosus 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management IV. Disorders of the Lymphatic System A. Lymphoma B. Hodgkin's Lymphoma 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Diagnosis, Treatment 5. Nursing Management C. Non-Hodgkin's Lymphoma 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Diagnosis, Treatment 5. Nursing Management D. Lymphedema E. Fibromyalgia	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 12 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: The Hematologic System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 2.0	<ol style="list-style-type: none"> 1. Describe the structures and functions of the hematologic system 2. Differentiate between the various types of blood cells and their functions 3. Discuss factors that may alter the function of the hematologic system 4. Identify ways in which the nurse may help prevent blood disorders 5. List at least five different kinds of information that can be obtained from a complete blood count (CBC) 6. Describe ways to accomplish hemostasis 7. Apply the nursing process to clients with problems of the hematologic system 	<ol style="list-style-type: none"> I. Overview of the Anatomy & Physiology of the Hematologic System <ol style="list-style-type: none"> A. Functions of Blood B. Components of Blood C. Function of Plasma Proteins D. Production of Blood Cells E. Function of Red Blood Cells F. Functions of White Blood Cells G. Function of Platelets H. Lymphatic System interact Vascular System I. Changes of Hematologic System with Age II. Causes of Hematologic Disorders III. Prevention of Hematologic Disorders IV. Diagnostic Tests and Procedures V. Nursing Management <ol style="list-style-type: none"> A. Assessment <ol style="list-style-type: none"> 1. Physical Assessment B. Nursing Diagnosis C. Implementation D. Evaluation VI. Common Problems related to Disorders of the Hematologic System <ol style="list-style-type: none"> A. Fatigue B. Anorexia C. Pain D. Infection E. Bone Marrow Failure 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 16 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Explain the procedure and care for a bone marrow aspiration to a client about to undergo the procedure 2. Perform a focused assessment on a client with a problem of the hematologic system 3. Choose nursing interventions for clients with problems of the hematologic system

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Hematologic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 3.4	1. Identify the causes of the various types of anemia 2. Develop a plan of care for the client with an anemia 3. Explain the pathophysiology and care of sickle cell disease 4. Compare cell abnormalities of polycythemia vera to those of leukemia 5. Formulate a teaching plan for the client with leukemia 6. Comprehend why multiple myeloma is a disease affecting older people 7. Discuss the problems and treatments the hemophilia client faces	I. Disorders of the Hematologic System A. Anemia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management B. Aplastic Anemia C. Sickle Cell Disease 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management D. Leukemia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management E. Thrombocytopenia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 17 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. Prepare to provide preprocedural and postprocedure care for the client undergoing a bone marrow aspiration 2. Perform an assessment on a client with a suspected hematologic disorder 3. Assist with the development of a plan of care for an adult with leukemia 4. Assess for signs and symptoms of disseminated intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Hematologic Disorders continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		F. Multiple Myeloma 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management G. Hemophilia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management H. Disseminated Intravascular Coagulation 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management II. Therapies Used in the Management of Hematologic Disorders A. Transfusions B. Leukapheresis C. Bone Marrow and Stem Cell Transplantation D. Various Other Therapies E. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 17 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 12

Unit Title: The Endocrine System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
GD 0.5 Theory 10.3	1. Identify the location of each endocrine gland 2. Diagram the principal actions and target tissues for hormones of the hypothalamus and pituitary, parathyroid, adrenal, and pancreas glands 3. Summarize the effects of the thyroid hormones 4. Describe common diagnostic tests for the endocrine system	I. Overview of Anatomy & Physiology of the Endocrine System A. Organs and Structures B. Functions C. Effects of Pituitary Hormones D. Effects of Thyroid Hormones E. Function of Parathyroid Glands F. Functions of Hormones Adrenal Glands G. Hormonal Function of Pancreas H. Effects of Aging on Endocrine System II. Endocrine System A. Endocrine System Disorders 1. Causes 2. Prevention 3. Diagnostic Tests and Procedures B. Nursing Management 1. Assessment 2. Nursing Diagnosis 3. Planning 4. Implementation 5. Evaluation III> community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 36 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. Assess for specific age-related changes of the endocrine system in an elderly client 2. Teach clients about diagnostic tests that might be performed for symptoms of endocrine disorders 3. Perform a focused assessment on a client who may have an endocrine disorder 4. Identify appropriate nursing diagnoses and interventions for problems common to clients with endocrine disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	1. Give examples of four major problems associated with hyposecretion of pituitary hormones and identify three nursing interventions appropriate for each problem 2. Outline three nursing interventions appropriate for each problem of hypopituitarism 3. Plan appropriate nursing assessments and interventions for the client who might experience complications of a thyroidectomy 4. Compare and contrast symptoms of hypoparathyroidism with hyperparathyroidism 5. Identify six signs and symptoms of adrenocortical insufficiency (Addison's Disease) 6. Summarize four major causes of Cushing's syndrome	I. Disorders of the Pituitary Gland A. Pituitary Tumors 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Hypofunction of the Pituitary Gland 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Diabetes Insipidus 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management D. Syndrome of Inappropriate Antidiuretic Hormone 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management II. Disorders of the Thyroid Gland A. Goiter 1. Etiology and Pathophysiology 2. Signs & Symptoms	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. From an appropriate list of nursing diagnoses, provide nursing care for a client with a pituitary disorder 2. Select appropriate nursing interventions for a client with adrenal insufficiency 3. Implement client teaching for the client with hypothyroidism 4. Plan postoperative assessment and nursing care for a client who has had a hypophysectomy 5. Evaluate the nursing care of a client who has had a thyroidectomy 6. Identify nursing diagnoses and appropriate interventions for a client with diabetes insipidus 7. Assist with development of a teaching plan for the client taking a corticosteroid

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Diagnosis 4. Treatment 5. Nursing Management B. Hyperthyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Thyroidectomy 1. Preoperative Care 2. Postoperative Care 3. Complications D. Hypothyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management E. Myxedema Coma F. Thyroiditis 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management G. Thyroid Cancer 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		III. Disorders of the Parathyroid Glands A. Hypoparathyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Hyperparathyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management IV. Disorders of the Adrenal Glands A. Pheochromocytoma 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Adrenocortical Insufficiency 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Acute Adrenal Insufficiency or Adrenal Crisis 1. Etiology and Pathophysiology 2. Signs & Symptoms	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Diagnosis 4. Treatment 5. Nursing Management D. Excess Adrenocortical Hormone 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management V. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 14

Unit Title: Care of Clients with Diabetes and Hypoglycemia

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.6 Theory 10.2	1. Compare and contrast the two major types of diabetes mellitus 2. Analyze the four kinds of factors that influence the development of diabetes mellitus 3. Review the signs and symptoms of an insulin reaction (hypoglycemia) and discuss appropriate nursing interventions 4. Summarize the acute and long term complications and results of poorly controlled diabetes mellitus 5. Identify sources of support and information for people with diabetes and their families	I. Diabetes Mellitus and Hypoglycemia A. Diabetes Mellitus 1. Types of Diabetes Mellitus 2. Etiology and Pathophysiology 3. Signs Symptoms and Diagnosis 4. Management of Diabetes a. Diet b. Exercise c. Oral Hypoglycemic Agents d. Insulin Therapy e. Insulin Pump f. Other injectable Agents g. Preoperative and Postoperative Insulin Management h. Islet Cell Transplantation 5. Nursing Management a. Assessment b. Nursing Diagnosis c. Planning d. Implementation i. Client Education e. Evaluation B. Complications 1. Short Term Problems a. Diabetic ketoacidosis b. Hyperglycemic hyperosmolar nonketotic syndrome c. Rebound hyperglycemia d. Hypoglycemia 2. Long Term Problems	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 38 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Teach a newly diagnosed person with diabetes about the disease, treatment, and self-care 2. Perform a focused nursing assessment /gather data for the management of type 1 and type 2 diabetes mellitus 3. Interpret laboratory tests used in the diagnosis and management of diabetes mellitus 4. Assess for/gather data related to signs and symptoms that might indicate that the patient with diabetes is in early ketoacidosis 5. Teach a client how to recognize and self-treat hypoglycemia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 14 continued

Unit Title: Care of Clients with Diabetes and Hypoglycemia

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		a. Cardiovascular Disease b. Nephropathy c. Peripheral Vascular Disease d. Retinopathy e. Diabetic Neuropathy C. Hypoglycemia 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Complications 6. Nursing Management II. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 38 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 15

Unit Title: Finals

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	Review of Semester Final Exam		*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Final Exam Skills Checklist	HCRS C214	. Review of clinical skills and skills checklist – skills lab

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1**

Unit Title: Foundations of Medical Surgical Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 (HCRS C113)

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	1. Define the key terms related to general aspects of the Vocational Nursing Program. 2. State understanding of the policies of the BVNPT. 3. Define Nursing 4. Define Healthcare 5. Differentiate between acute and chronic, acute care and long term care, rehabilitative care, hospice care, and home health. 6. Discuss the impact of economics on nursing and healthcare delivery. 7. Discuss local healthcare resources 8. Differentiate rural healthcare resources from urban resources.	I. Roles of the LVN A. Uphold Clinical Standards B. Provide Safe Patient Care C. Patient Teaching D. Effective Communication E. Collaboration F. Patient Advocate II. Goals for Health Care A. Cost Containment B. Health Promotion C. Holistic Care D. Psychological Needs E. Social Needs F. Cultural Needs G Spiritual Needs	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 1 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1

Unit Title: Critical Thinking and Nursing Process

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	<ol style="list-style-type: none"> 1. Define the Nursing Process. 2. Define the key terms of the nursing Process 3. List the five phases of the Nursing Process. 4. Identify the rationale for prioritization 5. Identify Maslow's hierarchy of needs 6. Explain the process of Assessment or Data Collection 7. Identify NANDA terminology 8. Explain the selection of a Nursing Diagnosis 9. Explain the process of setting goals or objectives for the client 10. Explain the process of implementing nursing care 11. Explain the process of evaluating nursing care 12. Differentiate between physician/medical diagnoses and nursing diagnoses. 13. Select appropriate rationales for all phases of the Nursing Process. 14. Explain the format to document the Nursing Process 15. Explain at least five physical and/or psychological categories in which the nurse may obtain data for the nursing assessment. 16. Differentiate the roles that the LVN and the RN play in the collection of data or assessment of a client 17. Identify at least five categories of nursing diagnoses 	<ol style="list-style-type: none"> I. Critical Thinking <ol style="list-style-type: none"> A. Critical Thinking and Critical Judgment B. Factors that Influence your thinking and Nursing care C. Nursing Process D. LVN Standards <ol style="list-style-type: none"> i. Assessment ii. Analysis and Nursing Diagnosis iii. Planning iv. Implementation v. Evaluation 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 2 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Explain how factors that influence critical thinking are experienced by you during patient care 2. Provide a clinical example of how nursing process is used in the care of medical surgical patients 3. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation, and percussion 4. Prepare a list for beginning of shift assessment for a specific client 5. Write an example of a patient goal that is realistic, measurable, and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

	<p>18. Formulate a short term goal for a selected situation 19. Formulate a long term goal for a selected situation 20. Identify at least 10 commonly utilized nursing interventions 21. Formulate at least five evaluations of the Nursing Plan of Care that the nurse may use to evaluate the success or failure of all aspects of the Nursing Plan of Care.</p>					
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 2

Unit Title: Fluid, Electrolyte, Acid/Base Balance

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.6 hr/Nut	<ol style="list-style-type: none"> 1. Recall the various functions fluid performs in the body 2. Identify the body's mechanisms for fluid regulation 3. Review three ways in which body fluids are continually being distributed among the fluid compartments 4. Distinguish the signs and symptoms of various electrolyte imbalances 5. Discuss why the elderly have more problems with fluid and electrolyte imbalances 6. Recognize the disorders that cause specific fluid and electrolyte imbalances 7. Compare the major causes of acid base imbalances 8. State correct interventions to correct an acid base imbalance 	<ol style="list-style-type: none"> 1. Fluids, Electrolytes, Acid-Base Balance <ol style="list-style-type: none"> A. Distribution and Regulation of Body Fluids <ol style="list-style-type: none"> i. Movement of fluid and electrolytes B. Fluid Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Deficient Fluid Volume ii. Nausea and Vomiting iv. Diarrhea v. Excess fluid volume vi/. Edema C. Electrolytes <ol style="list-style-type: none"> i. Osmolality D. Electrolyte Imbalance <ol style="list-style-type: none"> i. Sodium ii. Potassium iii. Calcium iv. Magnesium v. Anion E. Acid Base System F. Acid Base Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Arterial Blood Gas Analysis iii. Respiratory Acidosis iv. Metabolic Acidosis v. Respiratory Alkalosis vi. Metabolic Alkalosis G. Home Care H. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 3 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Assess clients for signs of dehydration 2. Correctly assess for and identify edema and signs of overhydration 3. Apply knowledge of normal laboratory values in order to recognize electrolyte imbalances 4. Carry out interventions to correct an electrolyte imbalance 5. Determine if a patient has an acid base imbalance

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 3

Unit Title: Infection Control and Prevention

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/GD	<ol style="list-style-type: none"> 1. Describe what factors increase the risk of infection. 2. Discuss how the body uses its natural defensive mechanisms to protect against infection. 3. Explain how fever plays a role in the prevention of infection. 4. Describe the classic signs of infection. 5. Identify when expanded precautions are to be used. 6. List they types of personal protective equipment and when they should be used. 7. Describe factors that make the elderly more susceptible to infections. 8. Identify factors that may impair the process of healing and repair of damaged tissue. 	<ol style="list-style-type: none"> 1. Infectious Process and Disease <ol style="list-style-type: none"> A. Factors that Influence Infectious Disease B. Disease Producing Pathogens <ol style="list-style-type: none"> i. Bacteria ii. Viruses iii. Protozoa iv. Rickettsia and Chlamydia v. Fungi vi. Mycoplasmas vii. Helminths viii. Prions 2. Body's Defense <ol style="list-style-type: none"> A. Skin B. Normal Flora C. Inflammatory Response <ol style="list-style-type: none"> i. Signs and Symptoms of Inflammation D. Immune Response <ol style="list-style-type: none"> i. Chain of Infection 3. Infection Prevention & Control <ol style="list-style-type: none"> A. Preventing and Controlling the Spread of Infection <ol style="list-style-type: none"> i. Hand Washing B. Precaution Categories <ol style="list-style-type: none"> i. Standard Precautions ii. Expanded Precautions iii. Personal Protective Equipment iv. Protective Environment v. Respiratory Hygiene and Cough Etiquette 4. Health Care Associated Infections <ol style="list-style-type: none"> A. Cost B. Nursing Interventions for Prevention C. Reporting 5. Destroying and Containing Infectious Agents <ol style="list-style-type: none"> A. Medical Asepsis B. Surgical Asepsis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 6 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Care for a client whose condition required extended precautions 2. From a day's assignment, determine the factors present for each client that are risk factors for infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		C. Sepsis D. Septic Shock 6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Community Care A. Home Care B. Extended Care				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4

Unit Title: Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/ MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Recall the structure and function of the respiratory system 2. Identify three causative factors related to disorders of the respiratory system 3. Provide instructions to clients on measures to prevent long term problems of the respiratory system 4. Employ proper techniques for assessing the respiratory system 5. List nursing responsibilities for clients undergoing diagnostic tests and procedures for disorders of the respiratory system. 	<ol style="list-style-type: none"> 1. Overview of the Anatomy & Physiology of the Respiratory System <ol style="list-style-type: none"> A. Structures B. Functions C. Protection D. Oxygen Carbon Dioxide Exchange E. Changes across the Life Span 2. Respiratory Disorders <ol style="list-style-type: none"> A. Causes B. Prevention 3. Common Respiratory Patient Care Problems <ol style="list-style-type: none"> A. Ineffective Airway Clearance B. Ineffective Breathing Patterns C. Risk of Infection D. Alterations in Nutrition and Hydration E. Fatigue 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 13 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Verify that nursing diagnoses chosen for clients with problems of the respiratory system are appropriate 2. Propose interventions for a client who has a problem with oxygenation 3. Teach a client to cough effectively

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4

Unit Title: Care of Patients with Disorders of the Upper Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0	1. Recognize symptoms of disorders of the sinuses, pharynx, and larynx 2. Describe pre- and postoperative care for the client undergoing a tonsillectomy 3. Utilize emergency measures for the client with an airway obstruction 4. Devise a nursing plan of care for the client who has had a laryngectomy. 5. Describe safety factors to be considered when caring for a client with a tracheostomy.	1. Disorders of the Nose and Sinuses A. Upper Respiratory Infection i. Common Cold ii. Rhinitis iii. Sinusitis iv. Epistaxis v. Pharyngitis vi. Tonsillitis B. Obstruction and Trauma 1. Airway Obstruction and Respiratory Arrest ii. Sleep Apnea iii. Nasal Fracture iv. Cancer of the Larynx 2. Community Care A. Home Care B. Extended Care 3. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 14 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Institute measures to stop epistaxis 2. Provide tracheostomy care 3. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 5

Unit Title: Care of Patients with Disorders of the Lower Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.35 hr/ MS 0.25 hr/Nut	<ol style="list-style-type: none"> 1. Compare and contrast commonalities and differences in nursing care for clients with bronchitis, influenza, pneumonia, empyema, and pleurisy 2. List at least three nursing interventions appropriate for care of clients experiencing the following: persistent cough, increased secretions in the respiratory tract, dyspnea, alteration in nutrition and hydration related to respiratory disorder, and fatigue related to hypoxia 3. Describe ways a nurse can contribute to prevention and prompt treatment of tuberculosis 4. Illustrate the pathophysiologic changes that occur during an asthma attack 5. Identify problems that occur with aging that may cause a restrictive pulmonary disorder 6. Describe the specifics of nursing care for the patient who has had thoracic surgery and has chest tubes in place 	<ol style="list-style-type: none"> 1. Respiratory Infectious Diseases <ol style="list-style-type: none"> A. Acute Bronchitis B. Influenza C. Pneumonia D. Empyema E. Fungal Infections F. Occupational Lung Disorders G. Tuberculosis H. Extrapulmonary Tuberculosis I. Bronchiectasis J. Interstitial Pulmonary Disease 2. Restrictive Pulmonary Disorders <ol style="list-style-type: none"> A. Pleurisy B. Pleural Effusion 3. Obstructive Pulmonary Disorders <ol style="list-style-type: none"> A. Atelectasis B. Chronic Obstructive Pulmonary Disease <ol style="list-style-type: none"> i. Emphysema ii. Chronic Bronchitis C. Asthma D. Lung Cancer 4. Pulmonary Vascular Disorders <ol style="list-style-type: none"> A. Pulmonary Embolism B. Primary Pulmonary Hypertension 5. Chest Injuries <ol style="list-style-type: none"> A. Fractured Ribs B. Flail Chest C. Penetrating Wounds D. Pneumothorax and Hemothorax 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 15 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Complete a nursing plan of care, including home care, for the client with chronic airflow limitation 2. Devise a nursing plan of care for the tracheostomy client on oxygen and on a mechanical ventilator 3. Develop a teaching plan for the client diagnosed with moderate asthma 4. Compare emergency nursing care for a client with a penetrating chest injury with that for the client with a spontaneous pneumothorax

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		6. Lung Disorders A. Pulmonary Edema B. Adult Respiratory Distress Syndrome 7. Common Therapeutic Measures A. Surgery B. Medication C. Humidification D. Pulmonary Hygiene E. Oxygen Therapy F. Mechanical Ventilation 8. Community Care A. Home Care B. Resources 9. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 6

Unit Title: The Sensory System: Eye and Ear

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/ MS 0.4 hr/ Nut	1. Identify ways in which nurses can help clients preserve their sight and hearing 2. Identify signs and symptoms of eye problems 3. Discuss tests and examinations used to diagnose eye and ear disorders 4. Describe nursing activities associated with assessing the eye and ear 5. Utilize the nursing process for clients with disorders of the eye or ear	1. Overview of Anatomy & Physiology of the Eye A. Structures B. Functions C. Changes across the Lifespan 2. Eye Disorders A. Causes B. Prevention i. Basic Eye Care ii. Eye Injury iii. Visual Loss iv. Diagnostic tests and examinations 3. Community Care A. Home Care B. Education C. Resources 4. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 5. Overview of Anatomy & Physiology of the Ear A. Structures B. Functions C. Changes across the Life Span 6. Ear Disorders A. Causes B. Prevention C. Diagnostic Tests 7. Common Problems of Patients with Ear Disorders A. Hearing Impairment B. Dizziness and Vertigo C. Tinnitus	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 26 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Provide teaching for a client who is to undergo tests for a vision problem 2. Perform focused assessments for disorders of the eyes and ears 3. Assist visually impaired clients to find resources to maximize their vision 4. Instruct a spouse in ways to effectively communicate with a hearing impaired partner

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		8. Rehabilitation for Hearing Loss A. Lip reading B. Sign Language C. Hearing Aids D. Cochlear Implants E. Hearing Assistive Devices				
		9. Community Care A. Home Care B. Education C. Resources				
		10. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 7

Unit Title: Care of Patients with Disorders of the Eyes and Ears

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	<ol style="list-style-type: none"> 1. Discuss errors of refraction and their treatment 2. Compare measures used to provide assistance after a chemical eye burn and those for an eye injury with a foreign object 3. Describe the signs and symptoms of selected disorders of the eye and appropriate medical treatment and nursing interventions for each 4. Discuss nursing interventions to care for the patient after a scleral buckle or a cataract extraction 5. Identify aids and resources for people with vision loss 6. Explore the impact of hearing or vision loss on an individual and their family 7. List the signs and symptoms of selected disorders of the ear, appropriate medical or surgical treatment, and nursing interventions for each 8. Teach the client with tinnitus or vertigo measures that may decrease the symptoms 9. Discuss aids and resources for clients with impaired hearing or tinnitus 	<ol style="list-style-type: none"> 1. Common Disorders of the Eye <ol style="list-style-type: none"> A. Errors of Refraction B. Corneal Disorders C. Eye Trauma D. Cataract E. Glaucoma <ol style="list-style-type: none"> i. Narrow Angle ii. Open Angle F. Retinal Detachment G. Retinopathy H. Macular Degeneration 2. Nursing Care of the Patient having Eye Surgery <ol style="list-style-type: none"> A. Preoperative Care B. Postoperative Care 3. Common Disorders of the Ear <ol style="list-style-type: none"> A. External Otitis B. Impacted Cerumen and Foreign Bodies C. Otitis Media D. Labyrinthitis E. Meniere’s Disease F. Otosclerosis 4. Nursing Care of the Patient having Ear Surgery <ol style="list-style-type: none"> A. Preoperative Care B. Postoperative Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 27 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Provide appropriate care for a client who is preoperative for eye surgery 2. Properly administer eye medications 3. Teach a client to properly administer ear medication 4. Provide appropriate care for a postoperative ear surgery client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 8

Unit Title: The Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Identify three majors causative factors in the development of disorders of the gastrointestinal system 2. Explain three measures to prevent development of disorders of the gastrointestinal system 3. List nursing responsibilities in the pre- and post-test care of clients undergoing diagnostic tests for disorders of the gastrointestinal system 4. Describe the assessment of a client with a possible gastrointestinal disorder 5. State the care needed for a client who is having a liver biopsy 	<ol style="list-style-type: none"> 1. Overview of the Gastrointestinal System <ol style="list-style-type: none"> A. Organs B. Structures C. Function D. Effects of Aging on Gastrointestinal System 2. Causes of Gastrointestinal Tract Disorders <ol style="list-style-type: none"> A. Exposure B. Obstruction C. Psychological/Emotional D. Genetics E. Autoimmune Diseases F. Gallbladder Disorders G. Liver Disorders H. Pancreatic Disorders 3. Prevention of Gastrointestinal Disorders <ol style="list-style-type: none"> A. Diet B. Oral Health C. Exercise D. Body Weight E. Hand Hygiene A4. Diagnostic Tests, Procedures <ol style="list-style-type: none"> A. X-ray B. CT Scans C. Nuclear Medicine Scans D. Ultrasound E. Endoscopy F. MRI 5. Common Problems related to Gastrointestinal Tract <ol style="list-style-type: none"> A. Anorexia B. Nausea and Vomiting C. Accumulation of Flatus D. Constipation E. Diarrhea F. Bowel Incontinence 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 28 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Perform an assessment of gastrointestinal status 2. Provide pre- and post-test care of clients undergoing tests of the liver, gallbladder and pancreas 3. Provide care for a client who is experiencing diarrhea 4. Teach a client experiencing constipation ways to alleviate the problem

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 9

Unit Title: Care of Patients with Disorders of the Upper Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	1. Discuss obesity and its management, including bariatric surgery 2. Compare signs and symptoms of oral, esophageal, and stomach cancer 3. Illustrate the cause of gastroesophageal reflux disease (GERD) 4. Explain the etiology and prognosis for Barrett's esophagus 5. Describe the pathophysiology means of medical diagnosis and treatment for gastritis 6. Compare and contrast treatment and nursing care of a client with GERD and a client with a peptic ulcer 7. Devise a nursing plan of care for a client with a gastrointestinal disorder 8. Review the difference in the care of the client with a nasogastric tube for decompression and a feeding tube	1. Obesity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Anorexia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Bulimia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Stomatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 29 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Prepare a teaching plan for a client who has GERD 2. Plan postoperative care for a client having gastric surgery 3. Demonstrate proper care of the client with a Salem sump tube for gastric decompression 4. Manage a tube feeding for the client receiving formula via a feeding pump 5. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Dysphagia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Cancer of the Oral Cavity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Cancer of the Esophagus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		<p>8. Hiatal Hernia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>9. Gastroesophageal Reflux Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>10. Gastroenteritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>11. Gastritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> 12. Peptic Ulcer <ul style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ul style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Gastric Cancer <ul style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ul style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 14. Common Therapies for Disorders of the Gastrointestinal System <ul style="list-style-type: none"> A. Gastrointestinal Decompression B. Enteral Nutrition C. Total Parenteral Nutrition D. Jejunostomy Tube Placement 				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

Week 9

Unit Title: Care of Patients with Disorders of the Lower Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	<ol style="list-style-type: none"> 1. Describe the etiology and signs and symptoms of various types of hernias 2. Discuss the characteristics of irritable bowel syndrome 3. Explain how diverticulitis occurs 4. Illustrate how the two types of intestinal obstruction occur and their danger 5. Describe the pathophysiology methods of diagnosis and treatment for ulcerative colitis and Crohn's disease 6. List nursing interventions for the patient with inflammatory bowel disease 7. Differentiate the signs and symptoms of appendicitis from those of peritonitis 8. Compare the characteristics of hemorrhoids pilonidal sinus, and anorectal fistula 9. Create a teaching plan for the prevention of colorectal cancer 10. Identify nursing interventions for the patient having surgery of the lower intestine and rectum 	<ol style="list-style-type: none"> 1. Abdominal and Inguinal Hernia <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Irritable Bowel Syndrome <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Diverticula <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Intestinal Obstruction <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 30 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Write a nursing plan of care for the client with cancer of the colon and intestinal obstruction 2. Formulate a nursing plan of care for a patient undergoing colostomy, considering the type of stoma and the effluent it produces 3. Prepare to provide care for a client with an ileostomy 4. List four interventions for helping the client psychologically adjust to their ostomy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Ulcerative Colitis and Crohns Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Appendicitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Peritonitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>8. Malabsorption A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Hemorrhoids A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Pilonidal Sinus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Anorectal Abscess and Fistula A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>12. Colon Cancer A. Etiology and Pathophysiology B. Signs and Symptoms</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Ostomy Surgery and Care A. Colostomy B. Ileostomy C. Nursing Management D. Postoperative Care 14. Community Care A. Home Care B. Resources				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 10

Unit Title: Care of Patients with Disorders of the Gallbladder, Liver and Pancreas

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	1. Explain the plan of care for the client with cholelithiasis 2. Describe treatment for the client with cholecystitis 3. List the ways in which the various types of hepatitis can be transmitted 4. Identify signs and symptoms of the various types of hepatitis 5. Devise appropriate nursing interventions for the client with cirrhosis and ascites 6. Indicate potential causes of liver failure 7. Differentiate the signs and symptoms of acute and chronic liver failure 8. Devise a nursing plan of care for the patient with cancer of the liver 9. Prepare a plan for adequate pain control for the patient with pancreatitis 10. Compare the treatment options for cancer of the pancreas	1. Cholelithiasis and Cholecystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Hepatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Cirrhosis of the Liver A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 31 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Perform preoperative teaching for a patient who is to undergo laparoscopic cholecystectomy 2. Write a nursing plan of care, including psychosocial concerns, for the patient who has hepatitis and is jaundiced 3. Design a discharge teaching plan for the patient who has been in the hospital with a flare up of chronic pancreatitis
		4. Liver Transplantation A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>5. Cancer of the Liver</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>6. Acute Pancreatitis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>7. Chronic Pancreatitis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>8. Cancer of the Pancreas</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p>				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Community Care A. Home Care B. Resources				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 11

Unit Title: The Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	<ol style="list-style-type: none"> 1. Review the anatomy and physiology of the urinary system 2. Identify causes of urologic problems and disorders 3. Discuss ways in which the nurse can help clients to prevent or cope with urologic disorders 4. Discuss the psychosocial impact of urinary incontinence 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Urologic System <ol style="list-style-type: none"> A. Structures B. Functions C. Changes across the Life Span 2. Causes of Urologic Disorders <ol style="list-style-type: none"> A. Hypertension B. Immune Reaction C. Bacterial Infections D. Obstruction 3. Prevention of Urologic Problems <ol style="list-style-type: none"> A. Fluids B. Blood Pressure C. Hygiene 4. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Renal Biopsy B. Lab Work C. Radiological Exams 5. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 6. Common Urologic Problems 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> deWit Chapter 34 End of Chapter Questions Quiz/Exams Case Studies Plan of Care 	HCRS C113	<ol style="list-style-type: none"> 1. Identify nursing responsibilities in the pre- and post-procedure care of clients undergoing urologic diagnostic studies 2. Describe initial and ongoing nursing assessment of a client's urologic status 3. List five nursing responsibilities related to the care of a patient with an indwelling catheter 4. Identify nursing diagnoses and interventions appropriate for a client with urinary incontinence

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 12

Unit Title: Care of Patients with Disorders of the Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.4 hr/MS 0.2 hr/Nut	1. Describe signs and symptoms of selected urologic inflammatory disorders and nursing interventions for these clients. 2. Discuss nursing management for clients with acute or chronic glomerulonephritis 3. Describe nursing assessments and interventions for clients with acute renal failure 4. Describe the needs of clients on long term hemodialysis 5. Discuss the benefits and special problems associated with kidney transplantation	1. Cystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Urethritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Pyelonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 35 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Describe the postoperative nursing plan of care for clients having surgery of the kidney 2. List specific nursing responsibilities in the care of clients with kidney stones 3. Describe the postoperative nursing care of patients having surgery for urinary diversion 4. Describe interventions to increase patient compliance in the treatment of chronic kidney failure 5. Devise a nursing plan of care for the home care patient with renal failure

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Acute Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Chronic Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Nephrotic Syndrome A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Hydrocephalus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>8. Renal Stenosis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>9. Renal Stones</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>10. Trauma to the Kidneys and Ureters</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>11. Trauma to the Bladder</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>12. Cancer of the Bladder</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 13. Cancer of the Kidney A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 14. Acute Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 15. Chronic Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 16. Community Care A. Home Care B. Resources 				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 13

Unit Title: The Integumentary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	<ol style="list-style-type: none"> 1. Review the structure and functions of the skin 2. Discuss the changes that occur with aging that affect the skin barrier 3. Discuss the various causes of integumentary disorders 4. Identify important factors in the prevention of skin disease 5. Plan specific measure to prevent pressure ulcers 6. Interpret laboratory and diagnostic test results for skin disorders 7. State nursing responsibilities in the diagnosis of skin disorders 8. Describe the proper staging of a pressure ulcer 9. Write outcome objectives for a patient with a nursing diagnosis of Impaired Skin Integrity 10. Develop a teaching plan appropriate for adolescents and young adults for the prevention of skin cancer 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Integumentary System <ol style="list-style-type: none"> A. Structure B. Functions C. Changes across the Life Span 2. Causes of Skin disorders <ol style="list-style-type: none"> A. Skin B. Systemic 3. Prevention of Skin Disorders <ol style="list-style-type: none"> A. Cleanliness B. Diet C. Age D. Environment 4. Pressure Ulcers <ol style="list-style-type: none"> A. Causes B. Stages 5. Nursing Management 5. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Culture and Sensitivity Tests B. Microscopic Tests C. Special Light Inspections D. Diascopy E. Skin Patch Testing 6. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Documentation <ol style="list-style-type: none"> A. Types of Lesions B. Stages 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 42 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Teach three clients to perform a self-assessment of the skin 2. Perform a focused integumentary assessment on a client 3. Provide ordered therapeutic measures for a client with an integumentary disorder

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 14

Unit Title: Care of Patients with Integumentary Disorders and Burns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/ MS 0.6 hrs/Nut	<ol style="list-style-type: none"> 1. Describe the etiology of dermatitis 2. Plan psychosocial interventions for the patient who has psoriasis 3. Compare the treatment of fungal skin or nail disorders to the treatment of bacterial skin disorders 4. List the main nursing care points for clients with herpes virus infections 5. Discuss the types of acne and their treatment 6. Compare the characteristics of various types of skin cancer 7. Compose a teaching plan for a family of an immobile patient to prevent pressure ulcers 8. Prepare a plan of care for each stage of a pressure ulcer 9. List important assessment points for the patient who has sustained a burn 10. Explain emergency burn care 11. Identify the measures used for burn treatment during the acute or emergent phase 12. Describe the process of rehabilitation for the patient with a major burn 	<ol style="list-style-type: none"> 1. Dermatitis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Acne <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Psoriasis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 43 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Teach a family about care for the client and home when scabies are present 2. Assess the skin of family members for signs of skin cancer 3. Provide care for a Stage III or Stage IV pressure ulcer 4. Apply Standard Precautions and sterile technique for the care of a burn 5. Assist with the planning of care after the acute stage of a major burn, paying attention to both physical and psychosocial needs

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Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Stevens-Johnson Syndrome</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>5. Bacterial Infections</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>6. Herpes Zoster</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>7. Tinea Pedis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>8. Pediculosis and Scabies</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p>				

**Cerro Coso Community College
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Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 9. Skin Cancer A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 10. Pressure Ulcers A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 11. Skin Tears A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				

**Cerro Coso Community College
 Vocational Nursing Program
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 Instructional Plan: Level 1 Semester 1**

		12. Burns A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Community Care A. Home Care B. Extended Care C. Resources				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 15**

Unit Title: Finals

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.1 hr/ MS 0.5 hr/Nut	Review of Semester – Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Final Exam Skills Checklist	HCRS C113	Review of clinical skills and skills checklist – skills lab

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Instructional Plan: Level 1 Semester 1**

**Cerro Coso Community College
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Instructional Plan: Level 1 Semester 1**

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	<ol style="list-style-type: none"> 1. Contrast present day concepts of maternity and child care with those of the past 2. Recall the contributions of persons in history to the fields of maternity and pediatric care 3. List the organizations concerned with setting standards for the nursing care of maternity and pediatric patients 4. List three federal programs that assist mothers and infants 5. State the influence of the federal government on maternity and pediatric care 6. Discuss how culture affects childbirth and child care 7. List four reasons why statistics are important 8. Discuss common terms used in expressing vital statistics 9. State two types of health care delivery systems in the United States 10. List the five steps of the nursing process 11. Understand the legal responsibilities of the nurse to report certain diseases or conditions to the public health authorities 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care 	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Contrast a nursing plan of care with a clinical pathway 13. Define the Nursing Interventions Classification (NIC) and its relationship to the nursing process 14. Describe the Nursing Outcomes Classification (NOC) and its influence on the nursing process 15. Compare and contrast nursing and medical diagnosis frameworks with focus on North American Nursing Diagnosis Association International (NANDA-I) taxonomy 16. Define critical thinking 17. Discuss the role of critical thinking in the nursing process and in clinical judgment 18. Discuss the objectives of <i>Healthy People 2020</i> as it relates to maternity and pediatric care 19. Examine the importance of documentation as a nursing responsibility 20. Describe the role of the community health nurse as a health care provider		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Human Reproductive Anatomy & Physiology

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.4 hours	1. Define each key term listed 2. Describe changes in puberty in males and females 3. Identify the anatomy of the male reproductive system 4. Explain the functions of the external and internal male organs in human reproduction 5. Describe the influence of hormones in male reproductive processes 6. Identify the anatomy of the female reproductive system 7. Explain the functions of the external, internal, and accessory female organs in human reproduction 8. Discuss the importance of the pelvic bones to the birth process 9. Explain the menstrual cycle and the female hormones involved in the cycle		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 2 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Fetal Development

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Describe the process of gametogenesis in human reproduction 3. Explain human fertilization and implantation 4. Describe embryonic development 5. Describe the fetal development and the maturation of body systems 6. Describe the development and functions of the placenta, the umbilical cord, and the amniotic fluid 7. Compare fetal circulation to circulation after birth 8. Explain the similarities and differences in the two types of twins		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 3 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.2 hours Nut 0.2 hours	1. Define each key term listed 2. List the goals of prenatal care 3. Discuss prenatal care for a normal pregnancy 4. Explain the nurse's role in prenatal care 5. Calculate the expected date of delivery and duration of pregnancy 6. Differentiate among the presumptive, probable, and positive signs of pregnancy 7. Describe the physiological changes that occur during pregnancy 8. Identify nutritional needs for pregnancy and lactation 9. Discuss the importance and limitations of exercise in pregnancy 10. Describe patient education related to travel and common discomforts of pregnancy 11. Discuss nursing support for emotional changes that occur in a family during pregnancy 12. Identify special needs of the pregnant adolescent, the single parent, and the older couple		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Apply the nursing process in developing a prenatal teaching plan 14. Identify the effects of medication ingestion on pregnancy and lactation 15. Review immunization administration during pregnancy		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Women with Complications during Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Explain the use of fetal diagnostic tests in women with complicated pregnancies 3. Describe antepartum complications, their treatment, and their nursing care 4. Identify methods to reduce a woman's risk for antepartum complications 5. Discuss the management of concurrent medical conditions during pregnancy 6. Describe environmental hazards that may adversely affect the outcome of pregnancy 7. Describe how pregnancy affects care of the trauma victim 8. Describe psychosocial nursing interventions for the woman who has a high risk pregnancy and for her family		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Mother and Infant during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Discuss specific cultural beliefs the nurse may encounter when providing care to a woman in labor 3. Compare the advantages and disadvantages for each type of childbearing setting: hospital, freestanding birth center, and home 4. Describe the four components (“four Ps”) of the birth process: powers, passage, passenger and the psyche 5. Describe how the four Ps of labor interrelate to result in the birth of an infant 6. Explain the normal processes of childbirth: premonitory signs, mechanisms of birth, and stages and phases of labor 7. Explain common nursing responsibilities during labor and birth 8. Explain how false labor differs from true labor 9. Determine appropriate nursing care for the intrapartum client, including the woman in false labor and the woman having a vaginal birth after cesarean (VBAC) 10. Describe the care of the newborn immediately after birth		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 6 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Management of Pain during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. List the common types of classes offered to childbearing families 3. Describe factors that influence a woman's comfort during labor 4. Describe the methods of childbirth preparation 5. Discuss the advantages and limitations of nonpharmacological methods of pain management during labor 6. Explain nonpharmacological methods of pain management for labor, including the nursing role of each 7. Discuss the advantages and limitations of pharmacological methods of pain management 8. Explain each type of pharmacological pain management, including the nursing role for each		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 7 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4**

Unit Title: Nursing Care of Women with Complications During Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Discuss obstetric procedures 3. Illustrate the nurses role in each obstetric procedure 5. Describe factors that contribute to an abnormal labor 6. Explain various intrapartum complications 7. Discuss the nurse's role in caring for women with complications 8. Review the nurse's role in obstetric emergencies		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 8 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5**

Unit Title: The Family After Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.4 hours Nut 0.2 hours	Define each key term listed 2. Describe how to individualize postpartum and newborn nursing care to different clients 3. Describe specific cultural beliefs that the nurse may encounter when providing postpartum and newborn care 4. Describe postpartum changes in maternal systems and the nursing care associated with those changes 5. Modify nursing assessments and interventions for the woman who has a cesarean birth 6. Explain the emotional needs of postpartum women and their families 7. Recognize the needs of a grieving client 8. Identify signs and symptoms that may indicate a complication in the postpartum mother or newborn 9. Describe the nursing care of the normal newborn 10. Describe nursing interventions to promote optimal infant nutrition 11. Discuss the influences related to the choice of breastfeeding or bottle feeding the newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5**

Unit Title: The Family After Birth continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Explain the physiological characteristics of lactation 13. Compare various maternal and newborn positions used during breastfeeding 14. Identify principles of breast pumping and milk storage 15. Illustrate techniques of formula feeding 16. Compare the nutrients of human milk with those of infant formulas 17. Discuss the dietary needs of the lactating mother 18. Discuss the principles of weaning the infant from the breast 19. Plan appropriate discharge teaching for the postpartum woman and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4**

Unit Title: Nursing Care of Women with Complications after Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Describe the signs and symptoms for each postpartum complication 3. Identify factors that increase a woman's risk for developing each complication 4. Explain nursing measures that reduce a woman's risk for developing specific postpartum complications 5. Describe the medical and nursing management of postpartum complications 6. Explain general and specific nursing care for each complication 7. Compare and contrast mood disorders in the postpartum period		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 10 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 6

Unit Title: The Nurse’s Role in Women’s Health Care

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.6 hours	1. Define each key term listed 2. Explain aspects of preventive health care for women 3. Describe each menstrual disorder and its care 4. Explain each gynecological infection in terms of cause, transmission, treatment , and care 5. Describe the various methods of birth control, including side effects and contraindications of each 6. Describe how to use natural family planning methods for contraception or infertility management 7. Describe possible causes and treatment of infertility 8. Explain the changes that occur during the perimenopausal period and after menopause 9. Explain the medical and nursing care of women who are nearing or have completed menopause 10. Describe the medical and nursing care of women with pelvic floor dysfunction or problems related to benign growths in the reproductive tract 11. Describe the nursing care and treatment of a woman with leiomyoma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 11 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: The Newborn

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Briefly describe three normal reflexes of the newborn, including the approximate age of their disappearance 3. Demonstrate the steps in the physical assessment of the newborn 4. State four methods of maintaining the body temperature of a newborn 5. State the cause and describe the appearance of physiological jaundice in the newborn 6. Define the following skin manifestations in the newborn: lanugo, vernix, caseosa, Mongolian spots, millia, acrocyanosis, and desquamation 7. State the methods of preventing infection in newborns 8. Interpret discharge teaching for the mother and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 12 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Preterm and Postterm Newborns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define the key terms listed 2. Differentiate between the preterm and the low birth weight newborn 3. List three causes of preterm birth 4. Describe selected problems and needs of preterm newborns and the nursing goals associated with each problem 5. Describe the symptoms of cold stress and methods of maintaining thermoregulation 6. Contrast the techniques for feeding preterm and full term newborns 7. Discuss two ways to help facilitate maternal-infant bonding for a preterm newborn 8. Describe the family reaction to preterm infants and nursing interventions 9. List three characteristics of the postterm infant		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 13 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Perinatal Injury or Congenital Malformation

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. List and define the more common disorders of the newborn 3. Describe the classifications of birth defects 4. Outline the nursing care for the newborn with hydrocephalus 5. Describe the symptoms of increased intracranial pressure 6. Discuss the prevention of neural tube anomalies 7. Outline the preoperative and postoperative nursing care of a newborn with spina bifida cystica 8. Differentiate between cleft lip and cleft palate 9. Discuss the dietary needs of a newborn with phenylketonuria 10. Discuss the early signs of developmental hip dysplasia 11. Discuss the care of the newborn with Down syndrome 12. Outline the causes and treatment of hemolytic disease of the newborn (erythroblastosis fetalis) 13. Devise a plan of care for a newborn receiving phototherapy 14. Describe home phototherapy 15. Discuss the assessment and nursing care of a newborn with macrosomia 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> Leifer Chapter 14 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care 	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G&D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Explain the difference between growth, development, and maturation 3. Recognize and read a growth chart for children 4. List five factors that influence growth and development 5. Discuss the nursing implications of growth and development 6. Discuss the importance of family centered care in pediatrics 7. Recognize the influence of the family and cultural practices on growth, development, nutrition, and health care 8. Describe three developmental theories and their impact on planning the nursing care of children 9. Discuss the nutritional needs of growing children 10. Differentiate between permanent and deciduous teeth, and list the times of their eruption 11. Understand the characteristics of play at various age levels 12. Describe the relationship of play to physical, cognitive, and emotional development		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Understand the role of computers and computer games in play at various ages 14. Define therapeutic play 15. Understand the use of play as an assessment tool		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G & D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of infants from age 1 to 12 months, listing age specific events and guidance when appropriate 3. Discuss the major aspects of cognitive development in the first year of life 4. Relate the nursing responsibilities in health promotion and illness prevention of infants during the first year of life 5. Discuss the nutritional needs of growing infants 6. Compare breastfeeding, bottle feeding, and the various infant formulas available 7. Describe how to select and prepare solid foods for the infant 8. List four common concerns of parents about the feeding of infants 9. Discuss the development of feeding skills in the infant 10. Compare and contrast natural, organic, and processed foods 11. Examine nutritional counseling for the infant		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the approximate age for each of the following: posterior fontanelle has closed; central incisors appear; birth weight has tripled; child can sit steadily alone; child shows fear of strangers 13. Describe normal vital signs for a 1 year old 14. Discuss safety issues in the care of infants 15. Discuss the approach to and the specifics of care of an infant with colic 16. Identify age appropriate toys and their development of therapeutic value 17. Discuss principles of safety during infancy 18. Discuss the development of favorable sleep patterns		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Toddler

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 Nut 0.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Describe the physical, psychosocial, and cognitive development of children from 1 to 3 years of age listing age specific events and guidance when appropriate 3. Discuss speech development in the toddler 4. Describe the task to be mastered by the toddler according to Erikson's stages of growth and development 5. List two developmental tasks of the toddler period 6. Discuss the principles of guidance and discipline for a toddler 7. Discuss how adults can assist small children in combatting their fears 8. Identify the principles of toilet training (Bowel and bladder) that will help guide parents' efforts to provide toilet independence 9. Describe the nutritional needs and self feeding abilities of a toddler 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9**

Unit Title: The Toddler continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. List two methods of preventing the following: automobile accidents, burns, falls, suffocation, choking, poisoning, drowning, electric shock, and animal bites 11. Describe the characteristic play and appropriate toys for a toddler		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Preschool Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8	1. Define the key terms listed 2. List the major developmental tasks of the preschool age child 3. Describe the physical, psychosocial, and spiritual development of children age 3 to 5 years, listing age specific events and guidance when appropriate 4. Discuss the development of positive bedtime habits 5. Discuss one method of introducing the concept of death to a preschool child 6. Describe the development of the preschool child in relation to Piaget's, Erikson's and Kohlberg's theories of development 7. Discuss the characteristics of a good preschool 8. Discuss the value of play in the life of a preschool child 9. Designate two toys suitable for the preschool child, and provide the rationale for each choice 10. Describe the speech development of the preschool child 11. Discuss the value of the following: time out periods, consistency, role modeling, and rewards.		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 18 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Preschool Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Discuss the approach to problems such as enuresis, thumb sucking, and sexual curiosity in the preschool child 13. Describe the developmental characteristics that predispose the preschool child to certain accidents, and suggest methods of prevention for each type of accident 14. Explain the use of therapeutic play with a handicapped child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 18 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The School Age Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of children from 6 to 12 years of age, listing age-specific events and type of guidance where appropriate 3. Discuss how to assist parents in preparing a child for school 4. List two ways in which school life influences the growing child 5. Contrast two major theoretical viewpoints of personality development during the school years 6. Discuss accident prevention in this age group 7. Discuss the role of the school nurse in providing guidance and health supervision for the school age child 8. Discuss the value of pet ownership for the healthy school age child and the family education necessary for the allergic or immunocompromised child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 19 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The Adolescent

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 hours Nut 0.2 hours	1. Define each key term listed 2. List major physical changes that occur during adolescence 3. Identify two major developmental tasks of adolescence 4. Discuss three major theoretical viewpoints on the personality development of adolescents 5. List five life events that contribute to stress during adolescence 6. Describe Tanner's stages of breast development 7. Describe menstruation to a 13 year old girl 8. Identify two ways in which a person's cultural background might contribute to behavior 9. Discuss the importance of peer groups, cliques, and best friends in the developmental process of an adolescent 10. List three guidelines of importance for the adolescent participating in sports 11. Summarize the nutritional requirements of the adolescent 12. Discuss two main challenges during the adolescent years to which the adolescent must adjust		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10**

Unit Title: The Adolescent continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List a source for planning sex education programs for adolescents 14. Discuss the common problems of adolescence and the nursing approach		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 2.4 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Identify various health care delivery settings 3. Describe three phases of separation anxiety 4. List two ways in which the nurse can lessen the stress of hospitalization for the child's parents 5. Discuss the management of pain in infants and children 6. Describe two milestones in the psychosocial development of the preschool child that contribute either positively or negatively to the adjustment to hospitalization 7. Contrast the problems of the preschool child and the school age child facing hospitalization 8. Identify two problems confronting the siblings of the hospitalized child 9. List three strengths of the adolescent that the nurse might use when formulating nursing care plans 10. Organize a nursing care plan for a hospitalized child 11. Recognize the steps in discharge planning for infants, children and adolescents 12. Interpret a clinical pathway for a hospitalized child 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List five safety measures applicable to the care of the hospitalized child 14. Illustrate techniques of transporting infants and children 15. Plan the basic daily data collection for hospitalized infants and children 16. Identify the normal vital signs of infants and children at various ages 17. Devise a nursing plan of care for a child with a fever 18. Discuss the techniques of obtaining urine and stool specimens from infant's 19. Calculate the dosage of a medicine that is in liquid form 20. Demonstrate techniques of administering oral, eye, and ear medications to infants and children 21. Compare the preferred sites for intramuscular injections for infants and adults 22. Discuss two nursing responsibilities necessary when a child is receiving parenteral fluids and the rationale for each '23. Demonstrate the appropriate technique for gastrostomy tube feedings		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11**

Unit Title: The Hospitalized Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	24. Summarize the care of a child receiving supplemental oxygen 25. Recall the principles of tracheostomy care 26. List the adaptations necessary when preparing a pediatric client for surgery		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Child with a Sensory or Neurological Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Discuss the prevention and treatment of ear infections 3. Outline the nursing approach t serving the hearing impaired child 4. Discuss the cause and treatment of amblyopia 5. Compare the treatment of paralytic and nonparalytic strabismus 6. Review the prevention of eyestrain in children 7. Discuss the functions of the 12 cranial nerves and nursing interventions for dysfunction 8. Describe the components of a “neurological check”. 9. Outline the prevention, treatment, and nursing care for the child with Reye’s syndrome 10. Describe the symptoms of meningitis in a child 11. Describe three types of posturing that may indicate brain damage 12. Discuss the various types of seizures and the relevant nursing responsibilities 13. Prepare a plan for success in the care of a mentally retarded child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11**

Unit Title: The Child with a Sensory or Neurological Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe four types of cerebral palsy and the nursing goals involved in the care 15. State a method of determining level of consciousness in an infant 16. Describe signs of increased intracranial pressure in a child 17. Discuss neurological monitoring of infants and children 18. Identify the priority goals in the care of a child who experienced near drowning 19. Formulate a nursing plan of care for the child with a decreased level of consciousness		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Musculoskeletal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Demonstrate an understanding of age specific changes that occur in the musculoskeletal system during growth and development 3. Discuss the musculoskeletal differences between the child and adult and how it influences orthopedic treatment and nursing care 4. Describe the management of soft tissue injuries 5. Discuss the types of fractures commonly seen in children and their effect on growth and development 6. Differentiate between Buck’s extension and Russell traction 7. Compile a nursing plan of care for the child who is immobilized by traction 8. Describe a neurovascular check 9. Discuss the nursing care of a child in a cast 10. List two symptoms of Duchenne’s muscular dystrophy 11. Describe the symptoms, treatment, and nursing care for the child with Legg-Calve-Perthes disease		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12**

Unit Title The Child with a Musculoskeletal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Describe two topics of discussion applicable at discharge for the child with juvenile rheumatoid arthritis 13. Describe three nursing care measures required to maintain skin integrity for an adolescent child in a cast for scoliosis 14. Identify symptoms of abuse and neglect in children 15. Describe three types of child abuse 16. State two cultural or medical practices that may be misinterpreted as child abuse		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title **The Child with a Respiratory Disorder**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Distinguish the difference between the respiratory tract of the infant and that of an adult 3. Review the signs and symptoms of respiratory distress in infants and children 4. Discuss the nursing care of a child with croup, pneumonia, or respiratory syncytial virus 5. Recognize the precautions involved in the care of a child diagnosed with epiglottitis 6. Compare bed rest for a toddler with bed rest for an adult 7. Describe smoke inhalation injury as it relates to delivery of nursing care 8. Discuss the postoperative care of a 5 year old who has had a tonsillectomy 9. Recall the characteristic manifestations of allergic rhinitis 10. Discuss how sinusitis in children is different from that in adults 11. Assess the control of environmental exposure to allergens in the home of a child with asthma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Respiratory Disorder continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Express five goals of asthma therapy 13. Interpret the role of sports and physical exercise for the asthmatic child 14. Recall four nursing goals in the care of a child with cystic fibrosis 15. Devise a nursing plan of care for the child with cystic fibrosis, including family interventions 16. Review the prevention of bronchopulmonary dysplasia 17. Examine the prevention of sudden infant death syndrome		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Cardiovascular Disorder

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Distinguish the difference between the cardiovascular system of the infant and that of an adult 3. List the general signs and symptoms of congenital heart disease 4. Differentiate between patent ductus arteriosus, coarctation of the aorta, atrial septal defect, ventricular septal defect, and tetralogy of Fallot 5. Discuss six nursing goals relevant to the child with acquired heart disease 6. List the symptoms of rheumatic fever 7. Discuss the prevention of rheumatic fever 8. Discuss hypertension in childhood 9. Differentiate between primary and secondary hypertension 10. Identify factors that can prevent hypertension 11. Recognize the manifestation of Kawasaki disease and the related nursing care 12. Describe heart healthy guidelines for children over the age of 2 years		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 26 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Condition of the Blood or Lymphatic System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Summarize the components of the blood 2. Recall normal blood values of infants and children 3. List two laboratory procedures commonly performed on children with blood disorders 4. Compare and contrast four manifestations of bleeding into the skin 5. List the symptoms, prevention, and treatment of iron deficiency anemia 6. Recommend four food sources of iron for a child with iron deficiency anemia 7. Examine the pathophysiology and the signs and symptoms of sickle cell disease 8. Describe four types of sickle cell crisis 9. Devise a nursing plan of care for a child with sickle cell disease 10. Recognize the effects on the bone marrow of increased red blood cell production caused by thalassemia 11. Review the effects of severe anemia on the heart 12. Recall the pathophysiology and the signs and symptoms of hemophilia A and hemophilia B		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title **The Child with a Condition of the Blood or Lymphatic System continued**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Identify the nursing interventions necessary to prevent hemarthrosis in a child with hemophilia 14. Plan the nursing care of a child with leukemia 15. Review the nursing care of a child receiving a blood product 16. Discuss the effects of chronic illness on the growth and development of children 17. Recall the stages of dying 18. Contrast age appropriate responses to a sibling's death and the nursing interventions required 19. Formulate techniques the nurse can use to facilitate the grieving process 20. Discuss the nurse's role in helping families to deal with the death of a child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Define each key tem listed 2. Discuss three common gastrointestinal anomalies in infants 3. Discuss the postoperative nursing care of an infant with pyloric stenosis 4. Discuss the dietary management of celiac disease 5. Understand the symptoms, treatment, and nursing care of a child with Hirschsprung’s disease 6. Understand the treatment and nursing care of a child with intussusception 7. Interpret the nursing management of an infant with gastroesophaageal reflux 8. Differentiate between three types of dehydration 9. Explain why infants and young children become dehydrated more easily than adults 10. Understand how nutritional deficiencies influence growth and development 11. Review the prevention of the spread of thrush in infants and children 12. Trace the route of the pinworm cycle and describe how reinfection takes place		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Prepare a teaching plan for the prevention of poisoning in children 14. List two measures to reduce the effect of acetaminophen poisoning n children 15. Indicate the primary source of lead poisoning		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Genitourinary Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Name the functional unit of the kidney 2. List four urological diagnostic procedures 3. Recognize urinary tract anomalies in infants 4. Differentiate between Nephrosis and acute glomerulonephritis 5. Discuss the skin care pertinent to the child with Nephrosis 6. Explain any alterations in diet applicable to the child with Nephrosis 7. Outline the nursing care for a child who is diagnosed as having Wilms' tumor 8. Discuss the impact of undescended testes on fertility 9. Discuss the impact of genitourinary surgery on the growth and development of children at various ages		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 29 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Skin Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 hours	<ol style="list-style-type: none"> 1. Recall the differences between the skin of the infant and that of an adult 2. Identify common congenital skin lesions and infections 3. Describe two topical agents used to treat acne 4. Summarize the nursing care for a child who has infantile eczema. State the rationale for each nursing measure 5. Discuss the prevention and care of pediculosis and scabies 6. Discuss the nursing care of various microbial infections of the skin 7. Differentiate among first, second, and third degree burns: the anatomical structures involved, the appearance, the level of sensation, and the first aid required 8. List five objectives of the nurse caring for the burned child 9. Describe how the response of the child with burns differs from that of the adult 10. Identify the principles of topical therapy 11. Differentiate four types of topical medication 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14**

Unit Title The Child with a Skin Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Examine the emergency treatment of three types of burns 13. Discuss the prevention and treatment of sunburn and frostbite		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Metabolic Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.8 hours Nut 0.2 hours	<ol style="list-style-type: none"> 1. Relate why growth parameters are of importance to clients with a family history of endocrine disease 2. List the symptoms of hypothyroidism in infants 3. Discuss the dietary adjustment required for a child with diabetes insipidus 4. Compare the signs and symptoms of hyperglycemia and hypoglycemia 5. Differentiate between type 1 and type 2 diabetes mellitus 6. List three precipitating events that might cause diabetic ketoacidosis 7. List a predictable stress that the disease of diabetes mellitus has on children and families during the following periods of life: infancy, toddlerhood, preschool age, elementary school age, puberty, and adolescence 8. Outline the educational needs of the parents and the child with diabetes mellitus in the following areas: nutrition and meal planning, exercise, blood tests, glucose monitoring, administration of insulin, and skin care 9. List three possible causes of insulin shock 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Metabolic Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Explain the Somogyi phenomenon 11. Discuss the preparation and administration of insulin to a child, highlighting any differences between pediatric and adult administration		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Communicable Disease

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0	1. Interpret the detection and prevention of common childhood communicable diseases 2. Discuss the characteristics of common childhood communicable disease 3. Discuss three principles involved in standard and transmission based precautions used to prevent the transmission of communicable diseases in children 4. Discuss national and international immunization programs 5. Describe the nurse's role in the immunization of children 6. Demonstrate a teaching plan for preventing sexually transmitted infections (STI's) in an adolescent 7. Formulate a nursing care plan for a child with acquired immunodeficiency syndrome (AIDS)		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 32 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with an Emotional or Behavioral Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.6 hours	1. Differentiate among the following terms: psychiatrist, psychoanalyst, clinical psychologist, and counselor 2. Discuss the impact of early childhood experience on a person's adult life 3. Discuss the effect of childhood autism on growth and development 4. Discuss behavioral therapy and how it is adapted to obsessive compulsive disorders and depression in children 5. List the symptoms of potential suicide in children and adolescents 6. Discuss immediate and long range plans for the suicidal client 7. List four behaviors that may indicate substance abuse 8. Name two programs for members of families of alcoholics 9. Discuss the problems facing children of alcoholics 10. List four symptoms at attention deficit hyperactivity disorder 11. Describe techniques of helping children with attention deficit hyperactivity disorder to adjust to the school setting		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title **The Child with an Emotional or Behavioral Condition continued**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Compare and contrast the characteristics of bulimia nervosa and anorexia nervosa		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 15

Unit Title **Final Review**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.0 hours Ped Theory 1.4 hours Nut 0.20 hours	Review of Maternal Child concepts/Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1**

Unit Title: Profession of Nursing-Fundamentals

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs (HCRS C113)

Curriculum Content/Hr	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the development of professional nursing roles. 2. Discuss the influence of social, political, and economic changes on nursing practices. 3. Compare and discuss the differences of the Standards of Nursing Practice and Nurse Practice Acts 4. Recognize the professional nursing organizations	I. Definitions of nursing II. Nursing values III. Contemporary Nursing A. Scientific and technologic advances B. Demographics C. Consumer movement D. Women’s movement E. Human rights movement III. Nursing Practice A. Standards of Practice B. Nurse practice acts IV. Nursing as a profession A. Professionalism B. ANAs levels of nursing practice C. Professional organizations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 End of Questions Quiz/Exam	HCRS C113 Skills Lab	1. Become Oriented to the Resources of the Nursing Skills Lab 2. Review basic ADL’s

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health and Wellness

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss and define the concept of health 2. Compare and contrast the health models 3. Discuss the variables that influence health beliefs and practices 4. Discuss illness behavior and the impact on the client and family 5. List the common signs and symptoms of stress 6. List the components of holistic health	I. Definition of health A. Define the concept of health; compare health and illness II. Models of health and illness A. Why developed B. Health Belief Model C. Health Promotion Model D. Basic Human Needs Model E. Holistic Health III. Variables influencing health beliefs and practices A. Internal variables B. External variables IV. Variables affecting illness behavior A. Risk factors 1. Internal vs external B. Impact on client and family	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 2 Questions End of Chapter Quiz/Exam		

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Infection Prevention – Medical Asepsis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Discuss the chain of infection 2. Identify the body's normal defense mechanisms 3. Explain infection Control measures 4. Compare and contrast medical asepsis and surgical asepsis	I. Chain of infection – and its links A. Infectious agent B. Reservoir C. Portal of exit D. Mode of transmission E. Portal of entry F. Host II. Body's natural defenses against infection A. Normal flora B. Body organ systems defenses C. Inflammatory response D. Immune response III. Medical aseptic techniques A. Prevention of the spread of organisms B. Categories of disease producing organisms IV. Control infection by A. Medical asepsis B. CDC guidelines C. Standard precautions D. Role of the infection control nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapters 16-17 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Perform proper procedure for hand hygiene. 2. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for clients. 3. Perform all previous Skills learned 4. Prepare to teach a home care client with a wound infection how to prevent the spread of infections to family members.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health Care Delivery System

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the factors that influence health care delivery 2. Discuss the levels of health care services 3. Identify the types of health care agencies and the role of the nurse in various settings 4. Discuss contemporary issues in health care delivery 5. Discuss financing of health Care services	I. Factors influencing delivery of health care A. Economic B. Cultural C. Ethnicity II. Levels of health care services A. Primary care B. Secondary care C. Rehab. and restorative care D. Continuing care III. Types of agencies A. Outpatient B. Community based C. Volunteer agencies D. Institutional settings E. Hospice F. Government IV. Issues in health care delivery A. Competency B. Evidenced-based C. Knowing clients D. Assistive personnel V. Financing health care services A. Private and group health programs B. Government programs	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Caring in Nursing Practice

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the role that caring plays in building the nurse-patient relationship. 2. Compare and contrast theories on caring. 3. Discuss caring through nursing practice 4. Plan ways to support the Spiritual needs of clients of Various religions. 5. Discuss ways in which Poverty often impedes adequate Health care in our country	I. Theoretical views A. Holistic B. Unique characteristics II. Theorists A. Leininger's transcultural caring B. Watson's transpersonal caring C. Swanson's theory of caring III. Ways to convey caring A. presence B. touch C. listening D. knowing the person E. spiritual caring F. relieving pain and suffering	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify signs of spiritual distress in a client and plan three interventions to relieve it 2. Discuss boundaries of professional care for a client whose religious beliefs are different from yours. 3. Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Vital Signs

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Explain the principles and mechanisms of thermoregulation. 2. Explain the physiology of normal regulation of blood pressure, pulse, oxygen saturation, and respirations. 3. Describe factors that cause variations in body temperature, pulse, oxygen saturation, respirations and blood pressure. 4. Identify the changes in vital signs in the older population. 5. Explain why pain is the fifth vital sign	I. Body temperature A. physiology B. regulation 1. conduction 2. radiation 3. convection 4. evaporation II. Physiology and function A. pulse B. respiration C. BP III. Physiology and factors influencing variances of vital signs A. pain B. exercise C. smoking D. medications E. neurological injury F. hemoglobin function IV. Factors affecting vital signs of older adults A. temperature B. pulse C. BP D. respirations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 21 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Accurately assess body temperature, pulse, respirations, oxygen saturation, and blood pressure. 2. Accurately record and report vital sign measurements. 3. Recognize deviations from normal vital sign patterns 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2

Unit Title: Theoretical Foundation of Nursing

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .3 hrs/Fund	1.Explain the influence of Nursing theory on a nurse’s approach to practice. 2. Describe types of nursing theories. 3.Discuss selected nursing theories 4. Describe theory-based nursing practice.	I. Domain of nursing A. person B. health C. environment II. Nursing theories A. Grand theories B. Middle range theories C. Descriptive theories D. Prescriptive theories III. Nursing theories A. Nightingale’s theory B. Peplau’s theory C. Henderson’s theory D. Orem’s theory E. Leininger’s theory F. Neuman’s theory G. Roy’s theory H. Watson’s theory I. Benner and Wrubel’s theories IV. Theory and Knowledge Development A. Nursing research B. Evidence-based	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: In the skills lab: 1.Independent practice of all previously learned skills in the skills lab

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Culture and Ethnicity

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .4 hrs/Fund	1. Discuss culture and ethnicity in relation to health and illness and nursing care 2. Describe social and cultural influences in health, illness, and caring patterns. 3. Discuss traditional health and illness beliefs of various groups of people 4. Describe the relationship of sociocultural background to health and illness beliefs and practices	I. Health and illness beliefs A. cultural responses B. Ethnic beliefs and practices II. Factors affecting health care of the culturally diverse population A. Ethnic history B. Social organization C. Religious/spiritual D. language/communication E. Time orientation F. Caring beliefs/practice G. Experience with healthcare H. Personal space and territoriality I. Social organization J. Environmental control III. Cultural Beliefs A. Cultural based practices and remedies 1. folk medicine 2. protective objects 3. substances and traditional remedies 4. Religious practices 5. Healers B. Heritage consistency IV. Culturally congruent nursing care A. Diversity of various backgrounds B. Definitions of culture and ethnicity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions. 2. Demonstrate nursing interventions that achieve culturally congruent care. 3. Demonstrate all Previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Communication

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the characteristics of verbal and nonverbal communication and the techniques and behaviors that affect professional communication 2. Describe aspects of critical thinking that are important to the communication process 3. Describe the five levels of communication and their uses in nursing. 4. Identify factors that influence communication 5. Compare effective communication techniques with blocks to communication 6. Discuss helpful characteristics of therapeutic communication 7. List and define non-helpful blocks to communication 8. Discuss the dimensions of a helping relationship 9. Describe qualities, behaviors, and communication techniques that affect professional communication. 10. Discuss the phases of a helping relationship	I. Modes of communication A. Verbal 1. Clarity and brevity 2. vocabulary 3. denotative and connotative meanings 4. pacing 5. Timing and relevance B. Nonverbal 1. Personal appearance 2. Intonation 3. Facial expression 4. Posture and gait 5. Gestures 6. Touch II. Factors that affect communication A. Development B. Perceptions C. values D. emotions E. Sociocultural background F. Knowledge G. Roles H. Environment I. Space and territoriality	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 Chapter Questions Quiz/Exam Communication Project		Upon completion of this unit the student will: In the skills lab: 1. Practice interview techniques 2. Interact therapeutically in a goal directed situation with a client in a scenario based situation. 3. Communicate effectively with a client who has an impairment of communication 4. Demonstrate all previously learned skills

		<p>III. Therapeutic communication characteristics</p> <ul style="list-style-type: none">A. Planned, deliberate, goal directed actB. Therapeutic techniques<ul style="list-style-type: none">1. Listening2. Conveying acceptance3. Paraphrasing4. clarifying5. focusing6. stating observations7. offering information8. maintaining silence9. assertiveness10. summarizing11. self-disclosure12. confronting <p>IV. Non-therapeutic communication techniques</p> <ul style="list-style-type: none">A. Giving opinionsB. False reassuranceC. Being defensiveD. Approval vs disapprovalE. stereotypingF. asking whyG. subject changeH. arguing <p>V. Dimensions of a helping relationship</p> <ul style="list-style-type: none">A. TrustB. EmpathyC. CaringD. Autonomy and mutuality <p>VI. Phases of the helping relationship</p> <ul style="list-style-type: none">A. Pre-interviewB. OrientationC. WorkingD. Termination				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Body Mechanics – Activity and Exercise

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hrs/Fund	1. Describe the role of the musculoskeletal and nervous systems in the regulation of movement 2. Discuss the physiological influences on body mechanics and joint mobility 3. Describe how to maintain and use proper body mechanics. 4. Describe how exercise and activity benefit physiological and psychological functioning. 5. Identify ways to maintain correct body alignment of the client in bed or chair 6. Describe the proper method for transferring a client between wheelchair and bed	I. Body Systems review of movement A. Muscles B. Skeleton C. Nervous System II. Definition of body mechanics A. Purpose of body mechanics B. Correct body alignment C. Body balance III. Review of principles of body mechanics A. Physical forces of weight and friction B. Principles of body mechanics Injuries in the setting IV. Benefits of safe transfers, positioning techniques A. Physiological benefit of exercise and activity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 18 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Assess patients for impaired mobility and activity intolerance 2. Formulate nursing Diagnoses for patients experiencing problems with impaired mobility and activity intolerance. 3. Write a nursing care plan for a patient with impaired mobility and activity intolerance. 4. Describe interventions for maintaining activity tolerance and mobility. 5. Demonstrate ROM activities 6. Perform transfers correctly 7. Demonstrate correct ambulation techniques

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Patient Safety

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Describe environmental hazards that pose risks to a person's safety. 2, Discuss the specific risks to safety related to developmental age. 3. Discuss individual risk factors 4. Define the knowledge, skills, and attitudes necessary to promote safety in a health care setting. 5. Demonstrate knowledge of the legal implications of using protective devices 6. Identify common noises in the health care facilities and ways to minimize their effects on clients	I. Basic needs in a safe environment A. Oxygen B. Nutrition C. Temperature D. Physical Hazards 1. poison 2. falls 3. fire 4. disasters E. Transmission of pathogens F. Patient restraints II. Factors influencing patient safety A. Risks at developmental stage 1. infant, toddler, preschooler 2. School-age child 3. adolescent 4. adult III. Risk factors to evaluate A. lifestyle B. impaired mobility C. sensory or communication impairment C. lack of awareness or cognition IV. National Patient Safety Goals A. Identify patients B. Improve communication C. Use Medication safely D. Reduce nosocomial infections E. Check patient medications F. Identify patients at risk	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 20 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Describe assessment activities designed to identify patients' physical, psychosocial, and cognitive status as it pertains to their safety. 2. Identify relevant nursing diagnoses associated with risks to safety. 3. Develop a nursing care plan for patients whose safety is threatened. 4. Describe nursing interventions specific to a patients' age for reducing risk of falls, fires, poisonings, and electrical hazards. 5. Correctly apply various protective devices 6. Given an emergency scenario, practice triaging the victims 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Hygiene

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss personal, social, and cultural factors that influence hygiene practices. 2. Discuss factors that influence a patient's personal hygiene preferences 3. List common skin, hair, scalp, foot and nail problems and their related interventions. 4. Discuss conditions that place patients at risk for impaired skin integrity. 5. Describe how hygienic care differs for the younger and older client	I. Explain proper hygiene care A. Review anatomy and physiology 1. Skin, oral cavity, eyes, ears, nose. II. Influencing factors regarding hygiene A. Social practices B. Body image C. socioeconomic status D. health beliefs and motivation E. cultural and physical conditions III. Skin problems A. Dry, acne, rashes, contact dermatitis, abrasions B. hair problems 1. dandruff, ticks, pediculosis, alopecia C. foot and nail problems 1. callus, corns, plantar warts, tinea pedis, ingrown nails, foot odors IV. Risk factors for potential skin problems A. Oral/airway problems B. Dialysis C. Immobilization D. Reduced sensation E. Excessive secretions or excretions, incontinence F. Reduced visual acuity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 19 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Successfully perform hygiene procedures for the care of the skin, perineum, feet and nails, mouth, eyes ears, and nose. 2. Conduct a comprehensive assessment of a patient's total hygiene needs. 3. Successfully perform a bed bath 4. Provide oral care for an unconscious client 5. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3

Unit Title: Nursing Ethics and Values

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define and discuss the terminology. 2. Discuss the Professional Nursing Code of Ethics 3. Understand basic Philosophies of health care ethics. 4. Explain a nursing perspective in ethics. 5. Discuss contemporary ethical issues.	I. Basic Terms in Health Ethics A. Autonomy B. Beneficence C. Nonmaleficence D. Justice E. Fidelity II. Professional Nursing Code of Ethics A. Advocacy B. Responsibility C. Accountability D. Confidentiality III. Ethics and Philosophy A. Deontology B. Utilitarianism C. Feminist Ethics D. Ethics of Care E. Consensus in Bioethics IV. Nursing Point of View A. Processing an Ethical Dilemma B. Institutional Resources V. Issues in Health Care Ethics A. Quality of Life B. Genetic Screening C. End of Life Care D. Access to Care	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: 1. Interpret rights that a client has in a hospital, nursing home, community setting, or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advance Directives 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Developmental Theories

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hrs/Fund	1. Discuss factors influencing growth and development. 2. Describe biophysical developmental theories 3. Describe and compare the psychoanalytical/psychosocial theories proposed by Freud and Erikson. 4. Describe Piaget's theory of cognitive development. 5. Kolberg's theory of moral development	I Individual patterns of growth And development throughout the lifespan A. Developmental theories II. Discussion of physical change and individual triggers A. Gesell's theory of development III. Compare and contrast major developmental theories A. Freud 1. psychosexual B. Erikson 1. psychosocial IV. Piaget A. Cognitive/moral development V. Kohlberg A. Moral development	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 11-13 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Apply developmental theories when planning interventions in the care of patients throughout the life span. 2. Discuss nursing implications for the application of developmental principles to patient care. In the clinical setting: 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Legal Implications

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Discuss the legal limits of Nursing care 2. Discuss Federal Statutory Issues in Nursing Practice 3. Discuss State Statutory Issues in Nursing Practice 4. Discuss Civil and Common Law issues in Nursing Practice	I. Legal Limits of Nursing A. Sources of Law 1. Nurse practice acts 2. Regulatory law 3. Civil and criminal laws B. Standards of Care 1. Legal requirements for nursing 2. Scope of practice 3. State Boards of Nursing 4. The Joint Commission II. Federal Statutory Issues in Nursing Practice A. Americans with Disabilities Act B. Emergency Medical Treatment Act C. Mental Health Parity Act D. Advance Directives E. Uniform Anatomical Gift Act F. Health Insurance Portability and Accountability Act G. Restraints III. State Statutory Issues in Nursing A. Licensure B. Good Samaritan Laws C. Public Health Laws D. Uniform Determination of Death Act E. Autopsy F. Physician-Assisted Suicide	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice all previously learned skills

		<p>IV. Civil and Common Law Issues in Nursing Practice</p> <ul style="list-style-type: none">A. TortsB. ConsentC. Abortion IssuesD. Nursing StudentsE. Malpractice InsuranceF. Abandonment and Assignment Issues				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Older Adults

Theory Hours this week: _____

Clinical Hours: _____

Curricular Content/H	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund 0.6 hrs/GD	1. Identify common myths and stereotypes about older adults. 2. Identify selected biological and psychosocial theories 3. Discuss common Developmental tasks of older adults. 4. Describe common physiological changes of aging. 5. Differentiate among delirium,dementia,and depression.	I. Myths and stereotypes A. False ideas B. Mistaken ideas II. Biological theories A. stochastic/nonstochastic theories B. psychosocial theories III. Adjustments to: A. health/physical changes B. income C. family structure D. living arrangements E. relationships F. quality of life IV. Common physiological changes A. all body systems affected V. Compare clinical features of: A. delirium B. dementia C. depression	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 13 Wold Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging. 2. Identify at least six signs and symptoms of normal aging 3. Guide the older adult's family members regarding signs that the older client needs assistance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4

Unit Title: Nutrition

Theory Hours this week: 3.6

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.95 hrs/Nut	<ol style="list-style-type: none"> 1. Review key terms in nutrition and nutrients 2. Review the anatomy and physiology of the GI Tract 3. Describe food guidelines and discuss their value in planning meals for good nutrition. 4. Discuss factors affecting Nutrition across the life span 5. Discuss alternative feeding patterns 6. Discuss the functions of proteins carbohydrates fats vitamins minerals and water in the human body 7. Identify food sources of proteins carbohydrates fats vitamins and minerals 8. List medical conditions that may occur as a result of protein calorie vitamin or mineral deficiency or excess 	I. Biochemical Units of Nutrition A. Essential Nutrients <ol style="list-style-type: none"> 1. Carbohydrates 2. Protein 3. Fats 4. Water 5. Vitamins – fat and water soluble 6. Minerals a. macrominerals and microminerals II. Discuss the organs and function of the Digestive system <ol style="list-style-type: none"> A. Digestion B. Absorption C. Metabolism and storage of nutrients III. 2010 Dietary Guidelines <ol style="list-style-type: none"> A. Dietary Reference Intake B. Food Guidelines C. Daily Values D. ChooseMyPlate Guide IV. Contributing Factors <ol style="list-style-type: none"> A. Environmental B. Developmental needs C. Religious restrictions D. Alternative diets 1. Vegetarian diet V. Describe methods and Complications of alternative nutrition <ol style="list-style-type: none"> A. Enteral feedings B. Parenteral nutrition 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 26 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: In the Skills Lab: <ol style="list-style-type: none"> 1. Demonstrate feeding a patient 2. Practice all previously learned skills 3. Identify clients at risk for nutritional deficits 4. Complete a nutritional assessment on an assigned client 5. Develop a teaching plan for a client for whom a therapeutic diet is prescribed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Fluid and Electrolyte – Intake and Output

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Nut	1. Describe the processes involved in regulating extracellular fluid volume, body fluid osmolality, and fluid distribution. 2. Discuss Fluid Balance 3. Describe common fluid, electrolyte, and acid-base imbalances. 4. Discuss Electrolyte Imbalances and related causes 5. Identify signs and symptoms of the common fluid and electrolyte imbalances	I. Location and movement of water and solutes A. Fluid compartments B. Movement of water/electrolytes 1. Active transport 2. Diffusion 3. Osmosis 4. Filtration II. Fluid Homeostasis A. Fluid Intake and absorption 1. Healthy daily average intake B. Fluid Distribution C. Fluid Output 1. Healthy daily average output III. Fluid Imbalance A. Volume Imbalances 1. Extracellular fluid deficit 2. Extracellular fluid excess III. Osmolality Imbalances A. Hyponatremia B. Hyponatremia IV. Combined volume and osmolality imbalances A. Dehydration IV. Electrolyte Imbalances A. Hypokalemia B. Hyperkalemia C. Hypocalcemia D. Hypercalcemia E. Hypomagnesemia F. Hypermagnesemia	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 25 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice how to measure and record fluid intake and output. 2. From client laboratory results identify electrolyte values that are abnormal 3. develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid-base imbalance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Documentation

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .650hr/Fund	1. Describe methods for Interdisciplinary communication within the health care team 2. Identify purposes of a health care record. 3. Discuss legal guidelines for documentation. 4. Describe the different methods used in record keeping. 5. Discuss maintaining confidentiality of medical records 5. Discuss the purpose of common record keeping forms	I. Interdisciplinary Communication A. Patient record 1. Written documentation B. Verbal reports 1. change-of-shift 2. telephone reports 3. hand-off reports 4. incident reports II. Purposes of health care records A. Communication B. Legal documentation C. Reimbursement D. Education E. Research F. Auditing and monitoring III. Quality documentation and Reporting A. Factual B. Accurate C. Complete D. Current E. Organized IV. Methods of Documentation A. Paper and electronic records B. Narrative C. Problem oriented medical record D. Source records E. Charting by exception F. Case management and critical pathways	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 7 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use a systematic way of charting to ensure that all pertinent information has been included 2. In the skills lab practice client interview techniques 3. Interview the client you are assigned to 4. Practice all previously Learned skills

		<p>V. Common Record keeping forms</p> <ul style="list-style-type: none">A. Admission Nursing HistoryB. Flow sheets and graphicC. KardexD. Standardized care plansE. Discharge Summary forms				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5

Unit Title: Bowel Elimination

Theory Hours this week: 3.6 Hours Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hr/Fun 0.15hr/Nut 0.25 hr/ GD	1. Recall the anatomy of the GI organs and their role in digestion and elimination 2. Discuss the psychological and physiological factors that influence elimination 3. Discuss common bowel elimination problems 4. Describe common bowel diversions 5. List safety considerations related to giving a client an enema 6. Discuss the psychosocial implications for a client who has an ostomy 5. Discuss the nursing process in relationship to bowel function 6. List the nursing measures aimed at promoting normal bowel function	I. Anatomy of the GI tract A. GI organs 1. organs 2. role in digestion 3. role in elimination II. Psychological and physiological factors that influence elimination A. Developmental status/age B. diet/fluid intake C. psychological factors D. personal habits E. pain F. medications III. Common bowel elimination problems A. constipation B. fecal impaction C. diarrhea D. incontinence E. flatulence IV. Bowel diversions A. Permanent or temporary methods A. Colostomies 1. loop colostomy 2. end colostomy 3. double barrel B. Ileostomy	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 30 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Use nursing measures to promote regular bowel elimination in clients 2. Collect a stool specimen 3. Perform a focused assessment of the bowel 4. Prepare to administer an enema 5. Assist and teach the client who is incontinent with a bowel retraining program 6. Provide ostomy care, including irrigation and changing the ostomy appliance

		<p>V. Nursing Process</p> <ul style="list-style-type: none">A. Assessment of bowel function<ul style="list-style-type: none">1. nursing history2. physical assessment3. fecal characteristics4. laboratory and diagnostic testsB. Nursing diagnosis <p>VI. Nursing plan and implementation</p> <ul style="list-style-type: none">A. Promote normal bowel habits<ul style="list-style-type: none">1. nursing measuresB. types of enemas<ul style="list-style-type: none">1. cleansing2. oil retention3. carminative4. return flow/Harris flush5. medicatedC. Digital removal of stoolD. Care of ostomies<ul style="list-style-type: none">1. pouching ostomies2. irrigating an ostomyE. maintenance of proper fluid and food intakeF. Promotion of exerciseG. Promotion of comfort				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Infection Control - Isolation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hours	1. Identify the two systems used for protective isolation 2. Discuss the 2-Tier system, the purpose and barriers of each 3. Recognize the psychological implications of isolation precautions 4. Describe how to give nursing care in an isolation room 5. Describe the role of the infection control nurse 6. Describe how procedures for Airborne Precautions differ from those for Droplet Precautions 7. List techniques for handling specimens, disposal of dirty linen, trash, and sharps and the cleaning of equipment in the isolation setting	I. Two systems for transmission precautions A. Disease specific system B. Category specific isolation C. Strict D. Contact E. Respiratory II. Transmission precautions A. Tier I – Standard precautions 1. Blood 2. Body fluids/secretions/excretions 3. non-intact skin/mucous membranes B. Tier II – Transmission Categories 1. airborne precautions 2. droplet precautions 3. Contact precautions III. Psychological implications of isolation A. Body image B. isolated protective environment C. Protective clothing IV. Delivering care in isolation A. Cross-contamination precautions B. Disposable equipment C. donning and removing PPE V. Role of the infection control professional nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 17 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Practice donning gowns, masks gloves 2. Properly bag and remove soiled linens and trash from an isolation room 3. independent practice of all skills taught

Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Oral Medication Administration

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRSC100 1.0 hours	1. Discuss the nurse's legal responsibilities in drug prescription and administration 2. Discuss the roles in medication administration 3. List the common types of medication orders 4. List the common medication distribution systems 5. List the steps for oral medication administration 6. State the guidelines for administering medications through a nasogastric tube 7. Identify four principles to be followed when giving a medication through a feeding tube 8. Discuss your responsibilities in the event of a medication error	I. Nursing responsibility in medication administration A. "Rights" of medication administration B. Where to find medication information II. Administration of medications A. Physician role B. Nurse role C. Pharmacist role III. Common types of medication orders A. Standing B. PRN C. Single or one time only D. STAT IV. Common types of distribution methods A. Stock supply B. PYXIS C. Unit-dose system V. Oral Drug Administration VI. Guidelines for NG tube administration A. Nurse's role in NG tube administration	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 34 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Correctly calculate a prescribed drug dose 2. Verbalize an understanding of correct procedures for administering oral medications 3. Demonstrate correct preparation of oral medications 4. Observe the video on medication administration 5. Verbalize the "6 Rights" 6. Practice inserting nasogastric tube 7. Teach a client to use a metered-dose inhaler 8. Write a plan on care for a client who is receiving medication to include client specific data, and identified nursing diagnosis and interventions used 9. Document medication administration and the client response

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Sensory Alterations in the Geriatric Client

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.25/Fund 0.25/GD	1. Describe normal sensory and cognitive functions 2. Describe how sensory perception and cognition change with aging 3. Discuss the effects of disease processes on perception and cognition 4. Identify older adults who are at most risk for experiencing perceptual or cognitive problems 5. Identify selected nursing diagnoses related to cognitive and perceptual problems 6. Describe nursing interventions that are appropriate for older adults experiencing problems related to perception or cognition.	I. The components of normal sensation A. Reception B. Perception C. Reaction II. Types of sensory alterations A. Sensory deficits B. Sensory deprivation C. Sensory overload III. Factors that influence sensory functioning A. Growth and development B. Medications C. environmental factors D. Illness E. Smoking IV. Nursing process A. Assessment 1. physical assessment 2. ability to perform ADL 3. Environment 4. Family support 5. Communication B. Nursing diagnosis C. Planning & Intervention 1. promote function of existing senses 2. meaningful stimulation 3. provide a safe environment 4. promote self-care D. Evaluation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Wold Chapter 10 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Develop a plan of care for a geriatric client with perception or cognitive problems 2. Communicate effectively with a client with cognitive problems 3. Perform an assessment on a client with perception or cognitive problems.

Vocational Nursing Program
Curriculum Content HCRS C100 Fundamentals -
Instructional Plan: Level 1 Week 5 continued

Unit Title: Mobility and Immobility

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hours	1. Discuss the benefits and hazards of bedrest 2. Discuss the alterations on respiratory function associated with bedrest related to the nursing process 3. Describe how immobilization increases cardiac workload and thrombus formation 4. Identify musculoskeletal changes associated with immobility 5. List the alterations on the GI and GU systems 6. Describe the psychosocial effects of immobilization	I. Benefits and hazards of bedrest A. Potential complications of bedrest B. Therapeutic effects of bedrest C. Types of bedrest II. Effects of immobility A. Physiological dimension 1. Metabolic effects a. assessment b. intervention 2. Respiratory a. assessment b. intervention III. Effects of immobility A. Cardiovascular effects B. Increase cardiac workload C. Mechanism of thrombus formation 1. Assessment 2. Intervention IV. Effects of immobility A. Musculoskeletal changes 1. Assessment 2. Intervention V. Effects on GI and GU systems A. Assessment/Intervention VI. Psychosocial Responses A. Assessment/Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 39 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Correctly position clients in all positions 2. Perform ROM exercises on client 3. Demonstrate use of bandages and slings to immobilize a body part 4. Demonstrate proper ambulation technique 5. Transfer a client using a mechanical lift 6. Assist a client with the use of: walker, crutches, cane, brace, prosthesis and wheelchair

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6

Unit Title: Injectable Medication Administration

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .75 hr/Fund .35 hr/GD	<ol style="list-style-type: none"> 1. Discuss the common routes parenteral medications 2. Discuss the equipment needed for parenteral administration of medications 3. Discuss preparing medications from a vial and ampule 4. Discuss mixing insulin 5. Identify sites for injections 6. Discuss the signs and symptoms of anaphylactic shock 	<ol style="list-style-type: none"> I. Parenteral routes of medications <ol style="list-style-type: none"> A. Injected into body tissues <ol style="list-style-type: none"> 1. IM – SQ - intradermal II. Parenteral administration equipment <ol style="list-style-type: none"> A. Syringes <ol style="list-style-type: none"> 1. types of syringes 2. parts of the syringe B. Needles <ol style="list-style-type: none"> 1. length and gauge III. Preparing medications <ol style="list-style-type: none"> A. Ampule <ol style="list-style-type: none"> 1. single dose B. Vial <ol style="list-style-type: none"> 1. single or multidose container IV. Insulin preparation <ol style="list-style-type: none"> A. Procedure to mix insulin V. Sites recommended for injections <ol style="list-style-type: none"> A. SQ B. IM C. Intradermal 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 35 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: <ol style="list-style-type: none"> 1. Identify the six rights of medication administration and apply them in clinical settings 2. Correctly and safely prepare and administer medications 3. Watch the video and practice injections in the skills lab 4. Calculate prescribed medications doses correctly 5. Correctly prepare and administer a subcutaneous injection with 100% accuracy 6. Correctly prepare and administer an intramuscular injection with 100% accuracy

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Critical Thinking in Nursing Practice

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hr:	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define critical thinking 2. Discuss the nurse's responsibility in making clinical decisions 3. Compare and contrast these three levels of critical thinking. 4. Discuss the similarities between general and specific competencies and the nursing process 5. Discuss the Components of Critical Thinking in Nursing	I. Critical Thinking Defined A. Thinking and Learning 1. continuous process II. The use of critical thinking distinguishes nurses from technical health care team members. III. Levels of critical thinking in nursing A. Basic Critical Thinking B. Complex Critical Thinking C. Commitment IV. Critical Thinking Competencies A. General Critical Thinking B. Specific Critical Thinking C. Nursing Process as a Competency V. Critical Thinking Model for Clinical Decision making A. Specific knowledge base B. Experience C. The nursing process D. Competency E. Attitudes for critical thinking F. Standards for critical thinking 1. intellectual standards 2. professional standards	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate all previously Learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Health Assessment and Physical Exam

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.45 hr/Fun .45 hr/ GD	1. Discuss the purposes of physical examination 2. Identify and discuss the skills of the physical exam 3. Describe the various positions, techniques and equipment for examination 4. Identify normal and abnormal breath and heart sounds	I. Physical exam and health assessment A. Components of the health assessment B. Health history C. Indications for physical exam D. Baseline information II. Skills of the physical exam A. Inspection B. Palpation C. Percussion D. Auscultation E. Olfaction III. Review the various positions for exam A. common postural abnormalities B. organization and equipment for the exam C. Environmental prep IV. Normal sounds A. normal 1. Breath sounds 2. Heart sounds B. Abnormal 1. Breath sounds 2. Heart sounds	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 22 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Complete a focused health assessment on a partner 2. Complete a basic physical assessment on a client 3. perform a visual acuity test on a client

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Assessment

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. State the 5 components of the nursing process 2. Discuss the purpose of nursing assessment 3. State the sources and methods of data collection 4. Discuss the Critical Thinking Approach to Assessment using methods to collect data	I. Overview of the nursing process A. Purpose B. Components C. Characteristics II. Assessment A. purpose B. Organization III. Data collection A. Objective and subjective B. Data sources C. Methods of collecting data IV. Critical Thinking Approach to Assessment A. Data collection B. Methods of data collection C. Cultural considerations in assessment D. Nursing health history E. Physical Exam F. Observation of patient behavior G. Diagnostic and lab data H. Interpreting and validating I. Assessment data J. Data documentation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate the ability to take a health history 2. Based on the health assessment of a specific client, write an individual nursing diagnosis 3. practice Physical exam on a partner 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Nursing Diagnosis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. List and discuss the steps of the nursing diagnostic process 2. Differentiate between a nursing diagnosis and a medical diagnosis 3. Discuss the advantages of a nursing diagnosis 4. Discuss Critical Thinking in the Nursing Diagnostic Process 5. Discuss Sources of Diagnostic Errors 6. Discuss Concept Mapping	I. Steps of the nursing diagnostic process A. analysis and interpretation of data B. Identification of problems C. Formulation of nursing diagnosis II. Nursing diagnosis vs. medical diagnosis A. Medical diagnosis B. Nursing diagnosis C. Sources of errors 1. data collection 2. data analysis 3. data clustering 4. diagnostic statement errors III. Advantages of the nursing diagnosis for: A. Client B. Nursing IV. Critical Thinking and the Nursing Diagnostic Process A. Data Clustering B. Interpretation—Identifying Health Problems C. Formulating a Nursing Diagnosis D. Types of Nursing Diagnoses E. Components of a Nursing Diagnosis F. Cultural Relevance of Nursing Diagnoses	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 5 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate formulating a Nursing diagnostic statement 2. Practice Physical exam on a partner 3. Demonstrate all previously learned skills

		<p>V. Sources of Diagnostic Errors</p> <ul style="list-style-type: none">A. Errors in Interpretation and Analysis of DataB. Errors in Data ClusteringC. Errors in the Diagnostic StatementD. Documentation and Informatics <p>VI. Concept Mapping Nursing Diagnoses</p> <ul style="list-style-type: none">A. A concept map is a graphic representation of multiple diagnoses.				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7

Unit Title: Infection Prevention: Surgical Asepsis

Theory Hours this week: 3.6 total

Clinical Hours this week: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define and discuss surgical asepsis, sterile and contaminated 2. Identify and state the principles of surgical asepsis 3. Recognize the steps to maintain a sterile procedure	I. Practices that maintain surgical asepsis II. Principles of surgical asepsis A. Sterile + sterile = sterile B. Sterile objects = Sterile field C. Keep sterile objects sterile D. maintain sterile field III. Performing sterile procedures A. Opening sterile packages B. Adding sterile supplies to sterile field C. Pouring sterile solutions D. Sterile gloving	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: In the lab/clinical setting: 1. correctly apply sterile gloves 2. correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. practice Physical exam on a partner 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nasogastric Intubation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.7 hrs/Fund	1. Define and discuss the terms: paralytic ileus, gavage, and lavage 2. State the purpose and indication for types of tubes used 3. Describe the steps for nasogastric tube insertion, irrigation, and removal 4. Describe how to facilitate tube drainage 5. Describe how to prevent injury from intubation and provide comfort	I. Pathophysiology and etiology A. Paralytic ileus B. Gavage C. Lavage II. Purpose and types of tubes A. Nasogastric tubes 1. Levin 2. Salam Sump 3. Dophoff or Duo B. Intestinal tubes 1. Miller-Abbott 2. Cantor C. Esophageal Varices III. Steps for NG insertion A. Placement IV. Facilitating drainage A. types of suction 1. Low suction 2. High suction 3. Intermittent/continuous suction V. Prevention of injury A. Anchor tube B. moisten mucous membranes C. Promote comfort 1. Position 2. medication 3. oral hygiene	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 27 page 494-502 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. NG Tube insertion 2. NG Tube irrigation 3. NG Tube removal 4. Demonstrate feeding a client through a nasogastric tube

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Planning Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hr/Fund	1. Discuss the purposes of the nursing care plan 2. List the steps of care plan development 3. Discuss the differences between independent, dependent, and interdependent interventions 4. Discuss the different types of facility care plans	I. Purpose of the Nursing Care Plan for: A. Patient B. Nursing II. 3 phases of care plan development A. 1 st phase – establishment of priorities B. 2 nd phase – determine goals of care C. 3 rd phase – development of expected outcomes III. Designing Interventions A. Types of interventions 1. Independent interventions 2. Collaborative interventions 3. Physician initiated interventions B. Selection of intervention IV. Various structured care plans A. Institutional care plans B. Standardized care plans C. Computerized care plans D. Critical pathways E. Student care plans	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Implementation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. List and discuss the steps of the implementation process	I. Implementation process A. Client reassessment B. Review and modify the care plan C. Identify areas of assistance D. Implementation of nursing strategies E. Communication of nursing strategies F. Implementation methods 1. Protocol 2. Standing orders	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Role Playing Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Evaluation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. Discuss the final step of the nursing process 2. Discuss how to evaluate if the nursing plan was successful	I. Nursing Process: Evaluation A. Dynamics of evaluation 1. goal achievement 2. Expected outcomes II. Evaluative measures A. Specific B. Measureable C. Realistic for client	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 8

Unit Title: Patient Education

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.6 hrs/Fund	1. Discuss the standards and purposed for the teaching and learning process 2. Describe the domains of learning 3. List and differentiate between conditions and factors that can affect learning 4. Discuss the types of resources available to assist in client teaching 5. Describe ways in which teaching can be continued following hospital discharge 3. Describe the basic learning principles 4. Relate the nursing process to the learning principles	I. Client education A. Standards for client education B. Purposes for client teaching C. Teaching as a form of communication II. Domains of learning A. Cognitive 1. Acquiring knowledge 2. Comprehension 3. Analysis 4. Synthesis 5. Evaluation B. Affective learning 1. Receiving 2. Responding 3. Valuing 4. Organizing 5. Characterizing C. Psychomotor 1. Perception 2. Set 3. Guided response 4. Complex overt response 5. Adaption 6. Origination	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 9 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a clients learning needs 2. Develop a teaching plan based on the clients learning needs 3. Implement the teaching plan 4. Evaluate the effectiveness of the teaching and the plan

		<p>III. Basic learning principles</p> <p>A. Motivation to learn</p> <ol style="list-style-type: none"> 1. Attentional set 2. Motivation 3. Psychosocial adaption 4. Active participation <p>B. Ability to learn</p> <ol style="list-style-type: none"> 1. Developmental capability 2. Age group 3. Physical capability <p>C. Learning environment</p> <p>IV. Nursing diagnosis</p> <p>A. Knowledge deficit</p> <p>B. Planning</p> <ol style="list-style-type: none"> 1. learning objectives 2. Priorities 3. timing 4. learner attention and participation 5. build on existing knowledge 6. teaching resources 7. teaching plan <p>C. Evaluation</p> <ol style="list-style-type: none"> 1. successful in meeting goals 				

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9

Unit Title: Urinary Elimination

Theory Hours this week: 3.6 hours

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Recall the function of each organ in the urinary system 2. Identify factors that influence urinary elimination 3. Identify alterations in urinary elimination 4. Describe the characteristics of normal and abnormal urine 5. Discuss nursing measures to promote normal micturition 7. Continue the rationale for using a continuous bladder irrigation system	I. Review of anatomy and function of the urinary system II. Factors influencing urination A. Growth and development B. Sociocultural factors C. Psychological factors D. Personal habits E. Disease conditions F. Surgical conditions G. Medications III. Alterations in Urinary elimination A. Urinary retention B. urinary tract infections C. urinary incontinence D. Urinary diversions IV. Assessment of urinary status A. Nursing history B. physical assessment C. Urine assessment D. Urine testing E. Diagnostic exams F. Blood glucose monitoring V. Promoting bladder emptying A. Kegel exercises B. Medications C. catheterization	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client's urinary status 2. Teach a client how to obtain a "clean catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform the Kegel exercises

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9 continued

Unit Title: Urinary Catheterization

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define intermittent and continuous catheterization 2. Discuss the indications for catheterization 3. Discuss catheter care for the prevention of UTI's 4. Describe the key points for catheter insertion 5. Describe the steps for the removal of the catheter	I. Types of catheters A. Intermittent/in and out B. Continuous/indwelling II. Indications for catheterization A. Surgery B. Incontinence C. Urinary retention III. Risk for Urinary Tract Infections A. Catheter care B. Observations to make C. S/S of UTI IV. Steps of catheter insertion A. Sterile technique V. Steps of catheter removal	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab setting: 1. Demonstrate insertion of the indwelling catheter in the female/male client 2. Demonstrate perineal care to the client with an indwelling catheter 3. Demonstrate collecting a urine specimen from the client with an indwelling catheter 4. Demonstrate all previously learned skills 5. Physical Assessment Testing

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10

Unit Title: Sleep

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .80 hrs/Fund .20 hrs/GD	1. Define nonREM and REM sleep 2. Delineate factors that affect sleep 3. Describe common sleep disorders 4. Identify Nursing diagnoses and interventions for a client with a sleep disturbance 5. Discuss how the need for sleep changes over the life span 6. Identify older adults who are most at risk for experiencing disturbed sleep patterns 7. Identify selected nursing diagnoses related to sleep or rest problems 8. Describe nursing interventions that are appropriate for older adults experiencing problems related to disturbed sleep patterns	I. Physiology of sleep A. Circadian Rhythm B. Sleep regulation C. Sleep cycle 1. Stages of sleep 2. REM sleep II. Factors that affect sleep A. Illness B. Medications C. Lifestyle D. Emotions/stress E. Environment III. Sleep disturbances A. Insomnia B. Sleep apnea C. Narcolepsy D. Sleep deprivation IV. Nursing Process A. Assessment 1. Sleep history 2. Behaviors of sleep deprivation B. Nursing diagnosis C. Plan D. Implementation 1. Environment 2. Bedtime rituals 3. Client teaching E. Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Wold Chapter 21 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client regarding sleep difficulties 2. Develop a plan designed to assist the client in getting adequate sleep

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10 continued

Unit Title: Oxygenation

Theory Hours this week

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Discuss the structure and function of the respiratory systems. 2. Discuss the factors that Affect oxygenation Compare and contrast hypoventilation, hypoxia, and hyperventilation. 4. Name three causes of hypoxia 5. Describe the various methods used for oxygen delivery 6. List safety precautions to be observed when clients are receiving oxygen therapy	I. Respiratory Physiology A. Structure and Function B. Work of Breathing C. Respiratory Gas Exchange II. Factors Affecting Oxygenation A. Physiological B. Conditions affecting chest wall movement C. Chronic disease D. Developmental E. Lifestyle F. Environmental III. Alterations in Respiratory Functioning A. Hypoventilation B. Hypoxia C. Hyperventilation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 28 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Perform a respiratory assessment on a client 2. Prepare to assist clients to clear the airway via coughing, postural drainage suctioning, abdominal thrusts and inhalation therapy 3. Regulate oxygen flow and correctly apply an oxygen delivery device 4. Prepare to provide care for a tracheostomy client 5. Prepare to care for a client who has a chest tube and drainage system

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11

Unit Title: Pain Management

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/ Fund	1. Describe the components of the pain experience 2. Compare acute and chronic pain 3. Describe the areas the nurse should focus her pain assessment 4. List the medical-surgical measures used to relieve pain experience 5. Explain why pain is the fifth vital sign 6. Describe the use of a variety of nursing interventions for pain control, including biofeedback, distraction, guided imagery, massage and relaxation	I. Components of the pain experience A. Pain reception B. Pain perception C. Pain reaction II. Types of pain A. Acute pain B. Chronic pain C. Gait control theory III. Nursing process for pain management A. Assessment 1. physical signs and symptoms 2. Subjective report B. Nursing diagnosis IV. Interventions for pain relief A. Nursing measures 1. modify pain experience B. medical measures 1. surgical treatments	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control Evaluate the effects of pain medication and accurately report and record observations

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11 continued

Unit Title: Caring for the Cancer Patient

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/ Fund	1. Review physical, psychological, social, and spiritual effects of cancer. 2. Discuss that cancer affects the family unit as well as the patient's well-being. 3. Discuss how cancer survivorship changes the nurse-patient role. 4. State at least four practices that can contribute to prevention and early detection of cancer 5. Discuss the pros and cons of various treatments of cancer 6. State the major problems and appropriate nursing interventions for a patient coping with expected side effects of radiation or chemotherapy	I. The Effects of Cancer on Quality of Life A. Physical Well-Being and Symptoms B. Psychological Well-Being C. Social Well-Being D. Spiritual Well-Being II. Cancer and Families A. Family Distress B. Affects across the lifespan C. Nurse's role III. Components of Survivorship Care A. Care plan for survivorship care B. Components of survivorship	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 (Med Surg) Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss the teaching necessary for a client receiving various treatments 2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment 3. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 4. Identify nursing interventions to help the client cope with death and dying

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 12

Unit Title: Care of the Surgical Patient

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.8 hrs/Fund 0.4 hrs/ GD 0.2 hr/Nut	<ol style="list-style-type: none"> 1. Explain the concept of perioperative nursing care. 2. Differentiate among classifications of surgery and types of anesthesia. 3. Describe the intraoperative stage of the surgical process 4. Identify the members of the surgical team and their responsibilities 5. Assess for potential risk factors for complications of surgery 6. List interventions to prevent each of the potential postoperative complications 7. State the safety measures now in place to prevent errors regarding the surgical site 8. Identify the stages of anesthesia and the methods of administration 9. identify the reason for the count at the end of the procedure 10. Describe the assessment steps performed by the recovery room nurse 11. Describe the phases of recovery and the nurse's role 12. Discuss the nursing interventions to promote wound healing and prevent complications 	<ol style="list-style-type: none"> I. Perioperative Nursing <ol style="list-style-type: none"> A. Role of the Nurse <ol style="list-style-type: none"> 1. Pre-operative 2. Intra-operative 3. Post-operative II. III. Classifications of surgery <ol style="list-style-type: none"> A. Seriousness – to client <ol style="list-style-type: none"> 1. Major 2. Minor B. Urgency <ol style="list-style-type: none"> 1. Elective 2. Urgent 3. Emergency C. Purpose <ol style="list-style-type: none"> 1. Diagnostic 2. Ablative 3. palliative 4. Reconstructive 5. Transplant 6. Constructive III. Intraoperative Stage <ol style="list-style-type: none"> A. Transport to the holding room B. Admission to the Operating room IV. The surgical team <ol style="list-style-type: none"> A. Surgeon B. Surgeons assistant C. Anesthesiologist/nurse anesthetist D. Scrub nurse E. Circulating nurse 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 37 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of the unit, the Student will: <ol style="list-style-type: none"> 1. Demonstrate Postoperative exercises: diaphragmatic breathing, coughing, incentive spirometer use, turning, and leg exercises. 2. Design a preoperative and post-op teaching plan. 3. Promote early ambulation and return to independence in activities of daily living 4. Perform discharge teaching necessary for postoperative home self-care

		<p>V. Anesthesia administration</p> <ul style="list-style-type: none"> A. Stages of anesthesia B. Methods of administration <ul style="list-style-type: none"> 1. General anesthesia 2. Regional anesthesia 3. Neuromuscular blocking agents <p>VI. Surgical counts</p> <ul style="list-style-type: none"> A. Done prior to closing the incision <ul style="list-style-type: none"> 1. Sponge and instruments 2. nurses responsible 3. operative record <p>VII. Post-op nursing assessment</p> <ul style="list-style-type: none"> A. Airway B. vital signs C. color D. Dressings E. GU function F. Pain level G. IVs H. Hemorrhage and shock <p>VIII. Phases of recovery</p> <ul style="list-style-type: none"> A. Phase I B. Phase II C. Discharge from the recovery room D. Post-op assessment in client's room <p>IX. Nursing diagnosis and interventions</p> <ul style="list-style-type: none"> A. maintain respiratory status B. Prevent circulatory stasis C. Promote normal GI elimination D. Adequate nutrition E. Promote urinary elimination F. Preventing infection G. Promote wound healing H. Achieving rest and comfort I. Maintaining self concept/body image 				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13

Unit Title: Skin Integrity and Wound Care

Theory Hours this week:

Clinical Hours: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.1 hr/ Fund 0.5 hrs/Nut	1. Identify pressure points where pressure ulcers are most likely to develop 2. Describe the stages of pressure ulcers 3. Identify risk factors for pressure ulcer formation 4. Discuss the nursing interventions used to prevent or treat pressure ulcers 5. Identify wound classifications 6. Define primary, secondary, and tertiary intention 7. List the nutrients needed for wound healing 8. Describe the complications of wound healing 9. Explain the factors that impair or promote wound healing 10. Describe wound assessment	I. Common pressure points A. Sitting position B. Supine C. Side lying II. Stages of pressure ulcers A. Stage I B. Stage II C. Stage III D. Stage IV III. Risk factors for pressure ulcers A. Friction B. Shearing C. Client condition 1. nutrition 2. mobility IV. Interventions to treat and prevent ulcer formation A. Prevention B. Treatment	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will:
						In the clinical setting: 1. Demonstrate assessing and dressing wounds 2. Develop a nursing care plan for a patient with impaired skin integrity. 3. List appropriate nursing interventions for a patient with impaired skin integrity. 4. State evaluation criteria for a patient with impaired skin integrity. 5. Perform a wound irrigation 6. Remove sutures or staples from a wound and apply steri strips 7. Perform hot or cold treatment to a client
	11. Identify the purposes of dressings 12. Describe the purpose of each layer of dressings 13. Describe the different types of dressings 14. Explain nursing care in the use of dressings and binders	V. Wound classifications A. Status of the wound 1. Open vs. closed B. Cause 1. Intentional vs. unintentional C. Severity 1. Superficial/penetrating/perforating				

		<ul style="list-style-type: none">D. CleanlinessE. Descriptive Qualities<ul style="list-style-type: none">1. Laceration/Incision/Abrasion/ContusionVI. Wound healing<ul style="list-style-type: none">A. Primary intentionB. Secondary intentionC. Tertiary intentionVII. Nutrition in healingVIII. Complications of wound healing<ul style="list-style-type: none">A. HemorrhageB. InfectionsC. Dehiscence/EviscerationIX. Factors affecting wound healing<ul style="list-style-type: none">A. Delayed wound closureB. Wound stressC. ActivityD. Health statusX. Wound assessment<ul style="list-style-type: none">A. Wound appearanceB. Character of drainage<ul style="list-style-type: none">1. Serous/sanguineous/serosanguinesC. Drains<ul style="list-style-type: none">1. types usedD. Wound closures<ul style="list-style-type: none">1. Sutures/staples/steristripsE. PainXI. Dressings<ul style="list-style-type: none">A. Purpose of dressings<ul style="list-style-type: none">1. Protection2. Preventing infection3. Maintain skin integrity4. Wound healingXII. 3 Layers of dressings<ul style="list-style-type: none">A. Contact layerB. Absorbent layerC. Outer layer				
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		XIII. Types of dressings A. Gauze dressings B. Wet to dry dressings C. Nonadherent dressings D. Self-adhesive/telfa				
		XIII. Nursing interventions A. Cleaning skin and drain sites B. Irrigations C. Bandages and binders 1. Wrap and binder application				

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13 continued

Unit Title: Hot/Cold Applications

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the types and local effects of heat application 2. Identify the types and local effects of cold applications 3. Discuss the types and indications for heat and cold therapies	I. Heat Therapy A. Heat appliances B. Effects of heat applications C. Response to heat therapy D. Conditions when heat is contraindicated II. Cold therapy A. Cold appliances B. Effects of cold applications C. Response to cold therapy D. conditions when cold is contraindicated III. Therapies A. Dry heat and cold applications 1. advantages and disadvantages B. Moist heat and cold applications 1. advantages and disadvantages C. Safety concerns 1. Assessment for temperature intolerance	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate the use of hot and cold applications

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14

Unit Title: Sexuality

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.8hrs/ Fund 0.2 hrs/GD	<ol style="list-style-type: none"> 1. Discuss sexuality and sexual health. 2. Discuss sexual development throughout the lifespan. 3. Review the various contraceptive methods and facts about common sexually transmitted infections. 4. Discuss factors influencing sexuality 5. Describe how sexuality changes with aging 6. Describe methods for assessing sexual functioning 7. Identify the older persons who are most at risk for experiencing problems related to sexuality 8. Discuss the concerns of aging lesbians, gay, bisexual, and transgender persons 	<ol style="list-style-type: none"> I. Sexuality vs. sexual health <ol style="list-style-type: none"> A. Terminology II. Scientific Knowledge base <ol style="list-style-type: none"> A. Sexual development B. Sexual orientation III. Contraception <ol style="list-style-type: none"> A. Methods B. STI's IV. Sociocultural Dimensions of Sexuality <ol style="list-style-type: none"> A. Decisional issues B. Sexual health C. Cultural aspects D. Religious beliefs 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 11 Chapter 40 Wold Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills I	Upon completion of this unit the student will: <ol style="list-style-type: none"> 1. Formulate appropriate nursing diagnoses for patients with alterations in sexuality. 2. Identify and describe nursing interventions to promote sexual health.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Spiritual Health

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.9 hr/ Fund 0.1 hr/GD	1. Discuss the relationship of spiritual health to physiological and psychosocial health 2. Discuss the health related beliefs and practices for the followers of various religions 3. Discuss spiritual health and the nursing process	I. Spiritual Health A. Definition of spiritual health 1. Faith/belief systems B. Relationship to other dimensions C. Religious aspects/beliefs 1. Religion/religious II. Beliefs of various religious groups A. Beliefs about health B. Health crisis/illness C. Birth D. Death E. Diet III. Spiritual health and the nursing process A. Spiritual assessment B. Nursing diagnoses C. Nursing interventions 1. Support systems 2. Role of the clergy/spiritual advisor 3. Prayer 4. Resources	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss nursing interventions designed to promote spiritual health 2. Evaluate how patients achieve spiritual health. 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Loss, Death, Grief and End of Life Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.4 hrs/ Fund 0.2 hrs/GD	1. Identify the nurse's role when caring for patients who are experiencing loss, grief, or death 2. Describe the types of loss and grief experienced throughout life 3. Describe the stages of grief and dying, with their associated behaviors and feelings 4. Identify three common fears a client is likely to experience when dying 5. List the common signs of impending death 6. Explain the difference between a patient's right to refuse treatment and assisted suicide 7. Identify factors that are likely to influence end of life decision making 8. Identify cultural and spiritual considerations related to end of life care 9. Discuss the role of the nurse when interfacing with the bereaved	I. Nurse's role A. Knowledge and caring B. Confidence, courage and compassion II. Types of Loss A. Necessary loss B. Maturation loss C. Situational loss III. Types of Grief A. Normal grief B. Anticipatory grief C. Disenfranchised grief D. Complicated grief IV. Theories of Grief and Mourning A. Stages of Dying – Kubler-Ross B. Attachment Theory Bowlby C. Grief Task Model – Worden D. Rando's "R" Process Model	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 15 Wold Chapter 15 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Identify methods for nurse self-care in grief and loss. 2. Describe care of the body after death. 3. Develop a nursing care plan for a patient and family experiencing loss and grief. 4. Perform postmortem care for a deceased client 5. Prepare to provide information regarding organ or tissue donation in response to family questions

	10. Discuss Factors Influencing Loss and Grief	V. Factors Influencing Loss and Grief A. Human Development B. Personal Relationships C. Nature of the Loss D. Nature of the Loss E. Coping Strategies F. Socioeconomic Status G. Culture and Ethnicity H. Spiritual and Religious Beliefs				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 15

Unit Title: Final Exam

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.1 hrs/ Fund 0.5 hrs/Nut	Final examination Course and Instructor Evaluation	1. Cumulative Review of Material	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Final Exam	21.6 Skills lab	1. Final skills testing in the skills lab

Key

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/P Anatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 1

Unit Title: The Importance of Critical Thinking

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Define critical thinking 2. Discuss the importance of developing critical thinking skills 3. Display the skills of a creative thinker 4. Using critical thinking skills analyze the Case Studies presented	I. What is Critical Thinking A. Applied to Nursing B. Creative Thinking 1. Brainstorming 2. Focus and Let Go 3. Refine Ideas and Follow Through C. Critical Thinking 1. Practice Tolerance 2. Understand before Criticizing 3. Ask Questions 4. Change	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 6 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 2

Unit Title: Leadership and Management as a Professional Concept

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Clarify the difference between leadership and management as to purpose and function 2. Identify the importance of an informal leader in an organization 3. Describe how people become aware of and develop leadership and management traits 4. Clarify the current role of a LVN in leadership[and management with a historical perspective 5. Describe the four most common leadership styles and how they relate to Maslow’s hierarchy of needs and Watson’s science of human caring 6. Using critical thinking skills analyze the Case Studies presented	I. Leadership vs Management A. Formal Leader B. Informal Leader C. Management II. Leadership Styles A. Autocratic Leader B. Democratic Leader C. Laissez-Faire Leader D. Multicratic or Participative Leader	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 9 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 3

Unit Title: Communication Skills in Leadership and Management

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Define effective communication 2. Discuss four basic communication skills that can be used successfully in the workplace 3. List seven communication principles appropriate for the clinical setting 4. Define failed communication 5. Compare and contrast passive, assertive, aggressive, and passive-aggressive communication 6. Explain the right of a Nurse to say "No" 7. List two components of a good memo and an effective meeting 8. Using critical thinking skills analyze the Case Studies presented	I. Listening Skills II. Nonverbal Communication III. Negative or Hostile Communication IV. Communication in the clinical Setting V. Failed Communication A. Feedback B. Communication Blocks VI. Assertive Communication VII. Other Forms of Communication	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 10 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 4

Unit Title: Welcome to Conflict

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Define conflict and its advantages to an organization 2. Describe the common causes of conflict 3. Share two scenarios that clarify the role of the LVN in conflict management 4. List the four transactional analysis approaches to conflict management, and describe an example of each 5. Define the “white-out” technique for dealing with anger 6. List the main rules for meaningful negotiation 7. Using critical thinking skills analyze the Case Studies presented	I. How Conflict Occurs A. Competitive or Opposing Actions B. Mental Struggle C. Hostile Encounters II. Causes of Conflict A. Unclear Roles B. Desire for Scarce Resources C. Distancing and Unifying Mechanisms D. Perceived or Felt Conflict E. Unresolved Conflict III. Role of LVN IV. Transactional Approach to Conflict Management A. Win-Lose B. Win-Yield C. Lose-Lose D. Win-Win V. Other Important Skills A. Negotiation B. Managing Anger	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 14 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 4 continued

Unit Title: Dealing with Chaos

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Define chaos theory and the strange attractor principle 2. List the three rules of delegation 3. Describe the effective use of delegation in clinical environments 4. Using critical thinking skills analyze the Case Studies presented	I. Chaos Theory A. Clinical Chaos B. Attractor Concept II. Strange Attractor III. Delegation A. Rules	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 15 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 5

Unit Title: Ethics and Law in Nursing Management

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Discuss the differences between the words ethical and legal 2. Describe the importance of the nurse practice act and its governing body , the state board of nursing 3. Define statutory law, common law, criminal law, and civil law 4. Describe how the following legal principles apply to nursing practice: duty to seek medical care for the client, confidentiality, permission to treat, informed consent, defamation of character, assault and battery, false imprisonment, advance directives, negligence, malpractice, and fraud 5. Using critical thinking skills analyze the Case Studies presented	I. Personal Values II. Ethical Theories A. Deontology B. Utilitarian III. Legal Issues IV. Nurse Practice Act V. Understanding the Law A. Statutory Law B. Common Law C. Institutional Policies and Procedures D. Criminal Law E. Civil Law VI. Legal Issues Specific to Nursing A. Duty to Seek Medical Care for the Client B. Confidentiality C. Permission to Treat D. Informed Consent E. Defamation of Character F. Advance Directives G. Negligence H. Malpractice I. Assault and Battery J. False Imprisonment VII. Safeguards for Preventing a Lawsuit	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 16 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 5 continued

Unit Title: Understanding Use of Power

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Discuss positive and negative approaches to the use of power 2. Differentiate between the common sources of power 3. Identify effective power-based strategies for the LVN 4. Describe and differentiate empowerment for self and others 5. List five characteristics of powerlessness in people and describe possible interventions 6. Using critical thinking skills analyze the Case Studies presented	I. What is Power II. Types of Power A. Expert B. Reward C. Coercion D. Information E. Legitimate F. Referent II. Power and the Role of the LVN III. Positive and Negative Uses of Power IV. Empowerment A. Empowering Self B. Supporting Self-Empowerment in Others V. Powerlessness	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 17 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 6

Unit Title: Motivating Employees

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Describe the negative impact of labeling on motivation 2. Identify the characteristics in nursing of oppressed group behavior and codependent relationships 3. Define David McGregor's theory X and theory Y and the meaning it has for the manager 4. List the characteristics of the two factors in Fredrick Herzberg's theory of motivation and indicate the importance of each factor 5. Discuss the importance of a nurse's responsibility for motivation of the profession 7. Using critical thinking skills analyze the Case Studies presented	I. Maslow's Hierarchy of Needs Revisited II. Oppressed Group Behavior A. Horizontal Hostility B. Belief in Lesser Value C. Belief in Superiority of Decisions D. Codependency III. Theories of Motivation A. McGregor's Theory X and Theory Y B. Herzberg's Two Factor Theory 1. Hygiene Factors 2. Motivator Factors IV. Creating a Motivating Environment	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 18 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 6 continued

Unit Title: Team Building

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. State the importance of teamwork in the current healthcare delivery system 2. List five of the eight characteristics of a high performance team 3. Briefly discuss the four stages of team development 4. Define group norms and list three functional group norms and three dysfunctional group norms 5. Using critical thinking skills analyze the Case Studies presented	I. Understanding Characteristics of a Team A. Clear and Elevating Goal B. Results Driven Structure C. Competent Team Members D. Unified Commitment E. Collaborative Climate F. Standards of Excellence G. External Support and Recognition H. Principles Leadership II. Stages of Team Development A. Forming B. Storming C. Norming D. Performing III. Group Norms A. Functional Behaviors B. Dysfunctional Behaviors C. Managerial Feedback and Support D. LVN Role IV. Understanding the Value of Team Concepts	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 19 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 7

Unit Title: Making Assignments, Counseling, and Analyzing Performance

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Discuss at least three aspects of delegation 2. Identify specific ways to support the empowerment of staff members 3. Describe appropriate content and documentation for a counseling session 4. Discuss the process and content of progressive discipline 5. Describe performance analysis and how it may be used in the work environment 6. Using critical thinking skills analyze the Case Studies presented	I. Leader, Manager or Both II. Making Assignments A. Identifying Tasks B. Assessing Client Needs C. Empowering Environment III. Sharing Information A. System of Accountability IV. Coaching A. Energizing B. Positive Reinforcement 1. Informal 2. Formal C. Teaching and Counseling 1. Session content 2. Session Documentation D. Disciplining V. Performance Analysis A. Need for B. Pitfalls C. Components of Performance Analysis D. Performance Plan for Improvement	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 20 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse
Instructional Plan: Semester 3 Week 8

Unit Title: NCLEX Review

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Complete Kaplan NCLEX assessment exam 2. Analyze responses using critical thinking skills		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	NCLEX Assessment Exam	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse
Instructional Plan: Semester 3 Week 9

Unit Title: Final Review

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Review all previous objectives 2. Review NCLEX pre-exam results 3. Complete application process		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Final Exam BVNPT Application	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 3rd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
A/P																			0
NUT		0.2			0.2			0.4	0.2	0.2			0.6	0.2	0.2				2.2
PSY																			0
G/D								3.2	3.4	3.4									10
FUN																			0
NP																			0
COM																			0
communication with patients with Psych disorders																			0
PE																			0
PHA	3	3	3	3	3	3													18
M/S	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2				63
CDIS																			0
GER																			0
REH																			0
MAT	3.6	3.4	3.6	3.6	3.4	3.6	3.6												26.8
PED											3.6	3.6	3	3.4	1.4				15
LDR							2	2	2	2	2	2	2	2	2				18
SUP																			0
ETH																			0
CRIT. THINK							1	1	1	1	1	1	1	1	1				9
CULT																			0
END-OF-LIFE																			0
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2				30
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6				294
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.5	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 2nd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content	
A/P																			0	
NUT	0.2			0.4		0.4		0.2		0.2				0.6					2	
PSY																			0	
G/D	0.5			0.5		0.5				1		0.5							3	
FUN																			0	
NP																			0	
COM																			0	
communication with patients with Psych disorders																			0	
PE																			0	
PHA																			0	
M/S	10.1	10.8	10.8	9.9	10.8	9.9	10.8	10.6	10.8	9.6	10.8	10.3	10.8	10.2	10.8				157	
CDIS																			0	
GER																			0	
REH																			0	
MAT																			0	
PED																			0	
LDR																			0	
SUP																			0	
ETH																			0	
CRIT. THINK																			0	
CULT																			0	
END-OF-LIFE																			0	
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	21.6			49.6	
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6				274.4	
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a teaching plan for an elderly client going home with a mobility problem about ways to prevent falls at home	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 1 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Gather positioning aids and place them correctly for the patient who has sustained trauma to the left knee 2. Institute measures to reduce the chance of contracture for patients with musculoskeletal 3. Assist clients with musculoskeletal injuries with active or passive range of motion 4. Provide care for a client who has undergone an arthroscopy 5. Teach a client to properly use crutches 6. Teach an elderly client with a mobility problem about ways to prevent falls at home

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with a Musculoskeletal injury or disorder	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 2 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Assess a client who has a connective tissue injury 2. Provide pin care for a client with external fixation 3. Teach the client going home with a cast about proper care of the cast and extremity 4. Observe a physical therapist who is teaching quadriceps exercise and then assist the client to practice 5. Assess the skin of a client who has a prosthetic device on an amputated limb

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 3 continued**

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Effectively use the nursing process for pain management 2. Use appropriate pain evaluation tools for a variety of clients 3. Recognize common side effects of analgesics and describe techniques for addressing them 4. Employ nonpharmacologic approaches to pain management with a variety of clients

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 4

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: **21.6 hours**

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a nursing Plan of Care for a client with cancer	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 4 continued

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Devise a general plan of nursing care for the client receiving chemotherapy 2. Formulate a teaching plan for the client who has bone marrow suppression from cancer treatment 3. Institute nursing interventions to help the client cope with the common problems of cancer and its treatment 4. Use appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and its treatment 5. Employ nursing interventions to help cancer clients cope with death and dying

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 5

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 5 continued

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives Continued from Week 4

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 6

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content– HCRS C214 – Clinical Semester II
 Instructional Plan: Semester 2 Week: 6 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Choose specific interventions to assist the client with a chronic illness who is home bound and has issues of loneliness 2. When in a long term care facility or hospital, discuss with the charge nurse the measures that are used for safety and fall prevention in the facility 3. Observe a rehabilitation team conference to see how a collaborative plan of care is created and updated 4. From assessment data, identify areas of psychological need for a home care client and family 5. Teach clients about more common diagnostic tests and procedures to diagnose and evaluate cardiovascular disease 6. Assist clients to form plans to modify cardiovascular disease risk factors

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 7**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
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See Instructional Plan for HCRS C204			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 	<ol style="list-style-type: none"> 1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with Cardiovascular Disease 	<p>2.0 hours Skills Lab</p> <p>19.6 hours Clinical</p>	<p>Skills Lab</p> <ol style="list-style-type: none"> 1. Practice all previously learned skills <p>Clinical Setting</p> <ol style="list-style-type: none"> 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 7 continued

Unit Title:
Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Develop and implement a teachings plan for a client who has hypertension 2. Choose the points to be included in the teaching plan for the client who has experienced thrombophlebitis 3. Institute a teaching plan for the client undergoing anticoagulant therapy 4. Differentiate between venous and arterial insufficiency during a physical assessment 5. Prepare a nursing plan of care for the client with arterial insufficiency 6. Identify three likely nursing diagnoses for clients who have common problems of vascular disease and list the expected outcomes and appropriate nursing interventions each

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Develop a teaching plan for a client going home with a cardiac disorder	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 8 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Develop a plan on care for a client who has heart failure 2. Perform a basic physical assessment on a client who has a mitral valve stenosis and dysrhythmia 3. Use the nursing process to care for assigned clients who have cardiovascular disorders 4. Safely administer medications for clients with cardiac disorders 5. Provide support to clients undergoing diagnostic testing and treatment for cardiac disorders 6. Develop a teaching plan for clients with cardiac disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 9 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Develop a teaching plan for a client with coronary artery disease 2. Identify signs and symptoms that indicate a client may be experiencing a myocardial infarct 3. Administer medications to clients experiencing cardiac disorders 4. Collaborate with other health care providers to care for clients after cardiac surgery 5. Contribute to discharge planning for a client after cardiac surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete the competency on facilities exposure to blood or body fluids	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 10 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Identify assessments that indicate immune system function 2. Describe precautions to be taken for clients with an impaired immune system 3. Evaluate your client’s risk for infection during a clinical experience 4. Perform nursing interventions needed for opportunistic infections 5. Implement a teaching plan for a client being started on HAART 6. Review a nursing plan of care for an HIV/A IDS client hospitalized with a low CD4 count 7. During clinical rotation, review the facility’s policy for exposure to blood or body fluids from an HIV positive client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 	<ol style="list-style-type: none"> 1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete a Nursing Plan of Care on a client with a Lymphatic Disorder 	<p>2.0 hours Skills Lab</p> <p>19.6 hours Clinical</p>	<p>Skills Lab</p> <ol style="list-style-type: none"> 1. Practice all previously learned skills <p>Clinical Setting</p> <ol style="list-style-type: none"> 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. List nursing measures for the prevention of infection for an immunocompromised client 2. List key elements for data collection, if an immunosuppressant disorder is suspected. 3. Perform nursing assessment on a client with a primary allergic condition 4. List the usual measures for treating an anaphylactic reaction and locate the necessary emergency equipment on your clinical unit 5. Perform nursing interventions for a client with lymphedema 6. Review a nursing plan of care for a client who has systemic lupus erythentosis 7. List interventions that can be used for a client with fibromyalgia 8. Explain the procedure and care for a bone marrow aspiration to a client 9. Perform a focused assessment on a client with a problem of hematologic system intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11continued

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete a Nursing Plan of Care on a client with a Lymphatic Disorder	2.0 hours Skills Lab 19.6 hours Clinical	Theory Specific Objectives continued 10. Choose nursing interventions for clients with problems of the hematologic system 11. Prepare to provide preprocedural and postprocedure care for the client undergoing a bone marrow aspiration 12. Perform an assessment on a client with a suspected hematologic disorder 13. Assist with the development of a plan of care for an adult with leukemia 14. Assess for signs and symptoms of disseminated intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 12 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Assess for specific age-related changes of the endocrine system in an elderly client 2. Teach clients about diagnostic tests that might be performed for symptoms of endocrine disorders 3. Perform a focused assessment on a client who may have an endocrine disorder 4. Identify appropriate nursing diagnoses and interventions for problems common to clients with endocrine disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a teaching plan for a client taking corticosteroids	2.0 hours Skills Lab 19.6 hours Clinica	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. From an appropriate list of nursing diagnoses, provide nursing care for a client with a pituitary disorder 2. Select appropriate nursing interventions for a client with adrenal insufficiency 3. Implement client teaching for a client with hypothyroidism 4. Plan postoperative assessment and nursing care for a client who has had a hypophysectomy 5. Evaluate the nursing care of a client who has had a thyroidectomy 6. Identify nursing diagnoses and appropriate interventions for a client with diabetes insipidus 7. Assist with development of a teaching plan for the client taking a corticosteroid

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with Diabetes	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 14 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Teach a newly diagnosed person with diabetes about the disease, treatment, and self-care 2. Perform a focused nursing assessment /gather data for the management of type 1 and type 2 diabetes mellitus 3. Interpret laboratory tests used in the diagnosis and management of diabetes mellitus 4. Assess for/gather data related to signs and symptoms that might indicate that the patient with diabetes is in early ketoacidosis 5. Teach a client how to recognize and self-treat hypoglycemia

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content– HCRS C214 – Clinical Semester II
 Instructional Plan: Semester 2 Week: 15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	Final Skills Checklist Simulation Scenarios	21.6 hours Skills Lab	Skills Lab 1. Practice all previously learned skills 2. Complete Skills Checklist 3. Complete all assigned simulation scenarios

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scavenger Hunt 2. Teaching plan for prevention of spread of disease 3. Role Playing 4. Explain how factors that influence critical thinking are experienced by you during client care 5. Write a goal that is realistic, measureable and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses	Skills Lab 21.6 hours	1. Become oriented to the resources of the Nursing Skills Lab 2. Review Basic ADL's 3. Perform proper procedure for hand hygiene 4. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for all clients 5. Prepare to teach a Home Care client with a wound infection how to prevent the spread of infections to family members 6. Identify signs of spiritual distress in a client and plan three interventions to relieve it 7. Discuss boundaries of professional care for a client whose religious beliefs are different from yours 8. Accurately assess body temperature, pulse, respirations, oxygen saturations and blood pressure 9. Accurately record and report vital sign measurements 10. Recognize deviations from normal vital sign patterns

				<p>10. Provide a clinical example of how nursing process is used in the care of medical surgical clients</p> <p>11. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation and percussion</p> <p>12. Prepare a list for beginning of shift assessment for a specific client</p>
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scenario Based Case Studies 2. Role playing 3. Communication Project 4. Development of Care Plan 5. Practice ROM and Positioning 6. Perform bed bath and basic hygiene techniques	Skills Lab 21.6 hours	1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions 2. Demonstrate nursing interventions that achieve culturally congruent care 3. Practice interview techniques 4. Interact therapeutically in a goal directed situation with a client in a scenario based situation 5. Communicate effectively with a client who has an impairment of communication 6. Assess clients for impaired mobility and activity intolerance 7. Formulate nursing diagnoses for clients experiencing

						<p>problems with impaired mobility and activity intolerance</p> <ol style="list-style-type: none">8. Write a nursing care plan for a client with impaired mobility and activity intolerances9. Describe interventions for maintaining activity tolerance and mobility10. Demonstrate ROM activities11. Demonstrate correct ambulation techniques12. Describe assessment activities designed to identify clients physical, psychological and cognitive status as it pertains to their safety13. Identify relevant nursing diagnoses associated with risks to safety14. Develop a nursing care plan for clients whose safety is threatened15. Describe nursing interventions specific to a client's age for reducing risk of falls, fires, poisonings, and electrical hazards16. Correctly apply various protective devices17. Given an emergency scenario, practice triaging the victims18. Successfully perform hygiene procedure for the skin, perineum, feet and nails19. Conduct a comprehensive assessment of a client's total hygiene needs20. Successfully perform a bed bath21. Provide oral care for an unconscious client
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Group discussion on client rights 2. Role playing 3. Study Guide	Skills Lab 21.6 hours	1. Interpret rights that a client has in a hospital, nursing home, community setting or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advanced Directives 4. Apply developmental theories when planning interventions in the care of clients throughout the life span 5. Discuss nursing implications for the application of developmental principles to client care 6. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging 7. Identify at least six signs and symptoms of normal aging 8. Guide the older adult's family members regarding signs that the older client needs assistance 9. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 4

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Assess lab values 2. Develop teaching plan 3. Role playing 4. Prepare and complete assessment charting forms	Skills Lab 21.6 hours	1. Practice how to measure and record fluid intake and output 2. From client laboratory results identify electrolyte values that are abnormal 3. Develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid base imbalance 5. Demonstrate feeding a client 6. Identify clients at risk for nutritional deficits 7. Complete a nutritional assessment on an assigned client 8. Develop a teaching plan for a client who a therapeutic diet is prescribed 9. Use a systematic way of charting to ensure that all pertinent information has been included 10. Practice interview techniques 11. Assess clients for signs of dehydration 12. Assess clients for and identify edema and signs of overhydration 13. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Prepare a detailed client information sheet on assigned client 2. Complete all math modules 3. Review procedure for nasogastric insertion 4. Complete teaching plan for assigned clients 5. Complete Plan of Care as assigned	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Prepare detailed client information 2. Practice donning gowns, masks, gloves 3. Correctly calculate a prescribed drug dose 4. Verbalize an understanding of correct procedures for administering oral medications 5. Observe the video on medication administration 6. Verbalize the "6" Rights 7. Practice inserting Nasogastric tube 8. Demonstrate use of bandages and slings to immobilize a body part

						<p>Clinical Setting</p> <ol style="list-style-type: none">1. Use nursing measures to promote regular bowel elimination in clients2. Collect a stool specimen3. Perform a focused assessment of the bowel4. Prepare to administer an enema5. Assist and teach the client who is incontinent with a bowel retraining program6. Provide ostomy care, including irrigation and changing the ostomy appliance7. Properly bag and remove soiled linens and trash from an isolation room8. Teach a client to use a metered-dose inhaler9. Write an plan of care for a client who is receiving medication to include client specific data, an identified
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						<p>nursing diagnosis and interventions used</p> <ol style="list-style-type: none">10. Document medication administration and the client response11. Develop a plan of care for a geriatric client with perception or cognitive problems12. Communicate effectively with a client with cognitive problems13. Perform an assessment on a client with perception or cognitive problems14. Correctly position clients15. Perform ROM exercises on client16. Demonstrate proper ambulation technique17. Transfer a client using a mechanical lift18. Assist the client with the use of a walker crutches, cane, brace, prosthesis or wheelchair19. Practice all previously learned skills
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Complete detailed information sheet on assigned client 2. Practice Physical Exam on partner 3. Write specific nursing diagnosis on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Watch video and practice injections in the skills lab 2. Calculate prescribed medication doses correctly 3. Practice all previously learned skills Clinical Setting 1. Identify the six rights of medication administration and apply them in clinical setting 2. Correctly and safely prepare and administer medications 3. Correctly prepare and administer a subcutaneous injection with 100% accuracy 4. Correctly prepare and administer an intramuscular injection with 100% accuracy 5. Complete a basic physical assessment on a client 6. Perform a visual acuity test on a client 7. Demonstrate the ability to take a health history 8. Demonstrate all previously learned skills 9. Provide teaching for a client

						who is to undergo tests for a vision problem 10. Perform focused assessments for disorders of the eyes and ears
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Practice physical exam on partner 2. Write a nursing plan of care for assigned client 3. Complete a detailed client information sheet on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Correctly apply sterile gloves 2. Correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. Practice NG tube insertion, irrigation, removal 7. Practice all previously learned skills Clinical Setting 1. Demonstrate NG tube insertions, irrigation, removal 2. Demonstrate feeding a client through a nasogastric tube 3. Implement a nursing plan of care and evaluate the care provided 4. Demonstrate all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a teaching plan based on the clients learning needs	2.0 Skills Lab	Skills Lab 1. Practice all p[reviously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion *Reading *Videos *Demonstrations *Role Playing	2. Complete a detailed client information sheet on assigned client	19.6 Clinical	Clinical Setting 1. Assess a client’s learning needs 2. Implement the teaching plan 3. Evaluate the effectiveness of the teaching and plan 4. Demonstrate all previously learned skills 5. Perform an assessment of the gastrointestinal status 6. Provide pre- and post- care of clients undergoing tests of the liver, gallbladder and pancreas 7. Provide care for a client experiencing diarrhea 8. Teach a client experiencing constipation ways to alleviate the problem 9. Demonstrate proper care of a client with a Salem pump tube for gastric decompression 10. Manage a tube feeding for
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings 4. Prepare a teaching plan for a client who has GERD 5. Write a plan of care for a client with cancer of the colon or		

				intestinal obstruction 6. List four interventions for helping the client psychologically adjust to their ostomy		the client receiving formula via a feeding pump
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Physical Assessment Testing	2.0 Skills Lab	Skills Lab 1. Practice inserting an indwelling catheter in males and females using sterile technique 2. Practice all previously learned skills Clinical Setting 1. Assess a client's urinary status 2. Teach client how to obtain a "Clean Catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform Kegel exercises 7. Demonstrate collecting a urine specimen from the client with an indwelling catheter 8. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Complete a Nursing plan of care on assigned client	19.6 Clinical	
			*Reading	3. Complete a detailed client information sheet on assigned client		
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a plan designed to assist getting adequate sleep	2.0 Skills Lab	Skills Lab 1. Practice applying oxygen delivery devices
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop a plan of care for a client with a respiratory problem	19.6 Clinical	2. Practice regulating oxygen flow
			*Reading	3. Complete a detailed client information sheet on assigned client		3. Practice tracheostomy care
			*Videos	4. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy		4. Practice care of a client with a chest tube and drainage system
			*Demonstrations	5. Develop a teaching plan for a client with asthma		5. Practice all previously learned skills
			*Role Playing			Clinical Setting 1. Assess a client regarding sleep difficulties
			Methods of Evaluation			2. Implement a plan designed to assist getting adequate sleep
			*Testing			3. Perform a respiratory assessment on a client
			*Group Discussions			4. Prepare to assist clients to clear the airway via coughing, postural drainage, suctioning, abdominal thrusts and inhalation therapy
			*Case Studies			5. Regulate oxygen flow and correctly apply oxygen delivery device
			*Return Demos			6. Demonstrate all previously learned skills
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

							7. Compare emergency nursing care for a client with a penetrating chest injury and that for the client with a spontaneous pneumothorax
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Discuss the teaching necessary for a client receiving various treatments	2.0 Skills Lab	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control 4. Evaluate the effects of pain medication and accurately report and record observations 5. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 6. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment	19.6 Clinical	
			*Reading	3. Identify nursing interventions to help the client cope with death and dying		
			*Videos	4. Complete a detailed client information sheet on assigned client		
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Design a preoperative and post-operative teaching plan	2.0 Skills Lab	Skills Lab 1. Demonstrate postoperative exercises including diaphragmatic breathing, coughing, incentive spirometer use, turning and leg exercises 2. Practice all previously learned skills Clinical Setting 1. Promote early ambulation and return to independence in activities of daily living 2. Perform discharge teaching necessary for postoperative home self-care 3. Demonstrate all previously learned skills 4. Implement a nursing plan of care for the home care patient with renal failure
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	2. Complete a detailed client information sheet on assigned client 3. List specific nursing plan of care for clients having surgery of the kidney 4. List specific nursing responsibilities in the care of clients with kidney stones 5. Describe interventions to increase patient compliance in the treatment of chronic kidney failure	19.6 Clinical	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a nursing care plan for a patient with impaired skin integrity	2.0 Skills Lab	Skills Lab 1. Demonstrate assessing and dressing wounds 2. Practice removal of staples and sutures 3. Practice hot and cold treatments 4. Practice all previously learned skills Clinical Setting 1. Demonstrate assessing and dressing wounds 2. Perform wound irrigation 3. Remove sutures or staples from a wound and apply steri strip 4. Perform hot or cold treatment to a client 5. Demonstrate all previously learned skills 6. Teach three clients to perform a self-assessment of the skin 7. Perform a focused integumentary assessment on a client 8. Provide ordered therapeutic measures for a client with an integumentary disorder
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. List appropriate nursing interventions for a patients with impaired skin integrity	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing	3. Complete a detailed client information sheet on assigned client		
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Formulate appropriate nursing diagnoses for client's with alterations in sexuality	2.0 Skills Lab	Skills Lab 1. Prepare to provide information regarding organ or tissue donation in response to family questions. 2. Practice all previously learned skills Clinical Setting 1. Evaluate how clients achieve spiritual health 2. Perform postmortem care for a deceased client 3. Demonstrate all previously learned skills 4. Teach a family about care for the client and home when scabies are present 5. Provide care for a Stage III or IV pressure ulcer 6. Apply Standard Precautions and sterile technique for the care of a burn
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Identify and describe nursing interventions to promote sexual health	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Discuss nursing interventions designed to promote spiritual health 4. Identify methods for nurse self-care in grief and loss 5. Describe care of the body after death 6. Develop a nursing care plan for a client and		

				family experiencing loss and grief 7. Complete a detailed client information sheet on assigned client 8. Assess the skin of family members for signs of skin cancer 9. Assist with the planning of care after the acute stage of a major burn, paying attention to both the physical and psychological needs		
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Skills Checklist	21.6	1. Review of all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion		Skills Lab	
			*Reading			
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Vocational Nursing Program
Curriculum Content – HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 4**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 14**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a Plan of Care on a Newborn 2. Complete a Plan of Care on a Hospitalized Pediatric Client 3. Complete a Plan of Care on a woman in labor or post partum	162 total Clinical Hours	Theory Specific for HCRS C206 Maternal/Child Nursing 1. Care for a newborn immediately after delivery 2. Provide nursing care for a normal newborn 3. Demonstrate the steps in the physical assessment of the newborn 4. Set up a Bili Bed for phototherapy treatment 5. Take and accurately record vital signs for a newborn, toddler, child, and adolescent 6. Obtain urine and/or stool specimens from an infant 7. Calculate and administer the appropriate medication doses for pediatric client 8. Administer oral, eye, and ear medications to infants and children 9. Perform gastrostomy tube feeding to an infant or child 10. Prepare and administer insulin to a child 11. Calculate expected delivery date 12. Provide care for a woman in first 3 trimesters of pregnancy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C206 Maternal/Child Nursing 13. Provide care for a woman in labor 14. Provide care for a woman in postpartum period

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Prepare a Plan of Care for a client who is confused and disoriented 2. Prepare a Plan of Care for a client who has a cognitive disorder 3. Prepare a Plan of Care for a client with a Thought Disorder 4. Prepare a teaching presentation for adults regarding disaster awareness and safety 5. Prepare a teaching plan for a community presentation on cessation of smoking	162 total Clinical Hours	Theory Specific for HCRS C205 Medical Surgical Nursing III 1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred 4. Observe how the triage nurse in the emergency department sets priorities for client care 5. Observe how the emergency team works together on a major accident victim 6. Role play with fellow students, practicing techniques to calm a combative client

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 7. Watch the movie <i>As Good as It Gets</i> and discuss behaviors that are debilitating for the main character 8. Implement a teaching plan for a client with a mood disorder to increase medication compliance 9. Identify at least six interventions for the nursing diagnosis Risk for self-directed violence related to suicidal ideations 10. Contribute to a teaching plan for a community presentation on smoking cessation 11. Review a care plan with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal 12. Prepare a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific for HCRS C205 Medical Surgical Nursing III</p> <p>13. Watch the movie <i>A Beautiful Mind</i> and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior</p> <p>14. Perform a thorough nursing assessment for a preoperative client</p> <p>15. Teach the client postoperative exercises during the perioperative period</p> <p>16. Prepare a client for surgery using a preoperative checklist</p> <p>17. Document preoperative care and assessment data</p> <p>18. Observe during a clients surgery</p> <p>19. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU</p> <p>20. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit</p>

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 21. Apply interventions to prevent postoperative complications 22. Assess for postoperative pain and provide comfort measures and pain relief 23. Promote early ambulation and return to independence in activities of daily living 24. Perform discharge teaching necessary for postoperative home self care 25. Gather pertinent history for a client with a nervous system problem 26. Demonstrate a “neuro” check 27. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale 28. Teach a family member how to properly assess and care for a client who has suffered a concussion 29. Perform a neurologic check on a client who has suffered head trauma

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 30. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 31. Prepare a plan of teaching self-care measures to a client who suffers from low back pain 32. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 33. Perform neurologic checks on a client who is admitted with a suspected CVA 34. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia 35. Teach a newly diagnosed client about the medications for Parkinson's disease 36. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 37. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection 38. Teach techniques of breast self-examination and vulva self-examination to a client 39. Plan the nursing care of a woman with a reproductive disorder 40. Describe the causes of and interventions for common disorders of the female reproductive tract 41. Teach a client about the procedure for a prostate biopsy 42. Outline a nursing plan of care for a client with prostate cancer 43. Devise a teaching plan for testicular examination for young adult men 44. Prepare materials describing treatment to a client experiencing erectile dysfunction

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 45. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 46. Instruct a female client on ways to prevent contracting or transmitting HIV 47. Teach a female client and a male client ways to prevent STI's

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Vocational Nursing Program **Level #** 1st semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
A/P																			0
NUT		3.6	0.6	3.35	0.4	0.4	0.4	0.4	0.4	0.6	0.6	0.6	0.9	0.6	1				13.85
PSY																			0
G/D			0.6		0.5	0.8				0.2		0.4		0.5					3
FUN	3.6	3.6	3	0.65	2.95	2.8	3.6	3.6	3.6	3.4	3.6	2.8	3.1	3.1	3.1				46.5
NP																			0
COM																			(1)
communication with patients with Psych disorders																			0
PE																			0
PHA	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4	2.4				36
M/S	3.6	0	3	3.2	3.35	3.2	3.2	3.2	3.2	3	3	3.4	3.2	3	3.1				44.65
CDIS																			(.5)
GER																			(7.5)
REH																			(5.5)
MAT																			0
PED																			0
LDR																			0
SUP																			0
ETH																			(1.75)
CRIT. THINK																			(5)
CULT																			(2.75)
END-OF-LIFE																			(2)
Total Theory Hours	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	9.6	0	0	0	144.00
Skills Lab	21.6	21.6	21.6	21.6	2	2	2	2	2	2	2	2	2	2	21.6				128
Clinical					19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6					196
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	31.2	0	0	0	468

**SUMMARY OF INSTRUCTIONAL PLAN PROGRAM HOURS
VOCATIONAL NURSING PROGRAM**

Name of Program: Cerro Coso Community College **Date: 10/1/2012**

Reference: Vocational Nursing Rules and Regulations: Article 5, section 2532 (Curriculum Hours) and section 2533 (Curriculum Content)

Curriculum Content	Prerequisites	Term 1	Term 2	Term 3	Term 4	Comments	Totals
Anatomy & Physiology	54						54
Nutrition		13.85	2	2.15			18
Psychology	54						54
Growth & Development		3	3	10			16
Fundamentals of Nursing	CNA18	46.5					64.5
Nursing Process		3	1.5	1.75			6.25
Communication		1.75	2	2.5			6.25
with pts with psych disorders			1	1			2
Patient Education		1	1	1			3
*Pharmacology		36		18			54
Medical/Surgical Nursing		44.5	157	63			264.5
Communicable Disease		0.5	2	0.75			3.25
Gerontological Nursing		7.5	1.5	1.5			10.5
Rehabilitation Nursing		5.5	2.75	3.75			12
Maternity Nursing				27			27
Pediatric Nursing				15			15
Leadership			2	18			18
Supervision				4			4
Ethics & Unethical Cond.		1.75	4.5	5.75			12
Critical Thinking		5	5	9			9
Culturally Congruent Care		2.75	2.5	2.75			8
End-of-Life Care		2	2	3			7
Total Theory Hours	108	144	162	162	0		594
Skills Lab Hours		128	30	30			188
Clinical Experience Hrs	CNA96	196	294	294			880
Total Clinical Hours	0	324	324	324	0		1068

TOTAL PROGRAM HOURS	1662
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Breakout of Clinical Hours by Topic Areas:

Topic	Hours
Fundamentals	182.4
Medical-Surgical	712.8
Pediatrics	86.4
Maternity	86.4
Leadership	
Supervision	
Total Clinical Hours (should match cell H26)	1068

Note: This form is not required by regulation, but is a tool designed to assist program directors to accurately calculate

curriculum content hours for Board-approval.

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 2nd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content	
A/P																			0	
NUT	0.2			0.4		0.4		0.2		0.2				0.6					2	
PSY																			0	
G/D	0.5			0.5		0.5				1		0.5							3	
FUN																			0	
NP																			0	
COM																			0	
communication with patients with Psych disorders																			0	
PE																			0	
PHA																			0	
M/S	10.1	10.8	10.8	9.9	10.8	9.9	10.8	10.6	10.8	9.6	10.8	10.3	10.8	10.2	10.8				157	
CDIS																			0	
GER																			0	
REH																			0	
MAT																			0	
PED																			0	
LDR																			0	
SUP																			0	
ETH																			0	
CRIT. THINK																			0	
CULT																			0	
END-OF-LIFE																			0	
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	21.6			49.6	
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6					274.4	
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 3rd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
A/P																			0
NUT		0.2			0.2			0.4	0.2	0.2			0.6	0.2	0.2				2.2
PSY																			0
G/D								3.2	3.4	3.4									10
FUN																			0
NP																			0
COM																			0
communication with patients with Psych disorders																			0
PE																			0
PHA	3	3	3	3	3	3													18
M/S	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2				63
CDIS																			0
GER																			0
REH																			0
MAT	3.6	3.4	3.6	3.6	3.4	3.6	3.6								2				26.8
PED											3.6	3.6	3	3.4	1.4				15
LDR							2	2	2	2	2	2	2	2	2				18
SUP																			0
ETH																			0
CRIT. THINK							1	1	1	1	1	1	1	1	1				9
CULT																			0
END-OF-LIFE																			0
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2				30
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6				294
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.5	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1**

Unit Title: Profession of Nursing-Fundamentals

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs (HCRS C113)

Curriculum Content/Hr	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the development of professional nursing roles. 2. Discuss the influence of social, political, and economic changes on nursing practices. 3. Compare and discuss the differences of the Standards of Nursing Practice and Nurse Practice Acts 4. Recognize the professional nursing organizations	I. Definitions of nursing II. Nursing values III. Contemporary Nursing A. Scientific and technologic advances B. Demographics C. Consumer movement D. Women’s movement E. Human rights movement III. Nursing Practice A. Standards of Practice B. Nurse practice acts IV. Nursing as a profession A. Professionalism B. ANAs levels of nursing practice C. Professional organizations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 End of Questions Quiz/Exam	HCRS C113 Skills Lab	1. Become Oriented to the Resources of the Nursing Skills Lab 2. Review basic ADL’s

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health and Wellness

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss and define the concept of health 2. Compare and contrast the health models 3. Discuss the variables that influence health beliefs and practices 4. Discuss illness behavior and the impact on the client and family 5. List the common signs and symptoms of stress 6. List the components of holistic health	I. Definition of health A. Define the concept of health; compare health and illness II. Models of health and illness A. Why developed B. Health Belief Model C. Health Promotion Model D. Basic Human Needs Model E. Holistic Health III. Variables influencing health beliefs and practices A. Internal variables B. External variables IV. Variables affecting illness behavior A. Risk factors 1. Internal vs external B. Impact on client and family	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 2 Questions End of Chapter Quiz/Exam		

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Infection Prevention – Medical Asepsis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Discuss the chain of infection 2. Identify the body's normal defense mechanisms 3. Explain infection Control measures 4. Compare and contrast medical asepsis and surgical asepsis	I. Chain of infection – and its links A. Infectious agent B. Reservoir C. Portal of exit D. Mode of transmission E. Portal of entry F. Host II. Body's natural defenses against infection A. Normal flora B. Body organ systems defenses C. Inflammatory response D. Immune response III. Medical aseptic techniques A. Prevention of the spread of organisms B. Categories of disease producing organisms IV. Control infection by A. Medical asepsis B. CDC guidelines C. Standard precautions D. Role of the infection control nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapters 16-17 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Perform proper procedure for hand hygiene. 2. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for clients. 3. Perform all previous Skills learned 4. Prepare to teach a home care client with a wound infection how to prevent the spread of infections to family members.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health Care Delivery System

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the factors that influence health care delivery 2. Discuss the levels of health care services 3. Identify the types of health care agencies and the role of the nurse in various settings 4. Discuss contemporary issues in health care delivery 5. Discuss financing of health Care services	I. Factors influencing delivery of health care A. Economic B. Cultural C. Ethnicity II. Levels of health care services A. Primary care B. Secondary care C. Rehab. and restorative care D. Continuing care III. Types of agencies A. Outpatient B. Community based C. Volunteer agencies D. Institutional settings E. Hospice F. Government IV. Issues in health care delivery A. Competency B. Evidenced-based C. Knowing clients D. Assistive personnel V. Financing health care services A. Private and group health programs B. Government programs	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Caring in Nursing Practice

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the role that caring plays in building the nurse-patient relationship. 2. Compare and contrast theories on caring. 3. Discuss caring through nursing practice 4. Plan ways to support the Spiritual needs of clients of Various religions. 5. Discuss ways in which Poverty often impedes adequate Health care in our country	I. Theoretical views A. Holistic B. Unique characteristics II. Theorists A. Leininger's transcultural caring B. Watson's transpersonal caring C. Swanson's theory of caring III. Ways to convey caring A. presence B. touch C. listening D. knowing the person E. spiritual caring F. relieving pain and suffering	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify signs of spiritual distress in a client and plan three interventions to relieve it 2. Discuss boundaries of professional care for a client whose religious beliefs are different from yours. 3. Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Vital Signs

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Explain the principles and mechanisms of thermoregulation. 2. Explain the physiology of normal regulation of blood pressure, pulse, oxygen saturation, and respirations. 3. Describe factors that cause variations in body temperature, pulse, oxygen saturation, respirations and blood pressure. 4. Identify the changes in vital signs in the older population. 5. Explain why pain is the fifth vital sign	I. Body temperature A. physiology B. regulation 1. conduction 2. radiation 3. convection 4. evaporation II. Physiology and function A. pulse B. respiration C. BP III. Physiology and factors influencing variances of vital signs A. pain B. exercise C. smoking D. medications E. neurological injury F. hemoglobin function IV. Factors affecting vital signs of older adults A. temperature B. pulse C. BP D. respirations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 21 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Accurately assess body temperature, pulse, respirations, oxygen saturation, and blood pressure. 2. Accurately record and report vital sign measurements. 3. Recognize deviations from normal vital sign patterns 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2

Unit Title: Theoretical Foundation of Nursing

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .3 hrs/Fund	1.Explain the influence of Nursing theory on a nurse’s approach to practice. 2. Describe types of nursing theories. 3.Discuss selected nursing theories 4. Describe theory-based nursing practice.	I. Domain of nursing A. person B. health C. environment II. Nursing theories A. Grand theories B. Middle range theories C. Descriptive theories D. Prescriptive theories III. Nursing theories A. Nightingale’s theory B. Peplau’s theory C. Henderson’s theory D. Orem’s theory E. Leininger’s theory F. Neuman’s theory G. Roy’s theory H. Watson’s theory I. Benner and Wrubel’s theories IV. Theory and Knowledge Development A. Nursing research B. Evidence-based	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: In the skills lab: 1.Independent practice of all previously learned skills in the skills lab

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Culture and Ethnicity

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .4 hrs/Fund	1. Discuss culture and ethnicity in relation to health and illness and nursing care 2. Describe social and cultural influences in health, illness, and caring patterns. 3. Discuss traditional health and illness beliefs of various groups of people 4. Describe the relationship of sociocultural background to health and illness beliefs and practices	I. Health and illness beliefs A. cultural responses B. Ethnic beliefs and practices II. Factors affecting health care of the culturally diverse population A. Ethnic history B. Social organization C. Religious/spiritual D. language/communication E. Time orientation F. Caring beliefs/practice G. Experience with healthcare H. Personal space and territoriality I. Social organization J. Environmental control III. Cultural Beliefs A. Cultural based practices and remedies 1. folk medicine 2. protective objects 3. substances and traditional remedies 4. Religious practices 5. Healers B. Heritage consistency IV. Culturally congruent nursing care A. Diversity of various backgrounds B. Definitions of culture and ethnicity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions. 2. Demonstrate nursing interventions that achieve culturally congruent care. 3. Demonstrate all Previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Communication

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the characteristics of verbal and nonverbal communication and the techniques and behaviors that affect professional communication 2. Describe aspects of critical thinking that are important to the communication process 3. Describe the five levels of communication and their uses in nursing. 4. Identify factors that influence communication 5. Compare effective communication techniques with blocks to communication 6. Discuss helpful characteristics of therapeutic communication 7. List and define non-helpful blocks to communication 8. Discuss the dimensions of a helping relationship 9. Describe qualities, behaviors, and communication techniques that affect professional communication. 10. Discuss the phases of a helping relationship	I. Modes of communication A. Verbal 1. Clarity and brevity 2. vocabulary 3. denotative and connotative meanings 4. pacing 5. Timing and relevance B. Nonverbal 1. Personal appearance 2. Intonation 3. Facial expression 4. Posture and gait 5. Gestures 6. Touch II. Factors that affect communication A. Development B. Perceptions C. values D. emotions E. Sociocultural background F. Knowledge G. Roles H. Environment I. Space and territoriality	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 Chapter Questions Quiz/Exam Communication Project		Upon completion of this unit the student will: In the skills lab: 1. Practice interview techniques 2. Interact therapeutically in a goal directed situation with a client in a scenario based situation. 3. Communicate effectively with a client who has an impairment of communication 4. Demonstrate all previously learned skills

		<p>III. Therapeutic communication characteristics</p> <ul style="list-style-type: none">A. Planned, deliberate, goal directed actB. Therapeutic techniques<ul style="list-style-type: none">1. Listening2. Conveying acceptance3. Paraphrasing4. clarifying5. focusing6. stating observations7. offering information8. maintaining silence9. assertiveness10. summarizing11. self-disclosure12. confronting <p>IV. Non-therapeutic communication techniques</p> <ul style="list-style-type: none">A. Giving opinionsB. False reassuranceC. Being defensiveD. Approval vs disapprovalE. stereotypingF. asking whyG. subject changeH. arguing <p>V. Dimensions of a helping relationship</p> <ul style="list-style-type: none">A. TrustB. EmpathyC. CaringD. Autonomy and mutuality <p>VI. Phases of the helping relationship</p> <ul style="list-style-type: none">A. Pre-interviewB. OrientationC. WorkingD. Termination				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Body Mechanics – Activity and Exercise

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hrs/Fund	1. Describe the role of the musculoskeletal and nervous systems in the regulation of movement 2. Discuss the physiological influences on body mechanics and joint mobility 3. Describe how to maintain and use proper body mechanics. 4. Describe how exercise and activity benefit physiological and psychological functioning. 5. Identify ways to maintain correct body alignment of the client in bed or chair 6. Describe the proper method for transferring a client between wheelchair and bed	I. Body Systems review of movement A. Muscles B. Skeleton C. Nervous System II. Definition of body mechanics A. Purpose of body mechanics B. Correct body alignment C. Body balance III. Review of principles of body mechanics A. Physical forces of weight and friction B. Principles of body mechanics Injuries in the setting IV. Benefits of safe transfers, positioning techniques A. Physiological benefit of exercise and activity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 18 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Assess patients for impaired mobility and activity intolerance 2. Formulate nursing Diagnoses for patients experiencing problems with impaired mobility and activity intolerance. 3. Write a nursing care plan for a patient with impaired mobility and activity intolerance. 4. Describe interventions for maintaining activity tolerance and mobility. 5. Demonstrate ROM activities 6. Perform transfers correctly 7. Demonstrate correct ambulation techniques

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Patient Safety

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Describe environmental hazards that pose risks to a person's safety. 2. Discuss the specific risks to safety related to developmental age. 3. Discuss individual risk factors 4. Define the knowledge, skills, and attitudes necessary to promote safety in a health care setting. 5. Demonstrate knowledge of the legal implications of using protective devices 6. Identify common noises in the health care facilities and ways to minimize their effects on clients	I. Basic needs in a safe environment A. Oxygen B. Nutrition C. Temperature D. Physical Hazards 1. poison 2. falls 3. fire 4. disasters E. Transmission of pathogens F. Patient restraints II. Factors influencing patient safety A. Risks at developmental stage 1. infant, toddler, preschooler 2. School-age child 3. adolescent 4. adult III. Risk factors to evaluate A. lifestyle B. impaired mobility C. sensory or communication impairment C. lack of awareness or cognition IV. National Patient Safety Goals A. Identify patients B. Improve communication C. Use Medication safely D. Reduce nosocomial infections E. Check patient medications F. Identify patients at risk	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 20 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Describe assessment activities designed to identify patients' physical, psychosocial, and cognitive status as it pertains to their safety. 2. Identify relevant nursing diagnoses associated with risks to safety. 3. Develop a nursing care plan for patients whose safety is threatened. 4. Describe nursing interventions specific to a patients' age for reducing risk of falls, fires, poisonings, and electrical hazards. 5. Correctly apply various protective devices 6. Given an emergency scenario, practice triaging the victims 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Hygiene

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss personal, social, and cultural factors that influence hygiene practices. 2. Discuss factors that influence a patient's personal hygiene preferences 3. List common skin, hair, scalp, foot and nail problems and their related interventions. 4. Discuss conditions that place patients at risk for impaired skin integrity. 5. Describe how hygienic care differs for the younger and older client	I. Explain proper hygiene care A. Review anatomy and physiology 1. Skin, oral cavity, eyes, ears, nose. II. Influencing factors regarding hygiene A. Social practices B. Body image C. socioeconomic status D. health beliefs and motivation E. cultural and physical conditions III. Skin problems A. Dry, acne, rashes, contact dermatitis, abrasions B. hair problems 1. dandruff, ticks, pediculosis, alopecia C. foot and nail problems 1. callus, corns, plantar warts, tinea pedis, ingrown nails, foot odors IV. Risk factors for potential skin problems A. Oral/airway problems B. Dialysis C. Immobilization D. Reduced sensation E. Excessive secretions or excretions, incontinence F. Reduced visual acuity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 19 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Successfully perform hygiene procedures for the care of the skin, perineum, feet and nails, mouth, eyes ears, and nose. 2. Conduct a comprehensive assessment of a patient's total hygiene needs. 3. Successfully perform a bed bath 4. Provide oral care for an unconscious client 5. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3

Unit Title: Nursing Ethics and Values

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define and discuss the terminology. 2. Discuss the Professional Nursing Code of Ethics 3. Understand basic Philosophies of health care ethics. 4. Explain a nursing perspective in ethics. 5. Discuss contemporary ethical issues.	I. Basic Terms in Health Ethics A. Autonomy B. Beneficence C. Nonmaleficence D. Justice E. Fidelity II. Professional Nursing Code of Ethics A. Advocacy B. Responsibility C. Accountability D. Confidentiality III. Ethics and Philosophy A. Deontology B. Utilitarianism C. Feminist Ethics D. Ethics of Care E. Consensus in Bioethics IV. Nursing Point of View A. Processing an Ethical Dilemma B. Institutional Resources V. Issues in Health Care Ethics A. Quality of Life B. Genetic Screening C. End of Life Care D. Access to Care	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: 1. Interpret rights that a client has in a hospital, nursing home, community setting, or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advance Directives 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Developmental Theories

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hrs/Fund	1. Discuss factors influencing growth and development. 2. Describe biophysical developmental theories 3. Describe and compare the psychoanalytical/psychosocial theories proposed by Freud and Erikson. 4. Describe Piaget's theory of cognitive development. 5. Kolberg's theory of moral development	I Individual patterns of growth And development throughout the lifespan A. Developmental theories II. Discussion of physical change and individual triggers A. Gesell's theory of development III. Compare and contrast major developmental theories A. Freud 1. psychosexual B. Erikson 1. psychosocial IV. Piaget A. Cognitive/moral development V. Kohlberg A. Moral development	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 11-13 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Apply developmental theories when planning interventions in the care of patients throughout the life span. 2. Discuss nursing implications for the application of developmental principles to patient care. In the clinical setting: 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Legal Implications

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Discuss the legal limits of Nursing care 2. Discuss Federal Statutory Issues in Nursing Practice 3. Discuss State Statutory Issues in Nursing Practice 4. Discuss Civil and Common Law issues in Nursing Practice	I. Legal Limits of Nursing A. Sources of Law 1. Nurse practice acts 2. Regulatory law 3. Civil and criminal laws B. Standards of Care 1. Legal requirements for nursing 2. Scope of practice 3. State Boards of Nursing 4. The Joint Commission II. Federal Statutory Issues in Nursing Practice A. Americans with Disabilities Act B. Emergency Medical Treatment Act C. Mental Health Parity Act D. Advance Directives E. Uniform Anatomical Gift Act F. Health Insurance Portability and Accountability Act G. Restraints III. State Statutory Issues in Nursing A. Licensure B. Good Samaritan Laws C. Public Health Laws D. Uniform Determination of Death Act E. Autopsy F. Physician-Assisted Suicide	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice all previously learned skills

		<p>IV. Civil and Common Law Issues in Nursing Practice</p> <ul style="list-style-type: none">A. TortsB. ConsentC. Abortion IssuesD. Nursing StudentsE. Malpractice InsuranceF. Abandonment and Assignment Issues				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Older Adults

Theory Hours this week: _____

Clinical Hours: _____

Curricular Content/H	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund 0.6 hrs/GD	1. Identify common myths and stereotypes about older adults. 2. Identify selected biological and psychosocial theories 3. Discuss common Developmental tasks of older adults. 4. Describe common physiological changes of aging. 5. Differentiate among delirium,dementia,and depression.	I. Myths and stereotypes A. False ideas B. Mistaken ideas II. Biological theories A. stochastic/nonstochastic theories B. psychosocial theories III. Adjustments to: A. health/physical changes B. income C. family structure D. living arrangements E. relationships F. quality of life IV. Common physiological changes A. all body systems affected V. Compare clinical features of: A. delirium B. dementia C. depression	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 13 Wold Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging. 2. Identify at least six signs and symptoms of normal aging 3. Guide the older adult's family members regarding signs that the older client needs assistance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4

Unit Title: Nutrition

Theory Hours this week: 3.6

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.95 hrs/Nut	<ol style="list-style-type: none"> 1. Review key terms in nutrition and nutrients 2. Review the anatomy and physiology of the GI Tract 3. Describe food guidelines and discuss their value in planning meals for good nutrition. 4. Discuss factors affecting Nutrition across the life span 5. Discuss alternative feeding patterns 6. Discuss the functions of proteins carbohydrates fats vitamins minerals and water in the human body 7. Identify food sources of proteins carbohydrates fats vitamins and minerals 8. List medical conditions that may occur as a result of protein calorie vitamin or mineral deficiency or excess 	<p>I. Biochemical Units of Nutrition</p> <p>A. Essential Nutrients</p> <ol style="list-style-type: none"> 1. Carbohydrates 2. Protein 3. Fats 4. Water 5. Vitamins – fat and water soluble 6. Minerals <ol style="list-style-type: none"> a. macrominerals and microminerals <p>II. Discuss the organs and function of the Digestive system</p> <ol style="list-style-type: none"> A. Digestion B. Absorption C. Metabolism and storage of nutrients <p>III. 2010 Dietary Guidelines</p> <ol style="list-style-type: none"> A. Dietary Reference Intake B. Food Guidelines C. Daily Values D. ChooseMyPlate Guide <p>IV. Contributing Factors</p> <ol style="list-style-type: none"> A. Environmental B. Developmental needs C. Religious restrictions D. Alternative diets <ol style="list-style-type: none"> 1. Vegetarian diet <p>V. Describe methods and Complications of alternative nutrition</p> <ol style="list-style-type: none"> A. Enteral feedings B. Parenteral nutrition 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 26 Chapter Questions Quiz/Exam	Skills Lab	<p>Upon completion of this unit the student will:</p> <p>In the Skills Lab:</p> <ol style="list-style-type: none"> 1. Demonstrate feeding a patient 2. Practice all previously learned skills 3. Identify clients at risk for nutritional deficits 4. Complete a nutritional assessment on an assigned client 5. Develop a teaching plan for a client for whom a therapeutic diet is prescribed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Fluid and Electrolyte – Intake and Output

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Nut	1. Describe the processes involved in regulating extracellular fluid volume, body fluid osmolality, and fluid distribution. 2. Discuss Fluid Balance 3. Describe common fluid, electrolyte, and acid-base imbalances. 4. Discuss Electrolyte Imbalances and related causes 5. Identify signs and symptoms of the common fluid and electrolyte imbalances	I. Location and movement of water and solutes A. Fluid compartments B. Movement of water/electrolytes 1. Active transport 2. Diffusion 3. Osmosis 4. Filtration II. Fluid Homeostasis A. Fluid Intake and absorption 1. Healthy daily average intake B. Fluid Distribution C. Fluid Output 1. Healthy daily average output III. Fluid Imbalance A. Volume Imbalances 1. Extracellular fluid deficit 2. Extracellular fluid excess III. Osmolality Imbalances A. Hyponatremia B. Hyponatremia IV. Combined volume and osmolality imbalances A. Dehydration IV. Electrolyte Imbalances A. Hypokalemia B. Hyperkalemia C. Hypocalcemia D. Hypercalcemia E. Hypomagnesemia F. Hypermagnesemia	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 25 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice how to measure and record fluid intake and output. 2. From client laboratory results identify electrolyte values that are abnormal 3. develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid-base imbalance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Documentation

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .650hr/Fund	1. Describe methods for Interdisciplinary communication within the health care team 2. Identify purposes of a health care record. 3. Discuss legal guidelines for documentation. 4. Describe the different methods used in record keeping. 5. Discuss maintaining confidentiality of medical records 5. Discuss the purpose of common record keeping forms	I. Interdisciplinary Communication A. Patient record 1. Written documentation B. Verbal reports 1. change-of-shift 2. telephone reports 3. hand-off reports 4. incident reports II. Purposes of health care records A. Communication B. Legal documentation C. Reimbursement D. Education E. Research F. Auditing and monitoring III. Quality documentation and Reporting A. Factual B. Accurate C. Complete D. Current E. Organized IV. Methods of Documentation A. Paper and electronic records B. Narrative C. Problem oriented medical record D. Source records E. Charting by exception F. Case management and critical pathways	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 7 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use a systematic way of charting to ensure that all pertinent information has been included 2. In the skills lab practice client interview techniques 3. Interview the client you are assigned to 4. Practice all previously Learned skills

		<p>V. Common Record keeping forms</p> <ul style="list-style-type: none">A. Admission Nursing HistoryB. Flow sheets and graphicC. KardexD. Standardized care plansE. Discharge Summary forms				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5

Unit Title: Bowel Elimination

Theory Hours this week: 3.6 Hours Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hr/Fun 0.15hr/Nut 0.25 hr/ GD	1. Recall the anatomy of the GI organs and their role in digestion and elimination 2. Discuss the psychological and physiological factors that influence elimination 3. Discuss common bowel elimination problems 4. Describe common bowel diversions 5. List safety considerations related to giving a client an enema 6. Discuss the psychosocial implications for a client who has an ostomy 5. Discuss the nursing process in relationship to bowel function 6. List the nursing measures aimed at promoting normal bowel function	I. Anatomy of the GI tract A. GI organs 1. organs 2. role in digestion 3. role in elimination II. Psychological and physiological factors that influence elimination A. Developmental status/age B. diet/fluid intake C. psychological factors D. personal habits E. pain F. medications III. Common bowel elimination problems A. constipation B. fecal impaction C. diarrhea D. incontinence E. flatulence IV. Bowel diversions A. Permanent or temporary methods A. Colostomies 1. loop colostomy 2. end colostomy 3. double barrel B. Ileostomy	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 30 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Use nursing measures to promote regular bowel elimination in clients 2. Collect a stool specimen 3. Perform a focused assessment of the bowel 4. Prepare to administer an enema 5. Assist and teach the client who is incontinent with a bowel retraining program 6. Provide ostomy care, including irrigation and changing the ostomy appliance

		<p>V. Nursing Process</p> <ul style="list-style-type: none">A. Assessment of bowel function<ul style="list-style-type: none">1. nursing history2. physical assessment3. fecal characteristics4. laboratory and diagnostic testsB. Nursing diagnosis <p>VI. Nursing plan and implementation</p> <ul style="list-style-type: none">A. Promote normal bowel habits<ul style="list-style-type: none">1. nursing measuresB. types of enemas<ul style="list-style-type: none">1. cleansing2. oil retention3. carminative4. return flow/Harris flush5. medicatedC. Digital removal of stoolD. Care of ostomies<ul style="list-style-type: none">1. pouching ostomies2. irrigating an ostomyE. maintenance of proper fluid and food intakeF. Promotion of exerciseG. Promotion of comfort				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Infection Control - Isolation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hours	1. Identify the two systems used for protective isolation 2. Discuss the 2-Tier system, the purpose and barriers of each 3. Recognize the psychological implications of isolation precautions 4. Describe how to give nursing care in an isolation room 5. Describe the role of the infection control nurse 6. Describe how procedures for Airborne Precautions differ from those for Droplet Precautions 7. List techniques for handling specimens, disposal of dirty linen, trash, and sharps and the cleaning of equipment in the isolation setting	I. Two systems for transmission precautions A. Disease specific system B. Category specific isolation C. Strict D. Contact E. Respiratory II. Transmission precautions A. Tier I – Standard precautions 1. Blood 2. Body fluids/secretions/excretions 3. non-intact skin/mucous membranes B. Tier II – Transmission Categories 1. airborne precautions 2. droplet precautions 3. Contact precautions III. Psychological implications of isolation A. Body image B. isolated protective environment C. Protective clothing IV. Delivering care in isolation A. Cross-contamination precautions B. Disposable equipment C. donning and removing PPE V. Role of the infection control professional nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 17 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Practice donning gowns, masks gloves 2. Properly bag and remove soiled linens and trash from an isolation room 3. independent practice of all skills taught

Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Oral Medication Administration

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRSC100 1.0 hours	1. Discuss the nurse's legal responsibilities in drug prescription and administration 2. Discuss the roles in medication administration 3. List the common types of medication orders 4. List the common medication distribution systems 5. List the steps for oral medication administration 6. State the guidelines for administering medications through a nasogastric tube 7. Identify four principles to be followed when giving a medication through a feeding tube 8. Discuss your responsibilities in the event of a medication error	I. Nursing responsibility in medication administration A. "Rights" of medication administration B. Where to find medication information II. Administration of medications A. Physician role B. Nurse role C. Pharmacist role III. Common types of medication orders A. Standing B. PRN C. Single or one time only D. STAT IV. Common types of distribution methods A. Stock supply B. PYXIS C. Unit-dose system V. Oral Drug Administration VI. Guidelines for NG tube administration A. Nurse's role in NG tube administration	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 34 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Correctly calculate a prescribed drug dose 2. Verbalize an understanding of correct procedures for administering oral medications 3. Demonstrate correct preparation of oral medications 4. Observe the video on medication administration 5. Verbalize the "6 Rights" 6. Practice inserting nasogastric tube 7. Teach a client to use a metered-dose inhaler 8. Write a plan on care for a client who is receiving medication to include client specific data, and identified nursing diagnosis and interventions used 9. Document medication administration and the client response

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Sensory Alterations in the Geriatric Client

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.25/Fund 0.25/GD	1. Describe normal sensory and cognitive functions 2. Describe how sensory perception and cognition change with aging 3. Discuss the effects of disease processes on perception and cognition 4. Identify older adults who are at most risk for experiencing perceptual or cognitive problems 5. Identify selected nursing diagnoses related to cognitive and perceptual problems 6. Describe nursing interventions that are appropriate for older adults experiencing problems related to perception or cognition.	I. The components of normal sensation A. Reception B. Perception C. Reaction II. Types of sensory alterations A. Sensory deficits B. Sensory deprivation C. Sensory overload III. Factors that influence sensory functioning A. Growth and development B. Medications C. environmental factors D. Illness E. Smoking IV. Nursing process A. Assessment 1. physical assessment 2. ability to perform ADL 3. Environment 4. Family support 5. Communication B. Nursing diagnosis C. Planning & Intervention 1. promote function of existing senses 2. meaningful stimulation 3. provide a safe environment 4. promote self-care D. Evaluation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Wold Chapter 10 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Develop a plan of care for a geriatric client with perception or cognitive problems 2. Communicate effectively with a client with cognitive problems 3. Perform an assessment on a client with perception or cognitive problems.

Vocational Nursing Program
Curriculum Content HCRS C100 Fundamentals -
Instructional Plan: Level 1 Week 5 continued

Unit Title: Mobility and Immobility

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hours	1. Discuss the benefits and hazards of bedrest 2. Discuss the alterations on respiratory function associated with bedrest related to the nursing process 3. Describe how immobilization increases cardiac workload and thrombus formation 4. Identify musculoskeletal changes associated with immobility 5. List the alterations on the GI and GU systems 6. Describe the psychosocial effects of immobilization	I. Benefits and hazards of bedrest A. Potential complications of bedrest B. Therapeutic effects of bedrest C. Types of bedrest II. Effects of immobility A. Physiological dimension 1. Metabolic effects a. assessment b. intervention 2. Respiratory a. assessment b. intervention III. Effects of immobility A. Cardiovascular effects B. Increase cardiac workload C. Mechanism of thrombus formation 1. Assessment 2. Intervention IV. Effects of immobility A. Musculoskeletal changes 1. Assessment 2. Intervention V. Effects on GI and GU systems A. Assessment/Intervention VI. Psychosocial Responses A. Assessment/Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 39 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Correctly position clients in all positions 2. Perform ROM exercises on client 3. Demonstrate use of bandages and slings to immobilize a body part 4. Demonstrate proper ambulation technique 5. Transfer a client using a mechanical lift 6. Assist a client with the use of: walker, crutches, cane, brace, prosthesis and wheelchair

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6

Unit Title: Injectable Medication Administration

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .75 hr/Fund .35 hr/GD	<ol style="list-style-type: none"> 1. Discuss the common routes parenteral medications 2. Discuss the equipment needed for parenteral administration of medications 3. Discuss preparing medications from a vial and ampule 4. Discuss mixing insulin 5. Identify sites for injections 6. Discuss the signs and symptoms of anaphylactic shock 	<ol style="list-style-type: none"> I. Parenteral routes of medications <ol style="list-style-type: none"> A. Injected into body tissues <ol style="list-style-type: none"> 1. IM – SQ - intradermal II. Parenteral administration equipment <ol style="list-style-type: none"> A. Syringes <ol style="list-style-type: none"> 1. types of syringes 2. parts of the syringe B. Needles <ol style="list-style-type: none"> 1. length and gauge III. Preparing medications <ol style="list-style-type: none"> A. Ampule <ol style="list-style-type: none"> 1. single dose B. Vial <ol style="list-style-type: none"> 1. single or multidose container IV. Insulin preparation <ol style="list-style-type: none"> A. Procedure to mix insulin V. Sites recommended for injections <ol style="list-style-type: none"> A. SQ B. IM C. Intradermal 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 35 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: <ol style="list-style-type: none"> 1. Identify the six rights of medication administration and apply them in clinical settings 2. Correctly and safely prepare and administer medications 3. Watch the video and practice injections in the skills lab 4. Calculate prescribed medications doses correctly 5. Correctly prepare and administer a subcutaneous injection with 100% accuracy 6. Correctly prepare and administer an intramuscular injection with 100% accuracy

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Critical Thinking in Nursing Practice

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hr:	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define critical thinking 2. Discuss the nurse's responsibility in making clinical decisions 3. Compare and contrast these three levels of critical thinking. 4. Discuss the similarities between general and specific competencies and the nursing process 5. Discuss the Components of Critical Thinking in Nursing	I. Critical Thinking Defined A. Thinking and Learning 1. continuous process II. The use of critical thinking distinguishes nurses from technical health care team members. III. Levels of critical thinking in nursing A. Basic Critical Thinking B. Complex Critical Thinking C. Commitment IV. Critical Thinking Competencies A. General Critical Thinking B. Specific Critical Thinking C. Nursing Process as a Competency V. Critical Thinking Model for Clinical Decision making A. Specific knowledge base B. Experience C. The nursing process D. Competency E. Attitudes for critical thinking F. Standards for critical thinking 1. intellectual standards 2. professional standards	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate all previously Learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Health Assessment and Physical Exam

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.45 hr/Fun .45 hr/ GD	1. Discuss the purposes of physical examination 2. Identify and discuss the skills of the physical exam 3. Describe the various positions, techniques and equipment for examination 4. Identify normal and abnormal breath and heart sounds	I. Physical exam and health assessment A. Components of the health assessment B. Health history C. Indications for physical exam D. Baseline information II. Skills of the physical exam A. Inspection B. Palpation C. Percussion D. Auscultation E. Olfaction III. Review the various positions for exam A. common postural abnormalities B. organization and equipment for the exam C. Environmental prep IV. Normal sounds A. normal 1. Breath sounds 2. Heart sounds B. Abnormal 1. Breath sounds 2. Heart sounds	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 22 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Complete a focused health assessment on a partner 2. Complete a basic physical assessment on a client 3. perform a visual acuity test on a client

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Assessment

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. State the 5 components of the nursing process 2. Discuss the purpose of nursing assessment 3. State the sources and methods of data collection 4. Discuss the Critical Thinking Approach to Assessment using methods to collect data	I. Overview of the nursing process A. Purpose B. Components C. Characteristics II. Assessment A. purpose B. Organization III. Data collection A. Objective and subjective B. Data sources C. Methods of collecting data IV. Critical Thinking Approach to Assessment A. Data collection B. Methods of data collection C. Cultural considerations in assessment D. Nursing health history E. Physical Exam F. Observation of patient behavior G. Diagnostic and lab data H. Interpreting and validating I. Assessment data J. Data documentation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate the ability to take a health history 2. Based on the health assessment of a specific client, write an individual nursing diagnosis 3. practice Physical exam on a partner 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Nursing Diagnosis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. List and discuss the steps of the nursing diagnostic process 2. Differentiate between a nursing diagnosis and a medical diagnosis 3. Discuss the advantages of a nursing diagnosis 4. Discuss Critical Thinking in the Nursing Diagnostic Process 5. Discuss Sources of Diagnostic Errors 6. Discuss Concept Mapping	I. Steps of the nursing diagnostic process A. analysis and interpretation of data B. Identification of problems C. Formulation of nursing diagnosis II. Nursing diagnosis vs. medical diagnosis A. Medical diagnosis B. Nursing diagnosis C. Sources of errors 1. data collection 2. data analysis 3. data clustering 4. diagnostic statement errors III. Advantages of the nursing diagnosis for: A. Client B. Nursing IV. Critical Thinking and the Nursing Diagnostic Process A. Data Clustering B. Interpretation—Identifying Health Problems C. Formulating a Nursing Diagnosis D. Types of Nursing Diagnoses E. Components of a Nursing Diagnosis F. Cultural Relevance of Nursing Diagnoses	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 5 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate formulating a Nursing diagnostic statement 2. Practice Physical exam on a partner 3. Demonstrate all previously learned skills

		<p>V. Sources of Diagnostic Errors</p> <ul style="list-style-type: none">A. Errors in Interpretation and Analysis of DataB. Errors in Data ClusteringC. Errors in the Diagnostic StatementD. Documentation and Informatics <p>VI. Concept Mapping Nursing Diagnoses</p> <ul style="list-style-type: none">A. A concept map is a graphic representation of multiple diagnoses.				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7

Unit Title: Infection Prevention: Surgical Asepsis

Theory Hours this week: 3.6 total

Clinical Hours this week: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define and discuss surgical asepsis, sterile and contaminated 2. Identify and state the principles of surgical asepsis 3. Recognize the steps to maintain a sterile procedure	I. Practices that maintain surgical asepsis II. Principles of surgical asepsis A. Sterile + sterile = sterile B. Sterile objects = Sterile field C. Keep sterile objects sterile D. maintain sterile field III. Performing sterile procedures A. Opening sterile packages B. Adding sterile supplies to sterile field C. Pouring sterile solutions D. Sterile gloving	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: In the lab/clinical setting: 1. correctly apply sterile gloves 2. correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. practice Physical exam on a partner 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nasogastric Intubation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.7 hrs/Fund	1. Define and discuss the terms: paralytic ileus, gavage, and lavage 2. State the purpose and indication for types of tubes used 3. Describe the steps for nasogastric tube insertion, irrigation, and removal 4. Describe how to facilitate tube drainage 5. Describe how to prevent injury from intubation and provide comfort	I. Pathophysiology and etiology A. Paralytic ileus B. Gavage C. Lavage II. Purpose and types of tubes A. Nasogastric tubes 1. Levin 2. Salam Sump 3. Dophoff or Duo B. Intestinal tubes 1. Miller-Abbott 2. Cantor C. Esophageal Varices III. Steps for NG insertion A. Placement IV. Facilitating drainage A. types of suction 1. Low suction 2. High suction 3. Intermittent/continuous suction V. Prevention of injury A. Anchor tube B. moisten mucous membranes C. Promote comfort 1. Position 2. medication 3. oral hygiene	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 27 page 494-502 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. NG Tube insertion 2. NG Tube irrigation 3. NG Tube removal 4. Demonstrate feeding a client through a nasogastric tube

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Planning Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hr/Fund	1. Discuss the purposes of the nursing care plan 2. List the steps of care plan development 3. Discuss the differences between independent, dependent, and interdependent interventions 4. Discuss the different types of facility care plans	I. Purpose of the Nursing Care Plan for: A. Patient B. Nursing II. 3 phases of care plan development A. 1 st phase – establishment of priorities B. 2 nd phase – determine goals of care C. 3 rd phase – development of expected outcomes III. Designing Interventions A. Types of interventions 1. Independent interventions 2. Collaborative interventions 3. Physician initiated interventions B. Selection of intervention IV. Various structured care plans A. Institutional care plans B. Standardized care plans C. Computerized care plans D. Critical pathways E. Student care plans	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Implementation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. List and discuss the steps of the implementation process	I. Implementation process A. Client reassessment B. Review and modify the care plan C. Identify areas of assistance D. Implementation of nursing strategies E. Communication of nursing strategies F. Implementation methods 1. Protocol 2. Standing orders	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Role Playing Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Evaluation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. Discuss the final step of the nursing process 2. Discuss how to evaluate if the nursing plan was successful	I. Nursing Process: Evaluation A. Dynamics of evaluation 1. goal achievement 2. Expected outcomes II. Evaluative measures A. Specific B. Measureable C. Realistic for client	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 8

Unit Title: Patient Education

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.6 hrs/Fund	<ol style="list-style-type: none"> 1. Discuss the standards and purposed for the teaching and learning process 2. Describe the domains of learning 3. List and differentiate between conditions and factors that can affect learning 4. Discuss the types of resources available to assist in client teaching 5. Describe ways in which teaching can be continued following hospital discharge 3. Describe the basic learning principles 4. Relate the nursing process to the learning principles 	<ol style="list-style-type: none"> I. Client education <ol style="list-style-type: none"> A. Standards for client education B. Purposes for client teaching C. Teaching as a form of communication II. Domains of learning <ol style="list-style-type: none"> A. Cognitive <ol style="list-style-type: none"> 1. Acquiring knowledge 2. Comprehension 3. Analysis 4. Synthesis 5. Evaluation B. Affective learning <ol style="list-style-type: none"> 1. Receiving 2. Responding 3. Valuing 4. Organizing 5. Characterizing C. Psychomotor <ol style="list-style-type: none"> 1. Perception 2. Set 3. Guided response 4. Complex overt response 5. Adaption 6. Origination 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 9 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	<p>Upon completion of this unit the student will:</p> <ol style="list-style-type: none"> 1. Assess a clients learning needs 2. Develop a teaching plan based on the clients learning needs 3. Implement the teaching plan 4. Evaluate the effectiveness of the teaching and the plan

		<p>III. Basic learning principles</p> <p>A. Motivation to learn</p> <ol style="list-style-type: none"> 1. Attentional set 2. Motivation 3. Psychosocial adaption 4. Active participation <p>B. Ability to learn</p> <ol style="list-style-type: none"> 1. Developmental capability 2. Age group 3. Physical capability <p>C. Learning environment</p> <p>IV. Nursing diagnosis</p> <p>A. Knowledge deficit</p> <p>B. Planning</p> <ol style="list-style-type: none"> 1. learning objectives 2. Priorities 3. timing 4. learner attention and participation 5. build on existing knowledge 6. teaching resources 7. teaching plan <p>C. Evaluation</p> <ol style="list-style-type: none"> 1. successful in meeting goals 				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9

Unit Title: Urinary Elimination

Theory Hours this week: 3.6 hours

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Recall the function of each organ in the urinary system 2. Identify factors that influence urinary elimination 3. Identify alterations in urinary elimination 4. Describe the characteristics of normal and abnormal urine 5. Discuss nursing measures to promote normal micturition 7. Continue the rationale for using a continuous bladder irrigation system	I. Review of anatomy and function of the urinary system II. Factors influencing urination A. Growth and development B. Sociocultural factors C. Psychological factors D. Personal habits E. Disease conditions F. Surgical conditions G. Medications III. Alterations in Urinary elimination A. Urinary retention B. urinary tract infections C. urinary incontinence D. Urinary diversions IV. Assessment of urinary status A. Nursing history B. physical assessment C. Urine assessment D. Urine testing E. Diagnostic exams F. Blood glucose monitoring V. Promoting bladder emptying A. Kegel exercises B. Medications C. catheterization	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client's urinary status 2. Teach a client how to obtain a "clean catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform the Kegel exercises

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9 continued

Unit Title: Urinary Catheterization

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define intermittent and continuous catheterization 2. Discuss the indications for catheterization 3. Discuss catheter care for the prevention of UTI's 4. Describe the key points for catheter insertion 5. Describe the steps for the removal of the catheter	I. Types of catheters A. Intermittent/in and out B. Continuous/indwelling II. Indications for catheterization A. Surgery B. Incontinence C. Urinary retention III. Risk for Urinary Tract Infections A. Catheter care B. Observations to make C. S/S of UTI IV. Steps of catheter insertion A. Sterile technique V. Steps of catheter removal	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab setting: 1. Demonstrate insertion of the indwelling catheter in the female/male client 2. Demonstrate perineal care to the client with an indwelling catheter 3. Demonstrate collecting a urine specimen from the client with an indwelling catheter 4. Demonstrate all previously learned skills 5. Physical Assessment Testing

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10

Unit Title: Sleep

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .80 hrs/Fund .20 hrs/GD	1. Define nonREM and REM sleep 2. Delineate factors that affect sleep 3. Describe common sleep disorders 4. Identify Nursing diagnoses and interventions for a client with a sleep disturbance 5. Discuss how the need for sleep changes over the life span 6. Identify older adults who are most at risk for experiencing disturbed sleep patterns 7. Identify selected nursing diagnoses related to sleep or rest problems 8. Describe nursing interventions that are appropriate for older adults experiencing problems related to disturbed sleep patterns	I. Physiology of sleep A. Circadian Rhythm B. Sleep regulation C. Sleep cycle 1. Stages of sleep 2. REM sleep II. Factors that affect sleep A. Illness B. Medications C. Lifestyle D. Emotions/stress E. Environment III. Sleep disturbances A. Insomnia B. Sleep apnea C. Narcolepsy D. Sleep deprivation IV. Nursing Process A. Assessment 1. Sleep history 2. Behaviors of sleep deprivation B. Nursing diagnosis C. Plan D. Implementation 1. Environment 2. Bedtime rituals 3. Client teaching E. Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Wold Chapter 21 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client regarding sleep difficulties 2. Develop a plan designed to assist the client in getting adequate sleep

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10 continued

Unit Title: Oxygenation

Theory Hours this week

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Discuss the structure and function of the respiratory systems. 2. Discuss the factors that Affect oxygenation Compare and contrast hypoventilation, hypoxia, and hyperventilation. 4. Name three causes of hypoxia 5. Describe the various methods used for oxygen delivery 6. List safety precautions to be observed when clients are receiving oxygen therapy	I. Respiratory Physiology A. Structure and Function B. Work of Breathing C. Respiratory Gas Exchange II. Factors Affecting Oxygenation A. Physiological B. Conditions affecting chest wall movement C. Chronic disease D. Developmental E. Lifestyle F. Environmental III. Alterations in Respiratory Functioning A. Hypoventilation B. Hypoxia C. Hyperventilation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 28 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Perform a respiratory assessment on a client 2. Prepare to assist clients to clear the airway via coughing, postural drainage suctioning, abdominal thrusts and inhalation therapy 3. Regulate oxygen flow and correctly apply an oxygen delivery device 4. Prepare to provide care for a tracheostomy client 5. Prepare to care for a client who has a chest tube and drainage system

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11

Unit Title: Pain Management

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/ Fund	1. Describe the components of the pain experience 2. Compare acute and chronic pain 3. Describe the areas the nurse should focus her pain assessment 4. List the medical-surgical measures used to relieve pain experience 5. Explain why pain is the fifth vital sign 6. Describe the use of a variety of nursing interventions for pain control, including biofeedback, distraction, guided imagery, massage and relaxation	I. Components of the pain experience A. Pain reception B. Pain perception C. Pain reaction II. Types of pain A. Acute pain B. Chronic pain C. Gait control theory III. Nursing process for pain management A. Assessment 1. physical signs and symptoms 2. Subjective report B. Nursing diagnosis IV. Interventions for pain relief A. Nursing measures 1. modify pain experience B. medical measures 1. surgical treatments	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control Evaluate the effects of pain medication and accurately report and record observations

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11 continued

Unit Title: Caring for the Cancer Patient

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/ Fund	1. Review physical, psychological, social, and spiritual effects of cancer. 2. Discuss that cancer affects the family unit as well as the patient's well-being. 3. Discuss how cancer survivorship changes the nurse-patient role. 4. State at least four practices that can contribute to prevention and early detection of cancer 5. Discuss the pros and cons of various treatments of cancer 6. State the major problems and appropriate nursing interventions for a patient coping with expected side effects of radiation or chemotherapy	I. The Effects of Cancer on Quality of Life A. Physical Well-Being and Symptoms B. Psychological Well-Being C. Social Well-Being D. Spiritual Well-Being II. Cancer and Families A. Family Distress B. Affects across the lifespan C. Nurse's role III. Components of Survivorship Care A. Care plan for survivorship care B. Components of survivorship	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 (Med Surg) Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss the teaching necessary for a client receiving various treatments 2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment 3. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 4. Identify nursing interventions to help the client cope with death and dying

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 12

Unit Title: Care of the Surgical Patient

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.8 hrs/Fund 0.4 hrs/ GD 0.2 hr/Nut	1. Explain the concept of perioperative nursing care. 2. Differentiate among classifications of surgery and types of anesthesia. 3. Describe the intraoperative stage of the surgical process 4. Identify the members of the surgical team and their responsibilities 5. Assess for potential risk factors for complications of surgery 6. List interventions to prevent each of the potential postoperative complications 7. State the safety measures now in place to prevent errors regarding the surgical site 8. Identify the stages of anesthesia and the methods of administration 9. identify the reason for the count at the end of the procedure 10. Describe the assessment steps performed by the recovery room nurse 11. Describe the phases of recovery and the nurse's role 12. Discuss the nursing interventions to promote wound healing and prevent complications	I. Perioperative Nursing A. Role of the Nurse 1. Pre-operative 2. Intra-operative 3. Post-operative II. III. Classifications of surgery A. Seriousness – to client 1. Major 2. Minor B. Urgency 1. Elective 2. Urgent 3. Emergency C. Purpose 1. Diagnostic 2. Ablative 3. palliative 4. Reconstructive 5. Transplant 6. Constructive III. Intraoperative Stage A. Transport to the holding room B. Admission to the Operating room IV. The surgical team A. Surgeon B. Surgeons assistant C. Anesthesiologist/nurse anesthetist D. Scrub nurse E. Circulating nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 37 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of the unit, the Student will: 1. Demonstrate Postoperative exercises: diaphragmatic breathing, coughing, incentive spirometer use, turning, and leg exercises. 2. Design a preoperative and post-op teaching plan. 3. Promote early ambulation and return to independence in activities of daily living 4. Perform discharge teaching necessary for postoperative home self-care

		<p>V. Anesthesia administration</p> <ul style="list-style-type: none"> A. Stages of anesthesia B. Methods of administration <ul style="list-style-type: none"> 1. General anesthesia 2. Regional anesthesia 3. Neuromuscular blocking agents <p>VI. Surgical counts</p> <ul style="list-style-type: none"> A. Done prior to closing the incision <ul style="list-style-type: none"> 1. Sponge and instruments 2. nurses responsible 3. operative record <p>VII. Post-op nursing assessment</p> <ul style="list-style-type: none"> A. Airway B. vital signs C. color D. Dressings E. GU function F. Pain level G. IVs H. Hemorrhage and shock <p>VIII. Phases of recovery</p> <ul style="list-style-type: none"> A. Phase I B. Phase II C. Discharge from the recovery room D. Post-op assessment in client's room <p>IX. Nursing diagnosis and interventions</p> <ul style="list-style-type: none"> A. maintain respiratory status B. Prevent circulatory stasis C. Promote normal GI elimination D. Adequate nutrition E. Promote urinary elimination F. Preventing infection G. Promote wound healing H. Achieving rest and comfort I. Maintaining self concept/body image 				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13

Unit Title: Skin Integrity and Wound Care

Theory Hours this week:

Clinical Hours: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.1 hr/ Fund 0.5 hrs/Nut	1. Identify pressure points where pressure ulcers are most likely to develop 2. Describe the stages of pressure ulcers 3. Identify risk factors for pressure ulcer formation 4. Discuss the nursing interventions used to prevent or treat pressure ulcers 5. Identify wound classifications 6. Define primary, secondary, and tertiary intention 7. List the nutrients needed for wound healing 8. Describe the complications of wound healing 9. Explain the factors that impair or promote wound healing 10. Describe wound assessment	I. Common pressure points A. Sitting position B. Supine C. Side lying II. Stages of pressure ulcers A. Stage I B. Stage II C. Stage III D. Stage IV III. Risk factors for pressure ulcers A. Friction B. Shearing C. Client condition 1. nutrition 2. mobility IV. Interventions to treat and prevent ulcer formation A. Prevention B. Treatment	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate assessing and dressing wounds 2. Develop a nursing care plan for a patient with impaired skin integrity. 3. List appropriate nursing interventions for a patient with impaired skin integrity. 4. State evaluation criteria for a patient with impaired skin integrity. 5. Perform a wound irrigation 6. Remove sutures or staples from a wound and apply steri strips 7. Perform hot or cold treatment to a client

		<ul style="list-style-type: none"> D. Cleanliness E. Descriptive Qualities <ul style="list-style-type: none"> 1. Laceration/Incision/Abrasion/Contusion VI. Wound healing <ul style="list-style-type: none"> A. Primary intention B. Secondary intention C. Tertiary intention VII. Nutrition in healing VIII. Complications of wound healing <ul style="list-style-type: none"> A. Hemorrhage B. Infections C. Dehiscence/Evisceration IX. Factors affecting wound healing <ul style="list-style-type: none"> A. Delayed wound closure B. Wound stress C. Activity D. Health status X. Wound assessment <ul style="list-style-type: none"> A. Wound appearance B. Character of drainage <ul style="list-style-type: none"> 1. Serous/sanguineous /serosanguines C. Drains <ul style="list-style-type: none"> 1. types used D. Wound closures <ul style="list-style-type: none"> 1. Sutures/staples/steristrips E. Pain XI. Dressings <ul style="list-style-type: none"> A. Purpose of dressings <ul style="list-style-type: none"> 1. Protection 2. Preventing infection 3. Maintain skin integrity 4. Wound healing XII. 3 Layers of dressings <ul style="list-style-type: none"> A. Contact layer B. Absorbent layer C. Outer layer 				
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		XIII. Types of dressings A. Gauze dressings B. Wet to dry dressings C. Nonadherent dressings D. Self-adhesive/telfa				
		XIII. Nursing interventions A. Cleaning skin and drain sites B. Irrigations C. Bandages and binders 1. Wrap and binder application				

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13 continued

Unit Title: Hot/Cold Applications

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the types and local effects of heat application 2. Identify the types and local effects of cold applications 3. Discuss the types and indications for heat and cold therapies	I. Heat Therapy A. Heat appliances B. Effects of heat applications C. Response to heat therapy D. Conditions when heat is contraindicated II. Cold therapy A. Cold appliances B. Effects of cold applications C. Response to cold therapy D. conditions when cold is contraindicated III. Therapies A. Dry heat and cold applications 1. advantages and disadvantages B. Moist heat and cold applications 1. advantages and disadvantages C. Safety concerns 1. Assessment for temperature intolerance	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate the use of hot and cold applications

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14

Unit Title: Sexuality

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.8hrs/ Fund 0.2 hrs/GD	1. Discuss sexuality and sexual health. 2. Discuss sexual development throughout the lifespan. 3. Review the various contraceptive methods and facts about common sexually transmitted infections. 4. Discuss factors influencing sexuality 5. Describe how sexuality changes with aging 6. Describe methods for assessing sexual functioning 7. Identify the older persons who are most at risk for experiencing problems related to sexuality 8. Discuss the concerns of aging lesbians, gay, bisexual, and transgender persons	I. Sexuality vs. sexual health A. Terminology II. Scientific Knowledge base A. Sexual development B. Sexual orientation III. Contraception A. Methods B. STI's IV. Sociocultural Dimensions of Sexuality A. Decisional issues B. Sexual health C. Cultural aspects D. Religious beliefs	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 11 Chapter 40 Wold Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Formulate appropriate nursing diagnoses for patients with alterations in sexuality. 2. Identify and describe nursing interventions to promote sexual health.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Spiritual Health

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.9 hr/ Fund 0.1 hr/GD	1. Discuss the relationship of spiritual health to physiological and psychosocial health 2. Discuss the health related beliefs and practices for the followers of various religions 3. Discuss spiritual health and the nursing process	I. Spiritual Health A. Definition of spiritual health 1. Faith/belief systems B. Relationship to other dimensions C. Religious aspects/beliefs 1. Religion/religious II. Beliefs of various religious groups A. Beliefs about health B. Health crisis/illness C. Birth D. Death E. Diet III. Spiritual health and the nursing process A. Spiritual assessment B. Nursing diagnoses C. Nursing interventions 1. Support systems 2. Role of the clergy/spiritual advisor 3. Prayer 4. Resources	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss nursing interventions designed to promote spiritual health 2. Evaluate how patients achieve spiritual health. 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Loss, Death, Grief and End of Life Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.4 hrs/ Fund 0.2 hrs/GD	<ol style="list-style-type: none"> 1. Identify the nurse's role when caring for patients who are experiencing loss, grief, or death 2. Describe the types of loss and grief experienced throughout life 3. Describe the stages of grief and dying, with their associated behaviors and feelings 4. Identify three common fears a client is likely to experience when dying 5. List the common signs of impending death 6. Explain the difference between a patient's right to refuse treatment and assisted suicide 7. Identify factors that are likely to influence end of life decision making 8. Identify cultural and spiritual considerations related to end of life care 9. Discuss the role of the nurse when interfacing with the bereaved 	<ol style="list-style-type: none"> I. Nurse's role <ol style="list-style-type: none"> A. Knowledge and caring B. Confidence, courage and compassion II. Types of Loss <ol style="list-style-type: none"> A. Necessary loss B. Maturation loss C. Situational loss III. Types of Grief <ol style="list-style-type: none"> A. Normal grief B. Anticipatory grief C. Disenfranchised grief D. Complicated grief IV. Theories of Grief and Mourning <ol style="list-style-type: none"> A. Stages of Dying – Kubler-Ross B. Attachment Theory Bowlby C. Grief Task Model – Worden D. Rando's "R" Process Model 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 15 Wold Chapter 15 Chapter Questions Quiz/Exam		<p>Upon completion of this unit the student will:</p> <ol style="list-style-type: none"> 1. Identify methods for nurse self-care in grief and loss. 2. Describe care of the body after death. 3. Develop a nursing care plan for a patient and family experiencing loss and grief. 4. Perform postmortem care for a deceased client 5. Prepare to provide information regarding organ or tissue donation in response to family questions

	10. Discuss Factors Influencing Loss and Grief	V. Factors Influencing Loss and Grief A. Human Development B. Personal Relationships C. Nature of the Loss D. Nature of the Loss E. Coping Strategies F. Socioeconomic Status G. Culture and Ethnicity H. Spiritual and Religious Beliefs				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 15

Unit Title: Final Exam

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.1 hrs/ Fund 0.5 hrs/Nut	Final examination Course and Instructor Evaluation	1. Cumulative Review of Material	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Final Exam	21.6 Skills lab	1. Final skills testing in the skills lab

Key

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/P Anatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1**

Unit Title: Foundations of Medical Surgical Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 (HCRS C113)

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	1. Define the key terms related to general aspects of the Vocational Nursing Program. 2. State understanding of the policies of the BVNPT. 3. Define Nursing 4. Define Healthcare 5. Differentiate between acute and chronic, acute care and long term care, rehabilitative care, hospice care, and home health. 6. Discuss the impact of economics on nursing and healthcare delivery. 7. Discuss local healthcare resources 8. Differentiate rural healthcare resources from urban resources.	I. Roles of the LVN A. Uphold Clinical Standards B. Provide Safe Patient Care C. Patient Teaching D. Effective Communication E. Collaboration F. Patient Advocate II. Goals for Health Care A. Cost Containment B. Health Promotion C. Holistic Care D. Psychological Needs E. Social Needs F. Cultural Needs G. Spiritual Needs	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 1 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1

Unit Title: Critical Thinking and Nursing Process

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	<ol style="list-style-type: none"> 1. Define the Nursing Process. 2. Define the key terms of the nursing Process 3. List the five phases of the Nursing Process. 4. Identify the rationale for prioritization 5. Identify Maslow's hierarchy of needs 6. Explain the process of Assessment or Data Collection 7. Identify NANDA terminology 8. Explain the selection of a Nursing Diagnosis 9. Explain the process of setting goals or objectives for the client 10. Explain the process of implementing nursing care 11. Explain the process of evaluating nursing care 12. Differentiate between physician/medical diagnoses and nursing diagnoses. 13. Select appropriate rationales for all phases of the Nursing Process. 14. Explain the format to document the Nursing Process 15. Explain at least five physical and/or psychological categories in which the nurse may obtain data for the nursing assessment. 16. Differentiate the roles that the LVN and the RN play in the collection of data or assessment of a client 17. Identify at least five categories of nursing diagnoses 	<ol style="list-style-type: none"> I. Critical Thinking <ol style="list-style-type: none"> A. Critical Thinking and Critical Judgment B. Factors that Influence your thinking and Nursing care C. Nursing Process D. LVN Standards <ol style="list-style-type: none"> i. Assessment ii. Analysis and Nursing Diagnosis iii. Planning iv. Implementation v. Evaluation 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 2 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Explain how factors that influence critical thinking are experienced by you during patient care 2. Provide a clinical example of how nursing process is used in the care of medical surgical patients 3. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation, and percussion 4. Prepare a list for beginning of shift assessment for a specific client 5. Write an example of a patient goal that is realistic, measurable, and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

	<p>18. Formulate a short term goal for a selected situation 19. Formulate a long term goal for a selected situation 20. Identify at least 10 commonly utilized nursing interventions 21. Formulate at least five evaluations of the Nursing Plan of Care that the nurse may use to evaluate the success or failure of all aspects of the Nursing Plan of Care.</p>					
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 2

Unit Title: Fluid, Electrolyte, Acid/Base Balance

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.6 hr/Nut	<ol style="list-style-type: none"> 1. Recall the various functions fluid performs in the body 2. Identify the body's mechanisms for fluid regulation 3. Review three ways in which body fluids are continually being distributed among the fluid compartments 4. Distinguish the signs and symptoms of various electrolyte imbalances 5. Discuss why the elderly have more problems with fluid and electrolyte imbalances 6. Recognize the disorders that cause specific fluid and electrolyte imbalances 7. Compare the major causes of acid base imbalances 8. State correct interventions to correct an acid base imbalance 	<ol style="list-style-type: none"> 1. Fluids, Electrolytes, Acid-Base Balance <ol style="list-style-type: none"> A. Distribution and Regulation of Body Fluids <ol style="list-style-type: none"> i. Movement of fluid and electrolytes B. Fluid Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Deficient Fluid Volume ii. Nausea and Vomiting iv. Diarrhea v. Excess fluid volume vi/. Edema C. Electrolytes <ol style="list-style-type: none"> i. Osmolality D. Electrolyte Imbalance <ol style="list-style-type: none"> i. Sodium ii. Potassium iii. Calcium iv. Magnesium v. Anion E. Acid Base System F. Acid Base Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Arterial Blood Gas Analysis iii. Respiratory Acidosis iv. Metabolic Acidosis v. Respiratory Alkalosis vi. Metabolic Alkalosis G. Home Care H. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 3 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Assess clients for signs of dehydration 2. Correctly assess for and identify edema and signs of overhydration 3. Apply knowledge of normal laboratory values in order to recognize electrolyte imbalances 4. Carry out interventions to correct an electrolyte imbalance 5. Determine if a patient has an acid base imbalance

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 3

Unit Title: Infection Control and Prevention

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/GD	<ol style="list-style-type: none"> 1. Describe what factors increase the risk of infection. 2. Discuss how the body uses its natural defensive mechanisms to protect against infection. 3. Explain how fever plays a role in the prevention of infection. 4. Describe the classic signs of infection. 5. Identify when expanded precautions are to be used. 6. List they types of personal protective equipment and when they should be used. 7. Describe factors that make the elderly more susceptible to infections. 8. Identify factors that may impair the process of healing and repair of damaged tissue. 	<ol style="list-style-type: none"> 1. Infectious Process and Disease <ol style="list-style-type: none"> A. Factors that Influence Infectious Disease B. Disease Producing Pathogens <ol style="list-style-type: none"> i. Bacteria ii. Viruses iii. Protozoa iv. Rickettsia and Chlamydia v. Fungi vi. Mycoplasmas vii. Helminths viii. Prions 2. Body's Defense <ol style="list-style-type: none"> A. Skin B. Normal Flora C. Inflammatory Response <ol style="list-style-type: none"> i. Signs and Symptoms of Inflammation D. Immune Response <ol style="list-style-type: none"> i. Chain of Infection 3. Infection Prevention & Control <ol style="list-style-type: none"> A. Preventing and Controlling the Spread of Infection <ol style="list-style-type: none"> i. Hand Washing B. Precaution Categories <ol style="list-style-type: none"> i. Standard Precautions ii. Expanded Precautions iii. Personal Protective Equipment iv. Protective Environment v. Respiratory Hygiene and Cough Etiquette 4. Health Care Associated Infections <ol style="list-style-type: none"> A. Cost B. Nursing Interventions for Prevention C. Reporting 5. Destroying and Containing Infectious Agents <ol style="list-style-type: none"> A. Medical Asepsis B. Surgical Asepsis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 6 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Care for a client whose condition required extended precautions 2. From a day's assignment, determine the factors present for each client that are risk factors for infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		C. Sepsis D. Septic Shock 6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Community Care A. Home Care B. Extended Care				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4

Unit Title: Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/ MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Recall the structure and function of the respiratory system 2. Identify three causative factors related to disorders of the respiratory system 3. Provide instructions to clients on measures to prevent long term problems of the respiratory system 4. Employ proper techniques for assessing the respiratory system 5. List nursing responsibilities for clients undergoing diagnostic tests and procedures for disorders of the respiratory system. 	<ol style="list-style-type: none"> 1. Overview of the Anatomy & Physiology of the Respiratory System <ol style="list-style-type: none"> A. Structures B. Functions C. Protection D. Oxygen Carbon Dioxide Exchange E. Changes across the Life Span 2. Respiratory Disorders <ol style="list-style-type: none"> A. Causes B. Prevention 3. Common Respiratory Patient Care Problems <ol style="list-style-type: none"> A. Ineffective Airway Clearance B. Ineffective Breathing Patterns C. Risk of Infection D. Alterations in Nutrition and Hydration E. Fatigue 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 13 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Verify that nursing diagnoses chosen for clients with problems of the respiratory system are appropriate 2. Propose interventions for a client who has a problem with oxygenation 3. Teach a client to cough effectively

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4

Unit Title: Care of Patients with Disorders of the Upper Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0	1. Recognize symptoms of disorders of the sinuses, pharynx, and larynx 2. Describe pre- and postoperative care for the client undergoing a tonsillectomy 3. Utilize emergency measures for the client with an airway obstruction 4. Devise a nursing plan of care for the client who has had a laryngectomy. 5. Describe safety factors to be considered when caring for a client with a tracheostomy.	1. Disorders of the Nose and Sinuses A. Upper Respiratory Infection i. Common Cold ii. Rhinitis iii. Sinusitis iv. Epistaxis v. Pharyngitis vi. Tonsillitis B. Obstruction and Trauma 1. Airway Obstruction and Respiratory Arrest ii. Sleep Apnea iii. Nasal Fracture iv. Cancer of the Larynx 2. Community Care A. Home Care B. Extended Care 3. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 14 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Institute measures to stop epistaxis 2. Provide tracheostomy care 3. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 5

Unit Title: Care of Patients with Disorders of the Lower Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.35 hr/ MS 0.25 hr/Nut	<ol style="list-style-type: none"> 1. Compare and contrast commonalities and differences in nursing care for clients with bronchitis, influenza, pneumonia, empyema, and pleurisy 2. List at least three nursing interventions appropriate for care of clients experiencing the following: persistent cough, increased secretions in the respiratory tract, dyspnea, alteration in nutrition and hydration related to respiratory disorder, and fatigue related to hypoxia 3. Describe ways a nurse can contribute to prevention and prompt treatment of tuberculosis 4. Illustrate the pathophysiologic changes that occur during an asthma attack 5. Identify problems that occur with aging that may cause a restrictive pulmonary disorder 6. Describe the specifics of nursing care for the patient who has had thoracic surgery and has chest tubes in place 	<ol style="list-style-type: none"> 1. Respiratory Infectious Diseases <ol style="list-style-type: none"> A. Acute Bronchitis B. Influenza C. Pneumonia D. Empyema E. Fungal Infections F. Occupational Lung Disorders G. Tuberculosis H. Extrapulmonary Tuberculosis I. Bronchiectasis J. Interstitial Pulmonary Disease 2. Restrictive Pulmonary Disorders <ol style="list-style-type: none"> A. Pleurisy B. Pleural Effusion 3. Obstructive Pulmonary Disorders <ol style="list-style-type: none"> A. Atelectasis B. Chronic Obstructive Pulmonary Disease <ol style="list-style-type: none"> i. Emphysema ii. Chronic Bronchitis C. Asthma D. Lung Cancer 4. Pulmonary Vascular Disorders <ol style="list-style-type: none"> A. Pulmonary Embolism B. Primary Pulmonary Hypertension 5. Chest Injuries <ol style="list-style-type: none"> A. Fractured Ribs B. Flail Chest C. Penetrating Wounds D. Pneumothorax and Hemothorax 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 15 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Complete a nursing plan of care, including home care, for the client with chronic airflow limitation 2. Devise a nursing plan of care for the tracheostomy client on oxygen and on a mechanical ventilator 3. Develop a teaching plan for the client diagnosed with moderate asthma 4. Compare emergency nursing care for a client with a penetrating chest injury with that for the client with a spontaneous pneumothorax

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		6. Lung Disorders A. Pulmonary Edema B. Adult Respiratory Distress Syndrome 7. Common Therapeutic Measures A. Surgery B. Medication C. Humidification D. Pulmonary Hygiene E. Oxygen Therapy F. Mechanical Ventilation 8. Community Care A. Home Care B. Resources 9. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 6

Unit Title: The Sensory System: Eye and Ear

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/ MS 0.4 hr/ Nut	1. Identify ways in which nurses can help clients preserve their sight and hearing 2. Identify signs and symptoms of eye problems 3, Discuss tests and examinations used to diagnose eye and ear disorders 4. Describe nursing activities associated with assessing the eye and ear 5. Utilize the nursing process for clients with disorders of the eye or ear	1. Overview of Anatomy & Physiology of the Eye A. Structures B. Functions C. Changes across the Lifespan 2. Eye Disorders A. Causes B. Prevention i. Basic Eye Care ii. Eye Injury iii. Visual Loss iv. Diagnostic tests and examinations 3. Community Care A. Home Care B. Education C. Resources 4. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 5. Overview of Anatomy & Physiology of the Ear A. Structures B. Functions C. Changes across the Life Span 6. Ear Disorders A. Causes B. Prevention C. Diagnostic Tests 7. Common Problems of Patients with Ear Disorders A. Hearing Impairment B. Dizziness and Vertigo C. Tinnitus	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 26 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Provide teaching for a client who is to undergo tests for a vision problem 2. Perform focused assessments for disorders of the eyes and ears 3. Assist visually impaired clients to find resources to maximize their vision 4. Instruct a spouse in ways to effectively communicate with a hearing impaired partner

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		8. Rehabilitation for Hearing Loss A. Lip reading B. Sign Language C. Hearing Aids D. Cochlear Implants E. Hearing Assistive Devices				
		9. Community Care A. Home Care B. Education C. Resources				
		10. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 7

Unit Title: Care of Patients with Disorders of the Eyes and Ears

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	1. Discuss errors of refraction and their treatment 2. Compare measures used to provide assistance after a chemical eye burn and those for an eye injury with a foreign object 3. Describe the signs and symptoms of selected disorders of the eye and appropriate medical treatment and nursing interventions for each 4. Discuss nursing interventions to care for the patient after a scleral buckle or a cataract extraction 5. Identify aids and resources for people with vision loss 6. Explore the impact of hearing or vision loss on an individual and their family 7. List the signs and symptoms of selected disorders of the ear, appropriate medical or surgical treatment, and nursing interventions for each 8. Teach the client with tinnitus or vertigo measures that may decrease the symptoms 9. Discuss aids and resources for clients with impaired hearing or tinnitus	1. Common Disorders of the Eye A. Errors of Refraction B. Corneal Disorders C. Eye Trauma D. Cataract E. Glaucoma i. Narrow Angle ii. Open Angle F. Retinal Detachment G. Retinopathy H. Macular Degeneration 2. Nursing Care of the Patient having Eye Surgery A. Preoperative Care B. Postoperative Care 3. Common Disorders of the Ear A. External Otitis B. Impacted Cerumen and Foreign Bodies C. Otitis Media D. Labyrinthitis E. Meniere’s Disease F. Otosclerosis 4. Nursing Care of the Patient having Ear Surgery A. Preoperative Care B. Postoperative Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 27 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Provide appropriate care for a client who is preoperative for eye surgery 2. Properly administer eye medications 3. Teach a client to properly administer ear medication 4. Provide appropriate care for a postoperative ear surgery client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 8

Unit Title: The Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Identify three majors causative factors in the development of disorders of the gastrointestinal system 2. Explain three measures to prevent development of disorders of the gastrointestinal system 3. List nursing responsibilities in the pre- and post-test care of clients undergoing diagnostic tests for disorders of the gastrointestinal system 4. Describe the assessment of a client with a possible gastrointestinal disorder 5. State the care needed for a client who is having a liver biopsy 	<ol style="list-style-type: none"> 1. Overview of the Gastrointestinal System <ol style="list-style-type: none"> A. Organs B. Structures C. Function D. Effects of Aging on Gastrointestinal System 2. Causes of Gastrointestinal Tract Disorders <ol style="list-style-type: none"> A. Exposure B. Obstruction C. Psychological/Emotional D. Genetics E. Autoimmune Diseases F. Gallbladder Disorders G. Liver Disorders H. Pancreatic Disorders 3. Prevention of Gastrointestinal Disorders <ol style="list-style-type: none"> A. Diet B. Oral Health C. Exercise D. Body Weight E. Hand Hygiene A4. Diagnostic Tests, Procedures <ol style="list-style-type: none"> A. X-ray B. CT Scans C. Nuclear Medicine Scans D. Ultrasound E. Endoscopy F. MRI 5. Common Problems related to Gastrointestinal Tract <ol style="list-style-type: none"> A. Anorexia B. Nausea and Vomiting C. Accumulation of Flatus D. Constipation E. Diarrhea F. Bowel Incontinence 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 28 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Perform an assessment of gastrointestinal status 2. Provide pre- and post-test care of clients undergoing tests of the liver, gallbladder and pancreas 3. Provide care for a client who is experiencing diarrhea 4. Teach a client experiencing constipation ways to alleviate the problem

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 9

Unit Title: Care of Patients with Disorders of the Upper Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	1. Discuss obesity and its management, including bariatric surgery 2. Compare signs and symptoms of oral, esophageal, and stomach cancer 3. Illustrate the cause of gastroesophageal reflux disease (GERD) 4. Explain the etiology and prognosis for Barrett's esophagus 5. Describe the pathophysiology means of medical diagnosis and treatment for gastritis 6. Compare and contrast treatment and nursing care of a client with GERD and a client with a peptic ulcer 7. Devise a nursing plan of care for a client with a gastrointestinal disorder 8. Review the difference in the care of the client with a nasogastric tube for decompression and a feeding tube	1. Obesity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Anorexia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Bulimia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Stomatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 29 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Prepare a teaching plan for a client who has GERD 2. Plan postoperative care for a client having gastric surgery 3. Demonstrate proper care of the client with a Salem sump tube for gastric decompression 4. Manage a tube feeding for the client receiving formula via a feeding pump 5. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 5. Dysphagia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 6. Cancer of the Oral Cavity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 7. Cancer of the Esophagus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>8. Hiatal Hernia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Gastroesophageal Reflux Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Gastroenteritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Gastritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		<p>12. Peptic Ulcer A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>13. Gastric Cancer A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>14. Common Therapies for Disorders of the Gastrointestinal System A. Gastrointestinal Decompression B. Enteral Nutrition C. Total Parenteral Nutrition D. Jejunostomy Tube Placement</p>				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

Week 9

Unit Title: Care of Patients with Disorders of the Lower Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	<ol style="list-style-type: none"> 1. Describe the etiology and signs and symptoms of various types of hernias 2. Discuss the characteristics of irritable bowel syndrome 3. Explain how diverticulitis occurs 4. Illustrate how the two types of intestinal obstruction occur and their danger 5. Describe the pathophysiology methods of diagnosis and treatment for ulcerative colitis and Crohn's disease 6. List nursing interventions for the patient with inflammatory bowel disease 7. Differentiate the signs and symptoms of appendicitis from those of peritonitis 8. Compare the characteristics of hemorrhoids pilonidal sinus, and anorectal fistula 9. Create a teaching plan for the prevention of colorectal cancer 10. Identify nursing interventions for the patient having surgery of the lower intestine and rectum 	<ol style="list-style-type: none"> 1. Abdominal and Inguinal Hernia <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Irritable Bowel Syndrome <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Diverticula <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Intestinal Obstruction <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 30 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Write a nursing plan of care for the client with cancer of the colon and intestinal obstruction 2. Formulate a nursing plan of care for a patient undergoing colostomy, considering the type of stoma and the effluent it produces 3. Prepare to provide care for a client with an ileostomy 4. List four interventions for helping the client psychologically adjust to their ostomy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Ulcerative Colitis and Crohns Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Appendicitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Peritonitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>8. Malabsorption A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Hemorrhoids A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Pilonidal Sinus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Anorectal Abscess and Fistula A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>12. Colon Cancer A. Etiology and Pathophysiology B. Signs and Symptoms</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Ostomy Surgery and Care A. Colostomy B. Ileostomy C. Nursing Management D. Postoperative Care 14. Community Care A. Home Care B. Resources				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 10**

Unit Title: Care of Patients with Disorders of the Gallbladder, Liver and Pancreas

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	1. Explain the plan of care for the client with cholelithiasis 2. Describe treatment for the client with cholecystitis 3. List the ways in which the various types of hepatitis can be transmitted 4. Identify signs and symptoms of the various types of hepatitis 5. Devise appropriate nursing interventions for the client with cirrhosis and ascites 6. Indicate potential causes of liver failure 7. Differentiate the signs and symptoms of acute and chronic liver failure 8. Devise a nursing plan of care for the patient with cancer of the liver 9. Prepare a plan for adequate pain control for the patient with pancreatitis 10. Compare the treatment options for cancer of the pancreas	1. Cholelithiasis and Cholecystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Hepatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Cirrhosis of the Liver A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 31 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Perform preoperative teaching for a patient who is to undergo laparoscopic cholecystectomy 2. Write a nursing plan of care, including psychosocial concerns, for the patient who has hepatitis and is jaundiced 3. Design a discharge teaching plan for the patient who has been in the hospital with a flare up of chronic pancreatitis
		4. Liver Transplantation A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Cancer of the Liver A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Acute Pancreatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Chronic Pancreatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>8. Cancer of the Pancreas A. Etiology and Pathophysiology B. Signs and Symptoms</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Community Care A. Home Care B. Resources				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 11

Unit Title: The Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	<ol style="list-style-type: none"> 1. Review the anatomy and physiology of the urinary system 2. Identify causes of urologic problems and disorders 3. Discuss ways in which the nurse can help clients to prevent or cope with urologic disorders 4. Discuss the psychosocial impact of urinary incontinence 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Urologic System <ol style="list-style-type: none"> A. Structures B. Functions C. Changes across the Life Span 2. Causes of Urologic Disorders <ol style="list-style-type: none"> A. Hypertension B. Immune Reaction C. Bacterial Infections D. Obstruction 3. Prevention of Urologic Problems <ol style="list-style-type: none"> A. Fluids B. Blood Pressure C. Hygiene 4. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Renal Biopsy B. Lab Work C. Radiological Exams 5. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 6. Common Urologic Problems 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> deWit Chapter 34 End of Chapter Questions Quiz/Exams Case Studies Plan of Care 	HCRS C113	<ol style="list-style-type: none"> 1. Identify nursing responsibilities in the pre- and post-procedure care of clients undergoing urologic diagnostic studies 2. Describe initial and ongoing nursing assessment of a client's urologic status 3. List five nursing responsibilities related to the care of a patient with an indwelling catheter 4. Identify nursing diagnoses and interventions appropriate for a client with urinary incontinence

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 12

Unit Title: Care of Patients with Disorders of the Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.4 hr/MS 0.2 hr/Nut	1. Describe signs and symptoms of selected urologic inflammatory disorders and nursing interventions for these clients. 2. Discuss nursing management for clients with acute or chronic glomerulonephritis 3. Describe nursing assessments and interventions for clients with acute renal failure 4. Describe the needs of clients on long term hemodialysis 5. Discuss the benefits and special problems associated with kidney transplantation	1. Cystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Urethritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Pyelonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 35 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Describe the postoperative nursing plan of care for clients having surgery of the kidney 2. List specific nursing responsibilities in the care of clients with kidney stones 3. Describe the postoperative nursing care of patients having surgery for urinary diversion 4. Describe interventions to increase patient compliance in the treatment of chronic kidney failure 5. Devise a nursing plan of care for the home care patient with renal failure

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Acute Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 5. Chronic Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 6. Nephrotic Syndrome A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 7. Hydrocephalus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		8. Renal Stenosis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Renal Stones A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Trauma to the Kidneys and Ureters A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Trauma to the Bladder A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation				
		12. Cancer of the Bladder A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 13. Cancer of the Kidney A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 14. Acute Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 15. Chronic Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 16. Community Care A. Home Care B. Resources 				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 13

Unit Title: The Integumentary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	<ol style="list-style-type: none"> 1. Review the structure and functions of the skin 2. Discuss the changes that occur with aging that affect the skin barrier 3. Discuss the various causes of integumentary disorders 4. Identify important factors in the prevention of skin disease 5. Plan specific measure to prevent pressure ulcers 6. Interpret laboratory and diagnostic test results for skin disorders 7. State nursing responsibilities in the diagnosis of skin disorders 8. Describe the proper staging of a pressure ulcer 9. Write outcome objectives for a patient with a nursing diagnosis of Impaired Skin Integrity 10. Develop a teaching plan appropriate for adolescents and young adults for the prevention of skin cancer 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Integumentary System <ol style="list-style-type: none"> A. Structure B. Functions C. Changes across the Life Span 2. Causes of Skin disorders <ol style="list-style-type: none"> A. Skin B. Systemic 3. Prevention of Skin Disorders <ol style="list-style-type: none"> A. Cleanliness B. Diet C. Age D. Environment 4. Pressure Ulcers <ol style="list-style-type: none"> A. Causes B. Stages 5. Nursing Management 5. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Culture and Sensitivity Tests B. Microscopic Tests C. Special Light Inspections D. Diascopy E. Skin Patch Testing 6. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Documentation <ol style="list-style-type: none"> A. Types of Lesions B. Stages 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 42 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Teach three clients to perform a self-assessment of the skin 2. Perform a focused integumentary assessment on a client 3. Provide ordered therapeutic measures for a client with an integumentary disorder

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 14

Unit Title: Care of Patients with Integumentary Disorders and Burns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/ MS 0.6 hrs/Nut	<ol style="list-style-type: none"> 1. Describe the etiology of dermatitis 2. Plan psychosocial interventions for the patient who has psoriasis 3. Compare the treatment of fungal skin or nail disorders to the treatment of bacterial skin disorders 4. List the main nursing care points for clients with herpes virus infections 5. Discuss the types of acne and their treatment 6. Compare the characteristics of various types of skin cancer 7. Compose a teaching plan for a family of an immobile patient to prevent pressure ulcers 8. Prepare a plan of care for each stage of a pressure ulcer 9. List important assessment points for the patient who has sustained a burn 10. Explain emergency burn care 11. Identify the measures used for burn treatment during the acute or emergent phase 12. Describe the process of rehabilitation for the patient with a major burn 	<ol style="list-style-type: none"> 1. Dermatitis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Acne <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Psoriasis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> deWit Chapter 43 End of Chapter Questions Quiz/Exams Case Studies Plan of Care 	HCRS C113	<ol style="list-style-type: none"> 1. Teach a family about care for the client and home when scabies are present 2. Assess the skin of family members for signs of skin cancer 3. Provide care for a Stage III or Stage IV pressure ulcer 4. Apply Standard Precautions and sterile technique for the care of a burn 5. Assist with the planning of care after the acute stage of a major burn, paying attention to both physical and psychosocial needs

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Stevens-Johnson Syndrome</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>5. Bacterial Infections</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>6. Herpes Zoster</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>7. Tinea Pedis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>8. Pediculosis and Scabies</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Skin Cancer A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Pressure Ulcers A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Skin Tears A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation				
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**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		12. Burns A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Community Care A. Home Care B. Extended Care C. Resources				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 15**

Unit Title: Finals

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.1 hr/ MS 0.5 hr/Nut	Review of Semester – Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Final Exam Skills Checklist	HCRS C113	Review of clinical skills and skills checklist – skills lab

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.2hr/Pharm	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for HCRS C107 2. Relate grading procedures to successful outcome. 3. Review SVN Student Handbook	I. Introduction and overview. A. Course expectations. B. Course objectives.	Lecture Discussion	<ul style="list-style-type: none"> • Syllabus • Student handbook 		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ 1st Semester Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Define the word pharmacology 2. Outline the steps involved in developing and approving a new drug in the United States. 3. Describe the federal controls on drugs that have abuse potential. 4. Differentiate between generic and brand- name drugs, over- the-counter and prescription drugs 5. Explain the benefits and risks associated with the use of over- the- counter drugs.	I. Introduction to Drugs A. Sources of Drugs 1. Natural sources 2. Synthetic Sources B. Drug evaluation 1. Pre clinical trials 2. Phase 1 studies 3. phase 2 studies 4. Phase 3 studies 5. Food and Drug Administration Approval 6. Phase 4 studies C. Legal Regulation of Drugs 1. Safety during Pregnancy 2. Controlled substances 3. Generic 4. over the counter 5. orphan D. Sources of Drug information 1. drug labels 2. package inserts 3. reference books 4. Journals 5. internet	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 1 Study Guide Kaplan Pharmacology Module pre test		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Describe how body cells respond to the presence of drugs that are capable of altering their function. 2. Outline the process of dynamic equilibrium that determines the actual concentration of a drug in the body. 3. Explain the meaning of half- life of a drug and calculate the half- life of given drugs. 4. List factors that can influence the actual effectiveness of drugs in the body. 5. Define drug– drug, drug– alternative therapy, drug– food, and drug– laboratory test interactions	I. Drugs and the Body A. Pharmacodynamics 1. receptor sites 2. drug enzyme interactions 3. selective toxicity B. Pharmacokinetics 1. critical concentration 2. loading dose 3. dynamic equilibrium a. Absorption from the site of entry b. Distribution to the active site c. Biotransformation (metabolism) in the liver d. Excretion from the body C. Factors influencing drug effects 1. Age 2. Weight 3. Gender 4. Physiological factors 5. Pathological factors 6. Genetic factors 7. Immunological factors 8. Psychological factors 9. Environmental factors 10. Tolerance 11. Cumulation 12. Interaction	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2

Unit Title: Principles of Drug Actions & Interactions

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Define the term adverse drug reaction and explain the clinical significance of this reaction. 2. List four types of allergic responses to drug therapy. 3. Discuss five common examples of drug- induced tissue damage. 4. Define the term poison. 5. Outline the important factors to consider when applying the nursing process to selected situations of drug poisoning.	I. Toxic effects of Drugs A. Adverse effects B. Drug allergy 1. Types 2. Assessment 3. Interventions C. Drug induced tissue and organ damage 1. Dermatological reactions 2. Super infections 3. Blood dyscrasia 4. Toxicity 5. Alterations in glucose metabolism 6. Electrolyte imbalance 7. Sensory effects 8. Neurological effects 9. Teratogenicity	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2, 3 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 2 (cont)

Unit Title: Nursing Process and Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. List the responsibilities of the nurse in drug therapy. 2. Explain what is involved in each step of the nursing process as it relates to drug therapy. 3. Describe key points that must be incorporated into the assessment of a patient receiving drug therapy. 4. Describe the essential elements of a medication order. 5. Outline the important points that must be assessed and considered before administering a drug, combining knowledge about the drug with knowledge of the patient and the environment. 6. Describe the role of the nurse and the patient in preventing medication errors.	I. Nursing process in drug therapy and patient safety A .Nursing Process 1. Assessment 2. Nursing diagnosis 3. Implementation 4. Evaluation B. Prevention of Medication error 1. Nurse’s role 2. Patient’s role 3. Reporting medication errors	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 4 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2(cont)

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Describe four measuring systems that can be used in drug therapy. 2. Convert between different measuring systems when given drug orders and available forms of the drugs. 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	I. Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Questions as assigned Kaplan Pre Math Assessment		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 3

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Discuss the impact of the media, the Internet, and direct- to- consumer advertising on drug sales and prescriptions. 2. Explain the growing use of over- the-counter drugs and the impact it has on safe medical care. 3. Discuss the lack of controls on herbal or alternative therapies and the impact this has on safe drug therapy. 4. Define the off- label use of a drug. 5. Describe measures being taken to protect the public in cases of bioterrorism. 6. Identify the six rights of medication administration 7. Outline the steps taken when preparing to administer an oral medication. 8. Discuss nursing responsibilities before, during, and after drug administration 9. List the advantages and disadvantages of the use of enteral medications.	I. Challenges to Effective Drug therapy A. Consumer Awareness B. Over the counter Drugs C. Alternative therapies/herbal medicine D. Off label uses E. Costs of health care F. Use/importance of patient teaching G. Emergency preparedness H. Drug abuse I. Protecting the environment II. Medication administration A. Six rights B. Routes of medication admin C. process of med admin III. Calculations content A. Calculation of correct prescribe doses for tablets and oral liquid B. Conversions between measurement systems C. Correct interpretation of medication orders, medication labels, and documentation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7 Study Guide NCLEX Questions Due Pickar Dosage & Solutions Questions as assigned		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 4

Unit Title: Medication Administration Routes

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Explain the procedure for administering medications for each route: oral, nasogastric tube, subcutaneous, intramuscular, inhalant, topical and rectal, mucous membranes 2. Recognize and select the appropriate equipment for the medication, dosage, and method of administration. 3. Read and interpret the calibrations of <ul style="list-style-type: none"> o a medicine cup. o a calibrated dropper. o a 3 ml syringe. o a pre – filled syringe. o a standard U – 100 insulin syringe. o a tuberculin syringe 	I. Medication administration for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, rectal and mucous membranes. II. Review calculation of medication doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide Pickar Dosage & Solutions Questions as assigned		

Cerro Coco Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 5

Unit Title: Medication Administration

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Identify the parts of the human cell. 2. Describe the role of each organelle found within the cell cytoplasm. 3. Explain the unique properties of the cell membrane. 4. Describe three processes used by the cell to move things across the cell membrane. 5. Outline the cell cycle, including the activities going on within the cell in each phase. 6. Differentiate between varying directions for reconstitution, and choose the solution strength that will result in a reasonable amount to be given to the client. 7. Compare and contrast the different dosage forms of oral medication: tablets, capsules, elixirs, emulsions, lozenges, suspensions, and syrups	I. introduction to Cell physiology A. Cell anatomy B. Cell properties C. Cell cycle II. Medication Calculations for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, and mucous membranes. III. Measurement of doses using medication cup, syringes	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide NCLEX Questions Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Identify the major risk factors of metabolic syndrome 2. Discuss the importance of lifestyle modification in the treatment of metabolic syndrome 3. Explain the treatment goals for type 2 diabetes management, lipid management and hypertension management 4. Describe why long term control and adherence to medications are important in managing metabolic syndrome 5. Describe atherosclerosis and its effects on the cardiovascular system 6. Identify four major types of lipoproteins 7. Describe the primary treatment modalities for lipid disorders 8. Determine which antilipid medications are used for cholesterol control and which can be used for triglyceride control 9. Differentiate between how statins work to control lipid levels and how niacin works to control lipid levels 10. Discuss blood pressure and how to correctly measure blood pressure 11. Define hypertension and differentiate between primary and secondary hypertension 12. Summarize nursing assessments and interventions used for the treatment of hypertension 13. Identify recommended lifestyle modifications for a diagnosis of hypertension 14. Identify options and progression of treatment for hypertension 15. Discuss specific risk factors the hypertensive client can manage 16. Identify and summarize the action of several of the drug classes used to treat hypertension 17. Describe the anatomical structures and conduction system of the heart 18. Differentiate between the atrial dysrhythmias and the ventricular dysrhythmias 	<ol style="list-style-type: none"> I. Cardiovascular Diseases II. Metabolic Syndrome <ol style="list-style-type: none"> A. Resulting Conditions B. Risk Factors <ol style="list-style-type: none"> 1. Obesity and Sedentary Lifestyle 2. Alcohol and Smoking 3. Genetic Factors C. Treatment <ol style="list-style-type: none"> 1. Hypertension 2. Dyslipidemia 3. Type 2 Diabetes III. Atherosclerosis <ol style="list-style-type: none"> A. Types of Lipoproteins B. Treat of Hyperlipidemia C. Drug Therapy for Hyperlipidemia <ol style="list-style-type: none"> 1. Bile Acid Binding Resins 2. Niacin 3. HMG-CoA Reductase Inhibitors 4. Fibric Acids 5. Miscellaneous Antilipemic Agents IV.. Hypertension <ol style="list-style-type: none"> A. Treatment of Hypertension B. Drug Therapy for Hypertension <ol style="list-style-type: none"> 1. Diuretics 2. Beta-Adrenergic Blocking Agents 3. Angiotensin-Converting Enzyme Inhibitors 4. Angiotensin II Receptor Blockers 5. Direct Renin Inhibitor 6. Aldosterone Receptor Antagonist 7. Calcium Channel Blockers 8. Alpha-1 Adrenergic Blocking Agents 9. Central Acting Alpha-2 Agonists 10. Direct Vasodilators V. Dysrhythmias <ol style="list-style-type: none"> A. Treat for Dysrhythmias B. Drug Therapy for Dysrhythmias <ol style="list-style-type: none"> 1. Class IA Antidysrhythmic Agents 2. Class IB Antidysrhythmic Agents 3. Class IC Antidysrhythmic Agents 4. Class II Antidysrhythmic Agents: Beta-Adrenergic Blocking Agents 5. Class III Antidysrhythmic Agents 6. Class IV Antidysrhythmic Agents: Calcium Channel Blocking Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6 (cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	19. Describe the therapeutic response that should be observable when the antidysrhythmic drug is administered 20. Identify baseline nursing assessments that should be implemented during the treatment of dysrhythmias 21. Cite common adverse effects that may be observed with the administration of antidysrhythmic drugs 22. Identify the potential effects of muscle relaxants used during surgical intervention when combined with antidysrhythmic drugs 23. Define angina pectoris and identify assessment data needed to evaluate an angina attack 24. Define ischemic heart disease 25. Describe the actions of nitrates, beta-adrenergic blockers, calcium channel blockers, and angiotensin-converting enzyme inhibitors on the myocardial tissue of the heart 26. Identify medication therapy health teaching used for an angina client in the clinical setting	7. Miscellaneous Antidysrhythmic Agents VI. Angina Pectoris A. Treatment of Angina Pectoris B. Drug Therapy for Angina Pectoris 1. Nitrates 2. Beta-Adrenergic Blocker 3. Calcium Channel Blockers 4. Angiotensin-Converting Enzyme Inhibitors 5. Fatty Oxidase Enzyme Inhibitor	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 7

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	<ol style="list-style-type: none"> 1. Differentiate between peripheral vascular disease and Raynaud's disease 2. Describe the baseline assessments needed to evaluate a client with peripheral vascular disease 3. Identify specific measures that the patient can use to improve peripheral circulation and prevent the complications of peripheral vascular disease 4. Identify the systemic effects to expect when peripheral vasodilating agents are administered 5. Explain why hypotension and tachycardia occur frequently with the use of vasodilators 6. Develop measurable objectives for the education of patients with peripheral vascular disease 7. Cite both pharmacologic and nonpharmacologic goals of the treatment of peripheral vascular disease 8. Explain the primary purposes of anticoagulant therapy 9. Identify the effects of anticoagulant therapy on existing blood clots 10. Describe conditions that place an individual at risk for developing blood clots 11. Identify specific nursing interventions that can prevent clot formation 12. Explain laboratory data used to establish dosing of anticoagulant medications 13. Describe specific monitoring procedures used to ensure that the correct dose of an anticoagulant is prepared and administered and explain the specific procedures and techniques used to administer heparin subcutaneously 	<ol style="list-style-type: none"> I. Peripheral Vascular Disease <ol style="list-style-type: none"> A. Treatment of Peripheral Vascular Disease B. Drug Therapy for Peripheral Vascular Disease <ol style="list-style-type: none"> 1. Hemorheologic Agents 2. Vasodilators 3. Platelet Aggregation Inhibitor II. Thromboembolic Diseases <ol style="list-style-type: none"> A. Treatment of Thromboembolic Disease B. Drug Therapy for Thromboembolic Diseases <ol style="list-style-type: none"> 1. Platelet Inhibitors 2. Anticoagulants 3. Thrombin Inhibitor 4. Glycoprotein IIB/IIIA Inhibitors 5. Fibrinolytic Agents III. Heart Failure <ol style="list-style-type: none"> A. Treatment of Heart Failure B. Drug Therapy for Heart Failure <ol style="list-style-type: none"> 1. Angiotensin-Converting Enzyme Inhibitors 2. Natriuretic Peptides 3. Beta-Adrenergic Blocking Agents 4. Digitalis Glycosides 5. Phosphodiesterase Inhibitors 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7 (Cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe the nursing assessments needed to monitor therapeutic responses and adverse effects from anticoagulant therapy 15. Summarize the pathophysiology of heart failure, including the body's compensatory mechanisms 16. Identify the goals of treatment of heart failure 17. Identify the primary actions of heart failure of digoxin, angiotensin-converting enzyme inhibitors, and beta blockers 18. Describe digoxin toxicity and ways to prevent it. 19. Explain the nursing assessments needed to monitor for digoxin toxicity 20. Identify essential assessment data, nursing interventions, and health teaching needed for a client with heart failure		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	<ol style="list-style-type: none"> 1. Describe how the central nervous system differs from the peripheral nervous system 2. Explain the role of neurotransmitters at synaptic junctions 3. Name the most common neurotransmitters known to affect central nervous system function and identify the two major neurotransmitters of the autonomic nervous system 4. Explain how drugs inhibit the actions of cholinergic and adrenergic fibers 5. Identify two broad classes of drugs used to stimulate the adrenergic nervous system 6. Identify the neurotransmitters that are called catecholamines and list the neurotransmitters responsible for adrenergic activity 7. Review the actions of adrenergic agents and the conditions that require the use of these drugs 8. Describe the benefits of using beta-adrenergic blocking agents for hypertension, angina pectoris, cardiac dysrhythmias, and hyperthyroidism 9. Identify disease conditions in which beta-adrenergic blocking agents should not be used, and discuss why they should not be used 10. Describe clinical uses and the predictable adverse effects of cholinergic agents and anticholinergic agents 	<ol style="list-style-type: none"> I. The Central and Autonomic Nervous System <ol style="list-style-type: none"> A. Adrenergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions B. Alpha- and Beta- Adrenergic Blocking Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interaction C. Cholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions D. Anticholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 13 Study Guide NCLEX Questions due Drug Cards Due		

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology**

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Describe clinical presentation of Parkinson’s disease. 2. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with antiparkinsonism agents. 3. Discuss the use of antiparkinsonism agents across the lifespan. 4. Compare and contrast the prototype drugs for each class of antiparkinsonism agents with the other drugs in that class and with drugs from the other classes used to treat the disease. 5. Outline the nursing considerations and teaching needs for patients receiving each class of antiparkinsonism agents.	I. Antiparkinson agents A. Overview of disease B. Drugs across the lifespan C. Dopaminergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation D. Anticholinergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 15 Study Guide NCLEX Questions due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 7 (cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.4 hr/Pharm	1. Differentiate among the terms sedative and hypnotic; initial, intermittent, and terminal insomnia; and rebound sleep and paradoxical excitement 2. Identify alterations found in the sleep pattern when hypnotics are discontinued 3. Cite nursing interventions that can be implemented as an alternative to administering sedative-hypnotic medication 4. Compare the effects of barbiturates and benzodiazepines on the central nervous system 5. Identify the antidote drug used for the management of benzodiazepine overdose 6. Identify laboratory tests that should be monitored when benzodiazepines or barbiturates are administered for an extended period	I. Sleep and Sleep Pattern Disturbance II. Sedative-Hypnotic Therapy A. Actions B. Uses III. Drug Therapy for Sleep Disturbance A. Barbiturates 1. Actions 2. Uses 3. Drug Interactions B. Benzodiazepines 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interaction C. Nonbarbiturate, Nonbenzodiazepine Sedative-Hypnotic Agents 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interactions	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 14 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 8

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Explain what is meant by selective toxicity and discuss its importance in anti- infective therapies. 2. Explain how an antibiotic is selected for use in a particular clinical situation. 3. Differentiate between broad-spectrum and narrow- spectrum drugs. 4. Define bacterial resistance to antibiotics and discuss the emergence of resistant strains. 5. Explain three ways to minimize bacterial resistance. 6. Describe three common adverse reactions associated with the use of antibiotics. 7. Describe therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the classes of antibiotics. 8. Discuss use of antibiotics as they are used across the lifespan. 9. Compare and contrast prototype drugs for each class of antibiotics with other drugs in that class. 10. Outline nursing considerations for patients receiving each class of antibiotic. 	<ol style="list-style-type: none"> I. Selective toxicity II. Broad spectrum drugs III. Narrow spectrum drugs IV. Bacterial Resistance V. Adverse reactions VI. Anti-infective agents: Prototype Therapeutic action, Adverse reactions Drug therapy across the life span, Patient/family teaching VII. Cell anatomy, sites of action VIII. Antibiotic Classifications: <ol style="list-style-type: none"> 1. Aminoglycosides 2. Cephalosporin’s 3. Fluoroquinolones 4. Penicillin and Penicillinase Resistant 5. Sulfonamides 6. Tetracyclines 7. Antimycobacterials 8. New classes of antibiotics IX. For each of the above classifications, discuss: <ol style="list-style-type: none"> 1. Drug therapy across the life span 2. Class/Prototype 3. Therapeutic actions 4. Pharmacokinetics 5. Contraindications/Cautions 6. Adverse effects 7. Clinically important Drug interactions 8. Nursing considerations <ol style="list-style-type: none"> a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation 		<p>Clayton Chapter 46 Study Guide</p> <p>NCLEX Questions Due</p> <p>Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 9

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<p>1. Discuss problems with treating viral infections in humans and the use of antivirals across the lifespan. 2. Describe characteristics of common viruses and fungal infections and the resultant clinical presentations 3. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the types of antivirals and anti-fungal</p> <p>4. Compare and contrast the prototype drugs for each type of antiviral and anti fungal with the other drugs within that group</p> <p>5. Outline the nursing considerations for patients receiving each class of antiviral and antifungal agents.</p>	<p>I. Antivirals and antifungals</p> <p>A. Cell anatomy/sites of action</p> <p>B. Drug therapy across the life span</p> <p>C. Class/Prototype</p> <p> 1. Agents for influenza and respiratory viruses</p> <p> 2. Agents for herpes and cytomegalovirus</p> <p> 3. Agents for HIV and AIDS</p> <p> 4. Anti-Hepatitis B agents</p> <p> 5. Systemic antifungal agents</p> <p> 6. Topical antifungal agents</p> <p>D. Therapeutic tic actions</p> <p>E. Pharmacokinetics</p> <p>F. Contraindications/Cautions</p> <p>G. Adverse effects</p> <p>H. Clinically important Drug interactions</p> <p>I. Nursing considerations</p> <p> A. Assessment (history and exam)</p> <p> B. Nursing diagnosis</p> <p> C. Implementation</p> <p> D. Evaluation</p>	<p>Lecture</p> <p>Discussion</p> <p>PowerPoint</p> <p>Presentations</p> <p>Small group assignments</p> <p>NCLEX</p> <p>Questions</p> <p>Videos</p> <p>Kaplan</p>	<p>Clayton</p> <p>Chapter 46</p> <p>Study Guide</p> <p>NCLEX Questions Due</p> <p>Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 10

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Discuss the current definition of diabetes mellitus and describe the current classification system for diabetes mellitus 2. Identify normal fasting glucose levels and differentiate between the symptoms of type 1 and type 2 diabetes mellitus 3. Identify the objectives of dietary control of diabetes mellitus 4. Discuss the Action and use of insulin to control diabetes mellitus 5. Discuss the action and use of oral hypoglycemic agents to control diabetes mellitus 6. Identify major nursing considerations associated with the management of the client with diabetes 7. Differentiate among the signs, symptoms, and management of hypoglycemia and hyperglycemia 8. Discuss the difference between microvascular and macrovascular complications and identify the symptoms of the major complications of diabetes	I. Diabetes Mellitus A. Type 1 Diabetes B. Type 2 Diabetes II. Complications of Diabetes Mellitus A. Microvascular B. Macrovascular C. Neuropathies III. Treatment of Diabetes A. Hypoglycemia B. Hyperglycemia IV. Drug Therapy for Diabetes Mellitus A. Insulins 1. Storage of Insulin B. Biguanide Oral Antidiabetic Agent C. Sulfonylurea Oral Hypoglycemic Agents D. Meglitinide Oral Hypoglycemic Agents E. Thiazolidinedione Oral Antidiabetic Agents F. Alpha-Glucosidase Inhibitor Agents G. Amylinomimetic Agent H. Incretin Mimetic Agents I. Dipeptidyl Peptidase-4 Inhibitors J. Antihypoglycemic Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 36 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week _____ 10 (cont)___

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	1. Describe the function of the thyroid gland 2. Identify the two classes of drugs used to treat thyroid disease 3. Describe the signs, symptoms, treatment and nursing interventions associated with hypothyroidism and identify the drug of choice for hypothyroidism 4. Describe the signs, symptoms, treatments and nursing interventions associated with hyperthyroidism 5. Explain the effects of thyroid replacement hormones for the treatment of hypothyroidism on doses of warfarin and digoxin as well as oral hypoglycemic agents 6. Cite the actions of antithyroid medications on the formation and release of the hormone produced by the thyroid gland 7. Explain the nutritional requirements and activity restrictions needed for an individual with hypothyroidism 8. Identify the types of conditions that respond favorably to the use of radioactive iodine-131 and cite the action of propylthiouracil on the synthesis of triiodothyronine and thyroxine 9. Review the functions of the adrenal gland 10. Discuss the normal actions of mineralocorticoids and glucocorticoids in the body 11. Cite the disease states caused by hyposecretion of the adrenal gland 12. Identify the baseline assessments needed for a client receiving corticosteroids 13. Discuss the clinical uses and potential adverse effects associated with corticosteroids	I. Thyroid Gland II. Thyroid Diseases III. Treatment of Thyroid Diseases IV. Drug Therapy for Thyroid Diseases A. Thyroid Replacement Hormones B. Antithyroid Medications V. Corticosteroids A. Mineralocorticoids B. Glucocorticoids	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 37-38 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 11

Unit Title: Drugs to Treat Respiratory System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.6 hr/Pharm	<ol style="list-style-type: none"> 1. Describe the function of the respiratory system and discuss the common upper respiratory diseases 2. Discuss the causes of allergic rhinitis and nasal congestion 3. Explain the major actions of sympathomimetic, antihistaminic, and corticosteroid decongestants and cromolyn 4. Define rhinitis medicamentosa, and describe the patient education needed to prevent it 5. Explain why all decongestant products should be used cautiously by people with hypertension, hyperthyroidism, diabetes mellitus, cardiac disease, increased intraocular pressure, or prostatic disease 7. Identify the essential components involved in planning patient education that will enhance adherence with the treatment regimen 8. Identify the structures of the lower respiratory tract and their functions 9. Compare the physiologic responses of the respiratory system to emphysema, chronic bronchitis, and asthma 10. Describe the physiology of respirations and identify components of blood gases 11. Cite nursing assessments used to evaluate the respiratory status of a client 12. Identify important aspects of patient education for clients receiving drug therapy for lower respiratory disease 13. Distinguish the mechanisms of actions of expectorants, antitussives, and mucolytic agents 14. Identify the nursing assessments needed to monitor therapeutic response and the development of adverse effects from expectorant, antitussive, mucolytic, anticholinergic bronchodilator, and beta-adrenergic bronchodilator therapy 15. Identify what lower respiratory conditions anticholinergic bronchodilators. Xanthine derivative and corticosteroid inhalant therapy are used for 	<ol style="list-style-type: none"> I. Upper Respiratory Tract Anatomy and Physiology II. Common Upper Respiratory Diseases III. Treatment of Upper Respiratory Diseases IV. Drug Therapy for Upper Respiratory Diseases <ol style="list-style-type: none"> A. Sympathomimetic Decongestants B. Antihistamines C. Respiratory Anti-Inflammatory Agents V. Lower Respiratory Tract Anatomy and Physiology VI. Common Lower Respiratory Diseases VII. Treatment of Lower Respiratory Diseases VIII. Drug Therapy for Lower Respiratory Diseases <ol style="list-style-type: none"> A. Expectorants B. Potassium Iodide C. Saline Solutions D. Antitussive Agents E. Mucolytic Agents F. Beta-Adrenergic Bronchodilating Agents G. Anticholinergic Bronchodilating Agents H. Xanthine Derivative Bronchodilating Agents I. Respiratory Anti-Inflammatory Agents: Corticosteroids used for Obstructive Airway Disease J. Antileukotriene Agents K. Phosphodiesterase-4 Inhibitor L. Immunomodulator Agent M. Miscellaneous Anti-Inflammatory Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 30, 31 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 11 (cont.)

Unit Title: Diuresis Drugs

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.8 hr/Pharm	1. Cite the nursing assessments used to evaluate a patient's state of hydration 2. Review possible underlying pathologic conditions that may contribute to the development of excess fluid volume in the body 3. Cite nursing assessments used to evaluate renal function 4. Identify the effects of diuretics on blood pressure, electrolytes, and in diabetic clients 5. Review the signs and symptoms of electrolyte imbalances and normal laboratory values of potassium, sodium, and chloride 6. Identify the action of diuretics 7. Explain the rationale for administering diuretics cautiously to older adults and individual with impaired renal function, cirrhosis of the liver, or diabetes mellitus 8. Describe the goal of administering diuretics to treat hypertension, heart failure, or increased intraocular pressure 9. Cite alterations in diet that may be prescribed concurrently with loop, thiazide, or potassium sparing diuretic therapy 10. Identify the nursing assessments needed to monitor the therapeutic response of the development of common or serious adverse effects of diuretic therapy	I. Drug Therapy with Diuretics A. Carbonic Anhydrase Inhibitor B. Sulfonamide-Type Loop Diuretics C. Thiazide Diuretics D. Potassium Sparing Diuretics E. Combination Diuretic Products	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 29 Study Guide NCLEX Questions Due Drug Cards Due		

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 12

Unit Title: Drugs Affecting the Gastrointestinal Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	<ol style="list-style-type: none"> 1. Discuss common mouth disorders 2. Cite the treatment alternatives and associated nursing assessments to monitor response to drug therapy for common oral disorders 3. Identify baseline data the nurse should collect on a continual basis for comparing and evaluating drug effectiveness 4. Identify important nursing assessments and interventions associated with the drug therapy and treatment of diseases of the mouth. 5. Describe the physiology of the stomach 6. Cite common stomach disorders that require drug therapy 7. Identify factors that prevent breakdown of the body's normal defense barriers resulting in ulcer formation 8. Discuss the drug classifications and actions used to treat stomach disorders 9. Identify interventions that incorporate pharmacologic and nonpharmacologic treatments for an individual with stomach disorders 10. Describe the six common causes of nausea and vomiting 11. Discuss the three types of nausea associated with chemotherapy and the nursing consideration 	<ol style="list-style-type: none"> I. Mouth Disorders II. Drug Therapy for Mouth Disorders <ol style="list-style-type: none"> A. Dentifrices B. Mouthwashes III. Physiology of the Stomach IV. Common Stomach Disorders V. Goals of Treatment VI. Drug Therapy <ol style="list-style-type: none"> A. Antacids B. Histamine-2 Receptor Antagonists C. Gastrointestinal Prostaglandin D. Proton Pump Inhibitors E. Coating Agents F. Prokinetic Agents G. Antispasmodic Agents VII. Nausea and Vomiting VIII. Common Causes of Nausea and Vomiting IX. Drug Therapy for Causes of Nausea and Vomiting <ol style="list-style-type: none"> A. Dopamine Antagonists B. Serotonin Antagonists C. Anticholinergic Agents D. Corticosteroids E. Benzodiazepines F. Cannabinoids G. Neurokinin-1 Receptor Antagonists X. Constipation XI. Diarrhea XII. Treatment of Altered Elimination <ol style="list-style-type: none"> A. Laxatives B. Antidiarrheal Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 32 - 35 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont.)

Unit Title: Drugs Affecting the Gastrointestinal System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the therapeutic classes of antiemetic's 13. Discuss the scheduling of antiemetic's for maximum benefit 14. Explain the meaning of normal bowel habits and describe the underlying causes of constipation 15. Identify the mechanism of action, for the different classes of laxatives and describe medical conditions in which laxatives should not be used 16. Cite nine causes of diarrhea 17. Differentiate between locally acting and systemically acting antidiarrheal agents 18. Describe nursing assessments needed to evaluate the patient's state of hydration when suffering from either constipation or dehydration and identify electrolytes that should be monitored whenever prolonged or severe diarrhea is present 19. Cite conditions that generally respond favorably to antidiarrheal agents		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont)

Unit Title: Drugs Affecting the Urinary Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Explain the major actions and effects of drugs used to treat disorders of the urinary tract 2. Identify baseline data that the nurse should collect on a continuous basis for comparison and evaluation of drug effectiveness 3. Identify important nursing implementations associated with the drug therapy and treatment of diseases of the urinary system 4. Identify essential components involved in planning patient education that will enhance compliance with the treatment regimen 5. Identify the symptoms, treatment, and medication used to overactive bladder syndrome 6. Discuss what would need to be included in a teaching plan for an individual who has repeated urinary tract infections.	I. Urinary Tract Infections II. Drug Therapy for Urinary Tract Infections A. Fosfomycin Antibiotics B. Fluoroquinolone Antibiotics C. Other Urinary Antibacterial Agents III. Drug Therapy for Overactive Bladder Syndrome A. Anaticholinergic Agents for Overactive Bladder Syndrome B. Miscellaneous Urinary Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 42 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 13

Unit Title: Drugs Used for Pain Management

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Differentiate among the properties of opiate agonists, opiate partial agonists, and opiate antagonists 2. Describe the monitoring parameters necessary for clients receiving opiate agonists 3. Cite the common adverse effects of opiate agonists 4. Compare the analgesic effectiveness of opiate partial agonists when they are administered before or after opiate agonists 5. Describe the three pharmacologic effects of salicylates 6. List the common and serious adverse effects and drug interactions associated with salicylates 7. Explain why synthetic nonopiate analgesics are not used for inflammatory disorders 8. Identify the substances that are active ingredients in commonly prescribed analgesic combination products 9. Identify products that contain aspirin and compare the analgesic properties of agents available in different strengths	I. Pain A. Acute B. Chronic C. Nociceptive D. Neuropathic E. Idiopathic II. Pain Management A. Analgesics B. Opiate Agonists C. Opiate Partial Agonists D. Opiate Antagonists E. Prostaglandin Inhibitors F. Nonsteroidal Anti-Inflammatory Drugs	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 20 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 13(cont)

Unit Title: Drugs Used for Anxiety/Mood Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	<ol style="list-style-type: none"> 1. Define key words associated with anxiety states 2. Describe the essential components of a baseline assessment of a patients mental status 3. Cite the drug therapy used to treat anxiety disorders and any adverse effects that may result 4. Describe the signs and symptoms that the patient will display when a positive therapeutic outcome is being seen for the treatment of a high anxiety state 5. Discuss psychological and physiologic drug dependence 6. Describe the essential components of the baseline assessment of a client with depression or bipolar disorder 7. Discuss mood swings that are associated with bipolar disorder 8. Compare drug therapies used during the treatment of the manic and depressive phases of bipolar disorder 8. Cite the monitoring parameters used for clients who are taking monoamine oxidase inhibitors, serotonin-norepinephrine reuptake inhibitors, and tricyclic antidepressants 9. Differentiate between the physiologic and psychological therapeutic responses seen with antidepressant therapy 10. Identify the premedication assessments that are necessary before the administration of MAOIs, SNRIs, TCAs and antimanic agents 	<ol style="list-style-type: none"> I. Anxiety Disorders II. Drug Therapy for Anxiety Disorder <ol style="list-style-type: none"> A. Benzodiazepines B. Azapirones C. Selective Serotonin Reuptake Inhibitors D. Miscellaneous Antianxiety Agents III. Mood Disorders IV. Treatment of Mood Disorders V. Drug Therapy for Mood Disorders VI. Drug Therapy for Depression <ol style="list-style-type: none"> A. Monoamine Oxidase Inhibitors B. Selective Serotonin Reuptake Inhibitors C. Serotonin Norepinephrine Reuptake Inhibitors D. Tricyclic Antidepressants E. Miscellaneous Agents F. Antimanic Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 16-17 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 14

Unit Title: Drugs Used for Psychoses

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Identify the signs and symptoms of psychotic behavior 2. Describe the major indications for the use of antipsychotic agents 3. Discuss the antipsychotic medications that are used for the treatment of psychoses 4. Identify the common adverse effects that are observed with the use of antipsychotic medications	I. Psychosis II. Treatment of Psychosis III. Drug Therapy for Psychosis A. Antipsychotic Agents IV. Adverse Effects of Antipsychotic Drug Therapy V. Other Adverse Effects	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 18 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/Semester 1 Week 14 (cont.)

Unit Title: Drugs Used for Seizure Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Define the different types of seizures and nursing implications related to the monitoring parameters for seizures 2. Discuss the basic classification systems used for epilepsy 3. Cite the desired therapeutic outcomes from antiepileptic agents used for seizure disorders 4. Identify the mechanisms of action thought to control seizure activity when anticonvulsants are administered 5. Describe the effects of the hydantoin on clients with diabetes and on people receiving oral contraceptives, theophylline, folic acid or antacids 6. Cite precautions needed when administering phenytoin or diazepam intravenously	I. Seizure Disorders II. Descriptions of Seizures III. Anticonvulsant Therapy IV. Drug Therapy for Seizure Disorders A. Hydantoin B. Succinimides C. Miscellaneous Anticonvulsants	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 19 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 15

Unit Title: Final

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	Review of Semester – Final Exam Course and Instructor Evaluation	I. Cumulative Review of Material	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Final Exam		

Key:

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/PAnatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scavenger Hunt 2. Teaching plan for prevention of spread of disease 3. Role Playing 4. Explain how factors that influence critical thinking are experienced by you during client care 5. Write a goal that is realistic, measureable and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses	Skills Lab 21.6 hours	1. Become oriented to the resources of the Nursing Skills Lab 2. Review Basic ADL's 3. Perform proper procedure for hand hygiene 4. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for all clients 5. Prepare to teach a Home Care client with a wound infection how to prevent the spread of infections to family members 6. Identify signs of spiritual distress in a client and plan three interventions to relieve it 7. Discuss boundaries of professional care for a client whose religious beliefs are different from yours 8. Accurately assess body temperature, pulse, respirations, oxygen saturations and blood pressure 9. Accurately record and report vital sign measurements 10. Recognize deviations from normal vital sign patterns

				<p>10. Provide a clinical example of how nursing process is used in the care of medical surgical clients</p> <p>11. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation and percussion</p> <p>12. Prepare a list for beginning of shift assessment for a specific client</p>
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scenario Based Case Studies 2. Role playing 3. Communication Project 4. Development of Care Plan 5. Practice ROM and Positioning 6. Perform bed bath and basic hygiene techniques	Skills Lab 21.6 hours	1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions 2. Demonstrate nursing interventions that achieve culturally congruent care 3. Practice interview techniques 4. Interact therapeutically in a goal directed situation with a client in a scenario based situation 5. Communicate effectively with a client who has an impairment of communication 6. Assess clients for impaired mobility and activity intolerance 7. Formulate nursing diagnoses for clients experiencing

						<p>problems with impaired mobility and activity intolerance</p> <ol style="list-style-type: none">8. Write a nursing care plan for a client with impaired mobility and activity intolerances9. Describe interventions for maintaining activity tolerance and mobility10. Demonstrate ROM activities11. Demonstrate correct ambulation techniques12. Describe assessment activities designed to identify clients physical, psychological and cognitive status as it pertains to their safety13. Identify relevant nursing diagnoses associated with risks to safety14. Develop a nursing care plan for clients whose safety is threatened15. Describe nursing interventions specific to a client's age for reducing risk of falls, fires, poisonings, and electrical hazards16. Correctly apply various protective devices17. Given an emergency scenario, practice triaging the victims18. Successfully perform hygiene procedure for the skin, perineum, feet and nails19. Conduct a comprehensive assessment of a client's total hygiene needs20. Successfully perform a bed bath21. Provide oral care for an unconscious client
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Group discussion on client rights 2. Role playing 3. Study Guide	Skills Lab 21.6 hours	1. Interpret rights that a client has in a hospital, nursing home, community setting or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advanced Directives 4. Apply developmental theories when planning interventions in the care of clients throughout the life span 5. Discuss nursing implications for the application of developmental principles to client care 6. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging 7. Identify at least six signs and symptoms of normal aging 8. Guide the older adult's family members regarding signs that the older client needs assistance 9. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 4

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Assess lab values 2. Develop teaching plan 3. Role playing 4. Prepare and complete assessment charting forms	Skills Lab 21.6 hours	1. Practice how to measure and record fluid intake and output 2. From client laboratory results identify electrolyte values that are abnormal 3. Develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid base imbalance 5. Demonstrate feeding a client 6. Identify clients at risk for nutritional deficits 7. Complete a nutritional assessment on an assigned client 8. Develop a teaching plan for a client who a therapeutic diet is prescribed 9. Use a systematic way of charting to ensure that all pertinent information has been included 10. Practice interview techniques 11. Assess clients for signs of dehydration 12. Assess clients for and identify edema and signs of overhydration 13. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Prepare a detailed client information sheet on assigned client 2. Complete all math modules 3. Review procedure for nasogastric insertion 4. Complete teaching plan for assigned clients 5. Complete Plan of Care as assigned	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Prepare detailed client information 2. Practice donning gowns, masks, gloves 3. Correctly calculate a prescribed drug dose 4. Verbalize an understanding of correct procedures for administering oral medications 5. Observe the video on medication administration 6. Verbalize the "6" Rights 7. Practice inserting Nasogastric tube 8. Demonstrate use of bandages and slings to immobilize a body part

						<p>Clinical Setting</p> <ol style="list-style-type: none">1. Use nursing measures to promote regular bowel elimination in clients2. Collect a stool specimen3. Perform a focused assessment of the bowel4. Prepare to administer an enema5. Assist and teach the client who is incontinent with a bowel retraining program6. Provide ostomy care, including irrigation and changing the ostomy appliance7. Properly bag and remove soiled linens and trash from an isolation room8. Teach a client to use a metered-dose inhaler9. Write an plan of care for a client who is receiving medication to include client specific data, an identified
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						<p>nursing diagnosis and interventions used</p> <ol style="list-style-type: none">10. Document medication administration and the client response11. Develop a plan of care for a geriatric client with perception or cognitive problems12. Communicate effectively with a client with cognitive problems13. Perform an assessment on a client with perception or cognitive problems14. Correctly position clients15. Perform ROM exercises on client16. Demonstrate proper ambulation technique17. Transfer a client using a mechanical lift18. Assist the client with the use of a walker crutches, cane, brace, prosthesis or wheelchair19. Practice all previously learned skills
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Complete detailed information sheet on assigned client 2. Practice Physical Exam on partner 3. Write specific nursing diagnosis on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Watch video and practice injections in the skills lab 2. Calculate prescribed medication doses correctly 3. Practice all previously learned skills Clinical Setting 1. Identify the six rights of medication administration and apply them in clinical setting 2. Correctly and safely prepare and administer medications 3. Correctly prepare and administer a subcutaneous injection with 100% accuracy 4. Correctly prepare and administer an intramuscular injection with 100% accuracy 5. Complete a basic physical assessment on a client 6. Perform a visual acuity test on a client 7. Demonstrate the ability to take a health history 8. Demonstrate all previously learned skills 9. Provide teaching for a client

						who is to undergo tests for a vision problem 10. Perform focused assessments for disorders of the eyes and ears
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Practice physical exam on partner 2. Write a nursing plan of care for assigned client 3. Complete a detailed client information sheet on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Correctly apply sterile gloves 2. Correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. Practice NG tube insertion, irrigation, removal 7. Practice all previously learned skills Clinical Setting 1. Demonstrate NG tube insertions, irrigation, removal 2. Demonstrate feeding a client through a nasogastric tube 3. Implement a nursing plan of care and evaluate the care provided 4. Demonstrate all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a teaching plan based on the clients learning needs	2.0 Skills Lab	Skills Lab 1. Practice all p[reviously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion *Reading *Videos *Demonstrations *Role Playing	2. Complete a detailed client information sheet on assigned client	19.6 Clinical	Clinical Setting 1. Assess a client’s learning needs 2. Implement the teaching plan 3. Evaluate the effectiveness of the teaching and plan 4. Demonstrate all previously learned skills 5. Perform an assessment of the gastrointestinal status 6. Provide pre- and post- care of clients undergoing tests of the liver, gallbladder and pancreas 7. Provide care for a client experiencing diarrhea 8. Teach a client experiencing constipation ways to alleviate the problem 9. Demonstrate proper care of a client with a Salem pump tube for gastric decompression 10. Manage a tube feeding for
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings 4. Prepare a teaching plan for a client who has GERD 5. Write a plan of care for a client with cancer of the colon or		

				intestinal obstruction 6. List four interventions for helping the client psychologically adjust to their ostomy		the client receiving formula via a feeding pump
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Physical Assessment Testing	2.0 Skills Lab	Skills Lab 1. Practice inserting an indwelling catheter in males and females using sterile technique 2. Practice all previously learned skills Clinical Setting 1. Assess a client's urinary status 2. Teach client how to obtain a "Clean Catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform Kegel exercises 7. Demonstrate collecting a urine specimen from the client with an indwelling catheter 8. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Complete a Nursing plan of care on assigned client	19.6 Clinical	
			*Reading	3. Complete a detailed client information sheet on assigned client		
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a plan designed to assist getting adequate sleep	2.0 Skills Lab	Skills Lab 1. Practice applying oxygen delivery devices
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop a plan of care for a client with a respiratory problem	19.6 Clinical	2. Practice regulating oxygen flow
			*Reading	3. Complete a detailed client information sheet on assigned client		3. Practice tracheostomy care
			*Videos	4. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy		4. Practice care of a client with a chest tube and drainage system
			*Demonstrations	5. Develop a teaching plan for a client with asthma		5. Practice all previously learned skills
			*Role Playing			Clinical Setting 1. Assess a client regarding sleep difficulties
			Methods of Evaluation			2. Implement a plan designed to assist getting adequate sleep
			*Testing			3. Perform a respiratory assessment on a client
			*Group Discussions			4. Prepare to assist clients to clear the airway via coughing, postural drainage, suctioning, abdominal thrusts and inhalation therapy
			*Case Studies			5. Regulate oxygen flow and correctly apply oxygen delivery device
			*Return Demos			6. Demonstrate all previously learned skills
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

								7. Compare emergency nursing care for a client with a penetrating chest injury and that for the client with a spontaneous pneumothorax
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Discuss the teaching necessary for a client receiving various treatments	2.0 Skills Lab	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control 4. Evaluate the effects of pain medication and accurately report and record observations 5. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 6. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment	19.6 Clinical	
			*Reading	3. Identify nursing interventions to help the client cope with death and dying		
			*Videos	4. Complete a detailed client information sheet on assigned client		
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Design a preoperative and post-operative teaching plan	2.0 Skills Lab	Skills Lab 1. Demonstrate postoperative exercises including diaphragmatic breathing, coughing, incentive spirometer use, turning and leg exercises 2. Practice all previously learned skills Clinical Setting 1. Promote early ambulation and return to independence in activities of daily living 2. Perform discharge teaching necessary for postoperative home self-care 3. Demonstrate all previously learned skills 4. Implement a nursing plan of care for the home care patient with renal failure
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion *Reading *Videos *Demonstrations *Role Playing	2. Complete a detailed client information sheet on assigned client 3. List specific nursing plan of care for clients having surgery of the kidney 4. List specific nursing responsibilities in the care of clients with kidney stones 5. Describe interventions to increase patient compliance in the treatment of chronic kidney failure	19.6 Clinical	
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a nursing care plan for a patient with impaired skin integrity	2.0 Skills Lab	Skills Lab 1. Demonstrate assessing and dressing wounds 2. Practice removal of staples and sutures 3. Practice hot and cold treatments 4. Practice all previously learned skills Clinical Setting 1. Demonstrate assessing and dressing wounds 2. Perform wound irrigation 3. Remove sutures or staples from a wound and apply steri strip 4. Perform hot or cold treatment to a client 5. Demonstrate all previously learned skills 6. Teach three clients to perform a self-assessment of the skin 7. Perform a focused integumentary assessment on a client 8. Provide ordered therapeutic measures for a client with an integumentary disorder
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. List appropriate nursing interventions for a patients with impaired skin integrity	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing	3. Complete a detailed client information sheet on assigned client		
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Formulate appropriate nursing diagnoses for client's with alterations in sexuality	2.0 Skills Lab	Skills Lab 1. Prepare to provide information regarding organ or tissue donation in response to family questions. 2. Practice all previously learned skills Clinical Setting 1. Evaluate how clients achieve spiritual health 2. Perform postmortem care for a deceased client 3. Demonstrate all previously learned skills 4. Teach a family about care for the client and home when scabies are present 5. Provide care for a Stage III or IV pressure ulcer 6. Apply Standard Precautions and sterile technique for the care of a burn
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Identify and describe nursing interventions to promote sexual health	19.6 Clinical	
			*Reading	3. Discuss nursing interventions designed to promote spiritual health		
			*Videos	4. Identify methods for nurse self-care in grief and loss		
			*Demonstrations	5. Describe care of the body after death		
			*Role Playing	6. Develop a nursing care plan for a client and		
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

				<p>family experiencing loss and grief</p> <p>7. Complete a detailed client information sheet on assigned client</p> <p>8. Assess the skin of family members for signs of skin cancer</p> <p>9. Assist with the planning of care after the acute stage of a major burn, paying attention to both the physical and psychological needs</p>		
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Skills Checklist	21.6	1. Review of all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion		Skills Lab	
			*Reading			
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 1

Unit Title: Care of Preoperative and Intraoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	<ol style="list-style-type: none"> 1. Discuss the advantages of current technological advances in surgery 2. Identify the types of clients most at risk for surgical complications, and state why each client is at risk 3. Explain the preparation of clients physically, emotionally, and psychosocially for surgical procedures 4. Plan and implement client and family teaching to prevent postoperative complications 5. Analyze the differences in the various types of anesthesia and list the advantages and disadvantages to the surgeon and the client 6. Compare the roles of the scrub nurse and the circulating nurse 	<ol style="list-style-type: none"> I. Technological Advances in Surgery <ol style="list-style-type: none"> A. Autologous Blood for Transfusion B. Bloodless Surgery II. Nursing Management Perioperative <ol style="list-style-type: none"> A. Assessment B. Commonly Ordered Preoperative Laboratory Tests C. General Preoperative Teaching D. Nursing Process E. Consents III. Immediate Preoperative Care IV. Intraoperative Care <ol style="list-style-type: none"> A. Surgical Team V. Anesthesia VI. Potential Intraoperative Complications 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Perform a thorough nursing assessment for a preoperative client 2. Teach the client postoperative exercises during the perioperative period 3. Prepare a client for surgery using a preoperative checklist 4. Administer preoperative medications 5. Document preoperative care and assessment data 6. Observe during a clients surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 2

Unit Title: Care of Postoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the care of the client in the postanesthesia care unit 2. Identify points the PACU nurse should cover in report to the floor nurse 3. Formulate a plan of care for a postoperative client returning from the PACU 4. Determine assessment factors for each potential postoperative complication 5. Prepare the surgical client for discharge	I. Immediate Postoperative Care A. Nursing Management 1. Prevent Injury 2. Prevent Infection 3. Maintain Fluid Balance and Elimination 4. Promote Comfort 5. Promote Rest and Activity 6. Promote Wound Healing B. Prevent Postoperative Complications 1. Wound Infection 2. Hemorrhage and Shock 3. Dehiscence or Evisceration 4. malignant Hyperthermia II. Discharge Planning A. Wound Care B. Pain Management III. community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU 2. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit 3. Apply interventions to prevent postoperative complications 4. Assess for postoperative pain and provide comfort measures and pain relief 5. Promote early ambulation and return to independence in activities of daily living 6. Perform discharge teaching necessary for postoperative home self-care

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: The Neurologic System
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Define particular problems of the nervous system 2. Discuss the differences in the action of the sympathetic and parasympathetic nervous system 3. Identify four specific ways in which a nurse can contribute to preventing neurological disorders 4. State the appropriate preparation and post procedure care for clients undergoing lumbar puncture, electroencephalogram, and radiologic studies of the brain and cerebral vessels 5. Become familiar with the techniques used for assessment of the nervous system 6. Compare and contrast the various signs and symptoms of nervous system disorders	I. Overview of Anatomy and Physiology of the Neurologic System A. Organized B. Protected C. Conduct Impulses D. Changes associated with Aging II. Causative Factors Involved in Neurologic Disorders III. Prevention of neurologic Disorders IV. Evaluation of Neurologic Status A. Cranial Nerves B. Coordination and Balance C. Neuromuscular Function Testing D. Reflexes V. Nursing Management VI. Common Neurologic Client Care Problems A. Ineffective breathing Pattern B. Impaired Mobility C. Self-Care Deficit D. Dysphasia E. Incontinence 1. Bladder Training 2. Bowel Training F. Confusion G. Aphasia H. Sexual Dysfunction I. Psychosocial Concern J. Ineffective Family Coping	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 22 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Gather a pertinent history for a client with a nervous system problem 2. Demonstrate a “neuro” check 3. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: Care of Clients with Head and Spinal Cord Injuries

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Describe the types of injuries that result from head trauma 2. compare and contrast the signs and symptoms of subdural hematoma and epidural hematoma 3. Explain why an epidural hematoma causes an emergency situation 4. Discuss the type of procedure performed to relieve a subdural hematoma 5. Illustrate the pathophysiology of increasing intracranial pressure in a client who has experienced a severe head injury 6. Identify the reasons why an elderly person is more at risk for an intracranial bleed from a head injury 7. Explain the possible ramifications of spinal cord injury 8. List appropriate nursing interventions necessary to provide comprehensive care for a client who has suffered a C5 spinal cord injury 9. Analyze the symptoms of low back pain and correlate them with their causes	I. Head Injuries A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Increased Intracranial Pressure A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Injuries of the Spinal Cord A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Rehabilitation IV. Back Pain and Ruptured Invertebral Disk A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a family member how to properly assess and care for a client who has suffered a concussion 2. Perform a neurologic check on a client who has suffered head trauma 3. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 4. Prepare a plan of teaching self-care measures to a client who suffers from low back pain

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the appropriate nursing actions and observations to be carried out for a client experiencing a seizure 2. Explain why seizure may be a consequence of a stroke, tumor, or infection of the brain 3. Compare the subjective and objective findings of thrombotic stroke and intracerebral bleed 4. Devise a nursing plan of care for a client who has suffered a cerebrovascular accident (CVA, Stroke) 5. Discuss nursing actions to assist the client who has developed a complication from a cerebrovascular accident 6. Describe subjective and objective finding indicative of a brain tumor 7. Explain the pathophysiology behind the symptoms of a brain tumor 8. Diagram the mechanism by which infection in the brain may cause increased intracranial pressure 9. Recall the signs of increasing intracranial pressure from early to late signs	I. Seizure Disorders and Epilepsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Transient Ischemic Attack A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Cerebrovascular Accident A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Prevention IV. Brain Tumor A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Bacterial Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 2. Perform neurologic checks on a client who is admitted with a suspected CVA 3. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast symptoms of meningitis and encephalitis 11. Explain the assessment data that differentiate migraine headaches from cluster headaches 12. Compare the signs, symptoms, and treatment of trigeminal neuralgia and Bell's palsy	VI. Viral Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VII. Encephalitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VIII. Migraine Headaches A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IX. Trigeminal Neuralgia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management X. Bells Palsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 5

Unit Title: Care of Clients with Peripheral Nerve and Degenerative Neurologic Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Compare and contrast the pathophysiology of Parkinson’s disease and myasthenia gravis 2. Discuss treatments for Parkinson’s disease 3. Describe the nursing care needed for the client with Parkinson’s disease 4. Explain why multiple sclerosis might be difficult to diagnose 5. Devise a home care plan for the client with multiple sclerosis 6. Compile a nursing plan of care for the client with Guillain-Barre syndrome 7. Identify the differences between Huntington’s disease and amyotrophic lateral sclerosis 8. Illustrate the signs and symptoms of myasthenia gravis 9. Compare and contrast the complications of Parkinson’s disease with those of myasthenia gravis	I. Parkinsons Disease A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Multiple Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Amyotrophic Lateral Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Guillain-Barre Syndrome A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Myasthenia Gravis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a newly diagnosed client about the medications for Parkinson’s disease 2. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected 3. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 6

Unit Title: Care of Women with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	<ol style="list-style-type: none"> 1. Identify the female reproductive organs and their role in the overall health of the individual 2. Describe normal physiology and age related changes in the female reproductive system 3. Discuss common menstrual disorders and the nursing interventions 4. Explore methods of contraception 5. Review causes and treatment of infertility 6. List changes associated with menopause, its treatment options, and appropriate nursing interventions 7. Explain the screening procedures recommended for maintaining reproductive health 8. Compare and contrast benign and malignant disorders of the female reproductive system 9. Understand the role of robotic gynecologic surgery as an alternative to open surgery 10. Discuss the nurses role during screening procedures, data collection, and education of women concerning reproductive health 	<ol style="list-style-type: none"> I. Overview of Anatomy and Physiology of the Female Reproductive System II. Female Reproductive System <ol style="list-style-type: none"> A. Menstruation B. Breasts C. Contraception and Fertility D. Infertility E. Menopause III. Health Promotion and Disease Prevention <ol style="list-style-type: none"> A. Health Screening and Assessments B. Diagnostic Tests C. Nursing Management IV. Disorders of the Female Reproductive System <ol style="list-style-type: none"> A. Menstrual Dysfunctions B. Pelvic Relaxation Syndrome C. Polycystic Ovarian Syndrome D. Dysfunctional Uterine Bleeding E. Abnormal Uterine Bleeding F. Leiomyoma G. Inflammations of the Lower Genital Tract H. Toxic Shock Syndrome I. Cancer of the Reproductive Tract V. Disorders of the Breast\ <ol style="list-style-type: none"> A. Benign Disorders B. Breast Cancer VI. Home Care V. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 39 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Teach techniques of breast self-examination and vulva self-examination to a client 2. Plan the nursing care of a woman with a reproductive disorder 3. Describe the causes of and interventions for common disorders of the female reproductive tract

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Understand the effects of aging on the male reproductive system 2. Summarize the medical and nursing management of erectile dysfunction 3. Describe factors involved in fertility, infertility, and contraception in the male client 4. Discuss the most common diagnostic tests and examinations of the male reproductive system 5. Describe the assessment in the male reproductive system 6. Outline the pathophysiology and manifestations of common disorders of the male reproductive tract 7. Evaluate the plan of care for a client with a disorder of the male reproductive tract 8. Identify the psychological and emotional impact of disorders of the male reproductive tract 9. Understand the role of drug therapy in disorders of the male reproductive tract	I. Overview of Anatomy and Physiology of the Male Reproductive System II. Male Reproductive System A. Fertility B. Contraception 1. Reversible 2. Permanent III. Disorders of the Male Reproductive System A. Erectile Dysfunction B. Ejaculation Disorders C. Infertility D. Hydrocele E. Varicocele F. Testicular Torsion G. Proapism H. Peyronies Disease I. Benign Prostatic Hyperplasia J. Inflammations and Infections of the Male Reproductive Tract 1. Epididymitis 2. Orchitis 3. Prostatitis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a client about the procedure for a prostate biopsy 2. Outline a nursing plan of care for a client with prostate cancer 3. Devise a teaching plan for testicular examination for young adult men 4. Prepare materials describing treatment to a client experiencing erectile dysfunction

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast four types of surgical treatments for benign prostatic hyperplasia (BPH) 11. Diagram the preoperative and postoperative nursing care of a client with BPH 12. Discuss inflammations of the male reproductive system and their treatment 13. Illustrate the patient teaching involved for early detection of testicular and prostate tumors 14. Describe the nursing care of a client with prostate cancer	K. Cancer of the Male Reproductive Tract 1. Cancer of the Penis 2. Testicular Cancer 3. Prostate Cancer IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 8

Unit Title: Care of Clients with Sexually Transmitted Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. State the signs and symptoms of common sexually transmitted infections 2. Discuss the danger of contracting human papillomavirus (HPV) and preventive measures 3. Explain the procedure for the various tests for STI's 4. Describe the treatment of common STI's their prevention, and the resources available to those who need information and STI's 5. Compare the symptoms of gonorrhea in male and female clients 6. List the ays in which human immunodeficiency virus (HIV) is transmitted 7. Identify the three stages of syphilis and discuss prevention, treatment, and complications 8. Discuss the nurses role in preventing, identifying, reporting and treating common STI's.	I. Common Infections of the Female Reproductive Tract A. Pelvic Inflammatory Disease B. Candidiasis C. Bacterial Vaginosis II. Risk Factors for Transmission of STI's A. Prevention of Human Papillomavirus B. Lesions of Sexually Transmitted Infections C. Reporting III. Transmission of STI's IV. Common Sexually Transmitted Infections A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 41 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 2. Instruct a female client on ways to prevent contracting or transmitting HIV 3. Teach a female client and a male client ways to prevent STI's

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9

Unit Title: Care of Clients during Disaster’s, Bioterrorism Attacks and Pandemic Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Analyze differences between an emergency situation and a disaster 2. Discuss an emergency preparedness plan for a health care facility 3. Compare the stages of psychological response that occur with a disaster 4. Compare and contrast the parameters used in the triage system for victims after a disaster versus the routine triage that occurs in hospital emergency departments 5. Identify responsibilities and duties of the nurse in the care of disaster victims 6. Explain safety measures to be employed for a chemical emergency 7. Demonstrate knowledge of measures to be taken in the event of a nuclear disaster 8. Explain warning signs that suggest a bioterrorism attack has occurred	I. Disaster Preparedness and Response II. Community Preparedness A. Fire B. Earthquake C. Tornado, Hurricane, Flood III. Hospital Preparedness IV. Psychological Responses to Disaster V. Triage VI. Food and Water Safety V. Preparing for Chemical, Nuclear, or Biologic Disasters A. Chemical Disaster B. Nuclear Disaster C. Biologic Disaster 1. Anthrax 2. Plague 3. Smallpox 4. Tularemia 5. Viral Hemorrhagic Fever VI. Pandemic Influenza Infection	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies Disaster Plan	HCRS C216	1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9

Unit Title: Care of Clients during Disaster's, Bioterrorism Attacks and Pandemic Infections continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	9. Differentiate the signs and symptoms of the various agents that could be used for a terrorist attack 10. Synthesize the importance of debriefing of health care personnel after a disaster		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 10

Unit Title: Care of Clients with Trauma or Shock

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/hours	<ol style="list-style-type: none"> 1. List the basic principles of first aid 2. Summarize the importance of mechanism of injury and index of suspicion in caring for clients with traumatic injury 3. State the key components of assessing a trauma client 4. Discuss prevention of injuries from extremes of heat and cold 5. Describe specific interventions in the emergency care of accidental poisoning by ingestion and inhalation 6. Describe emergency care of victims of insect stings, tick bites, and snakebites 7. Review the appropriate nursing actions and care needed for the client who has experienced a respiratory or cardiac arrest 8. Identify signs and symptoms of shock 9. Compare and contrast the treatment of cardiogenic, hypovolemic, and neurogenic shock 	<ol style="list-style-type: none"> I. Prevention of Accidents <ol style="list-style-type: none"> I. Emergency Care III. Metabolic Emergencies IV. Injuries caused by Extreme Heat and Cold V. Poisoning VI. Bites and Stings VII. Electric Shock and Burns VIII. Choking Emergencies IX. Cardiopulmonary Resuscitation X. Shock <ol style="list-style-type: none"> A. Hypovolemic B. Cardiogenic C. Obstructive D. Distributive E. Anaphylactic F. Neurogenic G. Sepsis and Septic Shock XI. Psychological and Social emergencies <ol style="list-style-type: none"> A. Domestic Violence and Abuse <ol style="list-style-type: none"> 1. Child Abuse 2. Elder Abuse 3. Combative Client 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 45 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Observe how the triage nurse in the emergency department sets priorities for client care 2. Observe how the emergency team works together on a major accident victim 3. Role play with fellow students, practicing techniques to calm a combative client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Anxiety, Mood, and Eating Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	<ol style="list-style-type: none"> 1. Analyze the significance of anxiety in the general adult population 2. Compare and contrast normal anxiety disorders 3. Describe the signs and symptoms and treatment for anxiety disorders 4. Discuss assessment, nursing diagnoses, and nursing interventions for clients with anxiety disorders 5. Discuss the variances of normal mood and discuss mood alterations that become debilitating 6. Discuss assessment, nursing diagnoses, and nursing interventions for clients with bipolar disorder and major depressive disorder 7. Summarize factors that are essential when assessing a suicidal client 8. Analyze the impact of family, peer, and media pressure on clients with eating disorders 9. Discuss assessment, nursing diagnoses, and nursing interventions for clients with eating disorders 	<ol style="list-style-type: none"> I. Anxiety and Anxiety Disorders <ol style="list-style-type: none"> A. Generalized Anxiety Disorder B. Phobic Disorder C. Obsessive-Compulsive Disorder D. Post-Traumatic Stress Disorder E. Diagnosis of Anxiety Disorders F. Treatment of Anxiety Disorders <ol style="list-style-type: none"> 1. Nursing Management II. Mood Disorders <ol style="list-style-type: none"> A. Bipolar Disorder B. Major Depressive Disorder C. Treatment of Mood Disorders <ol style="list-style-type: none"> 1. Nursing Management III. Suicidal Clients <ol style="list-style-type: none"> A. Nursing Management IV. Eating Disorders <ol style="list-style-type: none"> A. Anorexia Nervosa B. Bulimia Nervosa C. Treatment of Eating Disorders <ol style="list-style-type: none"> 1. Nursing Management 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 46 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Watch the movie “As Good as it Gets” and discuss behaviors that are debilitating for the main character 2. Implement a teaching plan for a client with a mood disorder to increase medication compliance 3. Identify at least six interventions for the nursing diagnosis: Risk for self-directed violence related to suicidal ideations

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Substance Abuse Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Summarize the significance of substance use disorders in the general adult population 2. List the diagnostic criteria included in the medical diagnosis of substance abuse disorder 3. Identify the physical, behavioral, and psychological indicators of substance use disorder 4. Discuss the significance of denial and rationalization in substance use disorder 5. Analyze the effects of substance use disorders on family and friends 6. Discuss symptoms and complications of withdrawal from alcohol 7. Identify at least six nursing interventions appropriate for a client with a substance use disorder	I. Substance and Alcohol Abuse A. Signs and Symptoms B. Effects on Family and Friends II. Disorders Associated with Substance Abuse A. Alcohol Abuse 1. Symptoms of Intoxication and Withdrawal 2. Diagnosis 3. Treatment 4. Complications III. Abuse of other Central Nervous System Depressants A. Treatment IV. Abuse of Opiates A. Treatment V. Abuse of Stimulants A. Treatment VI. Abuse of Nicotine A. Treatment VII. Abuse of Cannabis VIII. Abuse of Hallucinogens and Inhalants A. Treatment 1. Nursing Management IX. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 47 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Contribute to a teaching plan for a community presentation on smoking cessation 2. Review a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal 3. Devise a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is taking central nervous system stimulants

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Cognitive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence and significance of cognitive disorders in the elderly population 2. Compare and contrast the etiology and symptoms of delirium (acute) and dementia (chronic) 3. Describe the signs and symptoms of Alzheimer's disease in relation to the three stages: (1) preclinical Alzheimer's disease (2) mild cognitive impairment due to Alzheimer's disease and (3) dementia due to Alzheimer's disease 4. Choose appropriate nursing interventions for the care of clients with Alzheimer's disease 5. Identify the assessment skills that are necessary to accurately monitor a cognitive disorder 6. Identify nursing interventions that can be used to assist the family and friends of clients who have cognitive disorders	I. Overview of Cognitive Disorders A. Delirium B. Dementia C. Substance Induced Delirium D. Alzheimer's Disease 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Treatment 5. Nursing Management E. Vascular Dementia F. Aids Dementia Complex II. Complementary and Alternative Therapies III. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 48 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a plan of care with at least six interventions for a client who is confused and disoriented 2. Implement a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Thought and Personality Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence of thought disorders in the general population 2. Describe the signs and symptoms of schizophrenia 3. Identify at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with a thought disorder 4. Compare and contrast behaviors for each of the various personality disorders 5. Choose at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with borderline personality disorder 6. Illustrate how the nurse can identify and modify personal feelings that can occur when caring for a client with borderline personality disorder 7. Analyze your personal feelings related to caring for clients with manipulative behaviors	I. Overview of Thought Disorders II. Schizophrenia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Overview of Personality Disorders A. Borderline Personality Disorder A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 49 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Watch the movie "A Beautiful Mind" and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior 2. Develop a plan of care with at least six nursing interventions for a client who is paranoid and suspicious 3. Write a plan of care with a t least six nursing interventions for a client who is manipulative

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 13

Unit Title: Case Studies/Scenarios
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Postoperative Hemicolectomy with Pulmonary Embolism II. Postoperative Hip Arthroplasty with Blood Transfusion Reaction III. Acute Severe Asthma IV. Chronic Obstructive Pulmonary Disease with Spontaneous Pneumothorax V. Immediate Postoperative Abdominal Hysterectomy with nausea	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 14

Unit Title: Case Studies/Scenarios continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Acute Myocardial Infarction II. Diabetic – Hypoglcemia III. Diabetic Insulin Administration IV. Lower Leg Fracture with Compartment Syndrome V. Preoperative Bowel Obstruction with Fluid and Electrolyte Imbalance	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 15

Unit Title: Final

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	I. Review of 3 rd Semester Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Final Exam	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Contrast present day concepts of maternity and child care with those of the past 2. Recall the contributions of persons in history to the fields of maternity and pediatric care 3. List the organizations concerned with setting standards for the nursing care of maternity and pediatric patients 4. List three federal programs that assist mothers and infants 5. State the influence of the federal government on maternity and pediatric care 6. Discuss how culture affects childbirth and child care 7. List four reasons why statistics are important 8. Discuss common terms used in expressing vital statistics 9. State two types of health care delivery systems in the United States 10. List the five steps of the nursing process 11. Understand the legal responsibilities of the nurse to report certain diseases or conditions to the public health authorities		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Contrast a nursing plan of care with a clinical pathway 13. Define the Nursing Interventions Classification (NIC) and its relationship to the nursing process 14. Describe the Nursing Outcomes Classification (NOC) and its influence on the nursing process 15. Compare and contrast nursing and medical diagnosis frameworks with focus on North American Nursing Diagnosis Association International (NANDA-I) taxonomy 16. Define critical thinking 17. Discuss the role of critical thinking in the nursing process and in clinical judgment 18. Discuss the objectives of <i>Healthy People 2020</i> as it relates to maternity and pediatric care 19. Examine the importance of documentation as a nursing responsibility 20. Describe the role of the community health nurse as a health care provider		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Human Reproductive Anatomy & Physiology

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.4 hours	1. Define each key term listed 2. Describe changes in puberty in males and females 3. Identify the anatomy of the male reproductive system 4. Explain the functions of the external and internal male organs in human reproduction 5. Describe the influence of hormones in male reproductive processes 6. Identify the anatomy of the female reproductive system 7. Explain the functions of the external, internal, and accessory female organs in human reproduction 8. Discuss the importance of the pelvic bones to the birth process 9. Explain the menstrual cycle and the female hormones involved in the cycle		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 2 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Fetal Development

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Describe the process of gametogenesis in human reproduction 3. Explain human fertilization and implantation 4. Describe embryonic development 5. Describe the fetal development and the maturation of body systems 6. Describe the development and functions of the placenta, the umbilical cord, and the amniotic fluid 7. Compare fetal circulation to circulation after birth 8. Explain the similarities and differences in the two types of twins		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 3 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.2 hours Nut 0.2 hours	1. Define each key term listed 2. List the goals of prenatal care 3. Discuss prenatal care for a normal pregnancy 4. Explain the nurse's role in prenatal care 5. Calculate the expected date of delivery and duration of pregnancy 6. Differentiate among the presumptive, probable, and positive signs of pregnancy 7. Describe the physiological changes that occur during pregnancy 8. Identify nutritional needs for pregnancy and lactation 9. Discuss the importance and limitations of exercise in pregnancy 10. Describe patient education related to travel and common discomforts of pregnancy 11. Discuss nursing support for emotional changes that occur in a family during pregnancy 12. Identify special needs of the pregnant adolescent, the single parent, and the older couple		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Apply the nursing process in developing a prenatal teaching plan 14. Identify the effects of medication ingestion on pregnancy and lactation 15. Review immunization administration during pregnancy		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Women with Complications during Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Explain the use of fetal diagnostic tests in women with complicated pregnancies 3. Describe antepartum complications, their treatment, and their nursing care 4. Identify methods to reduce a woman's risk for antepartum complications 5. Discuss the management of concurrent medical conditions during pregnancy 6. Describe environmental hazards that may adversely affect the outcome of pregnancy 7. Describe how pregnancy affects care of the trauma victim 8. Describe psychosocial nursing interventions for the woman who has a high risk pregnancy and for her family		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Mother and Infant during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Discuss specific cultural beliefs the nurse may encounter when providing care to a woman in labor 3. Compare the advantages and disadvantages for each type of childbearing setting: hospital, freestanding birth center, and home 4. Describe the four components (“four Ps”) of the birth process: powers, passage, passenger and the psyche 5. Describe how the four Ps of labor interrelate to result in the birth of an infant 6. Explain the normal processes of childbirth: premonitory signs, mechanisms of birth, and stages and phases of labor 7. Explain common nursing responsibilities during labor and birth 8. Explain how false labor differs from true labor 9. Determine appropriate nursing care for the intrapartum client, including the woman in false labor and the woman having a vaginal birth after cesarean (VBAC) 10. Describe the care of the newborn immediately after birth		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 6 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Management of Pain during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. List the common types of classes offered to childbearing families 3. Describe factors that influence a woman's comfort during labor 4. Describe the methods of childbirth preparation 5. Discuss the advantages and limitations of nonpharmacological methods of pain management during labor 6. Explain nonpharmacological methods of pain management for labor, including the nursing role of each 7. Discuss the advantages and limitations of pharmacological methods of pain management 8. Explain each type of pharmacological pain management, including the nursing role for each		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 7 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4**

Unit Title: Nursing Care of Women with Complications During Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Discuss obstetric procedures 3. Illustrate the nurses role in each obstetric procedure 5. Describe factors that contribute to an abnormal labor 6. Explain various intrapartum complications 7. Discuss the nurse's role in caring for women with complications 8. Review the nurse's role in obstetric emergencies		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 8 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5

Unit Title: The Family After Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.4 hours Nut 0.2 hours	Define each key term listed 2. Describe how to individualize postpartum and newborn nursing care to different clients 3. Describe specific cultural beliefs that the nurse may encounter when providing postpartum and newborn care 4. Describe postpartum changes in maternal systems and the nursing care associated with those changes 5. Modify nursing assessments and interventions for the woman who has a cesarean birth 6. Explain the emotional needs of postpartum women and their families 7. Recognize the needs of a grieving client 8. Identify signs and symptoms that may indicate a complication in the postpartum mother or newborn 9. Describe the nursing care of the normal newborn 10. Describe nursing interventions to promote optimal infant nutrition 11. Discuss the influences related to the choice of breastfeeding or bottle feeding the newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5

Unit Title: The Family After Birth continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Explain the physiological characteristics of lactation 13. Compare various maternal and newborn positions used during breastfeeding 14. Identify principles of breast pumping and milk storage 15. Illustrate techniques of formula feeding 16. Compare the nutrients of human milk with those of infant formulas 17. Discuss the dietary needs of the lactating mother 18. Discuss the principles of weaning the infant from the breast 19. Plan appropriate discharge teaching for the postpartum woman and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4**

Unit Title: Nursing Care of Women with Complications after Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Describe the signs and symptoms for each postpartum complication 3. Identify factors that increase a woman's risk for developing each complication 4. Explain nursing measures that reduce a woman's risk for developing specific postpartum complications 5. Describe the medical and nursing management of postpartum complications 6. Explain general and specific nursing care for each complication 7. Compare and contrast mood disorders in the postpartum period		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 10 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 6

Unit Title: The Nurse’s Role in Women’s Health Care

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.6 hours	1. Define each key term listed 2. Explain aspects of preventive health care for women 3. Describe each menstrual disorder and its care 4. Explain each gynecological infection in terms of cause, transmission, treatment , and care 5. Describe the various methods of birth control, including side effects and contraindications of each 6. Describe how to use natural family planning methods for contraception or infertility management 7. Describe possible causes and treatment of infertility 8. Explain the changes that occur during the perimenopausal period and after menopause 9. Explain the medical and nursing care of women who are nearing or have completed menopause 10. Describe the medical and nursing care of women with pelvic floor dysfunction or problems related to benign growths in the reproductive tract 11. Describe the nursing care and treatment of a woman with leiomyoma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 11 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: The Newborn

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Briefly describe three normal reflexes of the newborn, including the approximate age of their disappearance 3. Demonstrate the steps in the physical assessment of the newborn 4. State four methods of maintaining the body temperature of a newborn 5. State the cause and describe the appearance of physiological jaundice in the newborn 6. Define the following skin manifestations in the newborn: lanugo, vernix, caseosa, Mongolian spots, millia, acrocyanosis, and desquamation 7. State the methods of preventing infection in newborns 8. Interpret discharge teaching for the mother and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 12 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Preterm and Postterm Newborns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	<ol style="list-style-type: none"> 1. Define the key terms listed 2. Differentiate between the preterm and the low birth weight newborn 3. List three causes of preterm birth 4. Describe selected problems and needs of preterm newborns and the nursing goals associated with each problem 5. Describe the symptoms of cold stress and methods of maintaining thermoregulation 6. Contrast the techniques for feeding preterm and full term newborns 7. Discuss two ways to help facilitate maternal-infant bonding for a preterm newborn 8. Describe the family reaction to preterm infants and nursing interventions 9. List three characteristics of the postterm infant 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> Leifer Chapter 13 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care 	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Perinatal Injury or Congenital Malformation

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. List and define the more common disorders of the newborn 3. Describe the classifications of birth defects 4. Outline the nursing care for the newborn with hydrocephalus 5. Describe the symptoms of increased intracranial pressure 6. Discuss the prevention of neural tube anomalies 7. Outline the preoperative and postoperative nursing care of a newborn with spina bifida cystica 8. Differentiate between cleft lip and cleft palate 9. Discuss the dietary needs of a newborn with phenylketonuria 10. Discuss the early signs of developmental hip dysplasia 11. Discuss the care of the newborn with Down syndrome 12. Outline the causes and treatment of hemolytic disease of the newborn (erythroblastosis fetalis) 13. Devise a plan of care for a newborn receiving phototherapy 14. Describe home phototherapy 15. Discuss the assessment and nursing care of a newborn with macrosomia		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 14 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G&D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Explain the difference between growth, development, and maturation 3. Recognize and read a growth chart for children 4. List five factors that influence growth and development 5. Discuss the nursing implications of growth and development 6. Discuss the importance of family centered care in pediatrics 7. Recognize the influence of the family and cultural practices on growth, development, nutrition, and health care 8. Describe three developmental theories and their impact on planning the nursing care of children 9. Discuss the nutritional needs of growing children 10. Differentiate between permanent and deciduous teeth, and list the times of their eruption 11. Understand the characteristics of play at various age levels 12. Describe the relationship of play to physical, cognitive, and emotional development		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Understand the role of computers and computer games in play at various ages 14. Define therapeutic play 15. Understand the use of play as an assessment tool		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G & D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of infants from age 1 to 12 months, listing age specific events and guidance when appropriate 3. Discuss the major aspects of cognitive development in the first year of life 4. Relate the nursing responsibilities in health promotion and illness prevention of infants during the first year of life 5. Discuss the nutritional needs of growing infants 6. Compare breastfeeding, bottle feeding, and the various infant formulas available 7. Describe how to select and prepare solid foods for the infant 8. List four common concerns of parents about the feeding of infants 9. Discuss the development of feeding skills in the infant 10. Compare and contrast natural, organic, and processed foods 11. Examine nutritional counseling for the infant		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the approximate age for each of the following: posterior fontanelle has closed; central incisors appear; birth weight has tripled; child can sit steadily alone; child shows fear of strangers 13. Describe normal vital signs for a 1 year old 14. Discuss safety issues in the care of infants 15. Discuss the approach to and the specifics of care of an infant with colic 16. Identify age appropriate toys and their development of therapeutic value 17. Discuss principles of safety during infancy 18. Discuss the development of favorable sleep patterns		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Toddler

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Describe the physical, psychosocial, and cognitive development of children from 1 to 3 years of age listing age specific events and guidance when appropriate 3. Discuss speech development in the toddler 4. Describe the task to be mastered by the toddler according to Erikson's stages of growth and development 5. List two developmental tasks of the toddler period 6. Discuss the principles of guidance and discipline for a toddler 7. Discuss how adults can assist small children in combatting their fears 8. Identify the principles of toilet training (Bowel and bladder) that will help guide parents' efforts to provide toilet independence 9. Describe the nutritional needs and self feeding abilities of a toddler		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Toddler continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. List two methods of preventing the following: automobile accidents, burns, falls, suffocation, choking, poisoning, drowning, electric shock, and animal bites 11. Describe the characteristic play and appropriate toys for a toddler		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Preschool Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8	1. Define the key terms listed 2. List the major developmental tasks of the preschool age child 3. Describe the physical, psychosocial, and spiritual development of children age 3 to 5 years, listing age specific events and guidance when appropriate 4. Discuss the development of positive bedtime habits 5. Discuss one method of introducing the concept of death to a preschool child 6. Describe the development of the preschool child in relation to Piaget's, Erikson's and Kohlberg's theories of development 7. Discuss the characteristics of a good preschool 8. Discuss the value of play in the life of a preschool child 9. Designate two toys suitable for the preschool child, and provide the rationale for each choice 10. Describe the speech development of the preschool child 11. Discuss the value of the following: time out periods, consistency, role modeling, and rewards.		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 18 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Preschool Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Discuss the approach to problems such as enuresis, thumb sucking, and sexual curiosity in the preschool child 13. Describe the developmental characteristics that predispose the preschool child to certain accidents, and suggest methods of prevention for each type of accident 14. Explain the use of therapeutic play with a handicapped child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 18 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The School Age Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of children from 6 to 12 years of age, listing age-specific events and type of guidance where appropriate 3. Discuss how to assist parents in preparing a child for school 4. List two ways in which school life influences the growing child 5. Contrast two major theoretical viewpoints of personality development during the school years 6. Discuss accident prevention in this age group 7. Discuss the role of the school nurse in providing guidance and health supervision for the school age child 8. Discuss the value of pet ownership for the healthy school age child and the family education necessary for the allergic or immunocompromised child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 19 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The Adolescent

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 hours Nut 0.2 hours	1. Define each key term listed 2. List major physical changes that occur during adolescence 3. Identify two major developmental tasks of adolescence 4. Discuss three major theoretical viewpoints on the personality development of adolescents 5. List five life events that contribute to stress during adolescence 6. Describe Tanner’s stages of breast development 7. Describe menstruation to a 13 year old girl 8. Identify two ways in which a person’s cultural background might contribute to behavior 9. Discuss the importance of peer groups, cliques, and best friends in the developmental process of an adolescent 10. List three guidelines of importance for the adolescent participating in sports 11. Summarize the nutritional requirements of the adolescent 12. Discuss two main challenges during the adolescent years to which the adolescent must adjust		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10**

Unit Title: The Adolescent continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List a source for planning sex education programs for adolescents 14. Discuss the common problems of adolescence and the nursing approach		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 2.4 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Identify various health care delivery settings 3. Describe three phases of separation anxiety 4. List two ways in which the nurse can lessen the stress of hospitalization for the child's parents 5. Discuss the management of pain in infants and children 6. Describe two milestones in the psychosocial development of the preschool child that contribute either positively or negatively to the adjustment to hospitalization 7. Contrast the problems of the preschool child and the school age child facing hospitalization 8. Identify two problems confronting the siblings of the hospitalized child 9. List three strengths of the adolescent that the nurse might use when formulating nursing care plans 10. Organize a nursing care plan for a hospitalized child 11. Recognize the steps in discharge planning for infants, children and adolescents 12. Interpret a clinical pathway for a hospitalized child 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List five safety measures applicable to the care of the hospitalized child 14. Illustrate techniques of transporting infants and children 15. Plan the basic daily data collection for hospitalized infants and children 16. Identify the normal vital signs of infants and children at various ages 17. Devise a nursing plan of care for a child with a fever 18. Discuss the techniques of obtaining urine and stool specimens from infant's 19. Calculate the dosage of a medicine that is in liquid form 20. Demonstrate techniques of administering oral, eye, and ear medications to infants and children 21. Compare the preferred sites for intramuscular injections for infants and adults 22. Discuss two nursing responsibilities necessary when a child is receiving parenteral fluids and the rationale for each '23. Demonstrate the appropriate technique for gastrostomy tube feedings		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11**

Unit Title: The Hospitalized Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	24. Summarize the care of a child receiving supplemental oxygen 25. Recall the principles of tracheostomy care 26. List the adaptations necessary when preparing a pediatric client for surgery		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Child with a Sensory or Neurological Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Discuss the prevention and treatment of ear infections 3. Outline the nursing approach t serving the hearing impaired child 4. Discuss the cause and treatment of amblyopia 5. Compare the treatment of paralytic and nonparalytic strabismus 6. Review the prevention of eyestrain in children 7. Discuss the functions of the 12 cranial nerves and nursing interventions for dysfunction 8. Describe the components of a “neurological check”. 9. Outline the prevention, treatment, and nursing care for the child with Reye’s syndrome 10. Describe the symptoms of meningitis in a child 11. Describe three types of posturing that may indicate brain damage 12. Discuss the various types of seizures and the relevant nursing responsibilities 13. Prepare a plan for success in the care of a mentally retarded child 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Child with a Sensory or Neurological Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe four types of cerebral palsy and the nursing goals involved in the care 15. State a method of determining level of consciousness in an infant 16. Describe signs of increased intracranial pressure in a child 17. Discuss neurological monitoring of infants and children 18. Identify the priority goals in the care of a child who experienced near drowning 19. Formulate a nursing plan of care for the child with a decreased level of consciousness		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Musculoskeletal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Demonstrate an understanding of age specific changes that occur in the musculoskeletal system during growth and development 3. Discuss the musculoskeletal differences between the child and adult and how it influences orthopedic treatment and nursing care 4. Describe the management of soft tissue injuries 5. Discuss the types of fractures commonly seen in children and their effect on growth and development 6. Differentiate between Buck’s extension and Russell traction 7. Compile a nursing plan of care for the child who is immobilized by traction 8. Describe a neurovascular check 9. Discuss the nursing care of a child in a cast 10. List two symptoms of Duchenne’s muscular dystrophy 11. Describe the symptoms, treatment, and nursing care for the child with Legg-Calve-Perthes disease		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12**

Unit Title The Child with a Musculoskeletal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Describe two topics of discussion applicable at discharge for the child with juvenile rheumatoid arthritis 13. Describe three nursing care measures required to maintain skin integrity for an adolescent child in a cast for scoliosis 14. Identify symptoms of abuse and neglect in children 15. Describe three types of child abuse 16. State two cultural or medical practices that may be misinterpreted as child abuse		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title **The Child with a Respiratory Disorder**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Distinguish the difference between the respiratory tract of the infant and that of an adult 3. Review the signs and symptoms of respiratory distress in infants and children 4. Discuss the nursing care of a child with croup, pneumonia, or respiratory syncytial virus 5. Recognize the precautions involved in the care of a child diagnosed with epiglottitis 6. Compare bed rest for a toddler with bed rest for an adult 7. Describe smoke inhalation injury as it relates to delivery of nursing care 8. Discuss the postoperative care of a 5 year old who has had a tonsillectomy 9. Recall the characteristic manifestations of allergic rhinitis 10. Discuss how sinusitis in children is different from that in adults 11. Assess the control of environmental exposure to allergens in the home of a child with asthma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Respiratory Disorder continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Express five goals of asthma therapy 13. Interpret the role of sports and physical exercise for the asthmatic child 14. Recall four nursing goals in the care of a child with cystic fibrosis 15. Devise a nursing plan of care for the child with cystic fibrosis, including family interventions 16. Review the prevention of bronchopulmonary dysplasia 17. Examine the prevention of sudden infant death syndrome		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Cardiovascular Disorder

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Distinguish the difference between the cardiovascular system of the infant and that of an adult 3. List the general signs and symptoms of congenital heart disease 4. Differentiate between patent ductus arteriosus, coarctation of the aorta, atrial septal defect, ventricular septal defect, and tetralogy of Fallot 5. Discuss six nursing goals relevant to the child with acquired heart disease 6. List the symptoms of rheumatic fever 7. Discuss the prevention of rheumatic fever 8. Discuss hypertension in childhood 9. Differentiate between primary and secondary hypertension 10. Identify factors that can prevent hypertension 11. Recognize the manifestation of Kawasaki disease and the related nursing care 12. Describe heart healthy guidelines for children over the age of 2 years		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 26 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Condition of the Blood or Lymphatic System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Summarize the components of the blood 2. Recall normal blood values of infants and children 3. List two laboratory procedures commonly performed on children with blood disorders 4. Compare and contrast four manifestations of bleeding into the skin 5. List the symptoms, prevention, and treatment of iron deficiency anemia 6. Recommend four food sources of iron for a child with iron deficiency anemia 7. Examine the pathophysiology and the signs and symptoms of sickle cell disease 8. Describe four types of sickle cell crisis 9. Devise a nursing plan of care for a child with sickle cell disease 10. Recognize the effects on the bone marrow of increased red blood cell production caused by thalassemia 11. Review the effects of severe anemia on the heart 12. Recall the pathophysiology and the signs and symptoms of hemophilia A and hemophilia B		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title **The Child with a Condition of the Blood or Lymphatic System continued**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Identify the nursing interventions necessary to prevent hemarthrosis in a child with hemophilia 14. Plan the nursing care of a child with leukemia 15. Review the nursing care of a child receiving a blood product 16. Discuss the effects of chronic illness on the growth and development of children 17. Recall the stages of dying 18. Contrast age appropriate responses to a sibling's death and the nursing interventions required 19. Formulate techniques the nurse can use to facilitate the grieving process 20. Discuss the nurse's role in helping families to deal with the death of a child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Define each key tem listed 2. Discuss three common gastrointestinal anomalies in infants 3. Discuss the postoperative nursing care of an infant with pyloric stenosis 4. Discuss the dietary management of celiac disease 5. Understand the symptoms, treatment, and nursing care of a child with Hirschsprung’s disease 6. Understand the treatment and nursing care of a child with intussusception 7. Interpret the nursing management of an infant with gastroesophaageal reflux 8. Differentiate between three types of dehydration 9. Explain why infants and young children become dehydrated more easily than adults 10. Understand how nutritional deficiencies influence growth and development 11. Review the prevention of the spread of thrush in infants and children 12. Trace the route of the pinworm cycle and describe how reinfection takes place		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Prepare a teaching plan for the prevention of poisoning in children 14. List two measures to reduce the effect of acetaminophen poisoning n children 15. Indicate the primary source of lead poisoning		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Genitourinary Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Name the functional unit of the kidney 2. List four urological diagnostic procedures 3. Recognize urinary tract anomalies in infants 4. Differentiate between Nephrosis and acute glomerulonephritis 5. Discuss the skin care pertinent to the child with Nephrosis 6. Explain any alterations in diet applicable to the child with Nephrosis 7. Outline the nursing care for a child who is diagnosed as having Wilms' tumor 8. Discuss the impact of undescended testes on fertility 9. Discuss the impact of genitourinary surgery on the growth and development of children at various ages		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 29 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Skin Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 hours	<ol style="list-style-type: none"> 1. Recall the differences between the skin of the infant and that of an adult 2. Identify common congenital skin lesions and infections 3. Describe two topical agents used to treat acne 4. Summarize the nursing care for a child who has infantile eczema. State the rationale for each nursing measure 5. Discuss the prevention and care of pediculosis and scabies 6. Discuss the nursing care of various microbial infections of the skin 7. Differentiate among first, second, and third degree burns: the anatomical structures involved, the appearance, the level of sensation, and the first aid required 8. List five objectives of the nurse caring for the burned child 9. Describe how the response of the child with burns differs from that of the adult 10. Identify the principles of topical therapy 11. Differentiate four types of topical medication 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Skin Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Examine the emergency treatment of three types of burns 13. Discuss the prevention and treatment of sunburn and frostbite		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Metabolic Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.8 hours Nut 0.2 hours	1. Relate why growth parameters are of importance to clients with a family history of endocrine disease 2. List the symptoms of hypothyroidism in infants 3. Discuss the dietary adjustment required for a child with diabetes insipidus 4. Compare the signs and symptoms of hyperglycemia and hypoglycemia 5. Differentiate between type 1 and type 2 diabetes mellitus 6. List three precipitating events that might cause diabetic ketoacidosis 7. List a predictable stress that the disease of diabetes mellitus has on children and families during the following periods of life: infancy, toddlerhood, preschool age, elementary school age, puberty, and adolescence 8. Outline the educational needs of the parents and the child with diabetes mellitus in the following areas: nutrition and meal planning, exercise, blood tests, glucose monitoring, administration of insulin, and skin care 9. List three possible causes of insulin shock		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Metabolic Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Explain the Somogyi phenomenon 11. Discuss the preparation and administration of insulin to a child, highlighting any differences between pediatric and adult administration		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Communicable Disease

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0	1. Interpret the detection and prevention of common childhood communicable diseases 2. Discuss the characteristics of common childhood communicable disease 3. Discuss three principles involved in standard and transmission based precautions used to prevent the transmission of communicable diseases in children 4. Discuss national and international immunization programs 5. Describe the nurse's role in the immunization of children 6. Demonstrate a teaching plan for preventing sexually transmitted infections (STI's) in an adolescent 7. Formulate a nursing care plan for a child with acquired immunodeficiency syndrome (AIDS)		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 32 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with an Emotional or Behavioral Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.6 hours	<ol style="list-style-type: none"> 1. Differentiate among the following terms: psychiatrist, psychoanalyst, clinical psychologist, and counselor 2. Discuss the impact of early childhood experience on a person's adult life 3. Discuss the effect of childhood autism on growth and development 4. Discuss behavioral therapy and how it is adapted to obsessive compulsive disorders and depression in children 5. List the symptoms of potential suicide in children and adolescents 6. Discuss immediate and long range plans for the suicidal client 7. List four behaviors that may indicate substance abuse 8. Name two programs for members of families of alcoholics 9. Discuss the problems facing children of alcoholics 10. List four symptoms at attention deficit hyperactivity disorder 11. Describe techniques of helping children with attention deficit hyperactivity disorder to adjust to the school setting 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14**

Unit Title The Child with an Emotional or Behavioral Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Compare and contrast the characteristics of bulimia nervosa and anorexia nervosa		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 15

Unit Title **Final Review**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.0 hours Ped Theory 1.4 hours Nut 0.20 hours	Review of Maternal Child concepts/Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 1**

Unit Title: Introduction

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.20 hrs	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for course.	Introduction and overview A. Course expectations B. Level objectives	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Syllabus Student Handbook		

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 1 continued**

Unit Title: Review of Math

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.8 hrs	1. Describe four measuring systems that can be used in drug therapy 2. Convert between different measuring systems when given drug orders and available forms of the drugs 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Study Guide Kaplan Math Review Module		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 2

Unit Title: Pediatric Dosages and Calculations

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	1. Convert pounds to kilograms 2. Apply body weight dosage calculations to patients across the life span 3. Determine whether the ordered dose is safe to administer 4. Calculate pediatric IV maintenance fluids 5. Identify appropriate nursing assessments, nursing interventions and evaluations for pediatric clients receiving medications.	I. Administering medications to pediatric clients A. Routes of administration B. Calculating body weight in kilograms a. Single dose drugs b. Single dose range drugs c. Routine drugs d. Daily dose range drugs e. Under dosage C. Combination drugs D. Body Surface Area (BSA) Method E. Body Surface Area dosage calculations F. Pediatric Volume Control Sets G. Calculation of Daily Volume for Maintenance Fluids for the Pediatric Client	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Pickar Chapter 13 Chapter 16 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 3

Unit Title: Drugs used in Obstetrics

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Describe nursing assessments and nursing interventions needed for the pregnant patient during the first, second and third trimesters of pregnancy 2. Identify appropriate nursing assessments, nursing interventions, and treatment options used for the following obstetric complications: infection, hyperemesis gravidarum, miscarriage, abortion, preterm labor, premature rupture of membrane, gestational diabetes and pregnancy induced hypertension 3. State the methods and time parameters of each approach to the termination of a pregnancy 4. Summarize the care needs of the pregnant woman during labor and delivery and the immediate postpartum period including the patient education needed before discharge to promote safe self-care and care of the newborn 5. State the purpose of administering glucocorticoids to certain women in preterm labor	I. Nursing Process for Obstetrics A. Assessment a. Prenatal Visit b. Nutritional History c. Elimination Pattern d. Psychosocial Culture History e. Medication History f. Physical Examination g. During first, second and third trimester h. Pregnant client at risk i. During normal labor and delivery B. Planning C. Implementation a. Prenatal b. Complications of Pregnancy c. Preterm Labor d. Premature rupture of membranes e. Gestational diabetes f. Pregnancy induced hypertension g. Termination of pregnancy h. Normal labor and delivery i. Immediate neonatal care j. Postpartum care D. Patient Education and Health Promotion II. Uterine Stimulants A. Drug Therapy a. Uses i. Induction of labor ii. Augmentation of labor iii. Postpartum atony and hemorrhage iv. Therapeutic abortion	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 4

Unit Title: Drugs used in Obstetrics continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outlin	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	<p>6. State the actions, primary uses, nursing assessments, and monitoring parameters for uterine stimulants, uterine relaxants, clomiphene citrate, magnesium sulfate, and Rh0(D) immune globulin</p> <p>7. Compare the effects of uterine stimulants and uterine relaxants on a pregnant woman’s uterus</p> <p>8. Describe specific nursing concerns and appropriate nursing actions when uterine stimulants are administered for induction of labor, augmentation of labor, and postpartum atony and hemorrhage</p> <p>9. Cite the effects of adrenergic agents on beta-1 and beta-2 receptors, and then identify the relationship of these actions to the serious adverse effects to report when adrenergic agents are used to inhibit preterm labor</p> <p>10. Describe specific assessments needed before and during the use of terbutaine or magnesium sulfate therapy</p> <p>11. Identify what tocolysis means and what the nursing responsibilities are related to the management of preterm labor</p>	<p>B. Dinoprostone</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>C. Misoprostol</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>D. Methylergonovinr maleate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>E. Oxytocin</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>III. Uterine Relaxants</p> <p>A. Magnesium Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>B. Terbutaline Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p>	<p>Lecture</p> <p>Discussion</p> <p>PowerPoint</p> <p>Presentations</p> <p>Small group assignments</p> <p>NCLEX Questions</p> <p>Videos</p> <p>Kaplan</p>	<p>Clayton</p> <p>Chapter 40</p> <p>Study Guide</p> <p>Drug Cards</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 5

Unit Title: Drugs Used in Men’s and Women’s Health

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Identify common organisms known to cause leucorrhea 2. Cite the generic and brand names of products used to treat <i>Candida albicans</i> , <i>Trichomonas vaginalis</i> , and <i>Gardnerella vaginalis</i> . 3. Review specific techniques for administering vaginal medications 4. Develop a plan for teaching self-care to women and men with sexually transmitted diseases. Include personal hygiene measures, medication administration, methods of pain relief, and prevention of spread of infection or reinfection. 5. Discuss specific interviewing techniques that can be used to obtain a history of sexual activity 6. Compare the active ingredients in the two types of oral contraceptive agents 7. Differentiate between the actions and the benefits of the combination pill and the minipill	I. Vaginitis A. Drug Therapy for Leukorrhea and Genital Infections B. Assessment a. Female Reproductive History b. Male Reproductive History c. History of Current Symptoms d. Medication History e. Psychosocial f. Laboratory and Diagnostic Tests g. Physical Exam C. Planning D. Implementation E. Patient Education and Health Promotion a. Instructions for Adolescents b. Instructions for Women c. Instructions for Men d. Instructions for Women and Men e. Medications f. Health Maintenance g. Written Record II. Drug Therapy for Contraception A. Oral Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Transdermal Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process c. Therapeutic Outcomes d. Nursing process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 41 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 6

Unit Title: Drugs Used in Men’s and Women’s Health continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0	8. Describe the major adverse effects and contraindications to the user of oral contraceptive agents 9. Develop specific patient education plans to be used to teach a patient to initiate oral contraceptive therapy with the combination pill and the minipill 10. Identify the patient teaching necessary with the administration of the transdermal contraceptive and the intravaginal hormonal contraceptive 11. Describe pharmacologic treatments of benign prostatic hyperplasia 12. Describe the pharmacologic treatment of erectile dysfunction.	C. Intravaginal Hormonal Contraceptive a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process II. Benign Prostratic Hyperplasia A. Alpha-1m Adrenergic Blocking Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Antiandrogen Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process III. Erectile Dysfunction A. Posphodiesterase Inhibitors a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards NCLEX Questions Due		

Vocational Nursing Program
Curriculum Content – HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation 	<ol style="list-style-type: none"> 1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 	Skills Lab 2.0 hours Clinical 21.6 hours	<p>Skills Lab Practice all previously learned skills</p> <p>Clinical Setting</p> <ol style="list-style-type: none"> 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 4

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 11**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a Plan of Care on a Newborn 2. Complete a Plan of Care on a Hospitalized Pediatric Client 3. Complete a Plan of Care on a woman in labor or post partum	162 total Clinical Hours	Theory Specific for HCRS C206 Maternal/Child Nursing 1. Care for a newborn immediately after delivery 2. Provide nursing care for a normal newborn 3. Demonstrate the steps in the physical assessment of the newborn 4. Set up a Bili Bed for phototherapy treatment 5. Take and accurately record vital signs for a newborn, toddler, child, and adolescent 6. Obtain urine and/or stool specimens from an infant 7. Calculate and administer the appropriate medication doses for pediatric client 8. Administer oral, eye, and ear medications to infants and children 9. Perform gastrostomy tube feeding to an infant or child 10. Prepare and administer insulin to a child 11. Calculate expected delivery date 12. Provide care for a woman in first 3 trimesters of pregnancy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C206 Maternal/Child Nursing 13. Provide care for a woman in labor 14. Provide care for a woman in postpartum period

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Prepare a Plan of Care for a client who is confused and disoriented 2. Prepare a Plan of Care for a client who has a cognitive disorder 3. Prepare a Plan of Care for a client with a Thought Disorder 4. Prepare a teaching presentation for adults regarding disaster awareness and safety 5. Prepare a teaching plan for a community presentation on cessation of smoking	162 total Clinical Hours	Theory Specific for HCRS C205 Medical Surgical Nursing III 1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred 4. Observe how the triage nurse in the emergency department sets priorities for client care 5. Observe how the emergency team works together on a major accident victim 6. Role play with fellow students, practicing techniques to calm a combative client

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 7. Watch the movie <i>As Good as It Gets</i> and discuss behaviors that are debilitating for the main character 8. Implement a teaching plan for a client with a mood disorder to increase medication compliance 9. Identify at least six interventions for the nursing diagnosis Risk for self-directed violence related to suicidal ideations 10. Contribute to a teaching plan for a community presentation on smoking cessation 11. Review a care plan with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal 12. Prepare a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 13. Watch the movie <i>A Beautiful Mind</i> and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior 14. Perform a thorough nursing assessment for a preoperative client 15. Teach the client postoperative exercises during the perioperative period 16. Prepare a client for surgery using a preoperative checklist 17. Document preoperative care and assessment data 18. Observe during a clients surgery 19. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU 20. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 21. Apply interventions to prevent postoperative complications 22. Assess for postoperative pain and provide comfort measures and pain relief 23. Promote early ambulation and return to independence in activities of daily living 24. Perform discharge teaching necessary for postoperative home self care 25. Gather pertinent history for a client with a nervous system problem 26. Demonstrate a “neuro” check 27. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale 28. Teach a family member how to properly assess and care for a client who has suffered a concussion 29. Perform a neurologic check on a client who has suffered head trauma

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 30. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 31. Prepare a plan of teaching self-care measures to a client who suffers from low back pain 32. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 33. Perform neurologic checks on a client who is admitted with a suspected CVA 34. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia 35. Teach a newly diagnosed client about the medications for Parkinson's disease 36. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 37. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection 38. Teach techniques of breast self-examination and vulva self-examination to a client 39. Plan the nursing care of a woman with a reproductive disorder 40. Describe the causes of and interventions for common disorders of the female reproductive tract 41. Teach a client about the procedure for a prostate biopsy 42. Outline a nursing plan of care for a client with prostate cancer 43. Devise a teaching plan for testicular examination for young adult men 44. Prepare materials describing treatment to a client experiencing erectile dysfunction

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 45. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 46. Instruct a female client on ways to prevent contracting or transmitting HIV 47. Teach a female client and a male client ways to prevent STI's

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – HCRS C207 Advanced Pharmacology
 Instructional Plan: Semester 3 – Week 1**

Unit Title: Introduction

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.20 hrs	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for course.	Introduction and overview A. Course expectations B. Level objectives	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Syllabus Student Handbook		

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 1 continued**

Unit Title: Review of Math

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.8 hrs	1. Describe four measuring systems that can be used in drug therapy 2. Convert between different measuring systems when given drug orders and available forms of the drugs 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Study Guide Kaplan Math Review Module		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 2

Unit Title: Pediatric Dosages and Calculations

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	1. Convert pounds to kilograms 2. Apply body weight dosage calculations to patients across the life span 3. Determine whether the ordered dose is safe to administer 4. Calculate pediatric IV maintenance fluids 5. Identify appropriate nursing assessments, nursing interventions and evaluations for pediatric clients receiving medications.	I. Administering medications to pediatric clients A. Routes of administration B. Calculating body weight in kilograms a. Single dose drugs b. Single dose range drugs c. Routine drugs d. Daily dose range drugs e. Under dosage C. Combination drugs D. Body Surface Area (BSA) Method E. Body Surface Area dosage calculations F. Pediatric Volume Control Sets G. Calculation of Daily Volume for Maintenance Fluids for the Pediatric Client	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Pickar Chapter 13 Chapter 16 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 3

Unit Title: Drugs used in Obstetrics

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Describe nursing assessments and nursing interventions needed for the pregnant patient during the first, second and third trimesters of pregnancy 2. Identify appropriate nursing assessments, nursing interventions, and treatment options used for the following obstetric complications: infection, hyperemesis gravidarum, miscarriage, abortion, preterm labor, premature rupture of membrane, gestational diabetes and pregnancy induced hypertension 3. State the methods and time parameters of each approach to the termination of a pregnancy 4. Summarize the care needs of the pregnant woman during labor and delivery and the immediate postpartum period including the patient education needed before discharge to promote safe self-care and care of the newborn 5. State the purpose of administering glucocorticoids to certain women in preterm labor	I. Nursing Process for Obstetrics A. Assessment a. Prenatal Visit b. Nutritional History c. Elimination Pattern d. Psychosocial Culture History e. Medication History f. Physical Examination g. During first, second and third trimester h. Pregnant client at risk i. During normal labor and delivery B. Planning C. Implementation a. Prenatal b. Complications of Pregnancy c. Preterm Labor d. Premature rupture of membranes e. Gestational diabetes f. Pregnancy induced hypertension g. Termination of pregnancy h. Normal labor and delivery i. Immediate neonatal care j. Postpartum care D. Patient Education and Health Promotion II. Uterine Stimulants A. Drug Therapy a. Uses i. Induction of labor ii. Augmentation of labor iii. Postpartum atony and hemorrhage iv. Therapeutic abortion	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 4

Unit Title: Drugs used in Obstetrics continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outlin	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	<p>6. State the actions, primary uses, nursing assessments, and monitoring parameters for uterine stimulants, uterine relaxants, clomiphene citrate, magnesium sulfate, and Rh0(D) immune globulin</p> <p>7. Compare the effects of uterine stimulants and uterine relaxants on a pregnant woman's uterus</p> <p>8. Describe specific nursing concerns and appropriate nursing actions when uterine stimulants are administered for induction of labor, augmentation of labor, and postpartum atony and hemorrhage</p> <p>9. Cite the effects of adrenergic agents on beta-1 and beta-2 receptors, and then identify the relationship of these actions to the serious adverse effects to report when adrenergic agents are used to inhibit preterm labor</p> <p>10. Describe specific assessments needed before and during the use of terbutaine or magnesium sulfate therapy</p> <p>11. Identify what tocolysis means and what the nursing responsibilities are related to the management of preterm labor</p>	<p>B. Dinoprostone</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>C. Misoprostol</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>D. Methylergonovinr maleate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>E. Oxytocin</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>III. Uterine Relaxants</p> <p>A. Magnesium Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>B. Terbutaline Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p>	<p>Lecture</p> <p>Discussion</p> <p>PowerPoint</p> <p>Presentations</p> <p>Small group assignments</p> <p>NCLEX Questions</p> <p>Videos</p> <p>Kaplan</p>	<p>Clayton</p> <p>Chapter 40</p> <p>Study Guide</p> <p>Drug Cards</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 5

Unit Title: Drugs Used in Men’s and Women’s Health

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Identify common organisms known to cause leucorrhea 2. Cite the generic and brand names of products used to treat <i>Candida albicans</i> , <i>Trichomonas vaginalis</i> , and <i>Gardnerella vaginalis</i> . 3. Review specific techniques for administering vaginal medications 4. Develop a plan for teaching self-care to women and men with sexually transmitted diseases. Include personal hygiene measures, medication administration, methods of pain relief, and prevention of spread of infection or reinfection. 5. Discuss specific interviewing techniques that can be used to obtain a history of sexual activity 6. Compare the active ingredients in the two types of oral contraceptive agents 7. Differentiate between the actions and the benefits of the combination pill and the minipill	I. Vaginitis A. Drug Therapy for Leukorrhea and Genital Infections B. Assessment a. Female Reproductive History b. Male Reproductive History c. History of Current Symptoms d. Medication History e. Psychosocial f. Laboratory and Diagnostic Tests g. Physical Exam C. Planning D. Implementation E. Patient Education and Health Promotion a. Instructions for Adolescents b. Instructions for Women c. Instructions for Men d. Instructions for Women and Men e. Medications f. Health Maintenance g. Written Record II. Drug Therapy for Contraception A. Oral Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Transdermal Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process c. Therapeutic Outcomes d. Nursing process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 41 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 6

Unit Title: Drugs Used in Men’s and Women’s Health continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0	8. Describe the major adverse effects and contraindications to the user of oral contraceptive agents 9. Develop specific patient education plans to be used to teach a patient to initiate oral contraceptive therapy with the combination pill and the minipill 10. Identify the patient teaching necessary with the administration of the transdermal contraceptive and the intravaginal hormonal contraceptive 11. Describe pharmacologic treatments of benign prostatic hyperplasia 12. Describe the pharmacologic treatment of erectile dysfunction.	C. Intravaginal Hormonal Contraceptive a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process II. Benign Prostratic Hyperplasia A. Alpha-1m Adrenergic Blocking Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Antiandrogen Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process III. Erectile Dysfunction A. Posphodiesterase Inhibitors a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards NCLEX Questions Due		

CONTENT HOURS WORKSHEET BY SEMESTER/TERM - VOCATIONAL NURSING PROGRAM

PROGRAM NAME: Cerro Coso Community College Level # 3rd Semester

WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
A/P																			0
NUT		0.2			0.2			0.4	0.2	0.2			0.6	0.2	0.2				2.2
PSY																			0
G/D								3.2	3.4	3.4									10
FUN																			0
NP																			0
COM																			0
communication with patients with Psych disorders																			0
PE																			0
PHA	3	3	3	3	3	3													18
M/S	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.2				63
CDIS																			0
GER																			0
REH																			0
MAT	3.6	3.4	3.6	3.6	3.4	3.6	3.6								2				26.8
PED											3.6	3.6	3	3.4	1.4				15
LDR							2	2	2	2	2	2	2	2	2				18
SUP																			0
ETH																			0
CRIT. THINK							1	1	1	1	1	1	1	1	1				9
CULT																			0
END-OF-LIFE																			0
Total Theory Hours	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	10.8	0	0	0	162
Skills Lab	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2				30
Clinical	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6	19.6				294
Total Clinical Hours	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	21.6	0	0	0	324
TOTAL PROGRAM HOURS	32.4	32.4	32.4	32.4	32.4	32.4	32.5	32.4	32.4	32.4	32.4	32.4	32.4	32.4	32.4	0	0	0	486

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a teaching plan for an elderly client going home with a mobility problem about ways to prevent falls at home	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 1 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Gather positioning aids and place them correctly for the patient who has sustained trauma to the left knee 2. Institute measures to reduce the chance of contracture for patients with musculoskeletal 3. Assist clients with musculoskeletal injuries with active or passive range of motion 4. Provide care for a client who has undergone an arthroscopy 5. Teach a client to properly use crutches 6. Teach an elderly client with a mobility problem about ways to prevent falls at home

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with a Musculoskeletal injury or disorder	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 2 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Assess a client who has a connective tissue injury 2. Provide pin care for a client with external fixation 3. Teach the client going home with a cast about proper care of the cast and extremity 4. Observe a physical therapist who is teaching quadriceps exercise and then assist the client to practice 5. Assess the skin of a client who has a prosthetic device on an amputated limb

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 3 continued

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Effectively use the nursing process for pain management 2. Use appropriate pain evaluation tools for a variety of clients 3. Recognize common side effects of analgesics and describe techniques for addressing them 4. Employ nonpharmacologic approaches to pain management with a variety of clients

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 4

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: **21.6 hours**

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a nursing Plan of Care for a client with cancer	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 4 continued

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Devise a general plan of nursing care for the client receiving chemotherapy 2. Formulate a teaching plan for the client who has bone marrow suppression from cancer treatment 3. Institute nursing interventions to help the client cope with the common problems of cancer and its treatment 4. Use appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and its treatment 5. Employ nursing interventions to help cancer clients cope with death and dying

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 5

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: **21.6 hours**

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 5 continued

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives Continued from Week 4

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 6

Unit Title: _____

Theory Hours this week: _____

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 6 continued**

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Choose specific interventions to assist the client with a chronic illness who is home bound and has issues of loneliness 2. When in a long term care facility or hospital, discuss with the charge nurse the measures that are used for safety and fall prevention in the facility 3. Observe a rehabilitation team conference to see how a collaborative plan of care is created and updated 4. From assessment data, identify areas of psychological need for a home care client and family 5. Teach clients about more common diagnostic tests and procedures to diagnose and evaluate cardiovascular disease 6. Assist clients to form plans to modify cardiovascular disease risk factors

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 7**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
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See Instructional Plan for HCRS C204			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 	<ol style="list-style-type: none"> 1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with Cardiovascular Disease 	<p>2.0 hours Skills Lab</p> <p>19.6 hours Clinical</p>	<p>Skills Lab</p> <ol style="list-style-type: none"> 1. Practice all previously learned skills <p>Clinical Setting</p> <ol style="list-style-type: none"> 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 7 continued**

Unit Title:
Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Develop and implement a teachings plan for a client who has hypertension 2. Choose the points to be included in the teaching plan for the client who has experienced thrombophlebitis 3. Institute a teaching plan for the client undergoing anticoagulant therapy 4. Differentiate between venous and arterial insufficiency during a physical assessment 5. Prepare a nursing plan of care for the client with arterial insufficiency 6. Identify three likely nursing diagnoses for clients who have common problems of vascular disease and list the expected outcomes and appropriate nursing interventions each

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Develop a teaching plan for a client going home with a cardiac disorder	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 8 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Develop a plan on care for a client who has heart failure 2. Perform a basic physical assessment on a client who has a mitral valve stenosis and dysrhythmia 3. Use the nursing process to care for assigned clients who have cardiovascular disorders 4. Safely administer medications for clients with cardiac disorders 5. Provide support to clients undergoing diagnostic testing and treatment for cardiac disorders 6. Develop a teaching plan for clients with cardiac disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 9 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Develop a teaching plan for a client with coronary artery disease 2. Identify signs and symptoms that indicate a client may be experiencing a myocardial infarct 3. Administer medications to clients experiencing cardiac disorders 4. Collaborate with other health care providers to care for clients after cardiac surgery 5. Contribute to discharge planning for a client after cardiac surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete the competency on facilities exposure to blood or body fluids	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 10 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Identify assessments that indicate immune system function 2. Describe precautions to be taken for clients with an impaired immune system 3. Evaluate your client’s risk for infection during a clinical experience 4. Perform nursing interventions needed for opportunistic infections 5. Implement a teaching plan for a client being started on HAART 6. Review a nursing plan of care for an HIV/A IDS client hospitalized with a low CD4 count 7. During clinical rotation, review the facility’s policy for exposure to blood or body fluids from an HIV positive client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete a Nursing Plan of Care on a client with a Lymphatic Disorder	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. List nursing measures for the prevention of infection for an immunocompromised client 2. List key elements for data collection, if an immunosuppressant disorder is suspected. 3. Perform nursing assessment on a client with a primary allergic condition 4. List the usual measures for treating an anaphylactic reaction and locate the necessary emergency equipment on your clinical unit 5. Perform nursing interventions for a client with lymphedema 6. Review a nursing plan of care for a client who has systemic lupus erythentosis 7. List interventions that can be used for a client with fibromyalgia 8. Explain the procedure and care for a bone marrow aspiration to a client 9. Perform a focused assessment on a client with a problem of hematologic system intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 11continued

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Complete a Nursing Plan of Care on a client with a Lymphatic Disorder	2.0 hours Skills Lab 19.6 hours Clinical	Theory Specific Objectives continued 10. Choose nursing interventions for clients with problems of the hematologic system 11. Prepare to provide preprocedural and postprocedure care for the client undergoing a bone marrow aspiration 12. Perform an assessment on a client with a suspected hematologic disorder 13. Assist with the development of a plan of care for an adult with leukemia 14. Assess for signs and symptoms of disseminated intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 12 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. Assess for specific age-related changes of the endocrine system in an elderly client 2. Teach clients about diagnostic tests that might be performed for symptoms of endocrine disorders 3. Perform a focused assessment on a client who may have an endocrine disorder 4. Identify appropriate nursing diagnoses and interventions for problems common to clients with endocrine disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a teaching plan for a client taking corticosteroids	2.0 hours Skills Lab 19.6 hours Clinica	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific Objectives 1. From an appropriate list of nursing diagnoses, provide nursing care for a client with a pituitary disorder 2. Select appropriate nursing interventions for a client with adrenal insufficiency 3. Implement client teaching for a client with hypothyroidism 4. Plan postoperative assessment and nursing care for a client who has had a hypophysectomy 5. Evaluate the nursing care of a client who has had a thyroidectomy 6. Identify nursing diagnoses and appropriate interventions for a client with diabetes insipidus 7. Assist with development of a teaching plan for the client taking a corticosteroid

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients 3. Prepare a Nursing Plan of Care for a client with Diabetes	2.0 hours Skills Lab 19.6 hours Clinical	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 14 continued

Unit Title:

Theory Hours this week:

Clinical Hours this week:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
			<ul style="list-style-type: none"> *Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation 			<p>Theory Specific Objectives</p> <ol style="list-style-type: none"> 1. Teach a newly diagnosed person with diabetes about the disease, treatment, and self-care 2. Perform a focused nursing assessment /gather data for the management of type 1 and type 2 diabetes mellitus 3. Interpret laboratory tests used in the diagnosis and management of diabetes mellitus 4. Assess for/gather data related to signs and symptoms that might indicate that the patient with diabetes is in early ketoacidosis 5. Teach a client how to recognize and self-treat hypoglycemia

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content– HCRS C214 – Clinical Semester II
Instructional Plan: Semester 2 Week: 15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 hours

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C204		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demonstrations *Instructor Observations *Group Presentations *Role Playing *Critical Thinking *Simulation	Final Skills Checklist Simulation Scenarios	21.6 hours Skills Lab	Skills Lab 1. Practice all previously learned skills 2. Complete Skills Checklist 3. Complete all assigned simulation scenarios

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1**

Unit Title: Profession of Nursing-Fundamentals

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs (HCRS C113)

Curriculum Content/Hr	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the development of professional nursing roles. 2. Discuss the influence of social, political, and economic changes on nursing practices. 3. Compare and discuss the differences of the Standards of Nursing Practice and Nurse Practice Acts 4. Recognize the professional nursing organizations	I. Definitions of nursing II. Nursing values III. Contemporary Nursing A. Scientific and technologic advances B. Demographics C. Consumer movement D. Women’s movement E. Human rights movement III. Nursing Practice A. Standards of Practice B. Nurse practice acts IV. Nursing as a profession A. Professionalism B. ANAs levels of nursing practice C. Professional organizations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 End of Questions Quiz/Exam	HCRS C113 Skills Lab	1. Become Oriented to the Resources of the Nursing Skills Lab 2. Review basic ADL’s

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health and Wellness

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss and define the concept of health 2. Compare and contrast the health models 3. Discuss the variables that influence health beliefs and practices 4. Discuss illness behavior and the impact on the client and family 5. List the common signs and symptoms of stress 6. List the components of holistic health	I. Definition of health A. Define the concept of health; compare health and illness II. Models of health and illness A. Why developed B. Health Belief Model C. Health Promotion Model D. Basic Human Needs Model E. Holistic Health III. Variables influencing health beliefs and practices A. Internal variables B. External variables IV. Variables affecting illness behavior A. Risk factors 1. Internal vs external B. Impact on client and family	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 2 Questions End of Chapter Quiz/Exam		

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Infection Prevention – Medical Asepsis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Discuss the chain of infection 2. Identify the body's normal defense mechanisms 3. Explain infection Control measures 4. Compare and contrast medical asepsis and surgical asepsis	I. Chain of infection – and its links A. Infectious agent B. Reservoir C. Portal of exit D. Mode of transmission E. Portal of entry F. Host II. Body's natural defenses against infection A. Normal flora B. Body organ systems defenses C. Inflammatory response D. Immune response III. Medical aseptic techniques A. Prevention of the spread of organisms B. Categories of disease producing organisms IV. Control infection by A. Medical asepsis B. CDC guidelines C. Standard precautions D. Role of the infection control nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapters 16-17 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Perform proper procedure for hand hygiene. 2. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for clients. 3. Perform all previous Skills learned 4. Prepare to teach a home care client with a wound infection how to prevent the spread of infections to family members.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Health Care Delivery System

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the factors that influence health care delivery 2. Discuss the levels of health care services 3. Identify the types of health care agencies and the role of the nurse in various settings 4. Discuss contemporary issues in health care delivery 5. Discuss financing of health Care services	I. Factors influencing delivery of health care A. Economic B. Cultural C. Ethnicity II. Levels of health care services A. Primary care B. Secondary care C. Rehab. and restorative care D. Continuing care III. Types of agencies A. Outpatient B. Community based C. Volunteer agencies D. Institutional settings E. Hospice F. Government IV. Issues in health care delivery A. Competency B. Evidenced-based C. Knowing clients D. Assistive personnel V. Financing health care services A. Private and group health programs B. Government programs	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Caring in Nursing Practice

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss the role that caring plays in building the nurse-patient relationship. 2. Compare and contrast theories on caring. 3. Discuss caring through nursing practice 4. Plan ways to support the Spiritual needs of clients of Various religions. 5. Discuss ways in which Poverty often impedes adequate Health care in our country	I. Theoretical views A. Holistic B. Unique characteristics II. Theorists A. Leininger's transcultural caring B. Watson's transpersonal caring C. Swanson's theory of caring III. Ways to convey caring A. presence B. touch C. listening D. knowing the person E. spiritual caring F. relieving pain and suffering	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify signs of spiritual distress in a client and plan three interventions to relieve it 2. Discuss boundaries of professional care for a client whose religious beliefs are different from yours. 3. Perform all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 1 continued

Unit Title: Vital Signs

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Explain the principles and mechanisms of thermoregulation. 2. Explain the physiology of normal regulation of blood pressure, pulse, oxygen saturation, and respirations. 3. Describe factors that cause variations in body temperature, pulse, oxygen saturation, respirations and blood pressure. 4. Identify the changes in vital signs in the older population. 5. Explain why pain is the fifth vital sign	I. Body temperature A. physiology B. regulation 1. conduction 2. radiation 3. convection 4. evaporation II. Physiology and function A. pulse B. respiration C. BP III. Physiology and factors influencing variances of vital signs A. pain B. exercise C. smoking D. medications E. neurological injury F. hemoglobin function IV. Factors affecting vital signs of older adults A. temperature B. pulse C. BP D. respirations	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 21 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Accurately assess body temperature, pulse, respirations, oxygen saturation, and blood pressure. 2. Accurately record and report vital sign measurements. 3. Recognize deviations from normal vital sign patterns 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2

Unit Title: Theoretical Foundation of Nursing

Total Theory Hours this week: 3.6

Clinical Hours: 21.6 hrs

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .3 hrs/Fund	1.Explain the influence of Nursing theory on a nurse’s approach to practice. 2. Describe types of nursing theories. 3.Discuss selected nursing theories 4. Describe theory-based nursing practice.	I. Domain of nursing A. person B. health C. environment II. Nursing theories A. Grand theories B. Middle range theories C. Descriptive theories D. Prescriptive theories III. Nursing theories A. Nightingale’s theory B. Peplau’s theory C. Henderson’s theory D. Orem’s theory E. Leininger’s theory F. Neuman’s theory G. Roy’s theory H. Watson’s theory I. Benner and Wrubel’s theories IV. Theory and Knowledge Development A. Nursing research B. Evidence-based	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 1 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: In the skills lab: 1.Independent practice of all previously learned skills in the skills lab

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Culture and Ethnicity
Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .4 hrs/Fund	1. Discuss culture and ethnicity in relation to health and illness and nursing care 2. Describe social and cultural influences in health, illness, and caring patterns. 3. Discuss traditional health and illness beliefs of various groups of people 4. Describe the relationship of sociocultural background to health and illness beliefs and practices	I. Health and illness beliefs A. cultural responses B. Ethnic beliefs and practices II. Factors affecting health care of the culturally diverse population A. Ethnic history B. Social organization C. Religious/spiritual D. language/communication E. Time orientation F. Caring beliefs/practice G. Experience with healthcare H. Personal space and territoriality I. Social organization J. Environmental control III. Cultural Beliefs A. Cultural based practices and remedies 1. folk medicine 2. protective objects 3. substances and traditional remedies 4. Religious practices 5. Healers B. Heritage consistency IV. Culturally congruent nursing care A. Diversity of various backgrounds B. Definitions of culture and ethnicity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions. 2. Demonstrate nursing interventions that achieve culturally congruent care. 3. Demonstrate all Previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Communication

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the characteristics of verbal and nonverbal communication and the techniques and behaviors that affect professional communication 2. Describe aspects of critical thinking that are important to the communication process 3. Describe the five levels of communication and their uses in nursing. 4. Identify factors that influence communication 5. Compare effective communication techniques with blocks to communication 6. Discuss helpful characteristics of therapeutic communication 7. List and define non-helpful blocks to communication 8. Discuss the dimensions of a helping relationship 9. Describe qualities, behaviors, and communication techniques that affect professional communication. 10. Discuss the phases of a helping relationship	I. Modes of communication A. Verbal 1. Clarity and brevity 2. vocabulary 3. denotative and connotative meanings 4. pacing 5. Timing and relevance B. Nonverbal 1. Personal appearance 2. Intonation 3. Facial expression 4. Posture and gait 5. Gestures 6. Touch II. Factors that affect communication A. Development B. Perceptions C. values D. emotions E. Sociocultural background F. Knowledge G. Roles H. Environment I. Space and territoriality	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 Chapter Questions Quiz/Exam Communication Project		Upon completion of this unit the student will: In the skills lab: 1. Practice interview techniques 2. Interact therapeutically in a goal directed situation with a client in a scenario based situation. 3. Communicate effectively with a client who has an impairment of communication 4. Demonstrate all previously learned skills

		<p>III. Therapeutic communication characteristics</p> <ul style="list-style-type: none">A. Planned, deliberate, goal directed actB. Therapeutic techniques<ul style="list-style-type: none">1. Listening2. Conveying acceptance3. Paraphrasing4. clarifying5. focusing6. stating observations7. offering information8. maintaining silence9. assertiveness10. summarizing11. self-disclosure12. confronting <p>IV. Non-therapeutic communication techniques</p> <ul style="list-style-type: none">A. Giving opinionsB. False reassuranceC. Being defensiveD. Approval vs disapprovalE. stereotypingF. asking whyG. subject changeH. arguing <p>V. Dimensions of a helping relationship</p> <ul style="list-style-type: none">A. TrustB. EmpathyC. CaringD. Autonomy and mutuality <p>VI. Phases of the helping relationship</p> <ul style="list-style-type: none">A. Pre-interviewB. OrientationC. WorkingD. Termination				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Body Mechanics – Activity and Exercise

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hrs/Fund	1. Describe the role of the musculoskeletal and nervous systems in the regulation of movement 2. Discuss the physiological influences on body mechanics and joint mobility 3. Describe how to maintain and use proper body mechanics. 4. Describe how exercise and activity benefit physiological and psychological functioning. 5. Identify ways to maintain correct body alignment of the client in bed or chair 6. Describe the proper method for transferring a client between wheelchair and bed	I. Body Systems review of movement A. Muscles B. Skeleton C. Nervous System II. Definition of body mechanics A. Purpose of body mechanics B. Correct body alignment C. Body balance III. Review of principles of body mechanics A. Physical forces of weight and friction B. Principles of body mechanics Injuries in the setting IV. Benefits of safe transfers, positioning techniques A. Physiological benefit of exercise and activity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 18 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Assess patients for impaired mobility and activity intolerance 2. Formulate nursing Diagnoses for patients experiencing problems with impaired mobility and activity intolerance. 3. Write a nursing care plan for a patient with impaired mobility and activity intolerance. 4. Describe interventions for maintaining activity tolerance and mobility. 5. Demonstrate ROM activities 6. Perform transfers correctly 7. Demonstrate correct ambulation techniques

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Patient Safety

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Describe environmental hazards that pose risks to a person's safety. 2, Discuss the specific risks to safety related to developmental age. 3. Discuss individual risk factors 4. Define the knowledge, skills, and attitudes necessary to promote safety in a health care setting. 5. Demonstrate knowledge of the legal implications of using protective devices 6. Identify common noises in the health care facilities and ways to minimize their effects on clients	I. Basic needs in a safe environment A. Oxygen B. Nutrition C. Temperature D. Physical Hazards 1. poison 2. falls 3. fire 4. disasters E. Transmission of pathogens F. Patient restraints II. Factors influencing patient safety A. Risks at developmental stage 1. infant, toddler, preschooler 2. School-age child 3. adolescent 4. adult III. Risk factors to evaluate A. lifestyle B. impaired mobility C. sensory or communication impairment C. lack of awareness or cognition IV. National Patient Safety Goals A. Identify patients B. Improve communication C. Use Medication safely D. Reduce nosocomial infections E. Check patient medications F. Identify patients at risk	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 20 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In skills lab and clinic: 1. Describe assessment activities designed to identify patients' physical, psychosocial, and cognitive status as it pertains to their safety. 2. Identify relevant nursing diagnoses associated with risks to safety. 3. Develop a nursing care plan for patients whose safety is threatened. 4. Describe nursing interventions specific to a patients' age for reducing risk of falls, fires, poisonings, and electrical hazards. 5. Correctly apply various protective devices 6. Given an emergency scenario, practice triaging the victims 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 2 continued

Unit Title: Hygiene

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund	1. Discuss personal, social, and cultural factors that influence hygiene practices. 2. Discuss factors that influence a patient's personal hygiene preferences 3. List common skin, hair, scalp, foot and nail problems and their related interventions. 4. Discuss conditions that place patients at risk for impaired skin integrity. 5. Describe how hygienic care differs for the younger and older client	I. Explain proper hygiene care A. Review anatomy and physiology 1. Skin, oral cavity, eyes, ears, nose. II. Influencing factors regarding hygiene A. Social practices B. Body image C. socioeconomic status D. health beliefs and motivation E. cultural and physical conditions III. Skin problems A. Dry, acne, rashes, contact dermatitis, abrasions B. hair problems 1. dandruff, ticks, pediculosis, alopecia C. foot and nail problems 1. callus, corns, plantar warts, tinea pedis, ingrown nails, foot odors IV. Risk factors for potential skin problems A. Oral/airway problems B. Dialysis C. Immobilization D. Reduced sensation E. Excessive secretions or excretions, incontinence F. Reduced visual acuity	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 19 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Successfully perform hygiene procedures for the care of the skin, perineum, feet and nails, mouth, eyes ears, and nose. 2. Conduct a comprehensive assessment of a patient's total hygiene needs. 3. Successfully perform a bed bath 4. Provide oral care for an unconscious client 5. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3

Unit Title: Nursing Ethics and Values

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define and discuss the terminology. 2. Discuss the Professional Nursing Code of Ethics 3. Understand basic Philosophies of health care ethics. 4. Explain a nursing perspective in ethics. 5. Discuss contemporary ethical issues.	I. Basic Terms in Health Ethics A. Autonomy B. Beneficence C. Nonmaleficence D. Justice E. Fidelity II. Professional Nursing Code of Ethics A. Advocacy B. Responsibility C. Accountability D. Confidentiality III. Ethics and Philosophy A. Deontology B. Utilitarianism C. Feminist Ethics D. Ethics of Care E. Consensus in Bioethics IV. Nursing Point of View A. Processing an Ethical Dilemma B. Institutional Resources V. Issues in Health Care Ethics A. Quality of Life B. Genetic Screening C. End of Life Care D. Access to Care	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: 1. Interpret rights that a client has in a hospital, nursing home, community setting, or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advance Directives 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Developmental Theories

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hrs/Fund	1. Discuss factors influencing growth and development. 2. Describe biophysical developmental theories 3. Describe and compare the psychoanalytical/psychosocial theories proposed by Freud and Erikson. 4. Describe Piaget's theory of cognitive development. 5. Kolberg's theory of moral development	I Individual patterns of growth And development throughout the lifespan A. Developmental theories II. Discussion of physical change and individual triggers A. Gesell's theory of development III. Compare and contrast major developmental theories A. Freud 1. psychosexual B. Erikson 1. psychosocial IV. Piaget A. Cognitive/moral development V. Kohlberg A. Moral development	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 11-13 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Apply developmental theories when planning interventions in the care of patients throughout the life span. 2. Discuss nursing implications for the application of developmental principles to patient care. In the clinical setting: 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Legal Implications

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Discuss the legal limits of Nursing care 2. Discuss Federal Statutory Issues in Nursing Practice 3. Discuss State Statutory Issues in Nursing Practice 4. Discuss Civil and Common Law issues in Nursing Practice	I. Legal Limits of Nursing A. Sources of Law 1. Nurse practice acts 2. Regulatory law 3. Civil and criminal laws B. Standards of Care 1. Legal requirements for nursing 2. Scope of practice 3. State Boards of Nursing 4. The Joint Commission II. Federal Statutory Issues in Nursing Practice A. Americans with Disabilities Act B. Emergency Medical Treatment Act C. Mental Health Parity Act D. Advance Directives E. Uniform Anatomical Gift Act F. Health Insurance Portability and Accountability Act G. Restraints III. State Statutory Issues in Nursing A. Licensure B. Good Samaritan Laws C. Public Health Laws D. Uniform Determination of Death Act E. Autopsy F. Physician-Assisted Suicide	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice all previously learned skills

		<p>IV. Civil and Common Law Issues in Nursing Practice</p> <ul style="list-style-type: none">A. TortsB. ConsentC. Abortion IssuesD. Nursing StudentsE. Malpractice InsuranceF. Abandonment and Assignment Issues				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 3 continued

Unit Title: Older Adults

Theory Hours this week: _____

Clinical Hours: _____

Curricular Content/H	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.4 hrs/Fund 0.6 hrs/GD	1. Identify common myths and stereotypes about older adults. 2. Identify selected biological and psychosocial theories 3. Discuss common Developmental tasks of older adults. 4. Describe common physiological changes of aging. 5. Differentiate among delirium,dementia,and depression.	I. Myths and stereotypes A. False ideas B. Mistaken ideas II. Biological theories A. stochastic/nonstochastic theories B. psychosocial theories III. Adjustments to: A. health/physical changes B. income C. family structure D. living arrangements E. relationships F. quality of life IV. Common physiological changes A. all body systems affected V. Compare clinical features of: A. delirium B. dementia C. depression	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 13 Wold Chapter 3 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging. 2. Identify at least six signs and symptoms of normal aging 3. Guide the older adult's family members regarding signs that the older client needs assistance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4

Unit Title: Nutrition

Theory Hours this week: 3.6

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.95 hrs/Nut	<ol style="list-style-type: none"> 1. Review key terms in nutrition and nutrients 2. Review the anatomy and physiology of the GI Tract 3. Describe food guidelines and discuss their value in planning meals for good nutrition. 4. Discuss factors affecting Nutrition across the life span 5. Discuss alternative feeding patterns 6. Discuss the functions of proteins carbohydrates fats vitamins minerals and water in the human body 7. Identify food sources of proteins carbohydrates fats vitamins and minerals 8. List medical conditions that may occur as a result of protein calorie vitamin or mineral deficiency or excess 	I. Biochemical Units of Nutrition A. Essential Nutrients <ol style="list-style-type: none"> 1. Carbohydrates 2. Protein 3. Fats 4. Water 5. Vitamins – fat and water soluble 6. Minerals a. macrominerals and microminerals II. Discuss the organs and function of the Digestive system <ol style="list-style-type: none"> A. Digestion B. Absorption C. Metabolism and storage of nutrients III. 2010 Dietary Guidelines <ol style="list-style-type: none"> A. Dietary Reference Intake B. Food Guidelines C. Daily Values D. ChooseMyPlate Guide IV. Contributing Factors <ol style="list-style-type: none"> A. Environmental B. Developmental needs C. Religious restrictions D. Alternative diets 1. Vegetarian diet V. Describe methods and Complications of alternative nutrition <ol style="list-style-type: none"> A. Enteral feedings B. Parenteral nutrition 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 26 Chapter Questions Quiz/Exam	Skills Lab	Upon completion of this unit the student will: In the Skills Lab: <ol style="list-style-type: none"> 1. Demonstrate feeding a patient 2. Practice all previously learned skills 3. Identify clients at risk for nutritional deficits 4. Complete a nutritional assessment on an assigned client 5. Develop a teaching plan for a client for whom a therapeutic diet is prescribed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Fluid and Electrolyte – Intake and Output

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Nut	1. Describe the processes involved in regulating extracellular fluid volume, body fluid osmolality, and fluid distribution. 2. Discuss Fluid Balance 3. Describe common fluid, electrolyte, and acid-base imbalances. 4. Discuss Electrolyte Imbalances and related causes 5. Identify signs and symptoms of the common fluid and electrolyte imbalances	I. Location and movement of water and solutes A. Fluid compartments B. Movement of water/electrolytes 1. Active transport 2. Diffusion 3. Osmosis 4. Filtration II. Fluid Homeostasis A. Fluid Intake and absorption 1. Healthy daily average intake B. Fluid Distribution C. Fluid Output 1. Healthy daily average output III. Fluid Imbalance A. Volume Imbalances 1. Extracellular fluid deficit 2. Extracellular fluid excess III. Osmolality Imbalances A. Hyponatremia B. Hyponatremia IV. Combined volume and osmolality imbalances A. Dehydration IV. Electrolyte Imbalances A. Hypokalemia B. Hyperkalemia C. Hypocalcemia D. Hypercalcemia E. Hypomagnesemia F. Hypermagnesemia	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 25 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Practice how to measure and record fluid intake and output. 2. From client laboratory results identify electrolyte values that are abnormal 3. develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid-base imbalance 4. Practice all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 4 continued

Unit Title: Documentation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .650hr/Fund	1. Describe methods for Interdisciplinary communication within the health care team 2. Identify purposes of a health care record. 3. Discuss legal guidelines for documentation. 4. Describe the different methods used in record keeping. 5. Discuss maintaining confidentiality of medical records 5. Discuss the purpose of common record keeping forms	I. Interdisciplinary Communication A. Patient record 1. Written documentation B. Verbal reports 1. change-of-shift 2. telephone reports 3. hand-off reports 4. incident reports II. Purposes of health care records A. Communication B. Legal documentation C. Reimbursement D. Education E. Research F. Auditing and monitoring III. Quality documentation and Reporting A. Factual B. Accurate C. Complete D. Current E. Organized IV. Methods of Documentation A. Paper and electronic records B. Narrative C. Problem oriented medical record D. Source records E. Charting by exception F. Case management and critical pathways	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 7 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Use a systematic way of charting to ensure that all pertinent information has been included 2. In the skills lab practice client interview techniques 3. Interview the client you are assigned to 4. Practice all previously Learned skills

		<p>V. Common Record keeping forms</p> <ul style="list-style-type: none">A. Admission Nursing HistoryB. Flow sheets and graphicC. KardexD. Standardized care plansE. Discharge Summary forms				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5

Unit Title: Bowel Elimination

Theory Hours this week: 3.6 Hours Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hr/Fun 0.15hr/Nut 0.25 hr/ GD	1. Recall the anatomy of the GI organs and their role in digestion and elimination 2. Discuss the psychological and physiological factors that influence elimination 3. Discuss common bowel elimination problems 4. Describe common bowel diversions 5. List safety considerations related to giving a client an enema 6. Discuss the psychosocial implications for a client who has an ostomy 5. Discuss the nursing process in relationship to bowel function 6. List the nursing measures aimed at promoting normal bowel function	I. Anatomy of the GI tract A. GI organs 1. organs 2. role in digestion 3. role in elimination II. Psychological and physiological factors that influence elimination A. Developmental status/age B. diet/fluid intake C. psychological factors D. personal habits E. pain F. medications III. Common bowel elimination problems A. constipation B. fecal impaction C. diarrhea D. incontinence E. flatulence IV. Bowel diversions A. Permanent or temporary methods A. Colostomies 1. loop colostomy 2. end colostomy 3. double barrel B. Ileostomy	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 30 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Use nursing measures to promote regular bowel elimination in clients 2. Collect a stool specimen 3. Perform a focused assessment of the bowel 4. Prepare to administer an enema 5. Assist and teach the client who is incontinent with a bowel retraining program 6. Provide ostomy care, including irrigation and changing the ostomy appliance

		<p>V. Nursing Process</p> <ul style="list-style-type: none">A. Assessment of bowel function<ul style="list-style-type: none">1. nursing history2. physical assessment3. fecal characteristics4. laboratory and diagnostic testsB. Nursing diagnosis <p>VI. Nursing plan and implementation</p> <ul style="list-style-type: none">A. Promote normal bowel habits<ul style="list-style-type: none">1. nursing measuresB. types of enemas<ul style="list-style-type: none">1. cleansing2. oil retention3. carminative4. return flow/Harris flush5. medicatedC. Digital removal of stoolD. Care of ostomies<ul style="list-style-type: none">1. pouching ostomies2. irrigating an ostomyE. maintenance of proper fluid and food intakeF. Promotion of exerciseG. Promotion of comfort				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Infection Control - Isolation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.6 hours	<ol style="list-style-type: none"> 1. Identify the two systems used for protective isolation 2. Discuss the 2-Tier system, the purpose and barriers of each 3. Recognize the psychological implications of isolation precautions 4. Describe how to give nursing care in an isolation room 5. Describe the role of the infection control nurse 6. Describe how procedures for Airborne Precautions differ from those for Droplet Precautions 7. List techniques for handling specimens, disposal of dirty linen, trash, and sharps and the cleaning of equipment in the isolation setting 	<ol style="list-style-type: none"> I. Two systems for transmission precautions <ol style="list-style-type: none"> A. Disease specific system B. Category specific isolation C. Strict D. Contact E. Respiratory II. Transmission precautions <ol style="list-style-type: none"> A. Tier I – Standard precautions <ol style="list-style-type: none"> 1. Blood 2. Body fluids/secretions/excretions 3. non-intact skin/mucous membranes B. Tier II – Transmission Categories <ol style="list-style-type: none"> 1. airborne precautions 2. droplet precautions 3. Contact precautions III. Psychological implications of isolation <ol style="list-style-type: none"> A. Body image B. isolated protective environment C. Protective clothing IV. Delivering care in isolation <ol style="list-style-type: none"> A. Cross-contamination precautions B. Disposable equipment C. donning and removing PPE V. Role of the infection control professional nurse 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 17 Chapter Questions Quiz/Exam		<p>Upon completion of this unit the student will:</p> <ol style="list-style-type: none"> 1. Practice donning gowns, masks gloves 2. Properly bag and remove soiled linens and trash from an isolation room 3. independent practice of all skills taught

Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Oral Medication Administration

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRSC100 1.0 hours	1. Discuss the nurse's legal responsibilities in drug prescription and administration 2. Discuss the roles in medication administration 3. List the common types of medication orders 4. List the common medication distribution systems 5. List the steps for oral medication administration 6. State the guidelines for administering medications through a nasogastric tube 7. Identify four principles to be followed when giving a medication through a feeding tube 8. Discuss your responsibilities in the event of a medication error	I. Nursing responsibility in medication administration A. "Rights" of medication administration B. Where to find medication information II. Administration of medications A. Physician role B. Nurse role C. Pharmacist role III. Common types of medication orders A. Standing B. PRN C. Single or one time only D. STAT IV. Common types of distribution methods A. Stock supply B. PYXIS C. Unit-dose system V. Oral Drug Administration VI. Guidelines for NG tube administration A. Nurse's role in NG tube administration	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 34 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab: 1. Correctly calculate a prescribed drug dose 2. Verbalize an understanding of correct procedures for administering oral medications 3. Demonstrate correct preparation of oral medications 4. Observe the video on medication administration 5. Verbalize the "6 Rights" 6. Practice inserting nasogastric tube 7. Teach a client to use a metered-dose inhaler 8. Write a plan on care for a client who is receiving medication to include client specific data, and identified nursing diagnosis and interventions used 9. Document medication administration and the client response

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 5 continued

Unit Title: Sensory Alterations in the Geriatric Client

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.25/Fund 0.25/GD	1. Describe normal sensory and cognitive functions 2. Describe how sensory perception and cognition change with aging 3. Discuss the effects of disease processes on perception and cognition 4. Identify older adults who are at most risk for experiencing perceptual or cognitive problems 5. Identify selected nursing diagnoses related to cognitive and perceptual problems 6. Describe nursing interventions that are appropriate for older adults experiencing problems related to perception or cognition.	I. The components of normal sensation A. Reception B. Perception C. Reaction II. Types of sensory alterations A. Sensory deficits B. Sensory deprivation C. Sensory overload III. Factors that influence sensory functioning A. Growth and development B. Medications C. environmental factors D. Illness E. Smoking IV. Nursing process A. Assessment 1. physical assessment 2. ability to perform ADL 3. Environment 4. Family support 5. Communication B. Nursing diagnosis C. Planning & Intervention 1. promote function of existing senses 2. meaningful stimulation 3. provide a safe environment 4. promote self-care D. Evaluation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Wold Chapter 10 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Develop a plan of care for a geriatric client with perception or cognitive problems 2. Communicate effectively with a client with cognitive problems 3. Perform an assessment on a client with perception or cognitive problems.

Vocational Nursing Program
Curriculum Content HCRS C100 Fundamentals -
Instructional Plan: Level 1 Week 5 continued

Unit Title: Mobility and Immobility

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.5 hours	1. Discuss the benefits and hazards of bedrest 2. Discuss the alterations on respiratory function associated with bedrest related to the nursing process 3. Describe how immobilization increases cardiac workload and thrombus formation 4. Identify musculoskeletal changes associated with immobility 5. List the alterations on the GI and GU systems 6. Describe the psychosocial effects of immobilization	I. Benefits and hazards of bedrest A. Potential complications of bedrest B. Therapeutic effects of bedrest C. Types of bedrest II. Effects of immobility A. Physiological dimension 1. Metabolic effects a. assessment b. intervention 2. Respiratory a. assessment b. intervention III. Effects of immobility A. Cardiovascular effects B. Increase cardiac workload C. Mechanism of thrombus formation 1. Assessment 2. Intervention IV. Effects of immobility A. Musculoskeletal changes 1. Assessment 2. Intervention V. Effects on GI and GU systems A. Assessment/Intervention VI. Psychosocial Responses A. Assessment/Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 39 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Correctly position clients in all positions 2. Perform ROM exercises on client 3. Demonstrate use of bandages and slings to immobilize a body part 4. Demonstrate proper ambulation technique 5. Transfer a client using a mechanical lift 6. Assist a client with the use of: walker, crutches, cane, brace, prosthesis and wheelchair

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6

Unit Title: Injectable Medication Administration

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .75 hr/Fund .35 hr/GD	<ol style="list-style-type: none"> 1. Discuss the common routes parenteral medications 2. Discuss the equipment needed for parenteral administration of medications 3. Discuss preparing medications from a vial and ampule 4. Discuss mixing insulin 5. Identify sites for injections 6. Discuss the signs and symptoms of anaphylactic shock 	<ol style="list-style-type: none"> I. Parenteral routes of medications <ol style="list-style-type: none"> A. Injected into body tissues <ol style="list-style-type: none"> 1. IM – SQ - intradermal II. Parenteral administration equipment <ol style="list-style-type: none"> A. Syringes <ol style="list-style-type: none"> 1. types of syringes 2. parts of the syringe B. Needles <ol style="list-style-type: none"> 1. length and gauge III. Preparing medications <ol style="list-style-type: none"> A. Ampule <ol style="list-style-type: none"> 1. single dose B. Vial <ol style="list-style-type: none"> 1. single or multidose container IV. Insulin preparation <ol style="list-style-type: none"> A. Procedure to mix insulin V. Sites recommended for injections <ol style="list-style-type: none"> A. SQ B. IM C. Intradermal 	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 35 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: <ol style="list-style-type: none"> 1. Identify the six rights of medication administration and apply them in clinical settings 2. Correctly and safely prepare and administer medications 3. Watch the video and practice injections in the skills lab 4. Calculate prescribed medications doses correctly 5. Correctly prepare and administer a subcutaneous injection with 100% accuracy 6. Correctly prepare and administer an intramuscular injection with 100% accuracy

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Critical Thinking in Nursing Practice

Theory Hours this week: _____

Clinical Hours this week: _____

Curriculum Content/Hr:	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define critical thinking 2. Discuss the nurse's responsibility in making clinical decisions 3. Compare and contrast these three levels of critical thinking. 4. Discuss the similarities between general and specific competencies and the nursing process 5. Discuss the Components of Critical Thinking in Nursing	I. Critical Thinking Defined A. Thinking and Learning 1. continuous process II. The use of critical thinking distinguishes nurses from technical health care team members. III. Levels of critical thinking in nursing A. Basic Critical Thinking B. Complex Critical Thinking C. Commitment IV. Critical Thinking Competencies A. General Critical Thinking B. Specific Critical Thinking C. Nursing Process as a Competency V. Critical Thinking Model for Clinical Decision making A. Specific knowledge base B. Experience C. The nursing process D. Competency E. Attitudes for critical thinking F. Standards for critical thinking 1. intellectual standards 2. professional standards	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate all previously Learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Health Assessment and Physical Exam

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.45 hr/Fun .45 hr/ GD	1. Discuss the purposes of physical examination 2. Identify and discuss the skills of the physical exam 3. Describe the various positions, techniques and equipment for examination 4. Identify normal and abnormal breath and heart sounds	I. Physical exam and health assessment A. Components of the health assessment B. Health history C. Indications for physical exam D. Baseline information II. Skills of the physical exam A. Inspection B. Palpation C. Percussion D. Auscultation E. Olfaction III. Review the various positions for exam A. common postural abnormalities B. organization and equipment for the exam C. Environmental prep IV. Normal sounds A. normal 1. Breath sounds 2. Heart sounds B. Abnormal 1. Breath sounds 2. Heart sounds	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 22 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Complete a focused health assessment on a partner 2. Complete a basic physical assessment on a client 3. perform a visual acuity test on a client

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Assessment

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. State the 5 components of the nursing process 2. Discuss the purpose of nursing assessment 3. State the sources and methods of data collection 4. Discuss the Critical Thinking Approach to Assessment using methods to collect data	I. Overview of the nursing process A. Purpose B. Components C. Characteristics II. Assessment A. purpose B. Organization III. Data collection A. Objective and subjective B. Data sources C. Methods of collecting data IV. Critical Thinking Approach to Assessment A. Data collection B. Methods of data collection C. Cultural considerations in assessment D. Nursing health history E. Physical Exam F. Observation of patient behavior G. Diagnostic and lab data H. Interpreting and validating I. Assessment data J. Data documentation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 4 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate the ability to take a health history 2. Based on the health assessment of a specific client, write an individual nursing diagnosis 3. practice Physical exam on a partner 4. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 6 continued

Unit Title: Nursing Process: Nursing Diagnosis

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hours	1. List and discuss the steps of the nursing diagnostic process 2. Differentiate between a nursing diagnosis and a medical diagnosis 3. Discuss the advantages of a nursing diagnosis 4. Discuss Critical Thinking in the Nursing Diagnostic Process 5. Discuss Sources of Diagnostic Errors 6. Discuss Concept Mapping	I. Steps of the nursing diagnostic process A. analysis and interpretation of data B. Identification of problems C. Formulation of nursing diagnosis II. Nursing diagnosis vs. medical diagnosis A. Medical diagnosis B. Nursing diagnosis C. Sources of errors 1. data collection 2. data analysis 3. data clustering 4. diagnostic statement errors III. Advantages of the nursing diagnosis for: A. Client B. Nursing IV. Critical Thinking and the Nursing Diagnostic Process A. Data Clustering B. Interpretation—Identifying Health Problems C. Formulating a Nursing Diagnosis D. Types of Nursing Diagnoses E. Components of a Nursing Diagnosis F. Cultural Relevance of Nursing Diagnoses	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 5 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate formulating a Nursing diagnostic statement 2. Practice Physical exam on a partner 3. Demonstrate all previously learned skills

		<p>V. Sources of Diagnostic Errors</p> <ul style="list-style-type: none">A. Errors in Interpretation and Analysis of DataB. Errors in Data ClusteringC. Errors in the Diagnostic StatementD. Documentation and Informatics <p>VI. Concept Mapping Nursing Diagnoses</p> <ul style="list-style-type: none">A. A concept map is a graphic representation of multiple diagnoses.				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7

Unit Title: Infection Prevention: Surgical Asepsis

Theory Hours this week: 3.6 total

Clinical Hours this week: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hr/Fund	1. Define and discuss surgical asepsis, sterile and contaminated 2. Identify and state the principles of surgical asepsis 3. Recognize the steps to maintain a sterile procedure	I. Practices that maintain surgical asepsis II. Principles of surgical asepsis A. Sterile + sterile = sterile B. Sterile objects = Sterile field C. Keep sterile objects sterile D. maintain sterile field III. Performing sterile procedures A. Opening sterile packages B. Adding sterile supplies to sterile field C. Pouring sterile solutions D. Sterile gloving	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: In the lab/clinical setting: 1. correctly apply sterile gloves 2. correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. practice Physical exam on a partner 7. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nasogastric Intubation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.7 hrs/Fund	1. Define and discuss the terms: paralytic ileus, gavage, and lavage 2. State the purpose and indication for types of tubes used 3. Describe the steps for nasogastric tube insertion, irrigation, and removal 4. Describe how to facilitate tube drainage 5. Describe how to prevent injury from intubation and provide comfort	I. Pathophysiology and etiology A. Paralytic ileus B. Gavage C. Lavage II. Purpose and types of tubes A. Nasogastric tubes 1. Levin 2. Salam Sump 3. Dophoff or Duo B. Intestinal tubes 1. Miller-Abbott 2. Cantor C. Esophageal Varices III. Steps for NG insertion A. Placement IV. Facilitating drainage A. types of suction 1. Low suction 2. High suction 3. Intermittent/continuous suction V. Prevention of injury A. Anchor tube B. moisten mucous membranes C. Promote comfort 1. Position 2. medication 3. oral hygiene	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 27 page 494-502 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. NG Tube insertion 2. NG Tube irrigation 3. NG Tube removal 4. Demonstrate feeding a client through a nasogastric tube

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Planning Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hr/Fund	1. Discuss the purposes of the nursing care plan 2. List the steps of care plan development 3. Discuss the differences between independent, dependent, and interdependent interventions 4. Discuss the different types of facility care plans	I. Purpose of the Nursing Care Plan for: A. Patient B. Nursing II. 3 phases of care plan development A. 1 st phase – establishment of priorities B. 2 nd phase – determine goals of care C. 3 rd phase – development of expected outcomes III. Designing Interventions A. Types of interventions 1. Independent interventions 2. Collaborative interventions 3. Physician initiated interventions B. Selection of intervention IV. Various structured care plans A. Institutional care plans B. Standardized care plans C. Computerized care plans D. Critical pathways E. Student care plans	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Implementation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. List and discuss the steps of the implementation process	I. Implementation process A. Client reassessment B. Review and modify the care plan C. Identify areas of assistance D. Implementation of nursing strategies E. Communication of nursing strategies F. Implementation methods 1. Protocol 2. Standing orders	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Role Playing Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 7 continued

Unit Title: Nursing Process: Evaluation

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.3 hrs/Fund	1. Discuss the final step of the nursing process 2. Discuss how to evaluate if the nursing plan was successful	I. Nursing Process: Evaluation A. Dynamics of evaluation 1. goal achievement 2. Expected outcomes II. Evaluative measures A. Specific B. Measureable C. Realistic for client	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 6 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Write a nursing plan of care for an assigned client 2. Implement a nursing plan of care and evaluate the care provided 3. Revise the plan of care as needed

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 8

Unit Title: Patient Education

Theory Hours this week: 3.6 Total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignmen	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.6 hrs/Fund	<ol style="list-style-type: none"> 1. Discuss the standards and purposed for the teaching and learning process 2. Describe the domains of learning 3. List and differentiate between conditions and factors that can affect learning 4. Discuss the types of resources available to assist in client teaching 5. Describe ways in which teaching can be continued following hospital discharge 3. Describe the basic learning principles 4. Relate the nursing process to the learning principles 	<ol style="list-style-type: none"> I. Client education <ol style="list-style-type: none"> A. Standards for client education B. Purposes for client teaching C. Teaching as a form of communication II. Domains of learning <ol style="list-style-type: none"> A. Cognitive <ol style="list-style-type: none"> 1. Acquiring knowledge 2. Comprehension 3. Analysis 4. Synthesis 5. Evaluation B. Affective learning <ol style="list-style-type: none"> 1. Receiving 2. Responding 3. Valuing 4. Organizing 5. Characterizing C. Psychomotor <ol style="list-style-type: none"> 1. Perception 2. Set 3. Guided response 4. Complex overt response 5. Adaption 6. Origination 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 9 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	<p>Upon completion of this unit the student will:</p> <ol style="list-style-type: none"> 1. Assess a clients learning needs 2. Develop a teaching plan based on the clients learning needs 3. Implement the teaching plan 4. Evaluate the effectiveness of the teaching and the plan

		<p>III. Basic learning principles</p> <p>A. Motivation to learn</p> <ol style="list-style-type: none"> 1. Attentional set 2. Motivation 3. Psychosocial adaption 4. Active participation <p>B. Ability to learn</p> <ol style="list-style-type: none"> 1. Developmental capability 2. Age group 3. Physical capability <p>C. Learning environment</p> <p>IV. Nursing diagnosis</p> <p>A. Knowledge deficit</p> <p>B. Planning</p> <ol style="list-style-type: none"> 1. learning objectives 2. Priorities 3. timing 4. learner attention and participation 5. build on existing knowledge 6. teaching resources 7. teaching plan <p>C. Evaluation</p> <ol style="list-style-type: none"> 1. successful in meeting goals 				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9

Unit Title: Urinary Elimination

Theory Hours this week: 3.6 hours

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Recall the function of each organ in the urinary system 2. Identify factors that influence urinary elimination 3. Identify alterations in urinary elimination 4. Describe the characteristics of normal and abnormal urine 5. Discuss nursing measures to promote normal micturition 7. Continue the rationale for using a continuous bladder irrigation system	I. Review of anatomy and function of the urinary system II. Factors influencing urination A. Growth and development B. Sociocultural factors C. Psychological factors D. Personal habits E. Disease conditions F. Surgical conditions G. Medications III. Alterations in Urinary elimination A. Urinary retention B. urinary tract infections C. urinary incontinence D. Urinary diversions IV. Assessment of urinary status A. Nursing history B. physical assessment C. Urine assessment D. Urine testing E. Diagnostic exams F. Blood glucose monitoring V. Promoting bladder emptying A. Kegel exercises B. Medications C. catheterization	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client's urinary status 2. Teach a client how to obtain a "clean catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform the Kegel exercises

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 9 continued

Unit Title: Urinary Catheterization

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Define intermittent and continuous catheterization 2. Discuss the indications for catheterization 3. Discuss catheter care for the prevention of UTI's 4. Describe the key points for catheter insertion 5. Describe the steps for the removal of the catheter	I. Types of catheters A. Intermittent/in and out B. Continuous/indwelling II. Indications for catheterization A. Surgery B. Incontinence C. Urinary retention III. Risk for Urinary Tract Infections A. Catheter care B. Observations to make C. S/S of UTI IV. Steps of catheter insertion A. Sterile technique V. Steps of catheter removal	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 29 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the skills lab setting: 1. Demonstrate insertion of the indwelling catheter in the female/male client 2. Demonstrate perineal care to the client with an indwelling catheter 3. Demonstrate collecting a urine specimen from the client with an indwelling catheter 4. Demonstrate all previously learned skills 5. Physical Assessment Testing

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10

Unit Title: Sleep

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 .80 hrs/Fund .20 hrs/GD	1. Define nonREM and REM sleep 2. Delineate factors that affect sleep 3. Describe common sleep disorders 4. Identify Nursing diagnoses and interventions for a client with a sleep disturbance 5. Discuss how the need for sleep changes over the life span 6. Identify older adults who are most at risk for experiencing disturbed sleep patterns 7. Identify selected nursing diagnoses related to sleep or rest problems 8. Describe nursing interventions that are appropriate for older adults experiencing problems related to disturbed sleep patterns	I. Physiology of sleep A. Circadian Rhythm B. Sleep regulation C. Sleep cycle 1. Stages of sleep 2. REM sleep II. Factors that affect sleep A. Illness B. Medications C. Lifestyle D. Emotions/stress E. Environment III. Sleep disturbances A. Insomnia B. Sleep apnea C. Narcolepsy D. Sleep deprivation IV. Nursing Process A. Assessment 1. Sleep history 2. Behaviors of sleep deprivation B. Nursing diagnosis C. Plan D. Implementation 1. Environment 2. Bedtime rituals 3. Client teaching E. Intervention	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Wold Chapter 21 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assess a client regarding sleep difficulties 2. Develop a plan designed to assist the client in getting adequate sleep

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 10 continued

Unit Title: Oxygenation

Theory Hours this week

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/Fund	1. Discuss the structure and function of the respiratory systems. 2. Discuss the factors that Affect oxygenation Compare and contrast hypoventilation, hypoxia, and hyperventilation. 4. Name three causes of hypoxia 5. Describe the various methods used for oxygen delivery 6. List safety precautions to be observed when clients are receiving oxygen therapy	I. Respiratory Physiology A. Structure and Function B. Work of Breathing C. Respiratory Gas Exchange II. Factors Affecting Oxygenation A. Physiological B. Conditions affecting chest wall movement C. Chronic disease D. Developmental E. Lifestyle F. Environmental III. Alterations in Respiratory Functioning A. Hypoventilation B. Hypoxia C. Hyperventilation	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 28 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: In the clinical setting: 1. Perform a respiratory assessment on a client 2. Prepare to assist clients to clear the airway via coughing, postural drainage suctioning, abdominal thrusts and inhalation therapy 3. Regulate oxygen flow and correctly apply an oxygen delivery device 4. Prepare to provide care for a tracheostomy client 5. Prepare to care for a client who has a chest tube and drainage system

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11

Unit Title: Pain Management

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.6 hrs/ Fund	1. Describe the components of the pain experience 2. Compare acute and chronic pain 3. Describe the areas the nurse should focus her pain assessment 4. List the medical-surgical measures used to relieve pain experience 5. Explain why pain is the fifth vital sign 6. Describe the use of a variety of nursing interventions for pain control, including biofeedback, distraction, guided imagery, massage and relaxation	I. Components of the pain experience A. Pain reception B. Pain perception C. Pain reaction II. Types of pain A. Acute pain B. Chronic pain C. Gait control theory III. Nursing process for pain management A. Assessment 1. physical signs and symptoms 2. Subjective report B. Nursing diagnosis IV. Interventions for pain relief A. Nursing measures 1. modify pain experience B. medical measures 1. surgical treatments	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 31 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control Evaluate the effects of pain medication and accurately report and record observations

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 11 continued

Unit Title: Caring for the Cancer Patient

Theory Hours this week: _____

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/ Fund	1. Review physical, psychological, social, and spiritual effects of cancer. 2. Discuss that cancer affects the family unit as well as the patient's well-being. 3. Discuss how cancer survivorship changes the nurse-patient role. 4. State at least four practices that can contribute to prevention and early detection of cancer 5. Discuss the pros and cons of various treatments of cancer 6. State the major problems and appropriate nursing interventions for a patient coping with expected side effects of radiation or chemotherapy	I. The Effects of Cancer on Quality of Life A. Physical Well-Being and Symptoms B. Psychological Well-Being C. Social Well-Being D. Spiritual Well-Being II. Cancer and Families A. Family Distress B. Affects across the lifespan C. Nurse's role III. Components of Survivorship Care A. Care plan for survivorship care B. Components of survivorship	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 8 (Med Surg) Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss the teaching necessary for a client receiving various treatments 2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment 3. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 4. Identify nursing interventions to help the client cope with death and dying

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 12

Unit Title: Care of the Surgical Patient

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.8 hrs/Fund 0.4 hrs/ GD 0.2 hr/Nut	1. Explain the concept of perioperative nursing care. 2. Differentiate among classifications of surgery and types of anesthesia. 3. Describe the intraoperative stage of the surgical process 4. Identify the members of the surgical team and their responsibilities 5. Assess for potential risk factors for complications of surgery 6. List interventions to prevent each of the potential postoperative complications 7. State the safety measures now in place to prevent errors regarding the surgical site 8. Identify the stages of anesthesia and the methods of administration 9. identify the reason for the count at the end of the procedure 10. Describe the assessment steps performed by the recovery room nurse 11. Describe the phases of recovery and the nurse's role 12. Discuss the nursing interventions to promote wound healing and prevent complications	I. Perioperative Nursing A. Role of the Nurse 1. Pre-operative 2. Intra-operative 3. Post-operative II. III. Classifications of surgery A. Seriousness – to client 1. Major 2. Minor B. Urgency 1. Elective 2. Urgent 3. Emergency C. Purpose 1. Diagnostic 2. Ablative 3. palliative 4. Reconstructive 5. Transplant 6. Constructive III. Intraoperative Stage A. Transport to the holding room B. Admission to the Operating room IV. The surgical team A. Surgeon B. Surgeons assistant C. Anesthesiologist/nurse anesthetist D. Scrub nurse E. Circulating nurse	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 37 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of the unit, the Student will: 1. Demonstrate Postoperative exercises: diaphragmatic breathing, coughing, incentive spirometer use, turning, and leg exercises. 2. Design a preoperative and post-op teaching plan. 3. Promote early ambulation and return to independence in activities of daily living 4. Perform discharge teaching necessary for postoperative home self-care

		<p>V. Anesthesia administration</p> <ul style="list-style-type: none"> A. Stages of anesthesia B. Methods of administration <ul style="list-style-type: none"> 1. General anesthesia 2. Regional anesthesia 3. Neuromuscular blocking agents <p>VI. Surgical counts</p> <ul style="list-style-type: none"> A. Done prior to closing the incision <ul style="list-style-type: none"> 1. Sponge and instruments 2. nurses responsible 3. operative record <p>VII. Post-op nursing assessment</p> <ul style="list-style-type: none"> A. Airway B. vital signs C. color D. Dressings E. GU function F. Pain level G. IVs H. Hemorrhage and shock <p>VIII. Phases of recovery</p> <ul style="list-style-type: none"> A. Phase I B. Phase II C. Discharge from the recovery room D. Post-op assessment in client's room <p>IX. Nursing diagnosis and interventions</p> <ul style="list-style-type: none"> A. maintain respiratory status B. Prevent circulatory stasis C. Promote normal GI elimination D. Adequate nutrition E. Promote urinary elimination F. Preventing infection G. Promote wound healing H. Achieving rest and comfort I. Maintaining self concept/body image 				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13

Unit Title: Skin Integrity and Wound Care

Theory Hours this week:

Clinical Hours: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 2.1 hr/ Fund 0.5 hrs/Nut	1. Identify pressure points where pressure ulcers are most likely to develop 2. Describe the stages of pressure ulcers 3. Identify risk factors for pressure ulcer formation 4. Discuss the nursing interventions used to prevent or treat pressure ulcers 5. Identify wound classifications 6. Define primary, secondary, and tertiary intention 7. List the nutrients needed for wound healing 8. Describe the complications of wound healing 9. Explain the factors that impair or promote wound healing 10. Describe wound assessment	I. Common pressure points A. Sitting position B. Supine C. Side lying II. Stages of pressure ulcers A. Stage I B. Stage II C. Stage III D. Stage IV III. Risk factors for pressure ulcers A. Friction B. Shearing C. Client condition 1. nutrition 2. mobility IV. Interventions to treat and prevent ulcer formation A. Prevention B. Treatment	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills lab	Upon completion of this unit the student will: In the clinical setting: 1. Demonstrate assessing and dressing wounds 2. Develop a nursing care plan for a patient with impaired skin integrity. 3. List appropriate nursing interventions for a patient with impaired skin integrity. 4. State evaluation criteria for a patient with impaired skin integrity. 5. Perform a wound irrigation 6. Remove sutures or staples from a wound and apply steri strips 7. Perform hot or cold treatment to a client

		<ul style="list-style-type: none">D. CleanlinessE. Descriptive Qualities<ul style="list-style-type: none">1. Laceration/Incision/Abrasion/ContusionVI. Wound healing<ul style="list-style-type: none">A. Primary intentionB. Secondary intentionC. Tertiary intentionVII. Nutrition in healingVIII. Complications of wound healing<ul style="list-style-type: none">A. HemorrhageB. InfectionsC. Dehiscence/EviscerationIX. Factors affecting wound healing<ul style="list-style-type: none">A. Delayed wound closureB. Wound stressC. ActivityD. Health statusX. Wound assessment<ul style="list-style-type: none">A. Wound appearanceB. Character of drainage<ul style="list-style-type: none">1. Serous/sanguineous/serosanguinesC. Drains<ul style="list-style-type: none">1. types usedD. Wound closures<ul style="list-style-type: none">1. Sutures/staples/steristripsE. PainXI. Dressings<ul style="list-style-type: none">A. Purpose of dressings<ul style="list-style-type: none">1. Protection2. Preventing infection3. Maintain skin integrity4. Wound healingXII. 3 Layers of dressings<ul style="list-style-type: none">A. Contact layerB. Absorbent layerC. Outer layer				
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		XIII. Types of dressings A. Gauze dressings B. Wet to dry dressings C. Nonadherent dressings D. Self-adhesive/telfa				
		XIII. Nursing interventions A. Cleaning skin and drain sites B. Irrigations C. Bandages and binders 1. Wrap and binder application				

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 13 continued

Unit Title: Hot/Cold Applications

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.0 hrs/Fund	1. Identify the types and local effects of heat application 2. Identify the types and local effects of cold applications 3. Discuss the types and indications for heat and cold therapies	I. Heat Therapy A. Heat appliances B. Effects of heat applications C. Response to heat therapy D. Conditions when heat is contraindicated II. Cold therapy A. Cold appliances B. Effects of cold applications C. Response to cold therapy D. conditions when cold is contraindicated III. Therapies A. Dry heat and cold applications 1. advantages and disadvantages B. Moist heat and cold applications 1. advantages and disadvantages C. Safety concerns 1. Assessment for temperature intolerance	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 38 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Demonstrate the use of hot and cold applications

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14

Unit Title: Sexuality

Theory Hours this week: 3.6 hours total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.8hrs/ Fund 0.2 hrs/GD	<ol style="list-style-type: none"> 1. Discuss sexuality and sexual health. 2. Discuss sexual development throughout the lifespan. 3. Review the various contraceptive methods and facts about common sexually transmitted infections. 4. Discuss factors influencing sexuality 5. Describe how sexuality changes with aging 6. Describe methods for assessing sexual functioning 7. Identify the older persons who are most at risk for experiencing problems related to sexuality 8. Discuss the concerns of aging lesbians, gay, bisexual, and transgender persons 	<ol style="list-style-type: none"> I. Sexuality vs. sexual health <ol style="list-style-type: none"> A. Terminology II. Scientific Knowledge base <ol style="list-style-type: none"> A. Sexual development B. Sexual orientation III. Contraception <ol style="list-style-type: none"> A. Methods B. STI's IV. Sociocultural Dimensions of Sexuality <ol style="list-style-type: none"> A. Decisional issues B. Sexual health C. Cultural aspects D. Religious beliefs 	<ul style="list-style-type: none"> *Lecture *Discussion *Reading *PowerPoint presentations *Study Guide <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking 	DeWit Chapter 11 Chapter 40 Wold Chapter 16 Chapter Questions Quiz/Exam	19.6 clinical 2.0 skills I	Upon completion of this unit the student will: <ol style="list-style-type: none"> 1. Formulate appropriate nursing diagnoses for patients with alterations in sexuality. 2. Identify and describe nursing interventions to promote sexual health.

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Spiritual Health

Theory Hours this week:

Clinical Hours:

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignment	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 0.9 hr/ Fund 0.1 hr/GD	1. Discuss the relationship of spiritual health to physiological and psychosocial health 2. Discuss the health related beliefs and practices for the followers of various religions 3. Discuss spiritual health and the nursing process	I. Spiritual Health A. Definition of spiritual health 1. Faith/belief systems B. Relationship to other dimensions C. Religious aspects/beliefs 1. Religion/religious II. Beliefs of various religious groups A. Beliefs about health B. Health crisis/illness C. Birth D. Death E. Diet III. Spiritual health and the nursing process A. Spiritual assessment B. Nursing diagnoses C. Nursing interventions 1. Support systems 2. Role of the clergy/spiritual advisor 3. Prayer 4. Resources	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 14 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Discuss nursing interventions designed to promote spiritual health 2. Evaluate how patients achieve spiritual health. 3. Demonstrate all previously learned skills

Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 14 continued

Unit Title: Loss, Death, Grief and End of Life Care

Theory Hours this week: _____

Clinical Hours: _____

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 1.4 hrs/ Fund 0.2 hrs/GD	1. Identify the nurse's role when caring for patients who are experiencing loss, grief, or death 2. Describe the types of loss and grief experienced throughout life 3. Describe the stages of grief and dying, with their associated behaviors and feelings 4. Identify three common fears a client is likely to experience when dying 5. List the common signs of impending death 6. Explain the difference between a patient's right to refuse treatment and assisted suicide 7. Identify factors that are likely to influence end of life decision making 8. Identify cultural and spiritual considerations related to end of life care 9. Discuss the role of the nurse when interfacing with the bereaved	I. Nurse's role A. Knowledge and caring B. Confidence, courage and compassion II. Types of Loss A. Necessary loss B. Maturation loss C. Situational loss III. Types of Grief A. Normal grief B. Anticipatory grief C. Disenfranchised grief D. Complicated grief IV. Theories of Grief and Mourning A. Stages of Dying – Kubler-Ross B. Attachment Theory Bowlby C. Grief Task Model – Worden D. Rando's "R" Process Model	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	DeWit Chapter 15 Wold Chapter 15 Chapter Questions Quiz/Exam		Upon completion of this unit the student will: 1. Identify methods for nurse self-care in grief and loss. 2. Describe care of the body after death. 3. Develop a nursing care plan for a patient and family experiencing loss and grief. 4. Perform postmortem care for a deceased client 5. Prepare to provide information regarding organ or tissue donation in response to family questions

	10. Discuss Factors Influencing Loss and Grief	V. Factors Influencing Loss and Grief A. Human Development B. Personal Relationships C. Nature of the Loss D. Nature of the Loss E. Coping Strategies F. Socioeconomic Status G. Culture and Ethnicity H. Spiritual and Religious Beliefs				
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Vocational Nursing Program
Curriculum Content - HCRS C100 Fundamentals
Instructional Plan: Level 1 Week 15

Unit Title: Final Exam

Theory Hours this week: 3.6 total

Clinical Hours: 21.6 total

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
HCRS C100 3.1 hrs/ Fund 0.5 hrs/Nut	Final examination Course and Instructor Evaluation	1. Cumulative Review of Material	*Lecture *Discussion *Reading *PowerPoint presentations *Study Guide Methods of Evaluation *Testing *Group discussion *Case studies *Return demos *Instructor observation *Group presentation *Role playing *Critical thinking	Final Exam	21.6 Skills lab	1. Final skills testing in the skills lab

Key

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/P Anatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1**

Unit Title: Foundations of Medical Surgical Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 (HCRS C113)

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	1. Define the key terms related to general aspects of the Vocational Nursing Program. 2. State understanding of the policies of the BVNPT. 3. Define Nursing 4. Define Healthcare 5. Differentiate between acute and chronic, acute care and long term care, rehabilitative care, hospice care, and home health. 6. Discuss the impact of economics on nursing and healthcare delivery. 7. Discuss local healthcare resources 8. Differentiate rural healthcare resources from urban resources.	I. Roles of the LVN A. Uphold Clinical Standards B. Provide Safe Patient Care C. Patient Teaching D. Effective Communication E. Collaboration F. Patient Advocate II. Goals for Health Care A. Cost Containment B. Health Promotion C. Holistic Care D. Psychological Needs E. Social Needs F. Cultural Needs G Spiritual Needs	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 1 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 1

Unit Title: Critical Thinking and Nursing Process

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.8 hr/MS	<ol style="list-style-type: none"> 1. Define the Nursing Process. 2. Define the key terms of the nursing Process 3. List the five phases of the Nursing Process. 4. Identify the rationale for prioritization 5. Identify Maslow’s hierarchy of needs 6. Explain the process of Assessment or Data Collection 7. Identify NANDA terminology 8. Explain the selection of a Nursing Diagnosis 9. Explain the process of setting goals or objectives for the client 10. Explain the process of implementing nursing care 11. Explain the process of evaluating nursing care 12. Differentiate between physician/medical diagnoses and nursing diagnoses. 13. Select appropriate rationales for all phases of the Nursing Process. 14. Explain the format to document the Nursing Process 15. Explain at least five physical and/or psychological categories in which the nurse may obtain data for the nursing assessment. 16. Differentiate the roles that the LVN and the RN play in the collection of data or assessment of a client 17. Identify at least five categories of nursing diagnoses 	<ol style="list-style-type: none"> I. Critical Thinking <ol style="list-style-type: none"> A. Critical Thinking and Critical Judgment B. Factors that Influence your thinking and Nursing care C. Nursing Process D. LVN Standards <ol style="list-style-type: none"> i. Assessment ii. Analysis and Nursing Diagnosis iii. Planning iv. Implementation v. Evaluation 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 2 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Explain how factors that influence critical thinking are experienced by you during patient care 2. Provide a clinical example of how nursing process is used in the care of medical surgical patients 3. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation, and percussion 4. Prepare a list for beginning of shift assessment for a specific client 5. Write an example of a patient goal that is realistic, measurable, and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

	<p>18. Formulate a short term goal for a selected situation 19. Formulate a long term goal for a selected situation 20. Identify at least 10 commonly utilized nursing interventions 21. Formulate at least five evaluations of the Nursing Plan of Care that the nurse may use to evaluate the success or failure of all aspects of the Nursing Plan of Care.</p>					
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 2

Unit Title: Fluid, Electrolyte, Acid/Base Balance

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.6 hr/Nut	<ol style="list-style-type: none"> 1. Recall the various functions fluid performs in the body 2. Identify the body's mechanisms for fluid regulation 3. Review three ways in which body fluids are continually being distributed among the fluid compartments 4. Distinguish the signs and symptoms of various electrolyte imbalances 5. Discuss why the elderly have more problems with fluid and electrolyte imbalances 6. Recognize the disorders that cause specific fluid and electrolyte imbalances 7. Compare the major causes of acid base imbalances 8. State correct interventions to correct an acid base imbalance 	<ol style="list-style-type: none"> 1. Fluids, Electrolytes, Acid-Base Balance <ol style="list-style-type: none"> A. Distribution and Regulation of Body Fluids <ol style="list-style-type: none"> i. Movement of fluid and electrolytes B. Fluid Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Deficient Fluid Volume ii. Nausea and Vomiting iv. Diarrhea v. Excess fluid volume vi/. Edema C. Electrolytes <ol style="list-style-type: none"> i. Osmolality D. Electrolyte Imbalance <ol style="list-style-type: none"> i. Sodium ii. Potassium iii. Calcium iv. Magnesium v. Anion E. Acid Base System F. Acid Base Imbalances <ol style="list-style-type: none"> i. Pathophysiology ii. Arterial Blood Gas Analysis iii. Respiratory Acidosis iv. Metabolic Acidosis v. Respiratory Alkalosis vi. Metabolic Alkalosis G. Home Care H. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 3 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Assess clients for signs of dehydration 2. Correctly assess for and identify edema and signs of overhydration 3. Apply knowledge of normal laboratory values in order to recognize electrolyte imbalances 4. Carry out interventions to correct an electrolyte imbalance 5. Determine if a patient has an acid base imbalance

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 3

Unit Title: Infection Control and Prevention

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/GD	<ol style="list-style-type: none"> 1. Describe what factors increase the risk of infection. 2. Discuss how the body uses its natural defensive mechanisms to protect against infection. 3. Explain how fever plays a role in the prevention of infection. 4. Describe the classic signs of infection. 5. Identify when expanded precautions are to be used. 6. List they types of personal protective equipment and when they should be used. 7. Describe factors that make the elderly more susceptible to infections. 8. Identify factors that may impair the process of healing and repair of damaged tissue. 	<ol style="list-style-type: none"> 1. Infectious Process and Disease <ol style="list-style-type: none"> A. Factors that Influence Infectious Disease B. Disease Producing Pathogens <ol style="list-style-type: none"> i. Bacteria ii. Viruses iii. Protozoa iv. Rickettsia and Chlamydia v. Fungi vi. Mycoplasmas vii. Helminths viii. Prions 2. Body's Defense <ol style="list-style-type: none"> A. Skin B. Normal Flora C. Inflammatory Response <ol style="list-style-type: none"> i. Signs and Symptoms of Inflammation D. Immune Response <ol style="list-style-type: none"> i. Chain of Infection 3. Infection Prevention & Control <ol style="list-style-type: none"> A. Preventing and Controlling the Spread of Infection <ol style="list-style-type: none"> i. Hand Washing B. Precaution Categories <ol style="list-style-type: none"> i. Standard Precautions ii. Expanded Precautions iii. Personal Protective Equipment iv. Protective Environment v. Respiratory Hygiene and Cough Etiquette 4. Health Care Associated Infections <ol style="list-style-type: none"> A. Cost B. Nursing Interventions for Prevention C. Reporting 5. Destroying and Containing Infectious Agents <ol style="list-style-type: none"> A. Medical Asepsis B. Surgical Asepsis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 6 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Care for a client whose condition required extended precautions 2. From a day's assignment, determine the factors present for each client that are risk factors for infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		C. Sepsis D. Septic Shock 6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Community Care A. Home Care B. Extended Care				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4

Unit Title: Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/ MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Recall the structure and function of the respiratory system 2. Identify three causative factors related to disorders of the respiratory system 3. Provide instructions to clients on measures to prevent long term problems of the respiratory system 4. Employ proper techniques for assessing the respiratory system 5. List nursing responsibilities for clients undergoing diagnostic tests and procedures for disorders of the respiratory system. 	<ol style="list-style-type: none"> 1. Overview of the Anatomy & Physiology of the Respiratory System <ol style="list-style-type: none"> A. Structures B. Functions C. Protection D. Oxygen Carbon Dioxide Exchange E. Changes across the Life Span 2. Respiratory Disorders <ol style="list-style-type: none"> A. Causes B. Prevention 3. Common Respiratory Patient Care Problems <ol style="list-style-type: none"> A. Ineffective Airway Clearance B. Ineffective Breathing Patterns C. Risk of Infection D. Alterations in Nutrition and Hydration E. Fatigue 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 13 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Verify that nursing diagnoses chosen for clients with problems of the respiratory system are appropriate 2. Propose interventions for a client who has a problem with oxygenation 3. Teach a client to cough effectively

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 4**

Unit Title: Care of Patients with Disorders of the Upper Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0	1. Recognize symptoms of disorders of the sinuses, pharynx, and larynx 2. Describe pre- and postoperative care for the client undergoing a tonsillectomy 3. Utilize emergency measures for the client with an airway obstruction 4. Devise a nursing plan of care for the client who has had a laryngectomy. 5. Describe safety factors to be considered when caring for a client with a tracheostomy.	1. Disorders of the Nose and Sinuses A. Upper Respiratory Infection i. Common Cold ii. Rhinitis iii. Sinusitis iv. Epistaxis v. Pharyngitis vi. Tonsillitis B. Obstruction and Trauma 1. Airway Obstruction and Respiratory Arrest ii. Sleep Apnea iii. Nasal Fracture iv. Cancer of the Larynx 2. Community Care A. Home Care B. Extended Care 3. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 14 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Institute measures to stop epistaxis 2. Provide tracheostomy care 3. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 5

Unit Title: Care of Patients with Disorders of the Lower Respiratory System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.35 hr/ MS 0.25 hr/Nut	<ol style="list-style-type: none"> 1. Compare and contrast commonalities and differences in nursing care for clients with bronchitis, influenza, pneumonia, empyema, and pleurisy 2. List at least three nursing interventions appropriate for care of clients experiencing the following: persistent cough, increased secretions in the respiratory tract, dyspnea, alteration in nutrition and hydration related to respiratory disorder, and fatigue related to hypoxia 3. Describe ways a nurse can contribute to prevention and prompt treatment of tuberculosis 4. Illustrate the pathophysiologic changes that occur during an asthma attack 5. Identify problems that occur with aging that may cause a restrictive pulmonary disorder 6. Describe the specifics of nursing care for the patient who has had thoracic surgery and has chest tubes in place 	<ol style="list-style-type: none"> 1. Respiratory Infectious Diseases <ol style="list-style-type: none"> A. Acute Bronchitis B. Influenza C. Pneumonia D. Empyema E. Fungal Infections F. Occupational Lung Disorders G. Tuberculosis H. Extrapulmonary Tuberculosis I. Bronchiectasis J. Interstitial Pulmonary Disease 2. Restrictive Pulmonary Disorders <ol style="list-style-type: none"> A. Pleurisy B. Pleural Effusion 3. Obstructive Pulmonary Disorders <ol style="list-style-type: none"> A. Atelectasis B. Chronic Obstructive Pulmonary Disease <ol style="list-style-type: none"> i. Emphysema ii. Chronic Bronchitis C. Asthma D. Lung Cancer 4. Pulmonary Vascular Disorders <ol style="list-style-type: none"> A. Pulmonary Embolism B. Primary Pulmonary Hypertension 5. Chest Injuries <ol style="list-style-type: none"> A. Fractured Ribs B. Flail Chest C. Penetrating Wounds D. Pneumothorax and Hemothorax 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 15 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Complete a nursing plan of care, including home care, for the client with chronic airflow limitation 2. Devise a nursing plan of care for the tracheostomy client on oxygen and on a mechanical ventilator 3. Develop a teaching plan for the client diagnosed with moderate asthma 4. Compare emergency nursing care for a client with a penetrating chest injury with that for the client with a spontaneous pneumothorax

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		6. Lung Disorders A. Pulmonary Edema B. Adult Respiratory Distress Syndrome 7. Common Therapeutic Measures A. Surgery B. Medication C. Humidification D. Pulmonary Hygiene E. Oxygen Therapy F. Mechanical Ventilation 8. Community Care A. Home Care B. Resources 9. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 6

Unit Title: The Sensory System: Eye and Ear

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/ MS 0.4 hr/ Nut	1. Identify ways in which nurses can help clients preserve their sight and hearing 2. Identify signs and symptoms of eye problems 3. Discuss tests and examinations used to diagnose eye and ear disorders 4. Describe nursing activities associated with assessing the eye and ear 5. Utilize the nursing process for clients with disorders of the eye or ear	1. Overview of Anatomy & Physiology of the Eye A. Structures B. Functions C. Changes across the Lifespan 2. Eye Disorders A. Causes B. Prevention i. Basic Eye Care ii. Eye Injury iii. Visual Loss iv. Diagnostic tests and examinations 3. Community Care A. Home Care B. Education C. Resources 4. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 5. Overview of Anatomy & Physiology of the Ear A. Structures B. Functions C. Changes across the Life Span 6. Ear Disorders A. Causes B. Prevention C. Diagnostic Tests 7. Common Problems of Patients with Ear Disorders A. Hearing Impairment B. Dizziness and Vertigo C. Tinnitus	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 26 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Provide teaching for a client who is to undergo tests for a vision problem 2. Perform focused assessments for disorders of the eyes and ears 3. Assist visually impaired clients to find resources to maximize their vision 4. Instruct a spouse in ways to effectively communicate with a hearing impaired partner

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		8. Rehabilitation for Hearing Loss A. Lip reading B. Sign Language C. Hearing Aids D. Cochlear Implants E. Hearing Assistive Devices				
		9. Community Care A. Home Care B. Education C. Resources				
		10. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 7

Unit Title: Care of Patients with Disorders of the Eyes and Ears

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	1. Discuss errors of refraction and their treatment 2. Compare measures used to provide assistance after a chemical eye burn and those for an eye injury with a foreign object 3. Describe the signs and symptoms of selected disorders of the eye and appropriate medical treatment and nursing interventions for each 4. Discuss nursing interventions to care for the patient after a scleral buckle or a cataract extraction 5. Identify aids and resources for people with vision loss 6. Explore the impact of hearing or vision loss on an individual and their family 7. List the signs and symptoms of selected disorders of the ear, appropriate medical or surgical treatment, and nursing interventions for each 8. Teach the client with tinnitus or vertigo measures that may decrease the symptoms 9. Discuss aids and resources for clients with impaired hearing or tinnitus	1. Common Disorders of the Eye A. Errors of Refraction B. Corneal Disorders C. Eye Trauma D. Cataract E. Glaucoma i. Narrow Angle ii. Open Angle F. Retinal Detachment G. Retinopathy H. Macular Degeneration 2. Nursing Care of the Patient having Eye Surgery A. Preoperative Care B. Postoperative Care 3. Common Disorders of the Ear A. External Otitis B. Impacted Cerumen and Foreign Bodies C. Otitis Media D. Labyrinthitis E. Meniere’s Disease F. Otosclerosis 4. Nursing Care of the Patient having Ear Surgery A. Preoperative Care B. Postoperative Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 27 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Provide appropriate care for a client who is preoperative for eye surgery 2. Properly administer eye medications 3. Teach a client to properly administer ear medication 4. Provide appropriate care for a postoperative ear surgery client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 8

Unit Title: The Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/ Nut	<ol style="list-style-type: none"> 1. Identify three majors causative factors in the development of disorders of the gastrointestinal system 2. Explain three measures to prevent development of disorders of the gastrointestinal system 3. List nursing responsibilities in the pre- and post-test care of clients undergoing diagnostic tests for disorders of the gastrointestinal system 4. Describe the assessment of a client with a possible gastrointestinal disorder 5. State the care needed for a client who is having a liver biopsy 	<ol style="list-style-type: none"> 1. Overview of the Gastrointestinal System <ol style="list-style-type: none"> A. Organs B. Structures C. Function D. Effects of Aging on Gastrointestinal System 2. Causes of Gastrointestinal Tract Disorders <ol style="list-style-type: none"> A. Exposure B. Obstruction C. Psychological/Emotional D. Genetics E. Autoimmune Diseases F. Gallbladder Disorders G. Liver Disorders H. Pancreatic Disorders 3. Prevention of Gastrointestinal Disorders <ol style="list-style-type: none"> A. Diet B. Oral Health C. Exercise D. Body Weight E. Hand Hygiene A4. Diagnostic Tests, Procedures <ol style="list-style-type: none"> A. X-ray B. CT Scans C. Nuclear Medicine Scans D. Ultrasound E. Endoscopy F. MRI 5. Common Problems related to Gastrointestinal Tract <ol style="list-style-type: none"> A. Anorexia B. Nausea and Vomiting C. Accumulation of Flatus D. Constipation E. Diarrhea F. Bowel Incontinence 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 28 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Perform an assessment of gastrointestinal status 2. Provide pre- and post-test care of clients undergoing tests of the liver, gallbladder and pancreas 3. Provide care for a client who is experiencing diarrhea 4. Teach a client experiencing constipation ways to alleviate the problem

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		6. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 9

Unit Title: Care of Patients with Disorders of the Upper Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	1. Discuss obesity and its management, including bariatric surgery 2. Compare signs and symptoms of oral, esophageal, and stomach cancer 3. Illustrate the cause of gastroesophageal reflux disease (GERD) 4. Explain the etiology and prognosis for Barrett's esophagus 5. Describe the pathophysiology means of medical diagnosis and treatment for gastritis 6. Compare and contrast treatment and nursing care of a client with GERD and a client with a peptic ulcer 7. Devise a nursing plan of care for a client with a gastrointestinal disorder 8. Review the difference in the care of the client with a nasogastric tube for decompression and a feeding tube	1. Obesity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Anorexia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Bulimia Nervosa A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Stomatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 29 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Prepare a teaching plan for a client who has GERD 2. Plan postoperative care for a client having gastric surgery 3. Demonstrate proper care of the client with a Salem sump tube for gastric decompression 4. Manage a tube feeding for the client receiving formula via a feeding pump 5. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Dysphagia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Cancer of the Oral Cavity A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Cancer of the Esophagus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>8. Hiatal Hernia A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Gastroesophageal Reflux Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Gastroenteritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Gastritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> 12. Peptic Ulcer <ul style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ul style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Gastric Cancer <ul style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ul style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 14. Common Therapies for Disorders of the Gastrointestinal System <ul style="list-style-type: none"> A. Gastrointestinal Decompression B. Enteral Nutrition C. Total Parenteral Nutrition D. Jejunostomy Tube Placement 				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

Week 9

Unit Title: Care of Patients with Disorders of the Lower Gastrointestinal System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/MS 0.2 hr/Nut	<ol style="list-style-type: none"> 1. Describe the etiology and signs and symptoms of various types of hernias 2. Discuss the characteristics of irritable bowel syndrome 3. Explain how diverticulitis occurs 4. Illustrate how the two types of intestinal obstruction occur and their danger 5. Describe the pathophysiology methods of diagnosis and treatment for ulcerative colitis and Crohn's disease 6. List nursing interventions for the patient with inflammatory bowel disease 7. Differentiate the signs and symptoms of appendicitis from those of peritonitis 8. Compare the characteristics of hemorrhoids pilonidal sinus, and anorectal fistula 9. Create a teaching plan for the prevention of colorectal cancer 10. Identify nursing interventions for the patient having surgery of the lower intestine and rectum 	<ol style="list-style-type: none"> 1. Abdominal and Inguinal Hernia <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Irritable Bowel Syndrome <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Diverticula <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 4. Intestinal Obstruction <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 30 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Write a nursing plan of care for the client with cancer of the colon and intestinal obstruction 2. Formulate a nursing plan of care for a patient undergoing colostomy, considering the type of stoma and the effluent it produces 3. Prepare to provide care for a client with an ileostomy 4. List four interventions for helping the client psychologically adjust to their ostomy

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>5. Ulcerative Colitis and Crohns Disease A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>6. Appendicitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p> <p>7. Peritonitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>8. Malabsorption A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Hemorrhoids A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 10. Pilonidal Sinus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 11. Anorectal Abscess and Fistula A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				
		<p>12. Colon Cancer A. Etiology and Pathophysiology B. Signs and Symptoms</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Ostomy Surgery and Care A. Colostomy B. Ileostomy C. Nursing Management D. Postoperative Care 14. Community Care A. Home Care B. Resources				
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**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 10**

Unit Title: Care of Patients with Disorders of the Gallbladder, Liver and Pancreas

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	1. Explain the plan of care for the client with cholelithiasis 2. Describe treatment for the client with cholecystitis 3. List the ways in which the various types of hepatitis can be transmitted 4. Identify signs and symptoms of the various types of hepatitis 5. Devise appropriate nursing interventions for the client with cirrhosis and ascites 6. Indicate potential causes of liver failure 7. Differentiate the signs and symptoms of acute and chronic liver failure 8. Devise a nursing plan of care for the patient with cancer of the liver 9. Prepare a plan for adequate pain control for the patient with pancreatitis 10. Compare the treatment options for cancer of the pancreas	1. Cholelithiasis and Cholecystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Hepatitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Cirrhosis of the Liver A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 31 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Perform preoperative teaching for a patient who is to undergo laparoscopic cholecystectomy 2. Write a nursing plan of care, including psychosocial concerns, for the patient who has hepatitis and is jaundiced 3. Design a discharge teaching plan for the patient who has been in the hospital with a flare up of chronic pancreatitis
		4. Liver Transplantation A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>5. Cancer of the Liver</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>6. Acute Pancreatitis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>7. Chronic Pancreatitis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>8. Cancer of the Pancreas</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p>				

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1

		C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 9. Community Care A. Home Care B. Resources				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 11

Unit Title: The Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/MS 0.6 hr/Nut	<ol style="list-style-type: none"> 1. Review the anatomy and physiology of the urinary system 2. Identify causes of urologic problems and disorders 3. Discuss ways in which the nurse can help clients to prevent or cope with urologic disorders 4. Discuss the psychosocial impact of urinary incontinence 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Urologic System <ol style="list-style-type: none"> A. Structures B. Functions C. Changes across the Life Span 2. Causes of Urologic Disorders <ol style="list-style-type: none"> A. Hypertension B. Immune Reaction C. Bacterial Infections D. Obstruction 3. Prevention of Urologic Problems <ol style="list-style-type: none"> A. Fluids B. Blood Pressure C. Hygiene 4. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Renal Biopsy B. Lab Work C. Radiological Exams 5. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 6. Common Urologic Problems 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 34 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Identify nursing responsibilities in the pre- and post-procedure care of clients undergoing urologic diagnostic studies 2. Describe initial and ongoing nursing assessment of a client's urologic status 3. List five nursing responsibilities related to the care of a patient with an indwelling catheter 4. Identify nursing diagnoses and interventions appropriate for a client with urinary incontinence

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 12

Unit Title: Care of Patients with Disorders of the Urinary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.4 hr/MS 0.2 hr/Nut	1. Describe signs and symptoms of selected urologic inflammatory disorders and nursing interventions for these clients. 2. Discuss nursing management for clients with acute or chronic glomerulonephritis 3. Describe nursing assessments and interventions for clients with acute renal failure 4. Describe the needs of clients on long term hemodialysis 5. Discuss the benefits and special problems associated with kidney transplantation	1. Cystitis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Urethritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Pyelonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 35 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	1. Describe the postoperative nursing plan of care for clients having surgery of the kidney 2. List specific nursing responsibilities in the care of clients with kidney stones 3. Describe the postoperative nursing care of patients having surgery for urinary diversion 4. Describe interventions to increase patient compliance in the treatment of chronic kidney failure 5. Devise a nursing plan of care for the home care patient with renal failure

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Acute Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 5. Chronic Glomerulonephritis A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 6. Nephrotic Syndrome A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 7. Hydrocephalus A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>8. Renal Stenosis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>9. Renal Stones</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>10. Trauma to the Kidneys and Ureters</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>11. Trauma to the Bladder</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>12. Cancer of the Bladder</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p>				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Cancer of the Kidney A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 14. Acute Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 15. Chronic Renal Failure A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 16. Community Care A. Home Care B. Resources				
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 13

Unit Title: The Integumentary System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.2 hr/MS 0.4 hr/Nut	<ol style="list-style-type: none"> 1. Review the structure and functions of the skin 2. Discuss the changes that occur with aging that affect the skin barrier 3. Discuss the various causes of integumentary disorders 4. Identify important factors in the prevention of skin disease 5. Plan specific measure to prevent pressure ulcers 6. Interpret laboratory and diagnostic test results for skin disorders 7. State nursing responsibilities in the diagnosis of skin disorders 8. Describe the proper staging of a pressure ulcer 9. Write outcome objectives for a patient with a nursing diagnosis of Impaired Skin Integrity 10. Develop a teaching plan appropriate for adolescents and young adults for the prevention of skin cancer 	<ol style="list-style-type: none"> 1. Overview of Anatomy and Physiology of the Integumentary System <ol style="list-style-type: none"> A. Structure B. Functions C. Changes across the Life Span 2. Causes of Skin disorders <ol style="list-style-type: none"> A. Skin B. Systemic 3. Prevention of Skin Disorders <ol style="list-style-type: none"> A. Cleanliness B. Diet C. Age D. Environment 4. Pressure Ulcers <ol style="list-style-type: none"> A. Causes B. Stages 5. Nursing Management 5. Diagnostic Tests and Procedures <ol style="list-style-type: none"> A. Culture and Sensitivity Tests B. Microscopic Tests C. Special Light Inspections D. Diascopy E. Skin Patch Testing 6. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation 7. Documentation <ol style="list-style-type: none"> A. Types of Lesions B. Stages 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 42 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C113	<ol style="list-style-type: none"> 1. Teach three clients to perform a self-assessment of the skin 2. Perform a focused integumentary assessment on a client 3. Provide ordered therapeutic measures for a client with an integumentary disorder

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 14

Unit Title: Care of Patients with Integumentary Disorders and Burns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hr/ MS 0.6 hrs/Nut	<ol style="list-style-type: none"> 1. Describe the etiology of dermatitis 2. Plan psychosocial interventions for the patient who has psoriasis 3. Compare the treatment of fungal skin or nail disorders to the treatment of bacterial skin disorders 4. List the main nursing care points for clients with herpes virus infections 5. Discuss the types of acne and their treatment 6. Compare the characteristics of various types of skin cancer 7. Compose a teaching plan for a family of an immobile patient to prevent pressure ulcers 8. Prepare a plan of care for each stage of a pressure ulcer 9. List important assessment points for the patient who has sustained a burn 10. Explain emergency burn care 11. Identify the measures used for burn treatment during the acute or emergent phase 12. Describe the process of rehabilitation for the patient with a major burn 	<ol style="list-style-type: none"> 1. Dermatitis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 2. Acne <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 3. Psoriasis <ol style="list-style-type: none"> A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management <ol style="list-style-type: none"> i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> deWit Chapter 43 End of Chapter Questions Quiz/Exams Case Studies Plan of Care 	HCRS C113	<ol style="list-style-type: none"> 1. Teach a family about care for the client and home when scabies are present 2. Assess the skin of family members for signs of skin cancer 3. Provide care for a Stage III or Stage IV pressure ulcer 4. Apply Standard Precautions and sterile technique for the care of a burn 5. Assist with the planning of care after the acute stage of a major burn, paying attention to both physical and psychosocial needs

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<p>4. Stevens-Johnson Syndrome</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>5. Bacterial Infections</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>6. Herpes Zoster</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p> <p>7. Tinea Pedis</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p> <p>C. Diagnosis</p> <p>D. Treatment</p> <p>E. Nursing Management</p> <p>i. Assessment</p> <p>ii. Diagnosis and Planning</p> <p>iii. Implementation</p> <p>iv. Evaluation</p>				
		<p>8. Pediculosis and Scabies</p> <p>A. Etiology and Pathophysiology</p> <p>B. Signs and Symptoms</p>				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

		<ul style="list-style-type: none"> C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 9. Skin Cancer A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 10. Pressure Ulcers A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				
		<ul style="list-style-type: none"> 11. Skin Tears A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 				

**Cerro Coso Community College
 Vocational Nursing Program
 Curriculum Content – Medical Surgical Nursing I
 Instructional Plan: Level 1 Semester 1**

		12. Burns A. Etiology and Pathophysiology B. Signs and Symptoms C. Diagnosis D. Treatment E. Nursing Management i. Assessment ii. Diagnosis and Planning iii. Implementation iv. Evaluation 13. Community Care A. Home Care B. Extended Care C. Resources				

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1
Week 15**

Unit Title: Finals

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 HCRS C113

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.1 hr/ MS 0.5 hr/Nut	Review of Semester – Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Final Exam Skills Checklist	HCRS C113	Review of clinical skills and skills checklist – skills lab

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Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

**Cerro Coso Community College
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Curriculum Content – Medical Surgical Nursing I
Instructional Plan: Level 1 Semester 1**

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.2hr/Pharm	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for HCRS C107 2. Relate grading procedures to successful outcome. 3. Review SVN Student Handbook	I. Introduction and overview. A. Course expectations. B. Course objectives.	Lecture Discussion	<ul style="list-style-type: none"> • Syllabus • Student handbook 		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ 1st Semester Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Define the word pharmacology 2. Outline the steps involved in developing and approving a new drug in the United States. 3. Describe the federal controls on drugs that have abuse potential. 4. Differentiate between generic and brand- name drugs, over- the-counter and prescription drugs 5. Explain the benefits and risks associated with the use of over- the- counter drugs.	I. Introduction to Drugs A. Sources of Drugs 1. Natural sources 2. Synthetic Sources B. Drug evaluation 1. Pre clinical trials 2. Phase 1 studies 3. phase 2 studies 4. Phase 3 studies 5. Food and Drug Administration Approval 6. Phase 4 studies C. Legal Regulation of Drugs 1. Safety during Pregnancy 2. Controlled substances 3. Generic 4. over the counter 5. orphan D. Sources of Drug information 1. drug labels 2. package inserts 3. reference books 4. Journals 5. internet	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 1 Study Guide Kaplan Pharmacology Module pre test		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 1 (cont)

Unit Title: Foundations of Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.1 hr/Pharm	1. Describe how body cells respond to the presence of drugs that are capable of altering their function. 2. Outline the process of dynamic equilibrium that determines the actual concentration of a drug in the body. 3. Explain the meaning of half- life of a drug and calculate the half- life of given drugs. 4. List factors that can influence the actual effectiveness of drugs in the body. 5. Define drug– drug, drug– alternative therapy, drug– food, and drug– laboratory test interactions	I. Drugs and the Body A. Pharmacodynamics 1. receptor sites 2. drug enzyme interactions 3. selective toxicity B. Pharmacokinetics 1. critical concentration 2. loading dose 3. dynamic equilibrium a. Absorption from the site of entry b. Distribution to the active site c. Biotransformation (metabolism) in the liver d. Excretion from the body C. Factors influencing drug effects 1. Age 2. Weight 3. Gender 4. Physiological factors 5. Pathological factors 6. Genetic factors 7. Immunological factors 8. Psychological factors 9. Environmental factors 10. Tolerance 11. Cumulation 12. Interaction	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2

Unit Title: Principles of Drug Actions & Interactions

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Define the term adverse drug reaction and explain the clinical significance of this reaction. 2. List four types of allergic responses to drug therapy. 3. Discuss five common examples of drug- induced tissue damage. 4. Define the term poison. 5. Outline the important factors to consider when applying the nursing process to selected situations of drug poisoning.	I. Toxic effects of Drugs A. Adverse effects B. Drug allergy 1. Types 2. Assessment 3. Interventions C. Drug induced tissue and organ damage 1. Dermatological reactions 2. Super infections 3. Blood dyscrasia 4. Toxicity 5. Alterations in glucose metabolism 6. Electrolyte imbalance 7. Sensory effects 8. Neurological effects 9. Teratogenicity	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 2, 3 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 2 (cont)

Unit Title: Nursing Process and Pharmacology

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. List the responsibilities of the nurse in drug therapy. 2. Explain what is involved in each step of the nursing process as it relates to drug therapy. 3. Describe key points that must be incorporated into the assessment of a patient receiving drug therapy. 4. Describe the essential elements of a medication order. 5. Outline the important points that must be assessed and considered before administering a drug, combining knowledge about the drug with knowledge of the patient and the environment. 6. Describe the role of the nurse and the patient in preventing medication errors.	I. Nursing process in drug therapy and patient safety A .Nursing Process 1. Assessment 2. Nursing diagnosis 3. Implementation 4. Evaluation B. Prevention of Medication error 1. Nurse’s role 2. Patient’s role 3. Reporting medication errors	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 4 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 2(cont)

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Describe four measuring systems that can be used in drug therapy. 2. Convert between different measuring systems when given drug orders and available forms of the drugs. 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	I. Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Questions as assigned Kaplan Pre Math Assessment		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 3

Unit Title: Principles of Medication Administration & Safety

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Discuss the impact of the media, the Internet, and direct- to- consumer advertising on drug sales and prescriptions. 2. Explain the growing use of over- the-counter drugs and the impact it has on safe medical care. 3. Discuss the lack of controls on herbal or alternative therapies and the impact this has on safe drug therapy. 4. Define the off- label use of a drug. 5. Describe measures being taken to protect the public in cases of bioterrorism. 6. Identify the six rights of medication administration 7. Outline the steps taken when preparing to administer an oral medication. 8. Discuss nursing responsibilities before, during, and after drug administration 9. List the advantages and disadvantages of the use of enteral medications.	I. Challenges to Effective Drug therapy A. Consumer Awareness B. Over the counter Drugs C. Alternative therapies/herbal medicine D. Off label uses E. Costs of health care F. Use/importance of patient teaching G. Emergency preparedness H. Drug abuse I. Protecting the environment II. Medication administration A. Six rights B. Routes of medication admin C. process of med admin III. Calculations content A. Calculation of correct prescribe doses for tablets and oral liquid B. Conversions between measurement systems C. Correct interpretation of medication orders, medication labels, and documentation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7 Study Guide NCLEX Questions Due Pickar Dosage & Solutions Questions as assigned		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 4

Unit Title: Medication Administration Routes

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Explain the procedure for administering medications for each route: oral, nasogastric tube, subcutaneous, intramuscular, inhalant, topical and rectal, mucous membranes 2. Recognize and select the appropriate equipment for the medication, dosage, and method of administration. 3. Read and interpret the calibrations of <ul style="list-style-type: none"> o a medicine cup. o a calibrated dropper. o a 3 ml syringe. o a pre – filled syringe. o a standard U – 100 insulin syringe. o a tuberculin syringe 	<ol style="list-style-type: none"> I. Medication administration for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, rectal and mucous membranes. II. Review calculation of medication doses 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide Pickar Dosage & Solutions Questions as assigned		

Cerro Coco Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 5

Unit Title: Medication Administration

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	1. Identify the parts of the human cell. 2. Describe the role of each organelle found within the cell cytoplasm. 3. Explain the unique properties of the cell membrane. 4. Describe three processes used by the cell to move things across the cell membrane. 5. Outline the cell cycle, including the activities going on within the cell in each phase. 6. Differentiate between varying directions for reconstitution, and choose the solution strength that will result in a reasonable amount to be given to the client. 7. Compare and contrast the different dosage forms of oral medication: tablets, capsules, elixirs, emulsions, lozenges, suspensions, and syrups	I. introduction to Cell physiology A. Cell anatomy B. Cell properties C. Cell cycle II. Medication Calculations for oral, nasogastric, subcutaneous, and intramuscular, inhalant, topical, and mucous membranes. III. Measurement of doses using medication cup, syringes	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 7-12 Study Guide NCLEX Questions Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Identify the major risk factors of metabolic syndrome 2. Discuss the importance of lifestyle modification in the treatment of metabolic syndrome 3. Explain the treatment goals for type 2 diabetes management, lipid management and hypertension management 4. Describe why long term control and adherence to medications are important in managing metabolic syndrome 5. Describe atherosclerosis and its effects on the cardiovascular system 6. Identify four major types of lipoproteins 7. Describe the primary treatment modalities for lipid disorders 8. Determine which antilipid medications are used for cholesterol control and which can be used for triglyceride control 9. Differentiate between how statins work to control lipid levels and how niacin works to control lipid levels 10. Discuss blood pressure and how to correctly measure blood pressure 11. Define hypertension and differentiate between primary and secondary hypertension 12. Summarize nursing assessments and interventions used for the treatment of hypertension 13. Identify recommended lifestyle modifications for a diagnosis of hypertension 14. Identify options and progression of treatment for hypertension 15. Discuss specific risk factors the hypertensive client can manage 16. Identify and summarize the action of several of the drug classes used to treat hypertension 17. Describe the anatomical structures and conduction system of the heart 18. Differentiate between the atrial dysrhythmias and the ventricular dysrhythmias 	<ol style="list-style-type: none"> I. Cardiovascular Diseases II. Metabolic Syndrome <ol style="list-style-type: none"> A. Resulting Conditions B. Risk Factors <ol style="list-style-type: none"> 1. Obesity and Sedentary Lifestyle 2. Alcohol and Smoking 3. Genetic Factors C. Treatment <ol style="list-style-type: none"> 1. Hypertension 2. Dyslipidemia 3. Type 2 Diabetes III. Atherosclerosis <ol style="list-style-type: none"> A. Types of Lipoproteins B. Treat of Hyperlipidemia C. Drug Therapy for Hyperlipidemia <ol style="list-style-type: none"> 1. Bile Acid Binding Resins 2. Niacin 3. HMG-CoA Reductase Inhibitors 4. Fibrin Acids 5. Miscellaneous Antilipemic Agents IV.. Hypertension <ol style="list-style-type: none"> A. Treatment of Hypertension B. Drug Therapy for Hypertension <ol style="list-style-type: none"> 1. Diuretics 2. Beta-Adrenergic Blocking Agents 3. Angiotensin-Converting Enzyme Inhibitors 4. Angiotensin II Receptor Blockers 5. Direct Renin Inhibitor 6. Aldosterone Receptor Antagonist 7. Calcium Channel Blockers 8. Alpha-1 Adrenergic Blocking Agents 9. Central Acting Alpha-2 Agonists 10. Direct Vasodilators V. Dysrhythmias <ol style="list-style-type: none"> A. Treat for Dysrhythmias B. Drug Therapy for Dysrhythmias <ol style="list-style-type: none"> 1. Class IA Antidysrhythmic Agents 2. Class IB Antidysrhythmic Agents 3. Class IC Antidysrhythmic Agents 4. Class II Antidysrhythmic Agents: Beta-Adrenergic Blocking Agents 5. Class III Antidysrhythmic Agents 6. Class IV Antidysrhythmic Agents: Calcium Channel Blocking Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 6 (cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	19. Describe the therapeutic response that should be observable when the antidysrhythmic drug is administered 20. Identify baseline nursing assessments that should be implemented during the treatment of dysrhythmias 21. Cite common adverse effects that may be observed with the administration of antidysrhythmic drugs 22. Identify the potential effects of muscle relaxants used during surgical intervention when combined with antidysrhythmic drugs 23. Define angina pectoris and identify assessment data needed to evaluate an angina attack 24. Define ischemic heart disease 25. Describe the actions of nitrates, beta-adrenergic blockers, calcium channel blockers, and angiotensin-converting enzyme inhibitors on the myocardial tissue of the heart 26. Identify medication therapy health teaching used for an angina client in the clinical setting	7. Miscellaneous Antidysrhythmic Agents VI. Angina Pectoris A. Treatment of Angina Pectoris B. Drug Therapy for Angina Pectoris 1. Nitrates 2. Beta-Adrenergic Blocker 3. Calcium Channel Blockers 4. Angiotensin-Converting Enzyme Inhibitors 5. Fatty Oxidase Enzyme Inhibitor	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 21-25 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 7

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	<ol style="list-style-type: none"> 1. Differentiate between peripheral vascular disease and Raynaud's disease 2. Describe the baseline assessments needed to evaluate a client with peripheral vascular disease 3. Identify specific measures that the patient can use to improve peripheral circulation and prevent the complications of peripheral vascular disease 4. Identify the systemic effects to expect when peripheral vasodilating agents are administered 5. Explain why hypotension and tachycardia occur frequently with the use of vasodilators 6. Develop measurable objectives for the education of patients with peripheral vascular disease 7. Cite both pharmacologic and nonpharmacologic goals of the treatment of peripheral vascular disease 8. Explain the primary purposes of anticoagulant therapy 9. Identify the effects of anticoagulant therapy on existing blood clots 10. Describe conditions that place an individual at risk for developing blood clots 11. Identify specific nursing interventions that can prevent clot formation 12. Explain laboratory data used to establish dosing of anticoagulant medications 13. Describe specific monitoring procedures used to ensure that the correct dose of an anticoagulant is prepared and administered and explain the specific procedures and techniques used to administer heparin subcutaneously 	<ol style="list-style-type: none"> I. Peripheral Vascular Disease <ol style="list-style-type: none"> A. Treatment of Peripheral Vascular Disease B. Drug Therapy for Peripheral Vascular Disease <ol style="list-style-type: none"> 1. Hemorheologic Agents 2. Vasodilators 3. Platelet Aggregation Inhibitor II. Thromboembolic Diseases <ol style="list-style-type: none"> A. Treatment of Thromboembolic Disease B. Drug Therapy for Thromboembolic Diseases <ol style="list-style-type: none"> 1. Platelet Inhibitors 2. Anticoagulants 3. Thrombin Inhibitor 4. Glycoprotein IIB/IIIA Inhibitors 5. Fibrinolytic Agents III. Heart Failure <ol style="list-style-type: none"> A. Treatment of Heart Failure B. Drug Therapy for Heart Failure <ol style="list-style-type: none"> 1. Angiotensin-Converting Enzyme Inhibitors 2. Natriuretic Peptides 3. Beta-Adrenergic Blocking Agents 4. Digitalis Glycosides 5. Phosphodiesterase Inhibitors 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7 (Cont)

Unit Title: Drugs Affecting the Cardiovascular System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe the nursing assessments needed to monitor therapeutic responses and adverse effects from anticoagulant therapy 15. Summarize the pathophysiology of heart failure, including the body's compensatory mechanisms 16. Identify the goals of treatment of heart failure 17. Identify the primary actions of heart failure of digoxin, angiotensin-converting enzyme inhibitors, and beta blockers 18. Describe digoxin toxicity and ways to prevent it. 19. Explain the nursing assessments needed to monitor for digoxin toxicity 20. Identify essential assessment data, nursing interventions, and health teaching needed for a client with heart failure		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapters 26-28 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	<ol style="list-style-type: none"> 1. Describe how the central nervous system differs from the peripheral nervous system 2. Explain the role of neurotransmitters at synaptic junctions 3. Name the most common neurotransmitters known to affect central nervous system function and identify the two major neurotransmitters of the autonomic nervous system 4. Explain how drugs inhibit the actions of cholinergic and adrenergic fibers 5. Identify two broad classes of drugs used to stimulate the adrenergic nervous system 6. Identify the neurotransmitters that are called catecholamines and list the neurotransmitters responsible for adrenergic activity 7. Review the actions of adrenergic agents and the conditions that require the use of these drugs 8. Describe the benefits of using beta-adrenergic blocking agents for hypertension, angina pectoris, cardiac dysrhythmias, and hyperthyroidism 9. Identify disease conditions in which beta-adrenergic blocking agents should not be used, and discuss why they should not be used 10. Describe clinical uses and the predictable adverse effects of cholinergic agents and anticholinergic agents 	<ol style="list-style-type: none"> I. The Central and Autonomic Nervous System <ol style="list-style-type: none"> A. Adrenergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions B. Alpha- and Beta- Adrenergic Blocking Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interaction C. Cholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions D. Anticholinergic Agents <ol style="list-style-type: none"> 1. Actions 2. Uses 3. Drug Interactions 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 13 Study Guide NCLEX Questions due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 7(cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.5 hr/Pharm	1. Describe clinical presentation of Parkinson’s disease. 2. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with antiparkinsonism agents. 3. Discuss the use of antiparkinsonism agents across the lifespan. 4. Compare and contrast the prototype drugs for each class of antiparkinsonism agents with the other drugs in that class and with drugs from the other classes used to treat the disease. 5. Outline the nursing considerations and teaching needs for patients receiving each class of antiparkinsonism agents.	I. Antiparkinson agents A. Overview of disease B. Drugs across the lifespan C. Dopaminergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation D. Anticholinergic agents 1. Class/Prototype 2. Therapeutic actions 3. Pharmacokinetics 4. Contraindications/Cautions 5. Adverse effects 6. Clinically important Drug interactions 7. Nursing considerations a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 15 Study Guide NCLEX Questions due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 7 (cont)

Unit Title: Drugs Affecting the Central Nervous System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.4 hr/Pharm	1. Differentiate among the terms sedative and hypnotic; initial, intermittent, and terminal insomnia; and rebound sleep and paradoxical excitement 2. Identify alterations found in the sleep pattern when hypnotics are discontinued 3. Cite nursing interventions that can be implemented as an alternative to administering sedative-hypnotic medication 4. Compare the effects of barbiturates and benzodiazepines on the central nervous system 5. Identify the antidote drug used for the management of benzodiazepine overdose 6. Identify laboratory tests that should be monitored when benzodiazepines or barbiturates are administered for an extended period	I. Sleep and Sleep Pattern Disturbance II. Sedative-Hypnotic Therapy A. Actions B. Uses III. Drug Therapy for Sleep Disturbance A. Barbiturates 1. Actions 2. Uses 3. Drug Interactions B. Benzodiazepines 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interaction C. Nonbarbiturate, Nonbenzodiazepine Sedative-Hypnotic Agents 1. Actions 2. Uses 3. Therapeutic Outcomes 4. Drug Interactions	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 14 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 8

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<ol style="list-style-type: none"> 1. Explain what is meant by selective toxicity and discuss its importance in anti- infective therapies. 2. Explain how an antibiotic is selected for use in a particular clinical situation. 3. Differentiate between broad-spectrum and narrow- spectrum drugs. 4. Define bacterial resistance to antibiotics and discuss the emergence of resistant strains. 5. Explain three ways to minimize bacterial resistance. 6. Describe three common adverse reactions associated with the use of antibiotics. 7. Describe therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the classes of antibiotics. 8. Discuss use of antibiotics as they are used across the lifespan. 9. Compare and contrast prototype drugs for each class of antibiotics with other drugs in that class. 10. Outline nursing considerations for patients receiving each class of antibiotic. 	<ol style="list-style-type: none"> I. Selective toxicity II. Broad spectrum drugs III. Narrow spectrum drugs IV. Bacterial Resistance V. Adverse reactions VI. Anti-infective agents: Prototype Therapeutic action, Adverse reactions Drug therapy across the life span, Patient/family teaching VII. Cell anatomy, sites of action VIII. Antibiotic Classifications: <ol style="list-style-type: none"> 1. Aminoglycosides 2. Cephalosporin’s 3. Fluoroquinolones 4. Penicillin and Penicillinase Resistant 5. Sulfonamides 6. Tetracyclines 7. Antimycobacterials 8. New classes of antibiotics IX. For each of the above classifications, discuss: <ol style="list-style-type: none"> 1. Drug therapy across the life span 2. Class/Prototype 3. Therapeutic actions 4. Pharmacokinetics 5. Contraindications/Cautions 6. Adverse effects 7. Clinically important Drug interactions 8. Nursing considerations <ol style="list-style-type: none"> a. Assessment (history and exam) b. Nursing diagnosis c. Implementation d. Evaluation 		<p>Clayton Chapter 46 Study Guide</p> <p>NCLEX Questions Due</p> <p>Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 9

Unit Title: Drugs Used to Treat Infectious Diseases

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	<p>1. Discuss problems with treating viral infections in humans and the use of antivirals across the lifespan. 2. Describe characteristics of common viruses and fungal infections and the resultant clinical presentations 3. Describe the therapeutic actions, indications, pharmacokinetics, contraindications, most common adverse reactions, and important drug– drug interactions associated with each of the types of antivirals and anti-fungal 4. Compare and contrast the prototype drugs for each type of antiviral and anti fungal with the other drugs within that group 5. Outline the nursing considerations for patients receiving each class of antiviral and antifungal agents.</p>	<p>I. Antivirals and antifungals A. Cell anatomy/sites of action B. Drug therapy across the life span C. Class/Prototype 1. Agents for influenza and respiratory viruses 2. Agents for herpes and cytomegalovirus 3. Agents for HIV and AIDS 4. Anti-Hepatitis B agents 5. Systemic antifungal agents 6. Topical antifungal agents D. Therapeutic tic actions E. Pharmacokinetics F. Contraindications/Cautions G. Adverse effects H. Clinically important Drug interactions I. Nursing considerations A. Assessment (history and exam) B. Nursing diagnosis C. Implementation D. Evaluation</p>	<p>Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan</p>	<p>Clayton Chapter 46 Study Guide NCLEX Questions Due Drug Cards Due</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 10

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.4 hr/Pharm	1. Discuss the current definition of diabetes mellitus and describe the current classification system for diabetes mellitus 2. Identify normal fasting glucose levels and differentiate between the symptoms of type 1 and type 2 diabetes mellitus 3. Identify the objectives of dietary control of diabetes mellitus 4. Discuss the Action and use of insulin to control diabetes mellitus 5. Discuss the action and use of oral hypoglycemic agents to control diabetes mellitus 6. Identify major nursing considerations associated with the management of the client with diabetes 7. Differentiate among the signs, symptoms, and management of hypoglycemia and hyperglycemia 8. Discuss the difference between microvascular and macrovascular complications and identify the symptoms of the major complications of diabetes	I. Diabetes Mellitus A. Type 1 Diabetes B. Type 2 Diabetes II. Complications of Diabetes Mellitus A. Microvascular B. Macrovascular C. Neuropathies III. Treatment of Diabetes A. Hypoglycemia B. Hyperglycemia IV. Drug Therapy for Diabetes Mellitus A. Insulins 1. Storage of Insulin B. Biguanide Oral Antidiabetic Agent C. Sulfonylurea Oral Hypoglycemic Agents D. Meglitinide Oral Hypoglycemic Agents E. Thiazolidinedione Oral Antidiabetic Agents F. Alpha-Glucosidase Inhibitor Agents G. Amylinomimetic Agent H. Incretin Mimetic Agents I. Dipeptidyl Peptidase-4 Inhibitors J. Antihypoglycemic Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 36 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week _____ 10 (cont)___

Unit Title: Drugs that Affect the Endocrine System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 hr/Pharm	1. Describe the function of the thyroid gland 2. Identify the two classes of drugs used to treat thyroid disease 3. Describe the signs, symptoms, treatment and nursing interventions associated with hypothyroidism and identify the drug of choice for hypothyroidism 4. Describe the signs, symptoms, treatments and nursing interventions associated with hyperthyroidism 5. Explain the effects of thyroid replacement hormones for the treatment of hypothyroidism on doses of warfarin and digoxin as well as oral hypoglycemic agents 6. Cite the actions of antithyroid medications on the formation and release of the hormone produced by the thyroid gland 7. Explain the nutritional requirements and activity restrictions needed for an individual with hypothyroidism 8. Identify the types of conditions that respond favorably to the use of radioactive iodine-131 and cite the action of propylthiouracil on the synthesis of triiodothyronine and thyroxine 9. Review the functions of the adrenal gland 10. Discuss the normal actions of mineralocorticoids and glucocorticoids in the body 11. Cite the disease states caused by hyposecretion of the adrenal gland 12. Identify the baseline assessments needed for a client receiving corticosteroids 13. Discuss the clinical uses and potential adverse effects associated with corticosteroids	I. Thyroid Gland II. Thyroid Diseases III. Treatment of Thyroid Diseases IV. Drug Therapy for Thyroid Diseases A. Thyroid Replacement Hormones B. Antithyroid Medications V. Corticosteroids A. Mineralocorticoids B. Glucocorticoids	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 37-38 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level _____ Week 11

Unit Title: Drugs to Treat Respiratory System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.6 hr/Pharm	<ol style="list-style-type: none"> 1. Describe the function of the respiratory system and discuss the common upper respiratory diseases 2. Discuss the causes of allergic rhinitis and nasal congestion 3. Explain the major actions of sympathomimetic, antihistaminic, and corticosteroid decongestants and cromolyn 4. Define rhinitis medicamentosa, and describe the patient education needed to prevent it 5. Explain why all decongestant products should be used cautiously by people with hypertension, hyperthyroidism, diabetes mellitus, cardiac disease, increased intraocular pressure, or prostatic disease 7. Identify the essential components involved in planning patient education that will enhance adherence with the treatment regimen 8. Identify the structures of the lower respiratory tract and their functions 9. Compare the physiologic responses of the respiratory system to emphysema, chronic bronchitis, and asthma 10. Describe the physiology of respirations and identify components of blood gases 11. Cite nursing assessments used to evaluate the respiratory status of a client 12. Identify important aspects of patient education for clients receiving drug therapy for lower respiratory disease 13. Distinguish the mechanisms of actions of expectorants, antitussives, and mucolytic agents 14. Identify the nursing assessments needed to monitor therapeutic response and the development of adverse effects from expectorant, antitussive, mucolytic, anticholinergic bronchodilator, and beta-adrenergic bronchodilator therapy 15. Identify what lower respiratory conditions anticholinergic bronchodilators. Xanthine derivative and corticosteroid inhalant therapy are used for 	<ol style="list-style-type: none"> I. Upper Respiratory Tract Anatomy and Physiology II. Common Upper Respiratory Diseases III. Treatment of Upper Respiratory Diseases IV. Drug Therapy for Upper Respiratory Diseases <ol style="list-style-type: none"> A. Sympathomimetic Decongestants B. Antihistamines C. Respiratory Anti-Inflammatory Agents V. Lower Respiratory Tract Anatomy and Physiology VI. Common Lower Respiratory Diseases VII. Treatment of Lower Respiratory Diseases VIII. Drug Therapy for Lower Respiratory Diseases <ol style="list-style-type: none"> A. Expectorants B. Potassium Iodide C. Saline Solutions D. Antitussive Agents E. Mucolytic Agents F. Beta-Adrenergic Bronchodilating Agents G. Anticholinergic Bronchodilating Agents H. Xanthine Derivative Bronchodilating Agents I. Respiratory Anti-Inflammatory Agents: Corticosteroids used for Obstructive Airway Disease J. Antileukotriene Agents K. Phosphodiesterase-4 Inhibitor L. Immunomodulator Agent M. Miscellaneous Anti-Inflammatory Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 30, 31 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 11 (cont.)

Unit Title: Diuresis Drugs

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.8 hr/Pharm	1. Cite the nursing assessments used to evaluate a patient's state of hydration 2. Review possible underlying pathologic conditions that may contribute to the development of excess fluid volume in the body 3. Cite nursing assessments used to evaluate renal function 4. Identify the effects of diuretics on blood pressure, electrolytes, and in diabetic clients 5. Review the signs and symptoms of electrolyte imbalances and normal laboratory values of potassium, sodium, and chloride 6. Identify the action of diuretics 7. Explain the rationale for administering diuretics cautiously to older adults and individual with impaired renal function, cirrhosis of the liver, or diabetes mellitus 8. Describe the goal of administering diuretics to treat hypertension, heart failure, or increased intraocular pressure 9. Cite alterations in diet that may be prescribed concurrently with loop, thiazide, or potassium sparing diuretic therapy 10. Identify the nursing assessments needed to monitor the therapeutic response of the development of common or serious adverse effects of diuretic therapy	I. Drug Therapy with Diuretics A. Carbonic Anhydrase Inhibitor B. Sulfonamide-Type Loop Diuretics C. Thiazide Diuretics D. Potassium Sparing Diuretics E. Combination Diuretic Products	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 29 Study Guide NCLEX Questions Due Drug Cards Due		

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/ Semester 1 Week 12

Unit Title: Drugs Affecting the Gastrointestinal Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	<ol style="list-style-type: none"> 1. Discuss common mouth disorders 2. Cite the treatment alternatives and associated nursing assessments to monitor response to drug therapy for common oral disorders 3. Identify baseline data the nurse should collect on a continual basis for comparing and evaluating drug effectiveness 4. Identify important nursing assessments and interventions associated with the drug therapy and treatment of diseases of the mouth. 5. Describe the physiology of the stomach 6. Cite common stomach disorders that require drug therapy 7. Identify factors that prevent breakdown of the body's normal defense barriers resulting in ulcer formation 8. Discuss the drug classifications and actions used to treat stomach disorders 9. Identify interventions that incorporate pharmacologic and nonpharmacologic treatments for an individual with stomach disorders 10. Describe the six common causes of nausea and vomiting 11. Discuss the three types of nausea associated with chemotherapy and the nursing consideration 	<ol style="list-style-type: none"> I. Mouth Disorders II. Drug Therapy for Mouth Disorders <ol style="list-style-type: none"> A. Dentifrices B. Mouthwashes III. Physiology of the Stomach IV. Common Stomach Disorders V. Goals of Treatment VI. Drug Therapy <ol style="list-style-type: none"> A. Antacids B. Histamine-2 Receptor Antagonists C. Gastrointestinal Prostaglandin D. Proton Pump Inhibitors E. Coating Agents F. Prokinetic Agents G. Antispasmodic Agents VII. Nausea and Vomiting VIII. Common Causes of Nausea and Vomiting IX. Drug Therapy for Causes of Nausea and Vomiting <ol style="list-style-type: none"> A. Dopamine Antagonists B. Serotonin Antagonists C. Anticholinergic Agents D. Corticosteroids E. Benzodiazepines F. Cannabinoids G. Neurokinin-1 Receptor Antagonists X. Constipation XI. Diarrhea XII. Treatment of Altered Elimination <ol style="list-style-type: none"> A. Laxatives B. Antidiarrheal Agents 	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 32 - 35 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont.)

Unit Title: Drugs Affecting the Gastrointestinal System

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the therapeutic classes of antiemetic's 13. Discuss the scheduling of antiemetic's for maximum benefit 14. Explain the meaning of normal bowel habits and describe the underlying causes of constipation 15. Identify the mechanism of action, for the different classes of laxatives and describe medical conditions in which laxatives should not be used 16. Cite nine causes of diarrhea 17. Differentiate between locally acting and systemically acting antidiarrheal agents 18. Describe nursing assessments needed to evaluate the patient's state of hydration when suffering from either constipation or dehydration and identify electrolytes that should be monitored whenever prolonged or severe diarrhea is present 19. Cite conditions that generally respond favorably to antidiarrheal agents		Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 12 (cont)

Unit Title: Drugs Affecting the Urinary Tract

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Explain the major actions and effects of drugs used to treat disorders of the urinary tract 2. Identify baseline data that the nurse should collect on a continuous basis for comparison and evaluation of drug effectiveness 3. Identify important nursing implementations associated with the drug therapy and treatment of diseases of the urinary system 4. Identify essential components involved in planning patient education that will enhance compliance with the treatment regimen 5. Identify the symptoms, treatment, and medication used to overactive bladder syndrome 6. Discuss what would need to be included in a teaching plan for an individual who has repeated urinary tract infections.	I. Urinary Tract Infections II. Drug Therapy for Urinary Tract Infections A. Fosfomycin Antibiotics B. Fluoroquinolone Antibiotics C. Other Urinary Antibacterial Agents III. Drug Therapy for Overactive Bladder Syndrome A. Anaticholinergic Agents for Overactive Bladder Syndrome B. Miscellaneous Urinary Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 42 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/ Semester 1 Week 13

Unit Title: Drugs Used for Pain Management

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Differentiate among the properties of opiate agonists, opiate partial agonists, and opiate antagonists 2. Describe the monitoring parameters necessary for clients receiving opiate agonists 3. Cite the common adverse effects of opiate agonists 4. Compare the analgesic effectiveness of opiate partial agonists when they are administered before or after opiate agonists 5. Describe the three pharmacologic effects of salicylates 6. List the common and serious adverse effects and drug interactions associated with salicylates 7. Explain why synthetic nonopiate analgesics are not used for inflammatory disorders 8. Identify the substances that are active ingredients in commonly prescribed analgesic combination products 9. Identify products that contain aspirin and compare the analgesic properties of agents available in different strengths	I. Pain A. Acute B. Chronic C. Nociceptive D. Neuropathic E. Idiopathic II. Pain Management A. Analgesics B. Opiate Agonists C. Opiate Partial Agonists D. Opiate Antagonists E. Prostaglandin Inhibitors F. Nonsteroidal Anti-Inflammatory Drugs	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 20 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content - HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 13(cont)

Unit Title: Drugs Used for Anxiety/Mood Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Define key words associated with anxiety states 2. Describe the essential components of a baseline assessment of a patients mental status 3. Cite the drug therapy used to treat anxiety disorders and any adverse effects that may result 4. Describe the signs and symptoms that the patient will display when a positive therapeutic outcome is being seen for the treatment of a high anxiety state 5. Discuss psychological and physiologic drug dependence 6. Describe the essential components of the baseline assessment of a client with depression or bipolar disorder 7. Discuss mood swings that are associated with bipolar disorder 8. Compare drug therapies used during the treatment of the manic and depressive phases of bipolar disorder 8. Cite the monitoring parameters used for clients who are taking monoamine oxidase inhibitors, serotonin-norepinephrine reuptake inhibitors, and tricyclic antidepressants 9. Differentiate between the physiologic and psychological therapeutic responses seen with antidepressant therapy 10. Identify the premedication assessments that are necessary before the administration of MAOIs, SNRIs, TCAs and antimanic agents	I. Anxiety Disorders II. Drug Therapy for Anxiety Disorder A. Benzodiazepines B. Azapirones C. Selective Serotonin Reuptake Inhibitors D. Miscellaneous Antianxiety Agents III. Mood Disorders IV. Treatment of Mood Disorders V. Drug Therapy for Mood Disorders VI. Drug Therapy for Depression A. Monoamine Oxidase Inhibitors B. Selective Serotonin Reuptake Inhibitors C. Serotonin Norepinephrine Reuptake Inhibitors D. Tricyclic Antidepressants E. Miscellaneous Agents F. Antimanic Agents	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 16-17 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 14

Unit Title: Drugs Used for Psychoses

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Identify the signs and symptoms of psychotic behavior 2. Describe the major indications for the use of antipsychotic agents 3. Discuss the antipsychotic medications that are used for the treatment of psychoses 4. Identify the common adverse effects that are observed with the use of antipsychotic medications	I. Psychosis II. Treatment of Psychosis III. Drug Therapy for Psychosis A. Antipsychotic Agents IV. Adverse Effects of Antipsychotic Drug Therapy V. Other Adverse Effects	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 18 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology

Instructional Plan: Level 1/Semester 1 Week 14 (cont.)

Unit Title: Drugs Used for Seizure Disorders

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.2 hr/Pharm	1. Define the different types of seizures and nursing implications related to the monitoring parameters for seizures 2. Discuss the basic classification systems used for epilepsy 3. Cite the desired therapeutic outcomes from antiepileptic agents used for seizure disorders 4. Identify the mechanisms of action thought to control seizure activity when anticonvulsants are administered 5. Describe the effects of the hydantoin on clients with diabetes and on people receiving oral contraceptives, theophylline, folic acid or antacids 6. Cite precautions needed when administering phenytoin or diazepam intravenously	I. Seizure Disorders II. Descriptions of Seizures III. Anticonvulsant Therapy IV. Drug Therapy for Seizure Disorders A. Hydantoin B. Succinimides C. Miscellaneous Anticonvulsants	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 19 Study Guide NCLEX Questions Due Drug Cards Due		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C107 Basic Pharmacology
Instructional Plan: Level 1/Semester 1 Week 15

Unit Title: Final

Theory Hours this week: 2.40

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.4 hr/Pharm	Review of Semester – Final Exam Course and Instructor Evaluation	I. Cumulative Review of Material	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Final Exam		

Key:

For All Programs:	NP Nursing Process	CCC Culturally Congruent Care	M/S Medical/Surgical Nursing
A/PAnatomy and Physiology	PE Patient Education	EOL End-of-Life Care	REH Rehabilitation Nursing
CDIS Communicable Diseases	PHARM Pharmacology	For VN Programs only:	For PT Programs only:
COM Communication	LDR Leadership	FUN Nursing Fundamentals	NS Nursing Science Fundamentals
NUT Nutrition	SUP Supervision	MAT Maternity Nursing	MD Mental Disorders
PSY Psychology	ETH Ethics and Unethical Conduct	PED Pediatric Nursing	DD Dev. Disabilities
G/D Normal Growth and Development	CT Critical Thinking	GER Gerontological Nursing	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scavenger Hunt 2. Teaching plan for prevention of spread of disease 3. Role Playing 4. Explain how factors that influence critical thinking are experienced by you during client care 5. Write a goal that is realistic, measureable and time referenced 6. Differentiate between nursing orders and medical orders 7. Explain the value of identifying the clients actual problems that lead to nursing diagnoses	Skills Lab 21.6 hours	1. Become oriented to the resources of the Nursing Skills Lab 2. Review Basic ADL's 3. Perform proper procedure for hand hygiene 4. Consistently demonstrate application of Standard and Transmission Based Precautions while caring for all clients 5. Prepare to teach a Home Care client with a wound infection how to prevent the spread of infections to family members 6. Identify signs of spiritual distress in a client and plan three interventions to relieve it 7. Discuss boundaries of professional care for a client whose religious beliefs are different from yours 8. Accurately assess body temperature, pulse, respirations, oxygen saturations and blood pressure 9. Accurately record and report vital sign measurements 10. Recognize deviations from normal vital sign patterns

				<p>10. Provide a clinical example of how nursing process is used in the care of medical surgical clients</p> <p>11. Provide an example of each of the following techniques of physical examination: inspection and observation, olfaction, auscultation and percussion</p> <p>12. Prepare a list for beginning of shift assessment for a specific client</p>
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Scenario Based Case Studies 2. Role playing 3. Communication Project 4. Development of Care Plan 5. Practice ROM and Positioning 6. Perform bed bath and basic hygiene techniques	Skills Lab 21.6 hours	1. Use cultural assessment to identify significant values, beliefs, and practices critical to nursing care of individuals experiencing life transitions 2. Demonstrate nursing interventions that achieve culturally congruent care 3. Practice interview techniques 4. Interact therapeutically in a goal directed situation with a client in a scenario based situation 5. Communicate effectively with a client who has an impairment of communication 6. Assess clients for impaired mobility and activity intolerance 7. Formulate nursing diagnoses for clients experiencing

						<p>problems with impaired mobility and activity intolerance</p> <ol style="list-style-type: none">8. Write a nursing care plan for a client with impaired mobility and activity intolerances9. Describe interventions for maintaining activity tolerance and mobility10. Demonstrate ROM activities11. Demonstrate correct ambulation techniques12. Describe assessment activities designed to identify clients physical, psychological and cognitive status as it pertains to their safety13. Identify relevant nursing diagnoses associated with risks to safety14. Develop a nursing care plan for clients whose safety is threatened15. Describe nursing interventions specific to a client's age for reducing risk of falls, fires, poisonings, and electrical hazards16. Correctly apply various protective devices17. Given an emergency scenario, practice triaging the victims18. Successfully perform hygiene procedure for the skin, perineum, feet and nails19. Conduct a comprehensive assessment of a client's total hygiene needs20. Successfully perform a bed bath21. Provide oral care for an unconscious client
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Group discussion on client rights 2. Role playing 3. Study Guide	Skills Lab 21.6 hours	1. Interpret rights that a client has in a hospital, nursing home, community setting or psychiatric setting 2. Describe three factors necessary for informed consent 3. Explain Advanced Directives 4. Apply developmental theories when planning interventions in the care of clients throughout the life span 5. Discuss nursing implications for the application of developmental principles to client care 6. Identify nursing interventions related to the physiological, cognitive, and psychosocial changes of aging 7. Identify at least six signs and symptoms of normal aging 8. Guide the older adult's family members regarding signs that the older client needs assistance 9. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 4

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Assess lab values 2. Develop teaching plan 3. Role playing 4. Prepare and complete assessment charting forms	Skills Lab 21.6 hours	1. Practice how to measure and record fluid intake and output 2. From client laboratory results identify electrolyte values that are abnormal 3. Develop a teaching plan for a client with hypokalemia 4. Identify clients who might be at risk for an acid base imbalance 5. Demonstrate feeding a client 6. Identify clients at risk for nutritional deficits 7. Complete a nutritional assessment on an assigned client 8. Develop a teaching plan for a client who a therapeutic diet is prescribed 9. Use a systematic way of charting to ensure that all pertinent information has been included 10. Practice interview techniques 11. Assess clients for signs of dehydration 12. Assess clients for and identify edema and signs of overhydration 13. Practice all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Prepare a detailed client information sheet on assigned client 2. Complete all math modules 3. Review procedure for nasogastric insertion 4. Complete teaching plan for assigned clients 5. Complete Plan of Care as assigned	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Prepare detailed client information 2. Practice donning gowns, masks, gloves 3. Correctly calculate a prescribed drug dose 4. Verbalize an understanding of correct procedures for administering oral medications 5. Observe the video on medication administration 6. Verbalize the "6" Rights 7. Practice inserting Nasogastric tube 8. Demonstrate use of bandages and slings to immobilize a body part

						<p>Clinical Setting</p> <ol style="list-style-type: none">1. Use nursing measures to promote regular bowel elimination in clients2. Collect a stool specimen3. Perform a focused assessment of the bowel4. Prepare to administer an enema5. Assist and teach the client who is incontinent with a bowel retraining program6. Provide ostomy care, including irrigation and changing the ostomy appliance7. Properly bag and remove soiled linens and trash from an isolation room8. Teach a client to use a metered-dose inhaler9. Write an plan of care for a client who is receiving medication to include client specific data, an identified
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						<p>nursing diagnosis and interventions used</p> <ol style="list-style-type: none">10. Document medication administration and the client response11. Develop a plan of care for a geriatric client with perception or cognitive problems12. Communicate effectively with a client with cognitive problems13. Perform an assessment on a client with perception or cognitive problems14. Correctly position clients15. Perform ROM exercises on client16. Demonstrate proper ambulation technique17. Transfer a client using a mechanical lift18. Assist the client with the use of a walker crutches, cane, brace, prosthesis or wheelchair19. Practice all previously learned skills
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Complete detailed information sheet on assigned client 2. Practice Physical Exam on partner 3. Write specific nursing diagnosis on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Watch video and practice injections in the skills lab 2. Calculate prescribed medication doses correctly 3. Practice all previously learned skills Clinical Setting 1. Identify the six rights of medication administration and apply them in clinical setting 2. Correctly and safely prepare and administer medications 3. Correctly prepare and administer a subcutaneous injection with 100% accuracy 4. Correctly prepare and administer an intramuscular injection with 100% accuracy 5. Complete a basic physical assessment on a client 6. Perform a visual acuity test on a client 7. Demonstrate the ability to take a health history 8. Demonstrate all previously learned skills 9. Provide teaching for a client

						who is to undergo tests for a vision problem 10. Perform focused assessments for disorders of the eyes and ears
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	1. Practice physical exam on partner 2. Write a nursing plan of care for assigned client 3. Complete a detailed client information sheet on assigned client	2.0 Skills Lab 19.6 Clinical	Skills Lab 1. Correctly apply sterile gloves 2. Correctly open a sterile package 3. Recognize sterile objects 4. Place sterile objects on a sterile field 5. Pour a sterile solution into a sterile container 6. Practice NG tube insertion, irrigation, removal 7. Practice all previously learned skills Clinical Setting 1. Demonstrate NG tube insertions, irrigation, removal 2. Demonstrate feeding a client through a nasogastric tube 3. Implement a nursing plan of care and evaluate the care provided 4. Demonstrate all previously learned skills

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a teaching plan based on the clients learning needs	2.0 Skills Lab	Skills Lab 1. Practice all p[reviously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion *Reading *Videos *Demonstrations *Role Playing	2. Complete a detailed client information sheet on assigned client	19.6 Clinical	Clinical Setting 1. Assess a client’s learning needs 2. Implement the teaching plan 3. Evaluate the effectiveness of the teaching and plan 4. Demonstrate all previously learned skills 5. Perform an assessment of the gastrointestinal status 6. Provide pre- and post- care of clients undergoing tests of the liver, gallbladder and pancreas 7. Provide care for a client experiencing diarrhea 8. Teach a client experiencing constipation ways to alleviate the problem 9. Demonstrate proper care of a client with a Salem pump tube for gastric decompression 10. Manage a tube feeding for
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Compare the care for a client receiving total parenteral nutrition with care of the client receiving enteral feedings 4. Prepare a teaching plan for a client who has GERD 5. Write a plan of care for a client with cancer of the colon or		

				intestinal obstruction 6. List four interventions for helping the client psychologically adjust to their ostomy		the client receiving formula via a feeding pump
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Physical Assessment Testing	2.0 Skills Lab	<p>Skills Lab</p> <ol style="list-style-type: none"> 1. Practice inserting an indwelling catheter in males and females using sterile technique 2. Practice all previously learned skills <p>Clinical Setting</p> <ol style="list-style-type: none"> 1. Assess a client's urinary status 2. Teach client how to obtain a "Clean Catch" specimen 3. Perform a urine dipstick test accurately 4. Insert an indwelling catheter using sterile technique 5. Perform catheter care 6. Teach a client how to perform Kegel exercises 7. Demonstrate collecting a urine specimen from the client with an indwelling catheter 8. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Complete a Nursing plan of care on assigned client	19.6 Clinical	
			*Reading	3. Complete a detailed client information sheet on assigned client		
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a plan designed to assist getting adequate sleep	2.0 Skills Lab	Skills Lab 1. Practice applying oxygen delivery devices
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop a plan of care for a client with a respiratory problem	19.6 Clinical	2. Practice regulating oxygen flow
			*Reading	3. Complete a detailed client information sheet on assigned client		3. Practice tracheostomy care
			*Videos	4. Devise interventions for the psychosocial care of the client who has undergone a laryngectomy		4. Practice care of a client with a chest tube and drainage system
			*Demonstrations	5. Develop a teaching plan for a client with asthma		5. Practice all previously learned skills
			*Role Playing			Clinical Setting 1. Assess a client regarding sleep difficulties
			Methods of Evaluation			2. Implement a plan designed to assist getting adequate sleep
			*Testing			3. Perform a respiratory assessment on a client
			*Group Discussions			4. Prepare to assist clients to clear the airway via coughing, postural drainage, suctioning, abdominal thrusts and inhalation therapy
			*Case Studies			5. Regulate oxygen flow and correctly apply oxygen delivery device
			*Return Demos			6. Demonstrate all previously learned skills
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

							<p>7. Compare emergency nursing care for a client with a penetrating chest injury and that for the client with a spontaneous pneumothorax</p>
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Discuss the teaching necessary for a client receiving various treatments	2.0 Skills Lab	Skills Lab 1. Practice all previously learned skills Clinical Setting 1. Assist the client in accurately describing sensations of pain and discomfort 2. Accurately and appropriately record the patient's report of pain using clear, descriptive terms 3. Evaluate the effects of various techniques used for pain control 4. Evaluate the effects of pain medication and accurately report and record observations 5. Utilize appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and the treatment 6. Demonstrate all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Develop nursing interventions to help the client cope with the common problems of cancer and the treatment	19.6 Clinical	
			*Reading	3. Identify nursing interventions to help the client cope with death and dying		
			*Videos	4. Complete a detailed client information sheet on assigned client		
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Design a preoperative and post-operative teaching plan	2.0 Skills Lab	Skills Lab 1. Demonstrate postoperative exercises including diaphragmatic breathing, coughing, incentive spirometer use, turning and leg exercises 2. Practice all previously learned skills Clinical Setting 1. Promote early ambulation and return to independence in activities of daily living 2. Perform discharge teaching necessary for postoperative home self-care 3. Demonstrate all previously learned skills 4. Implement a nursing plan of care for the home care patient with renal failure
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Complete a detailed client information sheet on assigned client	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing	3. List specific nursing plan of care for clients having surgery of the kidney 4. List specific nursing responsibilities in the care of clients with kidney stones 5. Describe interventions to increase patient compliance in the treatment of chronic kidney failure		
			Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Develop a nursing care plan for a patient with impaired skin integrity	2.0 Skills Lab	Skills Lab 1. Demonstrate assessing and dressing wounds 2. Practice removal of staples and sutures 3. Practice hot and cold treatments 4. Practice all previously learned skills Clinical Setting 1. Demonstrate assessing and dressing wounds 2. Perform wound irrigation 3. Remove sutures or staples from a wound and apply steri strip 4. Perform hot or cold treatment to a client 5. Demonstrate all previously learned skills 6. Teach three clients to perform a self-assessment of the skin 7. Perform a focused integumentary assessment on a client 8. Provide ordered therapeutic measures for a client with an integumentary disorder
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. List appropriate nursing interventions for a patients with impaired skin integrity	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Complete a detailed client information sheet on assigned client		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Formulate appropriate nursing diagnoses for client's with alterations in sexuality	2.0 Skills Lab	Skills Lab 1. Prepare to provide information regarding organ or tissue donation in response to family questions. 2. Practice all previously learned skills Clinical Setting 1. Evaluate how clients achieve spiritual health 2. Perform postmortem care for a deceased client 3. Demonstrate all previously learned skills 4. Teach a family about care for the client and home when scabies are present 5. Provide care for a Stage III or IV pressure ulcer 6. Apply Standard Precautions and sterile technique for the care of a burn
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion	2. Identify and describe nursing interventions to promote sexual health	19.6 Clinical	
			*Reading *Videos *Demonstrations *Role Playing Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	3. Discuss nursing interventions designed to promote spiritual health 4. Identify methods for nurse self-care in grief and loss 5. Describe care of the body after death 6. Develop a nursing care plan for a client and		

				<p>family experiencing loss and grief</p> <p>7. Complete a detailed client information sheet on assigned client</p> <p>8. Assess the skin of family members for signs of skin cancer</p> <p>9. Assist with the planning of care after the acute stage of a major burn, paying attention to both the physical and psychological needs</p>		
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Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C113 Clinical Sem 1
Instructional Plan: Level I Week 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C100 Fundamentals		*Lecture	1. Complete Skills Checklist	21.6	1. Review of all previously learned skills
	See Instructional Plan for HCRS C103 Medical Surgical Nursing I		*Discussion		Skills Lab	
			*Reading			
			*Videos			
			*Demonstrations			
			*Role Playing			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C 204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 1

Unit Title: Musculoskeletal System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 GD 0.5 Theory 10.1	1. Recall the normal anatomy of the musculoskeletal system 2. Describe how the musculoskeletal system provides the function of motion 3. Explain how the musculoskeletal system provides protection for the body 4. Identify the steps included in a nursing assessment of the musculoskeletal system 5. Discuss the following diagnostic tests: bone scan, arthroscopy, electromyography 6. List ways in which the elderly can increase musculoskeletal strength and protect bones	I. Overview of Anatomy and Physiology of the Musculoskeletal System A. Structures B. Functions of bones C. Functions of muscles D. Changes in musculoskeletal system with aging II. Musculoskeletal Disorders A. Causes B. Prevention 1. Complementary and Alternative Therapies 2. Nutritional Considerations 3. Health Promotion C. Diagnostic Tests and Procedures III. Nursing Management A. Assessment B. Nursing Diagnosis and Planning C. Implementation D. Patient Teaching E. Evaluation	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 32 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Gather positioning aids and place them correctly for the client who has sustained trauma to the left knee 2. Institute measures to reduce the chance of contracture for clients with musculoskeletal injuries 3. Assist clients with musculoskeletal injuries with active or passive range of motion 4. Provide care for a client who has undergone an arthroscopy 5. Teach a client to properly use crutches 6. Teach an elderly client with a mobility problem about ways to prevent falls at home.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 2

Unit Title: Care of Clients with Musculoskeletal and Connective Tissue Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	1. Compare the assessment findings of a connective tissue injury with those of a fracture 2. Explain the rationale for the “do’s and don’ts “ of cast care 3. Outline the potential complications related to fractures 4. Discuss the pathophysiology and implications of the 6P’s. 5. Compare the preoperative and postoperative care of a client with a total knee replacement with that of a client with a total hip replacement 6. Identify the special problems of clients with arthritis and specific nursing interventions that can be helpful 7. Explain the process by which osteoporosis occurs, ways to allow the process, and how the disorder is treated 8. Plan important postoperative observations and nursing interventions in the care of the client who has undergone and amputation.	I. Connective Tissue Disorders A. Sprain 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management B. Strain 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management C. Dislocation 1. Etiology 2. Signs, Symptoms and Diagnosis 3. Treatment and Nursing Management D. Rotator Cuff Tear E. Anterior Cruciate Ligament Injury F. Meniscal Injury G. Achilles Tendon Rupture H. Bursitis I. Bunion (Hallux Valgus) J. Carpal Tunnel Syndrome 1. Etiology 2. Signs, Symptoms, Diagnosis 3. Treatment and Nursing Management K. Fractures 1. Etiology 2. Signs, Symptoms, Diagnosis	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 33 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Assess a client who has a connective tissue injury 2. Provide pin care for a client with external fixation 3. Teach the client going home with a cast about proper care of the cast and extremity 4. Observe a physical therapist who is teaching quadriceps exercise and then assist the client to practice 5. Assess the skin, of a client who has a prosthetic device on an amputated limb

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 -Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 2 continued

Unit Title:

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Treatment a. Reductions, Surgery, Stabilization b. External Fixation c. Casts d Braces and Splints e. Traction 4. Complications of fractures a. Infection b. Osteomyelitis c. Nonunion d. Fat Embolism e. Venous Thrombosis f. Compartment Syndrome 5. Nursing Management	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 33 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 3

Unit Title: Care of Clients with Pain

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	<ol style="list-style-type: none"> 1. Demonstrate an understanding of the current view of pain as a specific entity requiring appropriate intervention 2. Review the gate control theory of pain and its relationship to nursing care 3. Compare nociceptive and neuropathic pain and the nursing care of each 4. Explain how pain perception is affected by personal situations and cultural backgrounds 5. Describe the false perceptions that underlie many current ideas about pain and pain management and assist clients to achieve a cleaner more factual understanding 6. List the different pharmacologic approaches to pain management with examples of each 7. Analyze the major differences between acute and chronic pain and their management 	<ol style="list-style-type: none"> I. Theories of Pain II. Classification of pain <ol style="list-style-type: none"> A. Nociceptive Pain <ol style="list-style-type: none"> 1. Four phases of pain B. Neuropathic Pain <ol style="list-style-type: none"> 1. Phantom pain III. Perception of pain IV. Acute versus Chronic Pain <ol style="list-style-type: none"> A. Acute Pain B. Chronic Pain V. Nursing Management <ol style="list-style-type: none"> A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation F. Documentation VI. Management of Pain <ol style="list-style-type: none"> A. Pharmacologic Approaches <ol style="list-style-type: none"> 1. Analgesics and Routes 2. Nonanalgesics 3. Special Considerations 4. Nursing responsibilities 5. Side effects and complications 	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 7 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Effectively use the nursing process for pain management 2. Use appropriate pain evaluation tools for a variety of clients 3. Recognize common side effects of analgesics and describe techniques for addressing them 4. Employ nonpharmacologic approaches to pain management with a variety of clients

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 3 continued

Unit Title: Care of Clients with Pain continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		B. Nonpharmacologic Approaches 1. Sleep 2. Heat 3. Menthol 4. Cold 5. Distraction 6. Relaxation 7. Guided imagery 8. Meditation 9. Hypnosis 10. Biofeedback 11. Music 12. Binders 13. Massage 14. Acupuncture and Acupressure 15. Transcutaneous Electrical Nerve Simulation 16. Spinal Cord Stimulator VII. Community Care A. Extended Care B. Home Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 7 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 4

Unit Title: Care of Clients with Cancer

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.4 GD 0.5 Theory 9.9	<ol style="list-style-type: none"> 1. Identify characteristics of neoplastic growth 2. Identify at least five factors that may contribute to the development of a malignancy 3. State at least four practices that can contribute to prevention and early detection of cancers 4. Include the recommendations of the American Cancer Society for routine checkups and detection of cancers into patient education 5. Explain the advantages and disadvantages of the various treatments available for cancer 6. Illustrate the major problems for a client who is coping with side effects of radiation or chemotherapy for cancer, and state the appropriate nursing interventions 7. Distinguish the stages of the grieving process experiences by the dying cancer client. 	<ol style="list-style-type: none"> I. Impact of Cancer II. Physiology of Cancer III. Classification of Tumors IV. Metastasis A. Prognosis V. Causative Factors A. Chemical Carcinogens B. Promoters C. Chronic Irritation D. Physical Carcinogens 1. Radiation 2. Radon Gas 3. Viruses E. Genetic Predisposition VI. Contributing Factors A. Intrinsic Factors 1. Stress 2. Diet VII. Measures to Prevent Cancer A. Diet and Nutrition B. Alcohol C. Environment D. Identification High Risk VIII. Detection of Cancer A. Warning Signs B. Diagnostic Tests 1. Biopsy 2. Radiologic Studies 3. Endoscopy C. Laboratory Tests 	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Devise a general plan of nursing care for the client receiving chemotherapy 2. Formulate a teaching plan for the client who has bone marrow suppression from cancer treatment 3. Institute nursing interventions to help the client cope with the common problems of cancer and its treatment 4. Use appropriate nursing interventions to help clients and families deal with the psychosocial effects of cancer and its treatment 5. Employ nursing interventions to help cancer clients cope with death and dying

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 4 continued

Unit Title Care of Clients with Cancer continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		IX. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation X. Common therapies, problems and nursing care A. Surgery B. Radiation Therapy 1. External Radiation Therapy 2. Internal Radiation Therapy 3. Principles of Radiation Protection C. Chemotherapy 1. Nursing Care of clients receiving chemotherapy D. Hormone Therapy E. Immunotherapy using Biologic Response Modifiers F. Bone Marrow and Stem Cell Transplantation G. Gene Therapy XI. Evaluating the Effectiveness of Treatment A. Complementary and Integrative Medicine XII. Common Problems related to Cancer and Cancer Treatment A. Anorexia, Mucositis, and Weight Loss	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 5

Unit Title: Care of Clients with Cancer continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8		B. Nausea, Vomiting, and Diarrhea C. Constipation D. Cystitis E. Immunosuppression, Bone Marrow Suppression and Infection F. Hyperuricemia G. Fatigue H. Alopecia I. Pain 1. Nonpharmacologic Interventions XIII. Clients with Metastatic Disease A. Fear and Ineffective Coping B. Oncologic Emergencies XIV. Care for the Dying Cancer Client A. Psychological Process of Death 1. Grieving 2. Fear B. Palliative Care 1. Anticipatory Guidance 2. Terminal Hydration 3. End Stage Symptom Management a. Pain b. Dyspnea c. Death Rattle d. Delirium 4. Nursing Resources	Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 8 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	Continuation from Week 4

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6

Unit Title: Chronic Illness and Rehabilitation

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 5.4	1. Define relevant nursing issues for patients with chronic illness 2. Distinguish clients at risk for problems associated with immobility 3. Describe the effect of immobility on each of the major systems of the body 4. Explain the general goals for the resident in a long term care facility and how to met those goals 5. Compare the role of the LVN in a long term care facility of that in the hospital setting 6. Describe the types of rehabilitation programs that might be found in your community 7. Apply the goals of rehabilitation 8. Identify the members of the rehabilitation team and the collaborative care giving process and state the role of each 9. Explain the differences in philosophy and required attitude between home care setting and the hospital	I. Chronic Illness A. Preventing the Hazards of Immobility B. Chronic Illness and Rehabilitation Care 1. Long Term Care 2. Fall Prevention a. Use of Security Devices and Alternative Measures 3. Managing Confusion and Disorientation 4. Promoting Independence 5. Maintaining function 6. Documentation II. Rehabilitation A. Rehabilitation Programs C. Rehabilitation Team 1. Roles of LVN III. Nursing Management A. Assessment B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation IV. Home Care A. Role of LVN B. Family Caregiver	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 9 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Choose specific interventions to assist the client with a chronic illness who is home bound and has issues of loneliness 2. When in a long term care facility or hospital, discuss with the charge nurse the measures that are used for safety and fall prevention in the facility 3. Observe a rehabilitation team conference to see how a collaborative plan of care is created and updated 4. From assessment data, identify areas of psychological need for a home care patient and family

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6

Unit Title: The Cardiovascular System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.4 GD 0.5 Theory 4.5	1. Describe the normal anatomy and physiology of the cardiovascular system 2. Discuss the risk factors and incidence of cardiovascular disease 3. Explain ways to modify risk factors for the development of cardiovascular disease 4. State ways in which nurses can contribute to the prevention of cardiovascular disease 5. Describe the diagnostic tests, specific techniques and procedures for assessing the cardiovascular system 6. Identify three likely nursing diagnoses for clients who have common problems of cardiovascular disease and list the expected outcomes and appropriate nursing interventions for each	I. Overview of A& Physiology of the Cardiovascular System A. Structures B. Functions C. Causes the heart to contract and pump blood D. Cardiac Cycle E. Ejection Fraction F. How does the vascular system function to carry blood G. What is Blood Pressure 1. What affects it H. What changes occur in the cardiovascular system with aging II. Cardiovascular Disease A. Women and Heart Disease 1. Prevention B. Causes of cardiovascular disorders C. Prevention of Cardiovascular Disease 1. Warning signs of heart attack 2. Risk Factors D. Diagnostic Tests and Procedures 1. Cardiac Monitoring 2. Specific tests for Vascular Disease III. Nursing Management A. Assessment 1. Pulses a. Scale 2. Bruits 3. Blood Pressure 4. Skin	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 18 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Teach clients about the more common diagnostic tests and procedures to diagnose and evaluate cardiovascular diseases 2. Assist clients to form plans to modify cardiovascular disease risk factors

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRSC204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 6 continued

Unit Title: The Cardiovascular System continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		B. Nursing Diagnosis C. Planning D. Implementation E. Evaluation IV. Common Problems of Clients with Cardiovascular Disorders A. Fatigue and Dyspnea B. Fluid Overload C. Pain D. Altered Tissue Perfusion E. Impaired Tissue Integrity	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 18 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	<ol style="list-style-type: none"> 1. Diagram the pathophysiology of hypertension 2. Predict the complications that can occur as a consequence of hypertension 3. Briefly describe the treatment program for mild, moderate, and severe hypertension 4. Contrast the pathophysiology of arteriosclerosis with that of atherosclerosis 5. Review four factors that contribute to peripheral vascular disease 6. Recognize the signs, symptoms, and treatment of aneurysm 7. Prepare a teaching plan for a client with Raynaud's syndrome 8. Compare the etiology and care for thrombophlebitis and deep vein thrombosis 9. Summarize how venous insufficiency may lead to a venous stasis ulcer 	<ol style="list-style-type: none"> I. Hypertension <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, Diagnosis D. Treatment <ol style="list-style-type: none"> 1. Antihypertensive therapy E. Complications F. Hypertensive Crisis G. Nursing Management Hypertension <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Peripheral Arterial Disease <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management PAD <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation III. Aneurysm <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, Diagnosis D. Treatment 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Develop and implement a teachings plan for a client who has hypertension 2. Choose the points to be included in the teaching plan for the client who has experienced thrombophlebitis 3. Institute a teaching plan for the client undergoing anticoagulant therapy 4. Differentiate between venous and arterial insufficiency during a physical assessment 5. Prepare a nursing plan of care for the client with arterial insufficiency 6. Identify three likely nursing diagnoses for clients who have common problems of vascular disease and list the expected outcomes and appropriate nursing interventions each

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7 continued

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		E. Nursing Management Aneurysm 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation IV. Buerger's Disease A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management Buerger's 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation V. Raynaud's Disease/Phenomenon A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management Raynaud's 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation VI. Venous Thrombosis A. Etiology B. Pathophysiology VII. Superficial Thrombophlebitis A. Signs, Symptoms, and Diagnosis B. Treatment and Nursing Mgmt	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 7 continued

Unit Title: Care of Clients with Hypertension and Peripheral Vascular Disease continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		VIII. Deep Vein Thrombosis A. Signs, Symptoms, and Diagnosis B. Treatment C. Nursing Management DVT 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation IX. Varicose Veins A. Signs, Symptoms, Diagnosis B. Treatment X. Chronic Venous Insufficiency A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment and Nursing Mgmt XI. Venous Stasis Ulcers A. Nursing Management Venous Stasis Ulcers 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation XII. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 19 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 8

Unit Title: Care of Clients with Cardiac Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 Theory 10.6	<ol style="list-style-type: none"> 1. Compare left sided and right sided heart failure 2. Describe the nursing assessment specific to the client who is admitted with heart failure 3. Identify life threatening heart rhythms from a selection of cardiac rhythm strips 4. Describe the usual treatment for atrial fibrillation, third degree heart block, and ventricular tachycardia 5. Discuss how nursing interventions for clients with a valvular disorder differ from those for a client with a cardiac dysrhythmia 6. State nursing responsibilities in the administration of cardiac drugs 7. Describe under what circumstances cardiac surgery is appropriate treatment 8. Discuss the nurse's role in caring for clients with heart disorders in the long term care facility or the home 9. Develop a teaching plan with dietary recommendations for heart disease 	<ol style="list-style-type: none"> I. Heart Failure <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Cardiac Conduction Disorders <ol style="list-style-type: none"> A. Etiology B. Pathophysiology C. Signs, Symptoms, D. Life Threatening Cardiac Dysrhythmias <ol style="list-style-type: none"> 1. Atrial Flutter/Fibrillation 2. Premature Ventricular Contractions 3. Complete Heart Block 4. Ventricular Tachycardia 5. Ventricular Fibrillation E. Diagnosis and Treatment <ol style="list-style-type: none"> 1. Cardioversion 2. Cardiac Pacemakers 3. Radiofrequency Catheter Ablation 4. Automatic Implantable Cardioverter-Defibrillators F. Nursing Management <ol style="list-style-type: none"> 1. Assessment 2. Nursing Diagnosis and Planning 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 20 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. Develop a plan on care for a client who has heart failure 2. Perform a basic physical assessment on a client who has a mitral valve stenosis and dysrhythmia 3. Use the nursing process to care for assigned clients who have cardiovascular disorders 4. Safely administer medications for clients with cardiac disorders 5. Provide support to clients undergoing diagnostic testing and treatment for cardiac disorders 6. Develop a teaching plan for clients with cardiac disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 8 continued

Unit Title: Care of Clients with Cardiac Disorders continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Implementation 4. Evaluation III. Infective Endocarditis A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment IV. Pericarditis A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management V. Cardiomyopathy VI. Cardiac Valve Disorder A. Mitral Stenosis B. Mitral Regurgitation C. Aortic Stenosis D. Aortic Regurgitation E. Treatment of Valve Disorders 1. Medical Treatment 2. Surgical Treatment 3. Valve Replacement F. Nursing Management VII. Cardiac Trauma VIII. Common Therapies and their nursing implications A. Oxygen Therapy B. Pharmacologic Agents C. Dietary Control IX. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 20 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 9

Unit Title: Care of Clients with Coronary Artery Disease and Cardiac Surgery

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	1. Discuss the causes of coronary artery disease 2. Describe the pathophysiology of coronary artery disease 3. Outline nursing interventions to care for a client experiencing angina, including medication administration and client teaching 4. Discuss the pathophysiology of myocardial infarction 5. Compare and contrast the symptoms of and care for unstable angina with those of myocardial infarction 6. Develop a nursing plan of care for a client experiencing a myocardial infarction 7. Describe the nursing care of a client undergoing cardiac surgery 8. List five complications of cardiac surgery	I. Coronary Artery Disease A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation II. Angina Pectoris A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation III. Acute Coronary Syndrome and Myocardial Infarction A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 21 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Develop a teaching plan for a client with coronary artery disease 2. Identify signs and symptoms that indicate a client may be experiencing a myocardial infarct 3. Administer medications to clients experiencing cardiac disorders 4. Collaborate with other health care providers to care for clients after cardiac surgery 5. Contribute to discharge planning for a client after cardiac surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 9 continued

Unit Title: Care of Clients with Coronary Artery Disease and Cardiac Surgery continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		IV. Cardiogenic Shock A. Etiology B. Pathophysiology C. Signs, Symptoms, and Diagnosis D. Treatment E. Nursing Management HF 1. Assessment 2. Nursing Diagnosis and Planning 3. Implementation 4. Evaluation V. Surgical and Nonsurgical Treatment Option A. Percutaneous Transluminal Coronary Angioplasty B. Transmyocardial Laser Revascularization C. Cardiac Surgery 1. Coronary Artery Bypass Graft Surgery 2. Heart Transplant D. Nursing Care of the Client having Cardiac Surgery 1. Perioperative 2. Postoperative VI. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 21 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 10

Unit Title: The Immune and Lymphatic Systems

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.2 GD 0.5 Theory 7.4	1. Describe the body's innate immune system 2. Compare and contrast the characteristics of innate and acquired immunity 3. Describe the role of the lymphatic system in the immune response 4. Identify various ways in which immunity to disease occurs 5. Analyze the factors that interfere with normal immune response 6. Explain the role of immunizations in relation to immunity 7. Compare and contrast the responsibilities of different members of the health care team in preventing infection in immunocompromised clients	I. Overview of Anatomy & Physiology of the Immune and Lymphatic Systems A. Structures B. Functions C. Effects of Aging on Immune and Lymphatic Systems D. Protective Mechanisms 1. Inflammatory Response 2. Immune Response a. Types of Immunity i. Primary Humoral Response ii. Secondary Cellular Response b. Immunity against disease i. Innate Immunity ii. Acquired Immunity II. Immune and Lymphatic System Disorders A. Prevention 1. Immunization a. Nursing Implications B. Nursing Management 1. Assessment 2. Diagnosis 3. Planning 4. Implementation 5. Evaluation III. Common Problems related to the Immune and Lymphatic Systems A. Fever B. Nutrition C. Immunosuppression	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 10 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Identify assessments that indicate immune system function 2. Describe precautions to be taken for clients with an impaired immune system 3. Evaluate your client's risk for infection during a clinical experience

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week 10 continued

Unit Title: Care of Clients with HIV/AIDS

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
GD 0.5 Theory 2.2	1. Summarize the modes of transmission for HIV 2. List the tests used to diagnosis HIV and to monitor the immune status of an HIV positive client 3. Identify the signs and symptoms of AIDS 4. Analyze conditions where opportunistic infections (viral, bacterial, fungal, parasitic) are likely to occur 5. List the primary categories of highly active antiretroviral therapy (HAART) and common side effects of each 6. Identify the nursing diagnoses needed for a client with AIDS 7. Explain wasting syndrome and nursing interventions	I. Disorders of Immune Deficiency A. Human Immunodeficiency Virus and Acquired Immunodeficiency Syndrome 1. Pathophysiology 2. Transmission 3. Vaccine Development 4. Prevention through Education 5. Signs and Symptoms 6. Diagnosis 7. Management of HIV Infection 8. Complications a. Opportunistic Infections i. Viral Infections ii. Herpes Simplex Virus iii. Bacterial Infections iv. Fungal Infections v. Parasitic Infections b. Neoplasma i. Kaposi Sarcoma ii. Lymphomas c. Neurologic Complications B. Nursing Management 1. Assessment 2. Diagnosis 3. Planning 4. Implementation 5. Evaluation C. HIV Risk in over 50 Population D. Community Education and Care E. HIV Confidentiality and Disclosure Issues F. Exposure and Health Care Workers	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 11 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Perform nursing interventions needed for opportunistic infections 2. Implement a teaching plan for a client being started on HAART 3. Review a nursing plan of care for an HIV/A IDS client hospitalized with a low CD4 count 4. During a clinical rotation, review the facility's policy for exposure to blood or body fluids from an HIV-positive client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11

Unit Title: Care of Clients with Immune and Lymphatic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 5.4	<ol style="list-style-type: none"> 1. Summarize the ideal actions of therapeutic immunosuppressive drugs 2. Explain the importance if minimizing the administration of antimicrobial agents 3. Describe effects of aging on the immune system 4. Explain why an immune-suppressed client with infection, may not have an elevated body temperature 5. Explain how an allergic reaction occurs during an excessive immune response 6. Summarize the nurse's role in helping the client to control allergies 7. Discuss the three categories of autoimmune disorders and give examples of autoimmune disorders/diseases 8. Evaluate and explain why the process of diagnosis and treatment for systemic lupus erythematosus would be difficult or frustrating for the client 9. Compare and contrast the two types of lymphoma and how they are diagnosed 	<ol style="list-style-type: none"> I. Immune Disorders <ol style="list-style-type: none"> A. Therapeutic Immunosuppression <ol style="list-style-type: none"> 1. Actions of Immunosuppressive Drug Therapy 2. Diagnostic Tests and Treatment B. Nursing Management <ol style="list-style-type: none"> I. Assessment 2. Nursing Diagnosis and Planning #. Implementation 4. Evaluation II. Disorders of Inappropriate Immune Response <ol style="list-style-type: none"> A. Allergy & Hypersensitivity <ol style="list-style-type: none"> 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis <ol style="list-style-type: none"> a. Diagnostic Tests b. Identification of Allergens c. Drug Allergy d. Food Allergy e. Latex Allergy 4. Treatment <ol style="list-style-type: none"> a. Drug Therapy b. Desensirization B. Anaphylactic Reaction and Anaphylactic Shock <ol style="list-style-type: none"> 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment and Nursing Management 	<ul style="list-style-type: none"> *Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 12 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	<ol style="list-style-type: none"> 1. List nursing measures for the prevention of infection for an immunocompromised client 2. List key elements for data collection, if an immunosuppressant disorder is suspected. 3. Perform nursing assessment on a client with a primary allergic condition 4. List the usual measures for treating an anaphylactic reaction and locate the necessary emergency equipment on your clinical unit 5. Perform nursing interventions for a client with lymphedema 6. Review a nursing plan of care for a client who has systemic lupus erythematosus 7. List interventions that can be used for a client with fibromyalgia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Immune and Lymphatic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		III. Autoimmune Disorders A. Signs and Symptoms B. Diagnosis C. Treatment & Nursing Management D. Systemic Lupus Erythematosus 1. Etiology & Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management IV. Disorders of the Lymphatic System A. Lymphoma B. Hodgkin’s Lymphoma 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Diagnosis, Treatment 5. Nursing Management C. Non-Hodgkin’s Lymphoma 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Diagnosis, Treatment 5. Nursing Management D. Lymphedema E. Fibromyalgia	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 12 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: The Hematologic System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 2.0	1. Describe the structures and functions of the hematologic system 2. Differentiate between the various types of blood cells and their functions 3. Discuss factors that may alter the function of the hematologic system 4. Identify ways in which the nurse may help prevent blood disorders 5. List at least five different kinds of information that can be obtained from a complete blood count (CBC) 6. Describe ways to accomplish hemostasis 7. Apply the nursing process to clients with problems of the hematologic system	I. Overview of the Anatomy & Physiology of the Hematologic System A. Functions of Blood B. Components of Blood C. Function of Plasma Proteins D. Production of Blood Cells E. Function of Red Blood Cells F. Functions of White Blood Cells G. Function of Platelets H. Lymphatic System interact Vascular System I. Changes of Hematologic System with Age II. Causes of Hematologic Disorders III. Prevention of Hematologic Disorders IV. Diagnostic Tests and Procedures V. Nursing Management A. Assessment 1. Physical Assessment B. Nursing Diagnosis C. Implementation D. Evaluation VI. Common Problems related to Disorders of the Hematologic System A. Fatigue B. Anorexia C. Pain D. Infection E. Bone Marrow Failure	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 16 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. Explain the procedure and care for a bone marrow aspiration to a client about to undergo the procedure 2. Perform a focused assessment on a client with a problem of the hematologic system 3. Choose nursing interventions for clients with problems of the hematologic system

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Hematologic Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 3.4	1. Identify the causes of the various types of anemia 2. Develop a plan of care for the client with an anemia 3. Explain the pathophysiology and care of sickle cell disease 4. Compare cell abnormalities of polycythemia vera to those of leukemia 5. Formulate a teaching plan for the client with leukemia 6. Comprehend why multiple myeloma is a disease affecting older people 7. Discuss the problems and treatments the hemophilia client faces	I. Disorders of the Hematologic System A. Anemia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management B. Aplastic Anemia C. Sickle Cell Disease 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management D. Leukemia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management E. Thrombocytopenia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 17 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. Prepare to provide preprocedural and postprocedure care for the client undergoing a bone marrow aspiration 2. Perform an assessment on a client with a suspected hematologic disorder 3. Assist with the development of a plan of care for an adult with leukemia 4. Assess for signs and symptoms of disseminated intravascular coagulation

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 11 continued

Unit Title: Care of Clients with Hematologic Disorders continued

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		F. Multiple Myeloma 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management G. Hemophilia 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management H. Disseminated Intravascular Coagulation 1. Etiology 2. Pathophysiology 3. Signs and Symptoms 4. Diagnosis 5. Treatment 6. Nursing Management II. Therapies Used in the Management of Hematologic Disorders A. Transfusions B. Leukapheresis C. Bone Marrow and Stem Cell Transplantation D. Various Other Therapies E. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 17 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 12

Unit Title: The Endocrine System

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
GD 0.5 Theory 10.3	1. Identify the location of each endocrine gland 2. Diagram the principal actions and target tissues for hormones of the hypothalamus and pituitary, parathyroid, adrenal, and pancreas glands 3. Summarize the effects of the thyroid hormones 4. Describe common diagnostic tests for the endocrine system	I. Overview of Anatomy & Physiology of the Endocrine System A. Organs and Structures B. Functions C. Effects of Pituitary Hormones D. Effects of Thyroid Hormones E. Function of Parathyroid Glands F. Functions of Hormones Adrenal Glands G. Hormonal Function of Pancreas H. Effects of Aging on Endocrine System II. Endocrine System A. Endocrine System Disorders 1. Causes 2. Prevention 3. Diagnostic Tests and Procedures B. Nursing Management 1. Assessment 2. Nursing Diagnosis 3. Planning 4. Implementation 5. Evaluation III> community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 36 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. Assess for specific age-related changes of the endocrine system in an elderly client 2. Teach clients about diagnostic tests that might be performed for symptoms of endocrine disorders 3. Perform a focused assessment on a client who may have an endocrine disorder 4. Identify appropriate nursing diagnoses and interventions for problems common to clients with endocrine disorders

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	1. Give examples of four major problems associated with hyposecretion of pituitary hormones and identify three nursing interventions appropriate for each problem 2. Outline three nursing interventions appropriate for each problem of hypopituitarism 3. Plan appropriate nursing assessments and interventions for the client who might experience complications of a thyroidectomy 4. Compare and contrast symptoms of hypoparathyroidism with hyperparathyroidism 5. Identify six signs and symptoms of adrenocortical insufficiency (Addison's Disease) 6. Summarize four major causes of Cushing's syndrome	I. Disorders of the Pituitary Gland A. Pituitary Tumors 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Hypofunction of the Pituitary Gland 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Diabetes Insipidus 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management D. Syndrome of Inappropriate Antidiuretic Hormone 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management II. Disorders of the Thyroid Gland A. Goiter 1. Etiology and Pathophysiology 2. Signs & Symptoms	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	. 1. From an appropriate list of nursing diagnoses, provide nursing care for a client with a pituitary disorder 2. Select appropriate nursing interventions for a client with adrenal insufficiency 3. Implement client teaching for the client with hypothyroidism 4. Plan postoperative assessment and nursing care for a client who has had a hypophysectomy 5. Evaluate the nursing care of a client who has had a thyroidectomy 6. Identify nursing diagnoses and appropriate interventions for a client with diabetes insipidus 7. Assist with development of a teaching plan for the client taking a corticosteroid

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Diagnosis 4. Treatment 5. Nursing Management B. Hyperthyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Thyroidectomy 1. Preoperative Care 2. Postoperative Care 3. Complications D. Hypothyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management E. Myxedema Coma F. Thyroiditis 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management G. Thyroid Cancer 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		III. Disorders of the Parathyroid Glands A. Hypoparathyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Hyperparathyroidism 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management IV. Disorders of the Adrenal Glands A. Pheochromocytoma 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management B. Adrenocortical Insufficiency 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management C. Acute Adrenal Insufficiency or Adrenal Crisis 1. Etiology and Pathophysiology 2. Signs & Symptoms	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 13 continued

Unit Title: Care of Clients with Pituitary, Thyroid, Parathyroid and Adrenal Disorders

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		3. Diagnosis 4. Treatment 5. Nursing Management D. Excess Adrenocortical Hormone 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Nursing Management V. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 37 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 14

Unit Title: Care of Clients with Diabetes and Hypoglycemia

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Nut 0.6 Theory 10.2	1. Compare and contrast the two major types of diabetes mellitus 2. Analyze the four kinds of factors that influence the development of diabetes mellitus 3. Review the signs and symptoms of an insulin reaction (hypoglycemia) and discuss appropriate nursing interventions 4. Summarize the acute and long term complications and results of poorly controlled diabetes mellitus 5. Identify sources of support and information for people with diabetes and their families	I. Diabetes Mellitus and Hypoglycemia A. Diabetes Mellitus 1. Types of Diabetes Mellitus 2. Etiology and Pathophysiology 3. Signs Symptoms and Diagnosis 4. Management of Diabetes a. Diet b. Exercise c. Oral Hypoglycemic Agents d. Insulin Therapy e. Insulin Pump f. Other injectable Agents g. Preoperative and Postoperative Insulin Management h. Islet Cell Transplantation 5. Nursing Management a. Assessment b. Nursing Diagnosis c. Planning d. Implementation i. Client Education e. Evaluation B. Complications 1. Short Term Problems a. Diabetic ketoacidosis b. Hyperglycemic hyperosmolar nonketotic syndrome c. Rebound hyperglycemia d. Hypoglycemia 2. Long Term Problems	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 38 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	1. Teach a newly diagnosed person with diabetes about the disease, treatment, and self-care 2. Perform a focused nursing assessment /gather data for the management of type 1 and type 2 diabetes mellitus 3. Interpret laboratory tests used in the diagnosis and management of diabetes mellitus 4. Assess for/gather data related to signs and symptoms that might indicate that the patient with diabetes is in early ketoacidosis 5. Teach a client how to recognize and self-treat hypoglycemia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 14 continued

Unit Title: Care of Clients with Diabetes and Hypoglycemia

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
		a. Cardiovascular Disease b. Nephropathy c. Peripheral Vascular Disease d. Retinopathy e. Diabetic Neuropathy C. Hypoglycemia 1. Etiology and Pathophysiology 2. Signs & Symptoms 3. Diagnosis 4. Treatment 5. Complications 6. Nursing Management II. Community Care	*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 38 End of Chapter Questions Quiz/Exams Case Studies Plan of Care	HCRS C214	.

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C204 - Medical Surgical Nursing II
Instructional Plan: Semester 2 Week: 15

Unit Title: Finals

Theory Hours this week: 10.8

Clinical Hours this week: 21.6 HCRS C214

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory 10.8	Review of Semester Final Exam		*Lecture *Discussion *Powerpoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Final Exam Skills Checklist	HCRS C214	. Review of clinical skills and skills checklist – skills lab

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 1

Unit Title: Care of Preoperative and Intraoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Discuss the advantages of current technological advances in surgery 2. Identify the types of clients most at risk for surgical complications, and state why each client is at risk 3. Explain the preparation of clients physically, emotionally, and psychosocially for surgical procedures 4. Plan and implement client and family teaching to prevent postoperative complications 5. Analyze the differences in the various types of anesthesia and list the advantages and disadvantages to the surgeon and the client 6. Compare the roles of the scrub nurse and the circulating nurse	I. Technological Advances in Surgery A. Autologous Blood for Transfusion B. Bloodless Surgery II. Nursing Management Perioperative A. Assessment B. Commonly Ordered Preoperative Laboratory Tests C. General Preoperative Teaching D. Nursing Process E. Consents III. Immediate Preoperative Care IV. Intraoperative Care A. Surgical Team V. Anesthesia VI. Potential Intraoperative Complications	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Perform a thorough nursing assessment for a preoperative client 2. Teach the client postoperative exercises during the perioperative period 3. Prepare a client for surgery using a preoperative checklist 4. Administer preoperative medications 5. Document preoperative care and assessment data 6. Observe during a client's surgery

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 2

Unit Title: Care of Postoperative Surgical Clients

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the care of the client in the postanesthesia care unit 2. Identify points the PACU nurse should cover in report to the floor nurse 3. Formulate a plan of care for a postoperative client returning from the PACU 4. Determine assessment factors for each potential postoperative complication 5. Prepare the surgical client for discharge	I. Immediate Postoperative Care A. Nursing Management 1. Prevent Injury 2. Prevent Infection 3. Maintain Fluid Balance and Elimination 4. Promote Comfort 5. Promote Rest and Activity 6. Promote Wound Healing B. Prevent Postoperative Complications 1. Wound Infection 2. Hemorrhage and Shock 3. Dehiscence or Evisceration 4. malignant Hyperthermia II. Discharge Planning A. Wound Care B. Pain Management III. community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU 2. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit 3. Apply interventions to prevent postoperative complications 4. Assess for postoperative pain and provide comfort measures and pain relief 5. Promote early ambulation and return to independence in activities of daily living 6. Perform discharge teaching necessary for postoperative home self-care

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: The Neurologic System
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Define particular problems of the nervous system 2. Discuss the differences in the action of the sympathetic and parasympathetic nervous system 3. Identify four specific ways in which a nurse can contribute to preventing neurological disorders 4. State the appropriate preparation and post procedure care for clients undergoing lumbar puncture, electroencephalogram, and radiologic studies of the brain and cerebral vessels 5. Become familiar with the techniques used for assessment of the nervous system 6. Compare and contrast the various signs and symptoms of nervous system disorders	I. Overview of Anatomy and Physiology of the Neurologic System A. Organized B. Protected C. Conduct Impulses D. Changes associated with Aging II. Causative Factors Involved in Neurologic Disorders III. Prevention of neurologic Disorders IV. Evaluation of Neurologic Status A. Cranial Nerves B. Coordination and Balance C. Neuromuscular Function Testing D. Reflexes V. Nursing Management VI. Common Neurologic Client Care Problems A. Ineffective breathing Pattern B. Impaired Mobility C. Self-Care Deficit D. Dysphasia E. Incontinence 1. Bladder Training 2. Bowel Training F. Confusion G. Aphasia H. Sexual Dysfunction I. Psychosocial Concern J. Ineffective Family Coping	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 22 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Gather a pertinent history for a client with a nervous system problem 2. Demonstrate a “neuro” check 3. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 3

Unit Title: Care of Clients with Head and Spinal Cord Injuries

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Describe the types of injuries that result from head trauma 2. compare and contrast the signs and symptoms of subdural hematoma and epidural hematoma 3. Explain why an epidural hematoma causes an emergency situation 4. Discuss the type of procedure performed to relieve a subdural hematoma 5. Illustrate the pathophysiology of increasing intracranial pressure in a client who has experienced a severe head injury 6. Identify the reasons why an elderly person is more at risk for an intracranial bleed from a head injury 7. Explain the possible ramifications of spinal cord injury 8. List appropriate nursing interventions necessary to provide comprehensive care for a client who has suffered a C5 spinal cord injury 9. Analyze the symptoms of low back pain and correlate them with their causes	I. Head Injuries A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Increased Intracranial Pressure A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Injuries of the Spinal Cord A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Rehabilitation IV. Back Pain and Ruptured Invertebral Disk A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a family member how to properly assess and care for a client who has suffered a concussion 2. Perform a neurologic check on a client who has suffered head trauma 3. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 4. Prepare a plan of teaching self-care measures to a client who suffers from low back pain

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Describe the appropriate nursing actions and observations to be carried out for a client experiencing a seizure 2. Explain why seizure may be a consequence of a stroke, tumor, or infection of the brain 3. Compare the subjective and objective findings of thrombotic stroke and intracerebral bleed 4. Devise a nursing plan of care for a client who has suffered a cerebrovascular accident (CVA, Stroke) 5. Discuss nursing actions to assist the client who has developed a complication from a cerebrovascular accident 6. Describe subjective and objective finding indicative of a brain tumor 7. Explain the pathophysiology behind the symptoms of a brain tumor 8. Diagram the mechanism by which infection in the brain may cause increased intracranial pressure 9. Recall the signs of increasing intracranial pressure from early to late signs	I. Seizure Disorders and Epilepsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Transient Ischemic Attack A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Cerebrovascular Accident A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management F. Prevention IV. Brain Tumor A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Bacterial Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 2. Perform neurologic checks on a client who is admitted with a suspected CVA 3. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 4

Unit Title: Care of Clients with Disorders of the Brain continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast symptoms of meningitis and encephalitis 11. Explain the assessment data that differentiate migraine headaches from cluster headaches 12. Compare the signs, symptoms, and treatment of trigeminal neuralgia and Bell's palsy	VI. Viral Meningitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VII. Encephalitis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management VIII. Migraine Headaches A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IX. Trigeminal Neuralgia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management X. Bells Palsy A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 5

Unit Title: Care of Clients with Peripheral Nerve and Degenerative Neurologic Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Compare and contrast the pathophysiology of Parkinson’s disease and myasthenia gravis 2. Discuss treatments for Parkinson’s disease 3. Describe the nursing care needed for the client with Parkinson’s disease 4. Explain why multiple sclerosis might be difficult to diagnose 5. Devise a home care plan for the client with multiple sclerosis 6. Compile a nursing plan of care for the client with Guillain-Barre syndrome 7. Identify the differences between Huntington’s disease and amyotrophic lateral sclerosis 8. Illustrate the signs and symptoms of myasthenia gravis 9. Compare and contrast the complications of Parkinson’s disease with those of myasthenia gravis	I. Parkinsons Disease A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management II. Multiple Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Amyotrophic Lateral Sclerosis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Guillain-Barre Syndrome A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Myasthenia Gravis A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a newly diagnosed client about the medications for Parkinson’s disease 2. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected 3. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 6

Unit Title: Care of Women with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	<ol style="list-style-type: none"> 1. Identify the female reproductive organs and their role in the overall health of the individual 2. Describe normal physiology and age related changes in the female reproductive system 3. Discuss common menstrual disorders and the nursing interventions 4. Explore methods of contraception 5. Review causes and treatment of infertility 6. List changes associated with menopause, its treatment options, and appropriate nursing interventions 7. Explain the screening procedures recommended for maintaining reproductive health 8. Compare and contrast benign and malignant disorders of the female reproductive system 9. Understand the role of robotic gynecologic surgery as an alternative to open surgery 10. Discuss the nurses role during screening procedures, data collection, and education of women concerning reproductive health 	<ol style="list-style-type: none"> I. Overview of Anatomy and Physiology of the Female Reproductive System II. Female Reproductive System <ol style="list-style-type: none"> A. Menstruation B. Breasts C. Contraception and Fertility D. Infertility E. Menopause III. Health Promotion and Disease Prevention <ol style="list-style-type: none"> A. Health Screening and Assessments B. Diagnostic Tests C. Nursing Management IV. Disorders of the Female Reproductive System <ol style="list-style-type: none"> A. Menstrual Dysfunctions B. Pelvic Relaxation Syndrome C. Polycystic Ovarian Syndrome D. Dysfunctional Uterine Bleeding E. Abnormal Uterine Bleeding F. Leiomyoma G. Inflammations of the Lower Genital Tract H. Toxic Shock Syndrome I. Cancer of the Reproductive Tract V. Disorders of the Breast\ <ol style="list-style-type: none"> A. Benign Disorders B. Breast Cancer VI. Home Care V. Community Care 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 39 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> 1. Teach techniques of breast self-examination and vulva self-examination to a client 2. Plan the nursing care of a woman with a reproductive disorder 3. Describe the causes of and interventions for common disorders of the female reproductive tract

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Understand the effects of aging on the male reproductive system 2. Summarize the medical and nursing management of erectile dysfunction 3. Describe factors involved in fertility, infertility, and contraception in the male client 4. Discuss the most common diagnostic tests and examinations of the male reproductive system 5. Describe the assessment in the male reproductive system 6. Outline the pathophysiology and manifestations of common disorders of the male reproductive tract 7. Evaluate the plan of care for a client with a disorder of the male reproductive tract 8. Identify the psychological and emotional impact of disorders of the male reproductive tract 9. Understand the role of drug therapy in disorders of the male reproductive tract	I. Overview of Anatomy and Physiology of the Male Reproductive System II. Male Reproductive System A. Fertility B. Contraception 1. Reversible 2. Permanent III. Disorders of the Male Reproductive System A. Erectile Dysfunction B. Ejaculation Disorders C. Infertility D. Hydrocele E. Varicocele F. Testicular Torsion G. Proapism H. Peyronies Disease I. Benign Prostatic Hyperplasia J. Inflammations and Infections of the Male Reproductive Tract 1. Epididymitis 2. Orchitis 3. Prostatitis	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Teach a client about the procedure for a prostate biopsy 2. Outline a nursing plan of care for a client with prostate cancer 3. Devise a teaching plan for testicular examination for young adult men 4. Prepare materials describing treatment to a client experiencing erectile dysfunction

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 7

Unit Title: Care of Men with Reproductive Disorders continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Compare and contrast four types of surgical treatments for benign prostatic hyperplasia (BPH) 11. Diagram the preoperative and postoperative nursing care of a client with BPH 12. Discuss inflammations of the male reproductive system and their treatment 13. Illustrate the patient teaching involved for early detection of testicular and prostate tumors 14. Describe the nursing care of a client with prostate cancer	K. Cancer of the Male Reproductive Tract 1. Cancer of the Penis 2. Testicular Cancer 3. Prostate Cancer IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 40 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 8

Unit Title: Care of Clients with Sexually Transmitted Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. State the signs and symptoms of common sexually transmitted infections 2. Discuss the danger of contracting human papillomavirus (HPV) and preventive measures 3. Explain the procedure for the various tests for STI's 4. Describe the treatment of common STI's their prevention, and the resources available to those who need information and STI's 5. Compare the symptoms of gonorrhea in male and female clients 6. List the ays in which human immunodeficiency virus (HIV) is transmitted 7. Identify the three stages of syphilis and discuss prevention, treatment, and complications 8. Discuss the nurses role in preventing, identifying, reporting and treating common STI's.	I. Common Infections of the Female Reproductive Tract A. Pelvic Inflammatory Disease B. Candidiasis C. Bacterial Vaginosis II. Risk Factors for Transmission of STI's A. Prevention of Human Papillomavirus B. Lesions of Sexually Transmitted Infections C. Reporting III. Transmission of STI's IV. Common Sexually Transmitted Infections A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management V. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 41 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 2. Instruct a female client on ways to prevent contracting or transmitting HIV 3. Teach a female client and a male client ways to prevent STI's

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9

Unit Title: Care of Clients during Disaster’s, Bioterrorism Attacks and Pandemic Infections

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Analyze differences between an emergency situation and a disaster 2. Discuss an emergency preparedness plan for a health care facility 3. Compare the stages of psychological response that occur with a disaster 4. Compare and contrast the parameters used in the triage system for victims after a disaster versus the routine triage that occurs in hospital emergency departments 5. Identify responsibilities and duties of the nurse in the care of disaster victims 6. Explain safety measures to be employed for a chemical emergency 7. Demonstrate knowledge of measures to be taken in the event of a nuclear disaster 8. Explain warning signs that suggest a bioterrorism attack has occurred	I. Disaster Preparedness and Response II. Community Preparedness A. Fire B. Earthquake C. Tornado, Hurricane, Flood III. Hospital Preparedness IV. Psychological Responses to Disaster V. Triage VI. Food and Water Safety V. Preparing for Chemical, Nuclear, or Biologic Disasters A. Chemical Disaster B. Nuclear Disaster C. Biologic Disaster 1. Anthrax 2. Plague 3. Smallpox 4. Tularemia 5. Viral Hemorrhagic Fever VI. Pandemic Influenza Infection	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies Disaster Plan	HCRS C216	1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 9

Unit Title: Care of Clients during Disaster's, Bioterrorism Attacks and Pandemic Infections continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	9. Differentiate the signs and symptoms of the various agents that could be used for a terrorist attack 10. Synthesize the importance of debriefing of health care personnel after a disaster		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 44 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 10

Unit Title: Care of Clients with Trauma or Shock

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/hours	1. List the basic principles of first aid 2. Summarize the importance of mechanism of injury and index of suspicion in caring for clients with traumatic injury 3. State the key components of assessing a trauma client 4. Discuss prevention of injuries from extremes of heat and cold 5. Describe specific interventions in the emergency care of accidental poisoning by ingestion and inhalation 6. Describe emergency care of victims of insect stings, tick bites, and snakebites 7. Review the appropriate nursing actions and care needed for the client who has experienced a respiratory or cardiac arrest 8. Identify signs and symptoms of shock 9. Compare and contrast the treatment of cardiogenic, hypovolemic, and neurogenic shock	I. Prevention of Accidents I. Emergency Care III. Metabolic Emergencies IV. Injuries caused by Extreme Heat and Cold V. Poisoning VI. Bites and Stings VII. Electric Shock and Burns VIII. Choking Emergencies IX. Cardiopulmonary Resuscitation X. Shock A. Hypovolemic B. Cardiogenic C. Obstructive D. Distributive E. Anaphylactic F. Neurogenic G. Sepsis and Septic Shock XI. Psychological and Social emergencies A. Domestic Violence and Abuse 1. Child Abuse 2. Elder Abuse 3. Combative Client	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 45 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Observe how the triage nurse in the emergency department sets priorities for client care 2. Observe how the emergency team works together on a major accident victim 3. Role play with fellow students, practicing techniques to calm a combative client

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Anxiety, Mood, and Eating Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Analyze the significance of anxiety in the general adult population 2. Compare and contrast normal anxiety disorders 3. Describe the signs and symptoms and treatment for anxiety disorders 4. Discuss assessment, nursing diagnoses, and nursing interventions for clients with anxiety disorders 5. Discuss the variances of normal mood and discuss mood alterations that become debilitating 6. Discuss assessment, nursing diagnoses, and nursing interventions for clients with bipolar disorder and major depressive disorder 7. Summarize factors that are essential when assessing a suicidal client 8. Analyze the impact of family, peer, and media pressure on clients with eating disorders 9. Discuss assessment, nursing diagnoses, and nursing interventions for clients with eating disorders	I. Anxiety and Anxiety Disorders A. Generalized Anxiety Disorder B. Phobic Disorder C. Obsessive-Compulsive Disorder D. Post-Traumatic Stress Disorder E. Diagnosis of Anxiety Disorders F. Treatment of Anxiety Disorders 1. Nursing Management II. Mood Disorders A. Bipolar Disorder B. Major Depressive Disorder C. Treatment of Mood Disorders 1. Nursing Management III. Suicidal Clients A. Nursing Management IV. Eating Disorders A. Anorexia Nervosa B. Bulimia Nervosa C. Treatment of Eating Disorders 1. Nursing Management	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 46 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Watch the movie “As Good as it Gets” and discuss behaviors that are debilitating for the main character 2. Implement a teaching plan for a client with a mood disorder to increase medication compliance 3. Identify at least six interventions for the nursing diagnosis: Risk for self-directed violence related to suicidal ideations

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 11

Unit Title: Care of Clients with Substance Abuse Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	<ol style="list-style-type: none"> Summarize the significance of substance use disorders in the general adult population List the diagnostic criteria included in the medical diagnosis of substance abuse disorder Identify the physical, behavioral, and psychological indicators of substance use disorder Discuss the significance of denial and rationalization in substance use disorder Analyze the effects of substance use disorders on family and friends Discuss symptoms and complications of withdrawal from alcohol Identify at least six nursing interventions appropriate for a client with a substance use disorder 	<ol style="list-style-type: none"> Substance and Alcohol Abuse <ol style="list-style-type: none"> Signs and Symptoms Effects on Family and Friends Disorders Associated with Substance Abuse <ol style="list-style-type: none"> Alcohol Abuse <ol style="list-style-type: none"> Symptoms of Intoxication and Withdrawal Diagnosis Treatment Complications Abuse of other Central Nervous System Depressants <ol style="list-style-type: none"> Treatment Abuse of Opiates <ol style="list-style-type: none"> Treatment Abuse of Stimulants <ol style="list-style-type: none"> Treatment Abuse of Nicotine <ol style="list-style-type: none"> Treatment Abuse of Cannabis <ol style="list-style-type: none"> Treatment Abuse of Hallucinogens and Inhalants <ol style="list-style-type: none"> Treatment Community Care <ol style="list-style-type: none"> Nursing Management 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	deWit Chapter 47 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	<ol style="list-style-type: none"> Contribute to a teaching plan for a community presentation on smoking cessation Review a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal Devise a plan of care with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is taking central nervous system stimulants

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Cognitive Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence and significance of cognitive disorders in the elderly population 2. Compare and contrast the etiology and symptoms of delirium (acute) and dementia (chronic) 3. Describe the signs and symptoms of Alzheimer's disease in relation to the three stages: (1) preclinical Alzheimer's disease (2) mild cognitive impairment due to Alzheimer's disease and (3) dementia due to Alzheimer's disease 4. Choose appropriate nursing interventions for the care of clients with Alzheimer's disease 5. Identify the assessment skills that are necessary to accurately monitor a cognitive disorder 6. Identify nursing interventions that can be used to assist the family and friends of clients who have cognitive disorders	I. Overview of Cognitive Disorders A. Delirium B. Dementia C. Substance Induced Delirium D. Alzheimer's Disease 1. Etiology 2. Pathophysiology 3. Signs & Symptoms 4. Treatment 5. Nursing Management E. Vascular Dementia F. Aids Dementia Complex II. Complementary and Alternative Therapies III. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 48 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Devise a plan of care with at least six interventions for a client who is confused and disoriented 2. Implement a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 12

Unit Title: Care of Clients with Thought and Personality Disorders

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.1/ hours	1. Discuss the incidence of thought disorders in the general population 2. Describe the signs and symptoms of schizophrenia 3. Identify at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with a thought disorder 4. Compare and contrast behaviors for each of the various personality disorders 5. Choose at least four nursing diagnoses and the major nursing interventions that would be appropriate for a client with borderline personality disorder 6. Illustrate how the nurse can identify and modify personal feelings that can occur when caring for a client with borderline personality disorder 7. Analyze your personal feelings related to caring for clients with manipulative behaviors	I. Overview of Thought Disorders II. Schizophrenia A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management III. Overview of Personality Disorders A. Borderline Personality Disorder A. Etiology B. Pathophysiology C. Signs & Symptoms D. Treatment E. Nursing Management IV. Community Care	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter 49 End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	1. Watch the movie "A Beautiful Mind" and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior 2. Develop a plan of care with at least six nursing interventions for a client who is paranoid and suspicious 3. Write a plan of care with a t least six nursing interventions for a client who is manipulative

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 13

Unit Title: Case Studies/Scenarios
Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Postoperative Hemicolectomy with Pulmonary Embolism II. Postoperative Hip Arthroplasty with Blood Transfusion Reaction III. Acute Severe Asthma IV. Chronic Obstructive Pulmonary Disease with Spontaneous Pneumothorax V. Immediate Postoperative Abdominal Hysterectomy with nausea	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 14

Unit Title: Case Studies/Scenarios continued

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	1. Identifies the primary nursing diagnosis 2. Implements client safety measures 3. Implements and Evaluates assessment information 4. Identifies Metabolic imbalances as evidenced by lab values 5. Implements therapeutic Communication 6. Implements direct communication with multidisciplinary team members 7. Demonstrates effective teamwork 8. Prioritizes and implements Physician Orders appropriately	I. Acute Myocardial Infarction II. Diabetic – Hypoglycemia III. Diabetic Insulin Administration IV. Lower Leg Fracture with Compartment Syndrome V. Preoperative Bowel Obstruction with Fluid and Electrolyte Imbalance	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Chapter End of Chapter Questions Quiz/Exam Case Studies Plan on Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C205 Medical Surgical Nursing III
Instructional Plan: Semester 3 Week 15

Unit Title: Final

Theory Hours this week: 4.2

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
4.2/ hours	I. Review of 3 rd Semester Final Exam		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	deWit Final Exam	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Contrast present day concepts of maternity and child care with those of the past 2. Recall the contributions of persons in history to the fields of maternity and pediatric care 3. List the organizations concerned with setting standards for the nursing care of maternity and pediatric patients 4. List three federal programs that assist mothers and infants 5. State the influence of the federal government on maternity and pediatric care 6. Discuss how culture affects childbirth and child care 7. List four reasons why statistics are important 8. Discuss common terms used in expressing vital statistics 9. State two types of health care delivery systems in the United States 10. List the five steps of the nursing process 11. Understand the legal responsibilities of the nurse to report certain diseases or conditions to the public health authorities		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Overview of Maternity and Pediatric Nursing continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Contrast a nursing plan of care with a clinical pathway 13. Define the Nursing Interventions Classification (NIC) and its relationship to the nursing process 14. Describe the Nursing Outcomes Classification (NOC) and its influence on the nursing process 15. Compare and contrast nursing and medical diagnosis frameworks with focus on North American Nursing Diagnosis Association International (NANDA-I) taxonomy 16. Define critical thinking 17. Discuss the role of critical thinking in the nursing process and in clinical judgment 18. Discuss the objectives of <i>Healthy People 2020</i> as it relates to maternity and pediatric care 19. Examine the importance of documentation as a nursing responsibility 20. Describe the role of the community health nurse as a health care provider		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 1 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 1

Unit Title: Human Reproductive Anatomy & Physiology

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.4 hours	1. Define each key term listed 2. Describe changes in puberty in males and females 3. Identify the anatomy of the male reproductive system 4. Explain the functions of the external and internal male organs in human reproduction 5. Describe the influence of hormones in male reproductive processes 6. Identify the anatomy of the female reproductive system 7. Explain the functions of the external, internal, and accessory female organs in human reproduction 8. Discuss the importance of the pelvic bones to the birth process 9. Explain the menstrual cycle and the female hormones involved in the cycle		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 2 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Fetal Development

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Describe the process of gametogenesis in human reproduction 3. Explain human fertilization and implantation 4. Describe embryonic development 5. Describe the fetal development and the maturation of body systems 6. Describe the development and functions of the placenta, the umbilical cord, and the amniotic fluid 7. Compare fetal circulation to circulation after birth 8. Explain the similarities and differences in the two types of twins		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 3 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.2 hours Nut 0.2 hours	1. Define each key term listed 2. List the goals of prenatal care 3. Discuss prenatal care for a normal pregnancy 4. Explain the nurse's role in prenatal care 5. Calculate the expected date of delivery and duration of pregnancy 6. Differentiate among the presumptive, probable, and positive signs of pregnancy 7. Describe the physiological changes that occur during pregnancy 8. Identify nutritional needs for pregnancy and lactation 9. Discuss the importance and limitations of exercise in pregnancy 10. Describe patient education related to travel and common discomforts of pregnancy 11. Discuss nursing support for emotional changes that occur in a family during pregnancy 12. Identify special needs of the pregnant adolescent, the single parent, and the older couple		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 2

Unit Title: Prenatal Care and Adaptations to Pregnancy continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Apply the nursing process in developing a prenatal teaching plan 14. Identify the effects of medication ingestion on pregnancy and lactation 15. Review immunization administration during pregnancy		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 4 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Women with Complications during Pregnancy

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Explain the use of fetal diagnostic tests in women with complicated pregnancies 3. Describe antepartum complications, their treatment, and their nursing care 4. Identify methods to reduce a woman's risk for antepartum complications 5. Discuss the management of concurrent medical conditions during pregnancy 6. Describe environmental hazards that may adversely affect the outcome of pregnancy 7. Describe how pregnancy affects care of the trauma victim 8. Describe psychosocial nursing interventions for the woman who has a high risk pregnancy and for her family		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 5 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Care of Mother and Infant during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Discuss specific cultural beliefs the nurse may encounter when providing care to a woman in labor 3. Compare the advantages and disadvantages for each type of childbearing setting: hospital, freestanding birth center, and home 4. Describe the four components (“four Ps”) of the birth process: powers, passage, passenger and the psyche 5. Describe how the four Ps of labor interrelate to result in the birth of an infant 6. Explain the normal processes of childbirth: premonitory signs, mechanisms of birth, and stages and phases of labor 7. Explain common nursing responsibilities during labor and birth 8. Explain how false labor differs from true labor 9. Determine appropriate nursing care for the intrapartum client, including the woman in false labor and the woman having a vaginal birth after cesarean (VBAC) 10. Describe the care of the newborn immediately after birth		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 6 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 3

Unit Title: Nursing Management of Pain during Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. List the common types of classes offered to childbearing families 3. Describe factors that influence a woman's comfort during labor 4. Describe the methods of childbirth preparation 5. Discuss the advantages and limitations of nonpharmacological methods of pain management during labor 6. Explain nonpharmacological methods of pain management for labor, including the nursing role of each 7. Discuss the advantages and limitations of pharmacological methods of pain management 8. Explain each type of pharmacological pain management, including the nursing role for each		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 7 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4

Unit Title: Nursing Care of Women with Complications During Labor and Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Discuss obstetric procedures 3. Illustrate the nurses role in each obstetric procedure 5. Describe factors that contribute to an abnormal labor 6. Explain various intrapartum complications 7. Discuss the nurse’s role in caring for women with complications 8. Review the nurse’s role in obstetric emergencies		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 8 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5

Unit Title: The Family After Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.4 hours Nut 0.2 hours	Define each key term listed 2. Describe how to individualize postpartum and newborn nursing care to different clients 3. Describe specific cultural beliefs that the nurse may encounter when providing postpartum and newborn care 4. Describe postpartum changes in maternal systems and the nursing care associated with those changes 5. Modify nursing assessments and interventions for the woman who has a cesarean birth 6. Explain the emotional needs of postpartum women and their families 7. Recognize the needs of a grieving client 8. Identify signs and symptoms that may indicate a complication in the postpartum mother or newborn 9. Describe the nursing care of the normal newborn 10. Describe nursing interventions to promote optimal infant nutrition 11. Discuss the influences related to the choice of breastfeeding or bottle feeding the newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 5**

Unit Title: The Family After Birth continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Explain the physiological characteristics of lactation 13. Compare various maternal and newborn positions used during breastfeeding 14. Identify principles of breast pumping and milk storage 15. Illustrate techniques of formula feeding 16. Compare the nutrients of human milk with those of infant formulas 17. Discuss the dietary needs of the lactating mother 18. Discuss the principles of weaning the infant from the breast 19. Plan appropriate discharge teaching for the postpartum woman and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 9 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 4

Unit Title: Nursing Care of Women with Complications after Birth

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.8 hours	1. Define each key term listed 2. Describe the signs and symptoms for each postpartum complication 3. Identify factors that increase a woman's risk for developing each complication 4. Explain nursing measures that reduce a woman's risk for developing specific postpartum complications 5. Describe the medical and nursing management of postpartum complications 6. Explain general and specific nursing care for each complication 7. Compare and contrast mood disorders in the postpartum period		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 10 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 6

Unit Title: The Nurse’s Role in Women’s Health Care

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 3.6 hours	1. Define each key term listed 2. Explain aspects of preventive health care for women 3. Describe each menstrual disorder and its care 4. Explain each gynecological infection in terms of cause, transmission, treatment , and care 5. Describe the various methods of birth control, including side effects and contraindications of each 6. Describe how to use natural family planning methods for contraception or infertility management 7. Describe possible causes and treatment of infertility 8. Explain the changes that occur during the perimenopausal period and after menopause 9. Explain the medical and nursing care of women who are nearing or have completed menopause 10. Describe the medical and nursing care of women with pelvic floor dysfunction or problems related to benign growths in the reproductive tract 11. Describe the nursing care and treatment of a woman with leiomyoma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 11 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: The Newborn

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define each key term listed 2. Briefly describe three normal reflexes of the newborn, including the approximate age of their disappearance 3. Demonstrate the steps in the physical assessment of the newborn 4. State four methods of maintaining the body temperature of a newborn 5. State the cause and describe the appearance of physiological jaundice in the newborn 6. Define the following skin manifestations in the newborn: lanugo, vernix, caseosa, Mongolian spots, millia, acrocyanosis, and desquamation 7. State the methods of preventing infection in newborns 8. Interpret discharge teaching for the mother and her newborn		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 12 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Preterm and Postterm Newborns

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	1. Define the key terms listed 2. Differentiate between the preterm and the low birth weight newborn 3. List three causes of preterm birth 4. Describe selected problems and needs of preterm newborns and the nursing goals associated with each problem 5. Describe the symptoms of cold stress and methods of maintaining thermoregulation 6. Contrast the techniques for feeding preterm and full term newborns 7. Discuss two ways to help facilitate maternal-infant bonding for a preterm newborn 8. Describe the family reaction to preterm infants and nursing interventions 9. List three characteristics of the postterm infant		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 13 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 7

Unit Title: Perinatal Injury or Congenital Malformation

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 1.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. List and define the more common disorders of the newborn 3. Describe the classifications of birth defects 4. Outline the nursing care for the newborn with hydrocephalus 5. Describe the symptoms of increased intracranial pressure 6. Discuss the prevention of neural tube anomalies 7. Outline the preoperative and postoperative nursing care of a newborn with spina bifida cystica 8. Differentiate between cleft lip and cleft palate 9. Discuss the dietary needs of a newborn with phenylketonuria 10. Discuss the early signs of developmental hip dysplasia 11. Discuss the care of the newborn with Down syndrome 12. Outline the causes and treatment of hemolytic disease of the newborn (erythroblastosis fetalis) 13. Devise a plan of care for a newborn receiving phototherapy 14. Describe home phototherapy 15. Discuss the assessment and nursing care of a newborn with macrosomia 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> Leifer Chapter 14 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care 	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G&D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Explain the difference between growth, development, and maturation 3. Recognize and read a growth chart for children 4. List five factors that influence growth and development 5. Discuss the nursing implications of growth and development 6. Discuss the importance of family centered care in pediatrics 7. Recognize the influence of the family and cultural practices on growth, development, nutrition, and health care 8. Describe three developmental theories and their impact on planning the nursing care of children 9. Discuss the nutritional needs of growing children 10. Differentiate between permanent and deciduous teeth, and list the times of their eruption 11. Understand the characteristics of play at various age levels 12. Describe the relationship of play to physical, cognitive, and emotional development		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: An Overview of Growth & Development, and Nutrition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Understand the role of computers and computer games in play at various ages 14. Define therapeutic play 15. Understand the use of play as an assessment tool		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 15 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
G & D 1.6 Nut 0.2 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of infants from age 1 to 12 months, listing age specific events and guidance when appropriate 3. Discuss the major aspects of cognitive development in the first year of life 4. Relate the nursing responsibilities in health promotion and illness prevention of infants during the first year of life 5. Discuss the nutritional needs of growing infants 6. Compare breastfeeding, bottle feeding, and the various infant formulas available 7. Describe how to select and prepare solid foods for the infant 8. List four common concerns of parents about the feeding of infants 9. Discuss the development of feeding skills in the infant 10. Compare and contrast natural, organic, and processed foods 11. Examine nutritional counseling for the infant		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 8

Unit Title: The Infant continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Identify the approximate age for each of the following: posterior fontanelle has closed; central incisors appear; birth weight has tripled; child can sit steadily alone; child shows fear of strangers 13. Describe normal vital signs for a 1 year old 14. Discuss safety issues in the care of infants 15. Discuss the approach to and the specifics of care of an infant with colic 16. Identify age appropriate toys and their development of therapeutic value 17. Discuss principles of safety during infancy 18. Discuss the development of favorable sleep patterns		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 16 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Toddler

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 Nut 0.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Describe the physical, psychosocial, and cognitive development of children from 1 to 3 years of age listing age specific events and guidance when appropriate 3. Discuss speech development in the toddler 4. Describe the task to be mastered by the toddler according to Erikson's stages of growth and development 5. List two developmental tasks of the toddler period 6. Discuss the principles of guidance and discipline for a toddler 7. Discuss how adults can assist small children in combatting their fears 8. Identify the principles of toilet training (Bowel and bladder) that will help guide parents' efforts to provide toilet independence 9. Describe the nutritional needs and self feeding abilities of a toddler 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Toddler continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. List two methods of preventing the following: automobile accidents, burns, falls, suffocation, choking, poisoning, drowning, electric shock, and animal bites 11. Describe the characteristic play and appropriate toys for a toddler		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 17 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9

Unit Title: The Preschool Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8	1. Define the key terms listed 2. List the major developmental tasks of the preschool age child 3. Describe the physical, psychosocial, and spiritual development of children age 3 to 5 years, listing age specific events and guidance when appropriate 4. Discuss the development of positive bedtime habits 5. Discuss one method of introducing the concept of death to a preschool child 6. Describe the development of the preschool child in relation to Piaget’s, Erikson’s and Kohlberg’s theories of development 7. Discuss the characteristics of a good preschool 8. Discuss the value of play in the life of a preschool child 9. Designate two toys suitable for the preschool child, and provide the rationale for each choice 10. Describe the speech development of the preschool child 11. Discuss the value of the following: time out periods, consistency, role modeling, and rewards.		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 18 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 9**

Unit Title: The Preschool Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	<p>12. Discuss the approach to problems such as enuresis, thumb sucking, and sexual curiosity in the preschool child</p> <p>13. Describe the developmental characteristics that predispose the preschool child to certain accidents, and suggest methods of prevention for each type of accident</p> <p>14. Explain the use of therapeutic play with a handicapped child</p>		<p>*Lecture</p> <p>*Discussion</p> <p>*PowerPoint Presentations</p> <p>*Small group Assignments</p> <p>*NCLEX Questions</p> <p>*Study Guide</p> <p>*Videos</p> <p>*Kaplan</p> <p>Methods of Evaluation</p> <p>*Testing</p> <p>*Group Discussions</p> <p>*Case Studies</p> <p>*Return Demos</p> <p>*Instructor Observation</p> <p>*Group Presentations</p> <p>*Role Playing</p> <p>*Critical Thinking</p>	<p>Leifer</p> <p>Chapter 18</p> <p>End of Chapter Questions</p> <p>Quiz/Exam</p> <p>Case Studies</p> <p>Virtual Excursions</p> <p>Plan of Care</p>	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The School Age Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.8 hours	1. Define each key term listed 2. Describe the physical and psychosocial development of children from 6 to 12 years of age, listing age-specific events and type of guidance where appropriate 3. Discuss how to assist parents in preparing a child for school 4. List two ways in which school life influences the growing child 5. Contrast two major theoretical viewpoints of personality development during the school years 6. Discuss accident prevention in this age group 7. Discuss the role of the school nurse in providing guidance and health supervision for the school age child 8. Discuss the value of pet ownership for the healthy school age child and the family education necessary for the allergic or immunocompromised child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 19 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The Adolescent

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Theory G & D 1.6 hours Nut 0.2 hours	1. Define each key term listed 2. List major physical changes that occur during adolescence 3. Identify two major developmental tasks of adolescence 4. Discuss three major theoretical viewpoints on the personality development of adolescents 5. List five life events that contribute to stress during adolescence 6. Describe Tanner's stages of breast development 7. Describe menstruation to a 13 year old girl 8. Identify two ways in which a person's cultural background might contribute to behavior 9. Discuss the importance of peer groups, cliques, and best friends in the developmental process of an adolescent 10. List three guidelines of importance for the adolescent participating in sports 11. Summarize the nutritional requirements of the adolescent 12. Discuss two main challenges during the adolescent years to which the adolescent must adjust		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 10

Unit Title: The Adolescent continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List a source for planning sex education programs for adolescents 14. Discuss the common problems of adolescence and the nursing approach		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 20 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 2.4 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Identify various health care delivery settings 3. Describe three phases of separation anxiety 4. List two ways in which the nurse can lessen the stress of hospitalization for the child's parents 5. Discuss the management of pain in infants and children 6. Describe two milestones in the psychosocial development of the preschool child that contribute either positively or negatively to the adjustment to hospitalization 7. Contrast the problems of the preschool child and the school age child facing hospitalization 8. Identify two problems confronting the siblings of the hospitalized child 9. List three strengths of the adolescent that the nurse might use when formulating nursing care plans 10. Organize a nursing care plan for a hospitalized child 11. Recognize the steps in discharge planning for infants, children and adolescents 12. Interpret a clinical pathway for a hospitalized child 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Hospitalized Child

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. List five safety measures applicable to the care of the hospitalized child 14. Illustrate techniques of transporting infants and children 15. Plan the basic daily data collection for hospitalized infants and children 16. Identify the normal vital signs of infants and children at various ages 17. Devise a nursing plan of care for a child with a fever 18. Discuss the techniques of obtaining urine and stool specimens from infant's 19. Calculate the dosage of a medicine that is in liquid form 20. Demonstrate techniques of administering oral, eye, and ear medications to infants and children 21. Compare the preferred sites for intramuscular injections for infants and adults 22. Discuss two nursing responsibilities necessary when a child is receiving parenteral fluids and the rationale for each '23. Demonstrate the appropriate technique for gastrostomy tube feedings		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11**

Unit Title: The Hospitalized Child continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	24. Summarize the care of a child receiving supplemental oxygen 25. Recall the principles of tracheostomy care 26. List the adaptations necessary when preparing a pediatric client for surgery		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 21, 22 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11

Unit Title: The Child with a Sensory or Neurological Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Discuss the prevention and treatment of ear infections 3. Outline the nursing approach t serving the hearing impaired child 4. Discuss the cause and treatment of amblyopia 5. Compare the treatment of paralytic and nonparalytic strabismus 6. Review the prevention of eyestrain in children 7. Discuss the functions of the 12 cranial nerves and nursing interventions for dysfunction 8. Describe the components of a “neurological check”. 9. Outline the prevention, treatment, and nursing care for the child with Reye’s syndrome 10. Describe the symptoms of meningitis in a child 11. Describe three types of posturing that may indicate brain damage 12. Discuss the various types of seizures and the relevant nursing responsibilities 13. Prepare a plan for success in the care of a mentally retarded child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

**Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 11**

Unit Title: The Child with a Sensory or Neurological Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	14. Describe four types of cerebral palsy and the nursing goals involved in the care 15. State a method of determining level of consciousness in an infant 16. Describe signs of increased intracranial pressure in a child 17. Discuss neurological monitoring of infants and children 18. Identify the priority goals in the care of a child who experienced near drowning 19. Formulate a nursing plan of care for the child with a decreased level of consciousness		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 23 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Musculoskeletal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Demonstrate an understanding of age specific changes that occur in the musculoskeletal system during growth and development 3. Discuss the musculoskeletal differences between the child and adult and how it influences orthopedic treatment and nursing care 4. Describe the management of soft tissue injuries 5. Discuss the types of fractures commonly seen in children and their effect on growth and development 6. Differentiate between Buck’s extension and Russell traction 7. Compile a nursing plan of care for the child who is immobilized by traction 8. Describe a neurovascular check 9. Discuss the nursing care of a child in a cast 10. List two symptoms of Duchenne’s muscular dystrophy 11. Describe the symptoms, treatment, and nursing care for the child with Legg-Calve-Perthes disease		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Musculoskeletal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Describe two topics of discussion applicable at discharge for the child with juvenile rheumatoid arthritis 13. Describe three nursing care measures required to maintain skin integrity for an adolescent child in a cast for scoliosis 14. Identify symptoms of abuse and neglect in children 15. Describe three types of child abuse 16. State two cultural or medical practices that may be misinterpreted as child abuse		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 24 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Respiratory Disorder

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	1. Define each key term listed 2. Distinguish the difference between the respiratory tract of the infant and that of an adult 3. Review the signs and symptoms of respiratory distress in infants and children 4. Discuss the nursing care of a child with croup, pneumonia, or respiratory syncytial virus 5. Recognize the precautions involved in the care of a child diagnosed with epiglottitis 6. Compare bed rest for a toddler with bed rest for an adult 7. Describe smoke inhalation injury as it relates to delivery of nursing care 8. Discuss the postoperative care of a 5 year old who has had a tonsillectomy 9. Recall the characteristic manifestations of allergic rhinitis 10. Discuss how sinusitis in children is different from that in adults 11. Assess the control of environmental exposure to allergens in the home of a child with asthma		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Respiratory Disorder continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Express five goals of asthma therapy 13. Interpret the role of sports and physical exercise for the asthmatic child 14. Recall four nursing goals in the care of a child with cystic fibrosis 15. Devise a nursing plan of care for the child with cystic fibrosis, including family interventions 16. Review the prevention of bronchopulmonary dysplasia 17. Examine the prevention of sudden infant death syndrome		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 25 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 12

Unit Title The Child with a Cardiovascular Disorder

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.2 hours	<ol style="list-style-type: none"> 1. Define each key term listed 2. Distinguish the difference between the cardiovascular system of the infant and that of an adult 3. List the general signs and symptoms of congenital heart disease 4. Differentiate between patent ductus arteriosus, coarctation of the aorta, atrial septal defect, ventricular septal defect, and tetralogy of Fallot 5. Discuss six nursing goals relevant to the child with acquired heart disease 6. List the symptoms of rheumatic fever 7. Discuss the prevention of rheumatic fever 8. Discuss hypertension in childhood 9. Differentiate between primary and secondary hypertension 10. Identify factors that can prevent hypertension 11. Recognize the manifestation of Kawasaki disease and the related nursing care 12. Describe heart healthy guidelines for children over the age of 2 years 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	Leifer Chapter 26 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Condition of the Blood or Lymphatic System

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Summarize the components of the blood 2. Recall normal blood values of infants and children 3. List two laboratory procedures commonly performed on children with blood disorders 4. Compare and contrast four manifestations of bleeding into the skin 5. List the symptoms, prevention, and treatment of iron deficiency anemia 6. Recommend four food sources of iron for a child with iron deficiency anemia 7. Examine the pathophysiology and the signs and symptoms of sickle cell disease 8. Describe four types of sickle cell crisis 9. Devise a nursing plan of care for a child with sickle cell disease 10. Recognize the effects on the bone marrow of increased red blood cell production caused by thalassemia 11. Review the effects of severe anemia on the heart 12. Recall the pathophysiology and the signs and symptoms of hemophilia A and hemophilia B		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title **The Child with a Condition of the Blood or Lymphatic System continued**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Identify the nursing interventions necessary to prevent hemarthrosis in a child with hemophilia 14. Plan the nursing care of a child with leukemia 15. Review the nursing care of a child receiving a blood product 16. Discuss the effects of chronic illness on the growth and development of children 17. Recall the stages of dying 18. Contrast age appropriate responses to a sibling's death and the nursing interventions required 19. Formulate techniques the nurse can use to facilitate the grieving process 20. Discuss the nurse's role in helping families to deal with the death of a child		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 27 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Define each key tem listed 2. Discuss three common gastrointestinal anomalies in infants 3. Discuss the postoperative nursing care of an infant with pyloric stenosis 4. Discuss the dietary management of celiac disease 5. Understand the symptoms, treatment, and nursing care of a child with Hirschsprung’s disease 6. Understand the treatment and nursing care of a child with intussusception 7. Interpret the nursing management of an infant with gastroesophaageal reflux 8. Differentiate between three types of dehydration 9. Explain why infants and young children become dehydrated more easily than adults 10. Understand how nutritional deficiencies influence growth and development 11. Review the prevention of the spread of thrush in infants and children 12. Trace the route of the pinworm cycle and describe how reinfection takes place		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Gastrointestinal Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	13. Prepare a teaching plan for the prevention of poisoning in children 14. List two measures to reduce the effect of acetaminophen poisoning n children 15. Indicate the primary source of lead poisoning		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 28 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 13

Unit Title The Child with a Genitourinary Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 Nut 0.2 hours	1. Name the functional unit of the kidney 2. List four urological diagnostic procedures 3. Recognize urinary tract anomalies in infants 4. Differentiate between Nephrosis and acute glomerulonephritis 5. Discuss the skin care pertinent to the child with Nephrosis 6. Explain any alterations in diet applicable to the child with Nephrosis 7. Outline the nursing care for a child who is diagnosed as having Wilms' tumor 8. Discuss the impact of undescended testes on fertility 9. Discuss the impact of genitourinary surgery on the growth and development of children at various ages		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 29 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Skin Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0 hours	1. Recall the differences between the skin of the infant and that of an adult 2. Identify common congenital skin lesions and infections 3. Describe two topical agents used to treat acne 4. Summarize the nursing care for a child who has infantile eczema. State the rationale for each nursing measure 5. Discuss the prevention and care of pediculosis and scabies 6. Discuss the nursing care of various microbial infections of the skin 7. Differentiate among first, second, and third degree burns: the anatomical structures involved, the appearance, the level of sensation, and the first aid required 8. List five objectives of the nurse caring for the burned child 9. Describe how the response of the child with burns differs from that of the adult 10. Identify the principles of topical therapy 11. Differentiate four types of topical medication		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Skin Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Examine the emergency treatment of three types of burns 13. Discuss the prevention and treatment of sunburn and frostbite		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 30 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Metabolic Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.8 hours Nut 0.2 hours	1. Relate why growth parameters are of importance to clients with a family history of endocrine disease 2. List the symptoms of hypothyroidism in infants 3. Discuss the dietary adjustment required for a child with diabetes insipidus 4. Compare the signs and symptoms of hyperglycemia and hypoglycemia 5. Differentiate between type 1 and type 2 diabetes mellitus 6. List three precipitating events that might cause diabetic ketoacidosis 7. List a predictable stress that the disease of diabetes mellitus has on children and families during the following periods of life: infancy, toddlerhood, preschool age, elementary school age, puberty, and adolescence 8. Outline the educational needs of the parents and the child with diabetes mellitus in the following areas: nutrition and meal planning, exercise, blood tests, glucose monitoring, administration of insulin, and skin care 9. List three possible causes of insulin shock		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title **The Child with a Metabolic Condition continued**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	10. Explain the Somogyi phenomenon 11. Discuss the preparation and administration of insulin to a child, highlighting any differences between pediatric and adult administration		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 31 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with a Communicable Disease

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 1.0	1. Interpret the detection and prevention of common childhood communicable diseases 2. Discuss the characteristics of common childhood communicable disease 3. Discuss three principles involved in standard and transmission based precautions used to prevent the transmission of communicable diseases in children 4. Discuss national and international immunization programs 5. Describe the nurse's role in the immunization of children 6. Demonstrate a teaching plan for preventing sexually transmitted infections (STI's) in an adolescent 7. Formulate a nursing care plan for a child with acquired immunodeficiency syndrome (AIDS)		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 32 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with an Emotional or Behavioral Condition

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
Ped Theory 0.6 hours	<ol style="list-style-type: none"> 1. Differentiate among the following terms: psychiatrist, psychoanalyst, clinical psychologist, and counselor 2. Discuss the impact of early childhood experience on a person's adult life 3. Discuss the effect of childhood autism on growth and development 4. Discuss behavioral therapy and how it is adapted to obsessive compulsive disorders and depression in children 5. List the symptoms of potential suicide in children and adolescents 6. Discuss immediate and long range plans for the suicidal client 7. List four behaviors that may indicate substance abuse 8. Name two programs for members of families of alcoholics 9. Discuss the problems facing children of alcoholics 10. List four symptoms at attention deficit hyperactivity disorder 11. Describe techniques of helping children with attention deficit hyperactivity disorder to adjust to the school setting 		<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan <p>Methods of Evaluation</p> <ul style="list-style-type: none"> *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking 	<ul style="list-style-type: none"> Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care 	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 14

Unit Title The Child with an Emotional or Behavioral Condition continued

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	12. Compare and contrast the characteristics of bulimia nervosa and anorexia nervosa		*Lecture *Discussion *PowerPoint Presentations *Small group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking	Leifer Chapter 33 End of Chapter Questions Quiz/Exam Case Studies Virtual Excursions Plan of Care	HCRS C216	

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C206 Maternal/Child Nursing
Instructional Plan: Semester 3 Week: 15

Unit Title **Final Review**

Theory Hours this week: 3.6

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
M/C Theory 2.0 hours	Review of Maternal Child concepts/Final Exam		*Lecture	Leifer	HCRS C216	
Ped Theory 1.4 hours			*Discussion	Chapter		
Nut 0.20 hours			*PowerPoint Presentations	End of Chapter Questions		
			*Small group Assignments	Quiz/Exam		
			*NCLEX Questions	Case Studies		
			*Study Guide	Virtual Excursions		
			*Videos	Plan of Care		
			*Kaplan			
			Methods of Evaluation			
			*Testing			
			*Group Discussions			
			*Case Studies			
			*Return Demos			
			*Instructor Observation			
			*Group Presentations			
			*Role Playing			
			*Critical Thinking			

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 1

Unit Title: Introduction

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
0.20 hrs	1. Identify course textbook, assignments, activities, policies, and testing and grading procedures for course.	Introduction and overview A. Course expectations B. Level objectives	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Syllabus Student Handbook		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 1 continued

Unit Title: Review of Math

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.8 hrs	1. Describe four measuring systems that can be used in drug therapy 2. Convert between different measuring systems when given drug orders and available forms of the drugs 3. Calculate the correct dose of a drug when given examples of drug orders and available forms of the drugs ordered	Dosage Calculations A. Measuring systems B. Conversion between systems C. Calculating doses	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 6 Study Guide Pickar Dosage & Solutions Study Guide Kaplan Math Review Module		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 2

Unit Title: Pediatric Dosages and Calculations

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	1. Convert pounds to kilograms 2. Apply body weight dosage calculations to patients across the life span 3. Determine whether the ordered dose is safe to administer 4. Calculate pediatric IV maintenance fluids 5. Identify appropriate nursing assessments, nursing interventions and evaluations for pediatric clients receiving medications.	I. Administering medications to pediatric clients A. Routes of administration B. Calculating body weight in kilograms a. Single dose drugs b. Single dose range drugs c. Routine drugs d. Daily dose range drugs e. Under dosage C. Combination drugs D. Body Surface Area (BSA) Method E. Body Surface Area dosage calculations F. Pediatric Volume Control Sets G. Calculation of Daily Volume for Maintenance Fluids for the Pediatric Client	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Pickar Chapter 13 Chapter 16 Study Guide		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 3

Unit Title: Drugs used in Obstetrics

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Describe nursing assessments and nursing interventions needed for the pregnant patient during the first, second and third trimesters of pregnancy 2. Identify appropriate nursing assessments, nursing interventions, and treatment options used for the following obstetric complications: infection, hyperemesis gravidarum, miscarriage, abortion, preterm labor, premature rupture of membrane, gestational diabetes and pregnancy induced hypertension 3. State the methods and time parameters of each approach to the termination of a pregnancy 4. Summarize the care needs of the pregnant woman during labor and delivery and the immediate postpartum period including the patient education needed before discharge to promote safe self-care and care of the newborn 5. State the purpose of administering glucocorticoids to certain women in preterm labor	I. Nursing Process for Obstetrics A. Assessment a. Prenatal Visit b. Nutritional History c. Elimination Pattern d. Psychosocial Culture History e. Medication History f. Physical Examination g. During first, second and third trimester h. Pregnant client at risk i. During normal labor and delivery B. Planning C. Implementation a. Prenatal b. Complications of Pregnancy c. Preterm Labor d. Premature rupture of membranes e. Gestational diabetes f. Pregnancy induced hypertension g. Termination of pregnancy h. Normal labor and delivery i. Immediate neonatal care j. Postpartum care D. Patient Education and Health Promotion II. Uterine Stimulants A. Drug Therapy a. Uses i. Induction of labor ii. Augmentation of labor iii. Postpartum atony and hemorrhage iv. Therapeutic abortion	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 4

Unit Title: Drugs used in Obstetrics continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outlin	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hours	<p>6. State the actions, primary uses, nursing assessments, and monitoring parameters for uterine stimulants, uterine relaxants, clomiphene citrate, magnesium sulfate, and Rh0(D) immune globulin</p> <p>7. Compare the effects of uterine stimulants and uterine relaxants on a pregnant woman's uterus</p> <p>8. Describe specific nursing concerns and appropriate nursing actions when uterine stimulants are administered for induction of labor, augmentation of labor, and postpartum atony and hemorrhage</p> <p>9. Cite the effects of adrenergic agents on beta-1 and beta-2 receptors, and then identify the relationship of these actions to the serious adverse effects to report when adrenergic agents are used to inhibit preterm labor</p> <p>10. Describe specific assessments needed before and during the use of terbutaine or magnesium sulfate therapy</p> <p>11. Identify what tocolysis means and what the nursing responsibilities are related to the management of preterm labor</p>	<p>B. Dinoprostone</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>C. Misoprostol</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>D. Methylergonovinr maleate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>E. Oxytocin</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>III. Uterine Relaxants</p> <p>A. Magnesium Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p> <p>B. Terbutaline Sulfate</p> <p>a. Actions</p> <p>b. Uses</p> <p>c. Therapeutic Outcomes</p> <p>d. Nursing Process</p>	<p>Lecture</p> <p>Discussion</p> <p>PowerPoint</p> <p>Presentations</p> <p>Small group assignments</p> <p>NCLEX Questions</p> <p>Videos</p> <p>Kaplan</p>	<p>Clayton</p> <p>Chapter 40</p> <p>Study Guide</p> <p>Drug Cards</p>		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 5

Unit Title: Drugs Used in Men’s and Women’s Health

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0 hrs	1. Identify common organisms known to cause leucorrhea 2. Cite the generic and brand names of products used to treat <i>Candida albicans</i> , <i>Trichomonas vaginalis</i> , and <i>Gardnerella vaginalis</i> . 3. Review specific techniques for administering vaginal medications 4. Develop a plan for teaching self-care to women and men with sexually transmitted diseases. Include personal hygiene measures, medication administration, methods of pain relief, and prevention of spread of infection or reinfection. 5. Discuss specific interviewing techniques that can be used to obtain a history of sexual activity 6. Compare the active ingredients in the two types of oral contraceptive agents 7. Differentiate between the actions and the benefits of the combination pill and the minipill	I. Vaginitis A. Drug Therapy for Leukorrhea and Genital Infections B. Assessment a. Female Reproductive History b. Male Reproductive History c. History of Current Symptoms d. Medication History e. Psychosocial f. Laboratory and Diagnostic Tests g. Physical Exam C. Planning D. Implementation E. Patient Education and Health Promotion a. Instructions for Adolescents b. Instructions for Women c. Instructions for Men d. Instructions for Women and Men e. Medications f. Health Maintenance g. Written Record II. Drug Therapy for Contraception A. Oral Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Transdermal Contraceptives a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process c. Therapeutic Outcomes d. Nursing process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 41 Study Guide Drug Cards		

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C207 Advanced Pharmacology
Instructional Plan: Semester 3 – Week 6

Unit Title: Drugs Used in Men’s and Women’s Health continued

Theory Hours this week: 3.0

Clinical Hours this week: 0.0

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
3.0	8. Describe the major adverse effects and contraindications to the user of oral contraceptive agents 9. Develop specific patient education plans to be used to teach a patient to initiate oral contraceptive therapy with the combination pill and the minipill 10. Identify the patient teaching necessary with the administration of the transdermal contraceptive and the intravaginal hormonal contraceptive 11. Describe pharmacologic treatments of benign prostatic hyperplasia 12. Describe the pharmacologic treatment of erectile dysfunction.	C. Intravaginal Hormonal Contraceptive a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process II. Benign Prostratic Hyperplasia A. Alpha-1m Adrenergic Blocking Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process B. Antiandrogen Agents a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process III. Erectile Dysfunction A. Posphodiesterase Inhibitors a. Actions b. Uses c. Therapeutic Outcomes d. Nursing Process	Lecture Discussion PowerPoint Presentations Small group assignments NCLEX Questions Videos Kaplan	Clayton Chapter 40 Study Guide Drug Cards NCLEX Questions Due		

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 1

Unit Title: The Importance of Critical Thinking

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	<ol style="list-style-type: none"> 1. Define critical thinking 2. Discuss the importance of developing critical thinking skills 3. Display the skills of a creative thinker 4. Using critical thinking skills analyze the Case Studies presented 	<ol style="list-style-type: none"> I. What is Critical Thinking <ol style="list-style-type: none"> A. Applied to Nursing B. Creative Thinking <ol style="list-style-type: none"> 1. Brainstorming 2. Focus and Let Go 3. Refine Ideas and Follow Through C. Critical Thinking <ol style="list-style-type: none"> 1. Practice Tolerance 2. Understand before Criticizing 3. Ask Questions 4. Change 	<ul style="list-style-type: none"> *Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking 	Anderson Chapter 6 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	<ol style="list-style-type: none"> 1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 2

Unit Title: Leadership and Management as a Professional Concept

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Clarify the difference between leadership and management as to purpose and function 2. Identify the importance of an informal leader in an organization 3. Describe how people become aware of and develop leadership and management traits 4. Clarify the current role of a LVN in leadership[and management with a historical perspective 5. Describe the four most common leadership styles and how they relate to Maslow’s hierarchy of needs and Watson’s science of human caring 6. Using critical thinking skills analyze the Case Studies presented	I. Leadership vs Management A. Formal Leader B. Informal Leader C. Management II. Leadership Styles A. Autocratic Leader B. Democratic Leader C. Laissez-Faire Leader D. Multicratic or Participative Leader	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 9 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 3

Unit Title: Communication Skills in Leadership and Management

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Define effective communication 2. Discuss four basic communication skills that can be used successfully in the workplace 3. List seven communication principles appropriate for the clinical setting 4. Define failed communication 5. Compare and contrast passive, assertive, aggressive, and passive-aggressive communication 6. Explain the right of a Nurse to say "No" 7. List two components of a good memo and an effective meeting 8. Using critical thinking skills analyze the Case Studies presented	I. Listening Skills II. Nonverbal Communication III. Negative or Hostile Communication IV. Communication in the clinical Setting V. Failed Communication A. Feedback B. Communication Blocks VI. Assertive Communication VII. Other Forms of Communication	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 10 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 4

Unit Title: Welcome to Conflict

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Define conflict and its advantages to an organization 2. Describe the common causes of conflict 3. Share two scenarios that clarify the role of the LVN in conflict management 4. List the four transactional analysis approaches to conflict management, and describe an example of each 5. Define the “white-out” technique for dealing with anger 6. List the main rules for meaningful negotiation 7. Using critical thinking skills analyze the Case Studies presented	I. How Conflict Occurs A. Competitive or Opposing Actions B. Mental Struggle C. Hostile Encounters II. Causes of Conflict A. Unclear Roles B. Desire for Scarce Resources C. Distancing and Unifying Mechanisms D. Perceived or Felt Conflict E. Unresolved Conflict III. Role of LVN IV. Transactional Approach to Conflict Management A. Win-Lose B. Win-Yield C. Lose-Lose D. Win-Win V. Other Important Skills A. Negotiation B. Managing Anger	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 14 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 4 continued

Unit Title: Dealing with Chaos

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Define chaos theory and the strange attractor principle 2. List the three rules of delegation 3. Describe the effective use of delegation in clinical environments 4. Using critical thinking skills analyze the Case Studies presented	I. Chaos Theory A. Clinical Chaos B. Attractor Concept II. Strange Attractor III. Delegation A. Rules	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 15 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 5

Unit Title: Ethics and Law in Nursing Management

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Discuss the differences between the words ethical and legal 2. Describe the importance of the nurse practice act and its governing body , the state board of nursing 3. Define statutory law, common law, criminal law, and civil law 4. Describe how the following legal principles apply to nursing practice: duty to seek medical care for the client, confidentiality, permission to treat, informed consent, defamation of character, assault and battery, false imprisonment, advance directives, negligence, malpractice, and fraud 5. Using critical thinking skills analyze the Case Studies presented	I. Personal Values II. Ethical Theories A. Deontology B. Utilitarian III. Legal Issues IV. Nurse Practice Act V. Understanding the Law A. Statutory Law B. Common Law C. Institutional Policies and Procedures D. Criminal Law E. Civil Law VI. Legal Issues Specific to Nursing A. Duty to Seek Medical Care for the Client B. Confidentiality C. Permission to Treat D. Informed Consent E. Defamation of Character F. Advance Directives G. Negligence H. Malpractice I. Assault and Battery J. False Imprisonment VII. Safeguards for Preventing a Lawsuit	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 16 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 5 continued

Unit Title: Understanding Use of Power

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Discuss positive and negative approaches to the use of power 2. Differentiate between the common sources of power 3. Identify effective power-based strategies for the LVN 4. Describe and differentiate empowerment for self and others 5. List five characteristics of powerlessness in people and describe possible interventions 6. Using critical thinking skills analyze the Case Studies presented	I. What is Power II. Types of Power A. Expert B. Reward C. Coercion D. Information E. Legitimate F. Referent II. Power and the Role of the LVN III. Positive and Negative Uses of Power IV. Empowerment A. Empowering Self B. Supporting Self-Empowerment in Others V. Powerlessness	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 17 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 6

Unit Title: Motivating Employees

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. Describe the negative impact of labeling on motivation 2. Identify the characteristics in nursing of oppressed group behavior and codependent relationships 3. Define David McGregor's theory X and theory Y and the meaning it has for the manager 4. List the characteristics of the two factors in Fredrick Herzberg's theory of motivation and indicate the importance of each factor 5. Discuss the importance of a nurse's responsibility for motivation of the profession 7. Using critical thinking skills analyze the Case Studies presented	I. Maslow's Hierarchy of Needs Revisited II. Oppressed Group Behavior A. Horizontal Hostility B. Belief in Lesser Value C. Belief in Superiority of Decisions D. Codependency III. Theories of Motivation A. McGregor's Theory X and Theory Y B. Herzberg's Two Factor Theory 1. Hygiene Factors 2. Motivator Factors IV. Creating a Motivating Environment	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 18 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 6 continued

Unit Title: Team Building

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
1.0 Leadership .5 Critical Thinking	1. State the importance of teamwork in the current healthcare delivery system 2. List five of the eight characteristics of a high performance team 3. Briefly discuss the four stages of team development 4. Define group norms and list three functional group norms and three dysfunctional group norms 5. Using critical thinking skills analyze the Case Studies presented	I. Understanding Characteristics of a Team A. Clear and Elevating Goal B. Results Driven Structure C. Competent Team Members D. Unified Commitment E. Collaborative Climate F. Standards of Excellence G. External Support and Recognition H. Principles Leadership II. Stages of Team Development A. Forming B. Storming C. Norming D. Performing III. Group Norms A. Functional Behaviors B. Dysfunctional Behaviors C. Managerial Feedback and Support D. LVN Role IV. Understanding the Value of Team Concepts	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 19 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

**Cerro Coso Community College
Vocational Nursing Program**

Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse

Instructional Plan: Semester 3 Week 7

Unit Title: Making Assignments, Counseling, and Analyzing Performance

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Discuss at least three aspects of delegation 2. Identify specific ways to support the empowerment of staff members 3. Describe appropriate content and documentation for a counseling session 4. Discuss the process and content of progressive discipline 5. Describe performance analysis and how it may be used in the work environment 6. Using critical thinking skills analyze the Case Studies presented	I. Leader, Manager or Both II. Making Assignments A. Identifying Tasks B. Assessing Client Needs C. Empowering Environment III. Sharing Information A. System of Accountability IV. Coaching A. Energizing B. Positive Reinforcement 1. Informal 2. Formal C. Teaching and Counseling 1. Session content 2. Session Documentation D. Disciplining V. Performance Analysis A. Need for B. Pitfalls C. Components of Performance Analysis D. Performance Plan for Improvement	*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Anderson Chapter 20 End of Chapter Questions Quiz/Exam Case Studies	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse
Instructional Plan: Semester 3 Week 8

Unit Title: NCLEX Review

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Complete Kaplan NCLEX assessment exam 2. Analyze responses using critical thinking skills		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	NCLEX Assessment Exam	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

Cerro Coso Community College
Vocational Nursing Program
Curriculum Content – HCRS C208 Critical Thinking and Leadership for the Vocational Nurse
Instructional Plan: Semester 3 Week 9

Unit Title: Final Review

Theory Hours this week: 3.0

Clinical Hours this week: 21.6 hours HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
2.0 Leadership 1.0 Critical Thinking	1. Review all previous objectives 2. Review NCLEX pre-exam results 3. Complete application process		*Lecture *Discussion *PowerPoint Presentations *Small Group Assignments *NCLEX Questions *Study Guide *Videos *Kaplan *Case Studies Methods of Evaluation *Testing *Group Discussions *Case Studies *Group Presentations *Role Playing *Critical Thinking	Final Exam BVNPT Application	HCRS C216	1. Demonstrate ability to apply critical thinking skills to all scenarios in the clinical setting

Vocational Nursing Program
Curriculum Content – HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 1

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 2

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student's care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 3

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 4**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 5

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 6

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 7

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 8

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 9

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 10

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 11

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 12

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 13

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 14

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Week: 15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a detailed client information sheet on assigned clients 2. Complete Drug Cards on all medications to be given on assigned clients	Skills Lab 2.0 hours Clinical 21.6 hours	Skills Lab Practice all previously learned skills Clinical Setting 1. Demonstrate Professional conduct at all times 2. Demonstrate progressive learning skills interrelating theory knowledge and clinical applications 3. Demonstrate responsibility for the care of assigned clients 4. Demonstrate effective communication skills with clients, staff, peers, and instructors 5. Demonstrate ability to formulate the nursing process that relates directly to the clients under the student’s care 6. Thoroughly document the initial assessment and care of all assigned clients within the appropriate timeframe 7. Identify and report to the appropriate authority all abnormal signs or symptoms that may exist or develop in assigned clients 8. Administer medications to the assigned clients using the 6 Rights with 100% accuracy

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Complete a Plan of Care on a Newborn 2. Complete a Plan of Care on a Hospitalized Pediatric Client 3. Complete a Plan of Care on a woman in labor or post partum	162 total Clinical Hours	Theory Specific for HCRS C206 Maternal/Child Nursing 1. Care for a newborn immediately after delivery 2. Provide nursing care for a normal newborn 3. Demonstrate the steps in the physical assessment of the newborn 4. Set up a Bili Bed for phototherapy treatment 5. Take and accurately record vital signs for a newborn, toddler, child, and adolescent 6. Obtain urine and/or stool specimens from an infant 7. Calculate and administer the appropriate medication doses for pediatric client 8. Administer oral, eye, and ear medications to infants and children 9. Perform gastrostomy tube feeding to an infant or child 10. Prepare and administer insulin to a child 11. Calculate expected delivery date 12. Provide care for a woman in first 3 trimesters of pregnancy

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C206 Maternal/Child Nursing		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C206 Maternal/Child Nursing 13. Provide care for a woman in labor 14. Provide care for a woman in postpartum period

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation	1. Prepare a Plan of Care for a client who is confused and disoriented 2. Prepare a Plan of Care for a client who has a cognitive disorder 3. Prepare a Plan of Care for a client with a Thought Disorder 4. Prepare a teaching presentation for adults regarding disaster awareness and safety 5. Prepare a teaching plan for a community presentation on cessation of smoking	162 total Clinical Hours	Theory Specific for HCRS C205 Medical Surgical Nursing III 1. Participate in a disaster drill 2. Teach a group of adults how to prepare safe water after a disaster has disrupted the water supply 3. Identify the measures you would take for your own safety when assisting others after a disaster has occurred 4. Observe how the triage nurse in the emergency department sets priorities for client care 5. Observe how the emergency team works together on a major accident victim 6. Role play with fellow students, practicing techniques to calm a combative client

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 7. Watch the movie <i>As Good as It Gets</i> and discuss behaviors that are debilitating for the main character 8. Implement a teaching plan for a client with a mood disorder to increase medication compliance 9. Identify at least six interventions for the nursing diagnosis Risk for self-directed violence related to suicidal ideations 10. Contribute to a teaching plan for a community presentation on smoking cessation 11. Review a care plan with at least three nursing diagnoses and five nursing interventions per diagnosis for a client who is at risk for alcohol withdrawal 12. Prepare a teaching plan for a family member who is caring for an elderly parent with Alzheimer's disease in the family home

Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 13. Watch the movie <i>A Beautiful Mind</i> and develop a teaching plan to help the wife understand the husband's bizarre and erratic behavior 14. Perform a thorough nursing assessment for a preoperative client 15. Teach the client postoperative exercises during the perioperative period 16. Prepare a client for surgery using a preoperative checklist 17. Document preoperative care and assessment data 18. Observe during a clients surgery 19. Identify how to promote adequate ventilation of the lungs during recovery from anesthesia in the PACU 20. Prepare to perform an immediate postoperative assessment when a client returns to the nursing unit

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 21. Apply interventions to prevent postoperative complications 22. Assess for postoperative pain and provide comfort measures and pain relief 23. Promote early ambulation and return to independence in activities of daily living 24. Perform discharge teaching necessary for postoperative home self care 25. Gather pertinent history for a client with a nervous system problem 26. Demonstrate a “neuro” check 27. Score the neurologic status of a client with a nervous system disorder according to the Glasgow Coma Scale 28. Teach a family member how to properly assess and care for a client who has suffered a concussion 29. Perform a neurologic check on a client who has suffered head trauma

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 30. Participate in a collaborative care planning conference for a client who has sustained a spinal cord injury 31. Prepare a plan of teaching self-care measures to a client who suffers from low back pain 32. Teach a teenage client recently diagnosed with epilepsy what she needs to know about her disorder and care 33. Perform neurologic checks on a client who is admitted with a suspected CVA 34. Devise a teaching plan for the client who has suffered a CVA and has right sided hemiplegia 35. Teach a newly diagnosed client about the medications for Parkinson's disease 36. Teach a client about the diagnostic tests that might be ordered if multiple sclerosis is suspected

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 37. Write a nursing plan of care for the myasthenia gravis client who is hospitalized with a respiratory infection 38. Teach techniques of breast self-examination and vulva self-examination to a client 39. Plan the nursing care of a woman with a reproductive disorder 40. Describe the causes of and interventions for common disorders of the female reproductive tract 41. Teach a client about the procedure for a prostate biopsy 42. Outline a nursing plan of care for a client with prostate cancer 43. Devise a teaching plan for testicular examination for young adult men 44. Prepare materials describing treatment to a client experiencing erectile dysfunction

**Vocational Nursing Program
Curriculum Content– HCRS C216 Clinical Semester III
Instructional Plan: Semester 3 Weeks: 1-15**

Unit Title:

Theory Hours this week:

Clinical Hours this week: 21.6 HCRS C216

Curriculum Content/Hrs	Theory Objectives	Content Outline	Methods of Instruction	Assignments	Clinical Hours	Skills Lab/Clinical Objectives
	See Instructional Plan for HCRS C205 Medical Surgical Nursing III		*Lecture *Discussion *Reading *Videos *Demonstrations *Role Playing *Simulation Methods of Evaluation *Testing *Group Discussions *Case Studies *Return Demos *Instructor Observation *Group Presentations *Role Playing *Critical Thinking *Simulation			Theory Specific for HCRS C205 Medical Surgical Nursing III 45. Devise a teaching plan for the client who has experienced a first incidence of genital herpes 46. Instruct a female client on ways to prevent contracting or transmitting HIV 47. Teach a female client and a male client ways to prevent STI's